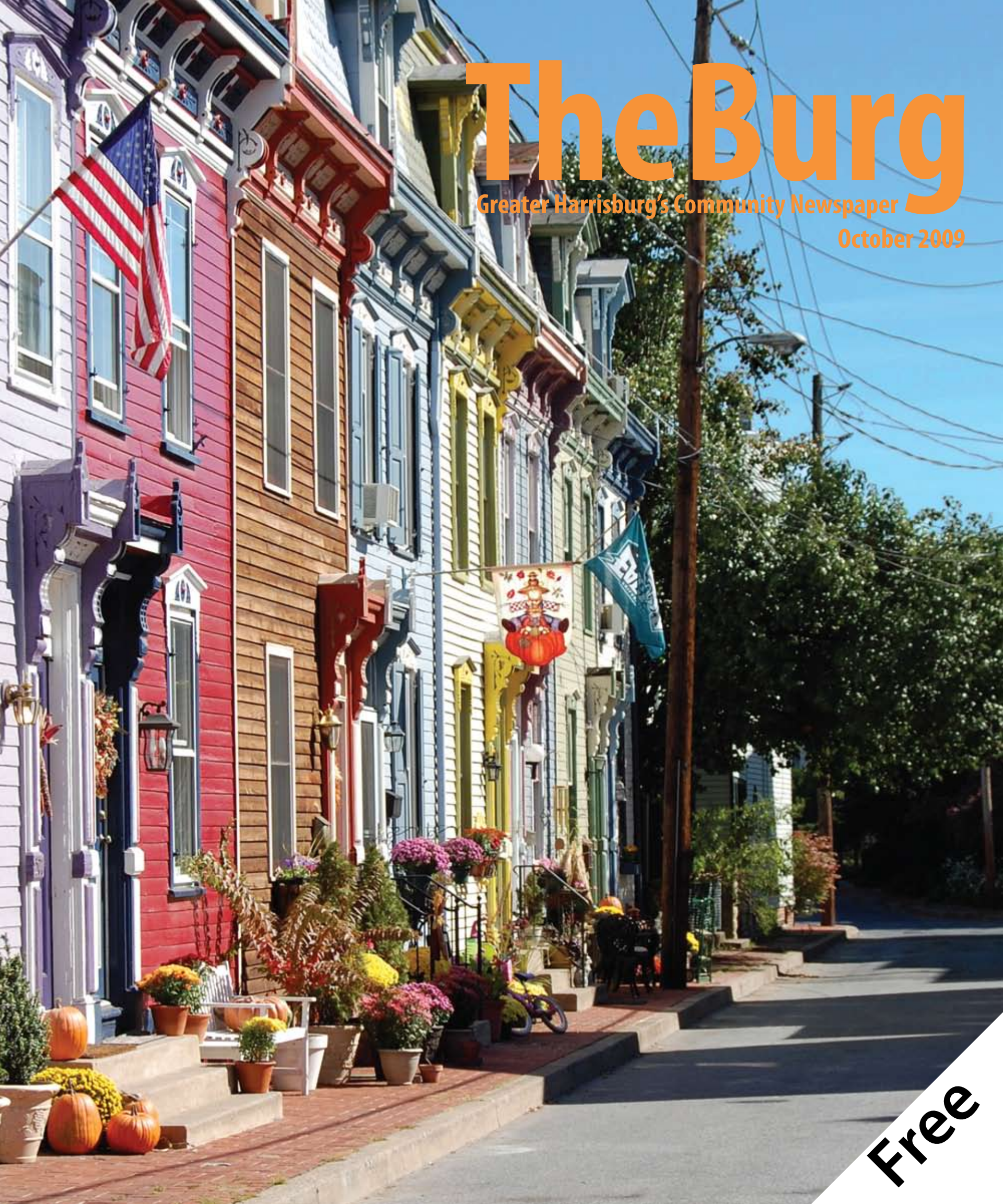


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October 2009



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General & Letters

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Pride Festival of Central PA

October 1, 7 p.m. sharp - "...And All That Jazz" Special Preview Show at Club XS \$ 10 General Admission, limited cocktail table seating. Tickets available at door or from Pride Committee Members, or call 717-801-1830

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Pride Festival of Central PA is a Project of The Foundation for Enhancing Communities

Letters

Many Harrisburg area students began their school year with a brand new, fully equipped backpack thanks to the community's generous response to Volunteers of America's "Operation Backpack."

We want to convey our appreciation to the individuals, businesses and groups that donated backpacks and supplies at our office and Volunteers of America Thrift Stores over the past few weeks. Your generosity has provided these students with a jump-start for a successful school year.

**Diana Faust, Special Events Coord.
Volunteers of America of Penn.
Harrisburg**

I wanted to send a belated thank you for featuring the picture and caption, "Pool's Open!", in your July issue of The Burg (p. 12). I've enjoyed reading your newspaper, so it was quite a surprise when I saw a picture of our swim meet hosted at the Latshmere Swim Club. On behalf of all the members of the LSC that enjoyed this small feature, I appreciate the work you and your staff do to highlight Harrisburg and the surrounding communities.

**Kurt Sprowls
Mechanicsburg**

Letters may be edited for content, length and grammar.

Leaves Fall, Hope Rises

Autumn invokes change, the coming end of another year. Yet, before ushering in the cold bareness of winter, the season leaves some hope. Though food factories in trees shut down and chlorophyll disappears, the process leaves vibrant colors of red, gold and orange across the landscape. There is, after all, always something to look forward to.

Despite the sluggish economy and the fiscal and political uncertainties, there also is something to look forward to in Harrisburg. New businesses continue to open or move to better locations, such as Café di Luna, now on 3rd Street in Midtown.

Spring is months away, but Midtown is beginning to blossom into what we hope is a corridor for commerce and culture. GreenWorks Development completed its Campus Square retail and office building at 3rd and Reily streets and Harrisburg Area Community College's central administration is preparing to occupy some of the space in January (see related story, p.9).

Meanwhile, Midtown Scholar and its Famous Reading Café has opened along 3rd Street, joining other recent arrivals such as the consignment shop, Hodge Podgery, and a new clothing retailer, Blue Horse Denim.

So enjoy the crisp weather, get cup of coffee, open a book and embrace change—it's the only thing certain in life, other than death and taxes, of course.

—TheBurg

Cover: A street decorated for the season in the Shipoke neighborhood, Harrisburg

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Council Approves Sewer Funding

The city council took two actions at its final September meeting: approving a low-interest state loan for a sewer project and authorizing the sale of a 34-year-old fire engine.

The \$1.2 million Pennvest loan, from federal funds made available under the 2009 American Recovery and Reinvestment Act, will replace sewer lines under the train tracks at the Harrisburg Transportation Center, extending to the U.S. Post Office on Market Street.

The lines are 160 years old, and the pressure from the trains overhead has made it vital that the work be done soon, council Member Wanda Williams said.

The measure passed 5-2, but council members Susan Brown Wilson and Gloria Martin-Roberts opposed the measure, arguing that the money should have been a grant and that the loan adds to the city's fiscal troubles.

The city did not qualify for a grant because it charges fees for sewer services that are too high under federal guidelines, council President Linda Thompson said. The city Public Works Department has funds set aside to service the loan, she said. Interest paid on the 20-year-loan would amount to \$263,000, Williams said.

A 1975 Mack CF fire engine with a 1,250-gallon-a-minute pump that the Fire Bureau no longer needs will go to the highest bidder. It's valued at \$3,000 to \$5,000.

Public Safety Group Formed by City

Harrisburg has formed a new Public Safety Advisory Committee, a group designed to increase citizen involvement in the safety and welfare of the city.

Members of the 35-person committee were recruited from a broad range of community and neighborhood groups. They will focus their work in five areas:

- Court Watch, which will track the judicial processing of people who have committed certain crimes
- Public Education, which will focus on educating people of their rights and responsibilities when interacting with law enforcement
- Recruitment, which will help ensure inclusiveness in the public safety workforce
- Citizen's Police Academy, which will help educate residents on the inner workings of law enforcement
- Chaplain Program, which will provide spiritual assistance for people experiencing a catastrophic event

The advisory committee will work directly with Michael Parker, the city's new community policing coordinator.

Police to Use Tasers, May Install Cameras

Harrisburg police soon will begin to use Tasers as a non-lethal option to subdue suspects, said Mayor Stephen Reed.

Tasers emit a strong electric shock designed to incapacitate a person temporarily. Police training has begun in the use of the weapons.

In addition, the city has received preliminary approval for a federal grant to equip cars with video/audio equipment so that police stops and arrests can be recorded, said Reed. The city plans to order and install the equipment once the grant is received.



The Fall Concerts

The Piano Series

October 11 ~ Eldar
**Studio of the Arts Student Jazz Band,
 Curt Sipe, Director*

November 8 ~ Cedar Walton Trio
**Trez Music Education Center Jazz Band,
 Beth Trez, Director*

All Concerts at the Hilton Harrisburg at 6pm.
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Did you know ...

... A log house at Front and Washington streets was the site of the first court in Dauphin County in 1785?

... Much of the area between the Capitol and the Susquehanna River was once a dense swamp?

... The Harrisburg Transportation Center is the second busiest Amtrak station in Pennsylvania?

To Catch a Thief: Just Watch Television

The Harrisburg Police Bureau and Comcast have launched a TV service that allows residents to help law enforcement track and apprehend "most wanted" local fugitives.

Called "Police Blotter on Demand," the program features profiles of the city's most wanted criminals. The videos provide full details on the profiled fugitives' crimes, possible whereabouts, mug shots and information on how viewers with tips can contact the police anonymously.

Police Blotter on Demand is available free to Comcast digital cable subscribers with "On Demand" service. To view the program, viewers should tune to Channel 1 on their digital cable lineup or press the "On Demand" button on their remote control. Next, they should select the "get local" section, then select "news & information."

On the Beat



Sgt. Clifford Karlson is commander of the city's Traffic Safety Unit, which is responsible for traffic enforcement, DUI detection and

accident investigation. He has spent 26 years of his three decades as a police officer as a traffic safety officer.

Karlson holds a police/traffic accident certification, having attended Northwestern University, University of North Florida, Tennessee University and Harrisburg Area Community College. He's an instructor in speed detection devices, accident investigation and breath-testing devices, as well as the "Crash" reporting system. One of his fatal accident investigations was filmed for the TV show "Forensic Files."

State Street

To Vote Next Month, Register by Oct. 5

Do you plan to cast a ballot in the upcoming municipal elections? Then you must register by Oct. 5.

To register for the Nov. 3 election, the Pennsylvania Department of State urges voters to use its website, VotesPA.com. To register to vote, you must be:

- a U.S. citizen for at least one month before the election
- a resident of Pennsylvania and of the election district in which you want to register and vote for at least 30 days before the election
- at least 18 years of age on or before the day of the election

Applicants should contact their county board of elections if they do not receive confirmation within 14 days of sending the application.

Military Family Day

The Veterans Resource Central, a Harrisburg-based non-profit, will conduct a ceremony for military families Oct. 17 at 10 a.m. in the Capitol Rotunda.

The event marks Military Family Day in PA. Lt. Col. Robert DeSousa, state judge advocate for the Pennsylvania Department of Veterans of Foreign Wars, will speak.

Call 717-221-1306 or visit www.veteransresourcecentral.org.

Funds Help Owners Weatherize Homes

A state plan will provide as much as \$227 million so that Pennsylvania families can weatherize their homes and therefore save money on their utility bills.

The state's weatherization plan calls for reducing energy use by the equivalent of 155,000 barrels of oil a year and weatherizing at least 29,700 more homes over the next three years, Gov. Ed Rendell said.

The state has so far received \$25 million in federal funds for the program, with another \$76 million to be released soon. Another \$126 million will be received by the state once federal milestones are met. For more, visit www.recovery.pa.gov.

Plant a Tree, Save the Environment

The state is offering to teach residents how to plant and care for trees. The classes are a part of TreeVitalize, a partnership to restore tree cover in metropolitan areas.

During Tree Tenders training, participants will learn about tree biology, identification, pruning and root care, as well as how to raise funds, manage volunteers and work with local government.

The Tree Tenders program is taught by staff from Pennsylvania

Horticultural Society and Penn State Cooperative Extension.

Students are expected to volunteer time to community tree planting projects in exchange for the training. Already, more than 100,000 trees have been planted statewide.

For a full schedule and to register, visit www.treevitalize.net and look under "Events."



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The Roast Master

The cause of great coffee is served at St. Thomas Roasters.

TheBurg Staff



Bean scene: Owner Geof Smith mans the roaster at St. Thomas.

Burlap bags filled with green beans from countries like Costa Rica, Indonesia and Honduras are piled on the wood floor, arranged around a dark-green painted machine that looks like a combination of old potbellied stove and small furnace—the roaster.

Emerging from the back of St. Thomas Roasters in Linglestown, Geof Smith, the coffeehouse's proprietor, sets about his daily ritual of roasting beans. A buyer purchases them for him from countries around the world.

To get the roast just right—whether light, medium or dark—means heating at a certain temperature, watching the color of the bean and keeping accurate time, he said, as he filled a white plastic bucket about a quarter full and weighed it on the scale.

"Temperature, color, time—in that order," Smith said of roasting, of which he does about 120 pounds per day. "I say it's both an art and a science."

Roasting temperatures in the gas-fired oven range from about 440 to 460 degrees, depending upon whether the roast is light or dark. The nine-year-old machine is made by an Idaho manufacturer, Diedrich. Smith had to visit the plant to learn how to roast.

St. Thomas Roasters opened in May 2000 in a building that dates to the 1860s. Smith is originally from Reading and his wife and co-owner, Pam, is from Linglestown.

The roaster also allows them to sell the coffee beans wholesale to city restaurants, including Char's Bella Mundo on Race Street in Shipoke and The Fire House Restaurant on 2nd Street.

"They know they can always get it fresh," Smith said.

St. Thomas also provides a roast to Tröegs Brewery for its new JavaHead Stout.

The café itself is a comfortable, cozy place, often packed with people reading, talking and enjoying a coffee, sandwich or soup. Live music adds an artsy vibe on Friday and Saturday nights. The roaster further warms the atmosphere, especially when the beans come pouring out in a cloud of steam.

As Smith likes to say, "You can buy almost anything online, but you can't buy a cup of coffee online."

St. Thomas Roasters, 5951 Linglestown Rd., Linglestown Open Monday to Thursday, 7 a.m. to 8 p.m.; Friday and Saturday, 7 a.m. to 10 p.m.; Sunday, 9 a.m. to 4 p.m. 717-526-4171. www.saintthomasroasters.write.com

Former Ag. Secretary Joins Lobbying Firm



Dennis Wolff

Dennis Wolff, formerly Pennsylvania's Secretary of Agriculture, joined the partnership at Versant Strategies in Harrisburg in September. He works with the network of producers, consumers and private and public organizations that make up the state's agricultural community.

Wolff served in Gov. Ed Rendell's cabinet for more than six years, overseeing the creation of such programs as the Center for Dairy Excellence, PAgrows and the PA Preferred marketing program.

In 1994, Wolff was named a "master farmer" for his agricultural work. He owns Pen-Col farm, a 600-acre dairy cattle operation, and is known in the field of specialized genetics.

He also is president and founder of the Nicholas Wolff Foundation and Camp Victory in Millville, Pa., a non-profit camp for children with special medical needs.

Harrisburg Man Leads Municipal Org.



David Sanko

Harrisburg resident David M. Sanko has been named executive director of the Pennsylvania State Association of Township Supervisors, the state's largest municipal organization, which represents 1,455 townships.

Sanko, 49, succeeds R. Keith Hite, who is retiring. Sanko will officially assume the executive director's office on Jan. 1. Only four other people have held the position in the 88-year history of the association, which is based in Hampden Township, Cumberland County.

Since January 2005, Sanko has served as chief operating officer for Bucks County, Pa. Previously, he headed the Pennsylvania Emergency Management Agency and was chief of staff and senior counselor for former Gov. Mark Schweiker. A graduate of East Stroudsburg University, Sanko also served as a deputy auditor general for Pennsylvania.

Harrisburg on the Nile

Dance like an Egyptian: The Egypt nightclub (right) opened recently at 400 N. 2nd St. It is one of many nightclubs and restaurants owned by local businessman Ron Kamionka. It replaced Mars, which also was owned by Kamionka.



New Fulton Branch Opens in Midtown

Fulton Bank's new Keystone Harrisburg branch office, at 1429 N. 3rd St., in Midtown, opened recently with a ribbon-cutting ceremony.

"Fulton Bank has been a part of the city's business community since 1969 and is proud to continue playing a role in our community's revitalization," said Rob Jones, president of the bank's Capital Division.

The new banking center, which has a 24-hour ATM and a drive-through window, occupies 2,800 square feet of space restored by GreenWorks Development with Pyramid Construction serving as general contractor. The nearly \$2 million project involved rehabilitating the structures at 1425, 1427 and 1429 N. 3rd St.

GreenWorks purchased the bank's former Midtown offices at 1401 N. 3rd St. and plans to integrate the building into a larger commercial complex in the future.



The ribbon is cut at the new Fulton Bank branch in Midtown.

Walnut Street Bridge Plaza Work Begins

Construction work has started on a new plaza on the West Shore end of the Walnut Street Bridge in Wormleysburg.

The pedestrian plaza, located at the approach to the bridge on S. Front Street, will feature new landscaping, brick walkways, planters, benches and fencing. It is expected to be completed by the end of the year.

The project's \$212,000 pricetag is being fully funded through state and community block grants.

The western section of the historic metal truss bridge, connecting Wormleysburg and City Island, has been closed since early 1996, when flooding and ice destroyed two bridge spans. Since then, the area near the bridge entrance had become an eyesore.

The plaza work is the first phase in the rehabilitation of the bridge. Cumberland County currently is conducting a feasibility study to see if the missing spans can be rebuilt.



A new plaza soon will rise on the west side of the Walnut Street Bridge.

Changing Hands: August Property Sales

N. 2nd St., 2633, Michael W. Weldon from Safa and Rachel Farzin: \$300,000

N. 3rd St., 1840, Aurora Loan Services LLC from Amie Starks: \$900

N. 4th St., 2643, Tangelia C. Thomas from Douglas A. Reider: \$80,000

N. 6th St., 3201, Sovereign Bank from Derek and Aebony Mitchell: \$955

N. 18th St., 73, Deutsche Bank National Trust Co. from Patricia K. Franklin: \$1,166

S. 13th St., 108, Francesco Nunez from Margaret Pestreich: \$3,700

S. 14th St., 414, Deutsche Bank National Trust Co. from Scott Saur and Michael Wilson: \$927

S. 16th St., 1127, Timothy R. Gaul from Paul G. Beinhauer: \$8,000

S. 17th St., 33, PHH Mortgage Corp. from Fnu Johnson and Haryanti Sung: \$1,017

S. 18th St., 1039, Carol L. Siple from Bonnie C. Koch: \$97,000

S. 20th St., 209A, Mark Allen from Steve Graves: \$58,000

S. 29th St., 624, Thang Dinh Tran from U.S. Bank National Association: \$43,900

Berryhill St., 1245, Federal National Mortgage Association from Joel K. Senior: \$1,309

Berryhill St., 1419, Regal Investors LLC from Gilbert and Joyce Ann Leo: \$24,000

Berryhill St., 1433, BAC Home Loans Servicing from Wei Fung Chang and Timothy K. Tindale: \$954

Boas St., 1815, HSBC Bank USA from Alonzo L. Piper: \$1,033

Briggs St., 1623, Lita D. Roberts from Kusic Financial Services Inc.: \$77,000

Catherine St., 1618, Royal Investment Properties LLC from Central Atlantic Property Group Inc.: \$33,500

Chestnut St., 1926, Bank of New York from Brian J. Garvey: \$809

Derry St., 2045, Fannie Mae from Ann J. Colbert: \$940

Green St., 3118, Bridgette J. Piper and Isaac A. Miller from Diane Franklin: \$140,000

Hamilton St., 501½, Fannie Mae from Mark D. Sweigart: \$1,290

Harris Terr., 2449, Bank of New York from Dawn M. Willis: \$985

Hoerner St., 120, Fannie Mae from Danielle Shearer: \$1,052

Hummel St., 233, Sambatt Phe and Sokthy Sous from Sovanney Sau: \$8,000

Hummel St., 342, Fannie Mae from Lisa L. Thompson: \$978

Jefferson St., 2620, Summit & Vickroy Inc. from Casey Cigic: \$32,500

Market St., 1842, Aurora Loan Services LLC from Mark A. Henry: \$1,092

Muench St., 410, HSBC Bank USA from Amie Starks: \$993

Mulberry St., 1947, Timothy and Lanette Johnson from Kathy C. Prosser: \$84,900

Nectarine St., 344, Hernandez E. Nunez from Hector William Soto: \$5,000

Park St., 1918, Yolanda D. Jones from Jerome Holmes: \$61,000

Penn St., 1930, Fannie Mae from Tony Weikel and Ryan Colquhoun: \$1,082

Reel St., 2722, Bigfoot Properties LLC from David A. Arnold: \$30,000

Reily St., 211, Erik E. Cramer from Herbert and Mary Mukhtar: \$105,000

State St., 1522, Regal Investors LLC from Jesse and Donna Jo Rawls: \$20,000

Swatara St., 1615, Jorge Barrios from Federal National Mortgage Association: \$15,000

Vernon St., 1441, Hancock Investments Associates from Daniel G. Anderson: \$64,999

Walnut St., 1717, Adlena and Anthony Ijomah from Sarah N. Lewis: \$37,500

Source: Dauphin County, property sales for Harrisburg. All data is deemed to be accurate.

TheBurg House of the Month



This end rowhouse at 23 S. 17th St. is one of several nearby rehabilitated with the city's Bureau of Housing. It was listed for sale for \$62,900. Contact Fred Humphrey at RE/MAX at 717-364-3370 or fred@fhumphrey.com.

Grandeur Restored



The Harrisburg Downtown Library last month rededicated its century-old building on Walnut Street following a multi-year renovation. The children's room (left) shows how the historic structure has been returned to its Victorian-era majesty.

Bohemian Harrisburg?

3rd Street corridor emerges as center of city's arts life, café culture.

Peter Durantine



New and renovated buildings line 3rd and Reily in Midtown, the heart of the city's emerging cultural area.

Within the last two years, the intersection at 3rd and Reily has undergone a series of changes, furthering Midtown's transformation as a community for the culturally and intellectually minded—a center for artists, musicians, academics, students and writers.

It's most evident by the businesses and institutions locating there. At one corner, in the old Evangelical Press Building, Harrisburg Area Community College has opened its satellite campus, attracting students, faculty and administrators.

Across the street, HACC is preparing to move many of its central administrative offices into the new, four-story, 73,000-square-foot Campus Square Building. The move, slated for January, will include President Edna V. Baehre's office.

Baehre, who advocated the Midtown campus to bring higher education closer to the urban population, was concerned students and faculty would not want to go into the city. To her surprise, she found the opposite to be true.

"Both students and faculty just love it down there," Baehre said. "It's been a very eye-opening, gratifying experience."

Since opening in fall 2007, HACC's Midtown enrollment has grown 13 percent, from 890 to about 1,100 students, reflecting the overall growth of the college, according to the administration.

On the southeast corner of 3rd

and Reily, Fulton Bank in August moved its local branch down a few blocks to occupy two historic buildings, newly renovated by GreenWorks Development, which is spearheading development around the intersection.

GreenWorks is the developer of Campus Square,

and it renovated the 92-year-old Evangelical Press Building for HACC. The company owns a list of properties that it plans to develop around the intersection and up and down 3rd and Reily streets.

As a builder, GreenWorks is rather unique, as it's focused on urban development.

"We do integrated community development—get people out from behind the wheel of their cars and create a community again," CEO Doug Neidich said.

When the company started in 2005, it looked for an area of the city to develop or to re-develop into a mix of residential and commercial properties.

"It was clear Midtown was the place," Neidich said.

With HACC's campus and Campus Square—and the potential for other colleges to open Midtown facilities—GreenWorks envisions the area as sort of a college town.

"We're trying to create a real educational center, and we're trying to tie it in with the community," Neidich said.

Eastward, at the northwest corner of 6th and Reily streets, the Vartan Group plans to build a five-story building for condominiums, restaurants and retail. Across the street, the new federal courthouse is expected to be built, Mayor Stephen Reed said.

Ralph Vartan said his company has about 100 properties in the neighborhood and is committed to

Midtown and its development as a community.

"People really are attracted to the ambience of the place," he said.

Restaurants, such as Nonna's Deli Sioso on Reily and the coffee shop/luncheonette breads 'n spreads across 3rd Street from Campus Square, opened over the last two years in anticipation of serving a burgeoning community.

Breads 'n spreads owner Shana Woomeer said she sensed the area was becoming a place where people came to experience arts and culture.

The same goes for Eric Papenfuse, who moved his Midtown Scholar bookstore from just north of 3rd and Reily to a larger building a block south on 3rd Street. The new store re-opened in September with a coffee shop, a performance stage and a poetry corner.

When Papenfuse opened the original bookstore six years ago in a building that once housed Midtown's post office, the area had its share of blight and crime. Yet, 3rd Street's 19th and early-20th century storefronts showed promise.

"We saw that this could be a real cultural and commercial corridor," Papenfuse said, noting that, at this point, "It's just a matter of time before it takes off."

To help establish that corridor, Papenfuse said he purposely located Midtown Scholar near the corner of 3rd and Verbeke streets. That's the same strategy used by the Harrisburg Midtown Arts Center, a block south on 3rd Street.

John Traynor, president of the center, said the mayor had tried to encourage the arts to Midtown for years. Then he and his partner, Gary Bartlett, came along.

"We're attracting people to the area from both inside and outside the city," he said.

Helping the revitalization of this once commercially vibrant corridor are new small businesses like Café di Luna, a coffee shop around the corner from the center, and the Hodge Podgery, a consignment shop just next door.

"These are the businesses that help tie it together," Traynor said.

So far, around 3rd and Reily, GreenWorks has developed about one-quarter-million square feet of property, with the aim to increase that number to 1 million square feet over the next few years, Neidich said.

What's next? GreenWorks now is focused on the unused space in the back of Midtown Cinema on Reily. It may be the next chapter in the area's impressive comeback.

All the Buzz



Harrisburg artist Samantha Gallagher sits beside "Pollinator Paradise," her first-place entry in the "professional" category of the recent Hydrant Hysteria fireplug decorating contest. Other first-place winners included Julie Waddington in the "community members" category and Caiti Deane in the "student" category. Residents voted for their favorites among 58 hydrants painted downtown in the public art event sponsored by the Harrisburg Downtown Improvement District. Samantha won a \$500 prize for her winning design, which can be found at the corner of Market and Front streets. You can see more of her artwork at Gallerie 13 in Mechanicsburg and at www.samanthasartstudio.com. Photo: John Gallagher.

“Rest in Peace” Takes Hard Work

At Harrisburg Cemetery, the living toil to honor the dead.

Michael Walsh

Above a sloping hillside overlooking the Capitol building and the downtown, John White Geary lays buried beneath a bronze statue erected in his honor.

Perhaps forgotten by many now, Geary was a household name in Pennsylvania when he was laid to rest there in 1873. He served as the first mayor of San Francisco, an appointed governor of the Kansas Territory and a decorated major general in the Civil War. After serving two terms as governor of Pennsylvania, Geary was out of office only a few weeks when he suffered a fatal heart attack while making breakfast for his infant son at their home on Walnut Street. The public interest in Geary’s funeral was so great that new Gov. John Hartranft issued a proclamation detailing how the procession would make its way across the city and up the hill to Harrisburg Cemetery.

Aside from the entrance gates being moved some years later, there is little about the cemetery that has changed since those mourners carried Geary to his final resting place 136 years ago. Today, the landscape of this 35-acre tract between State and Herr streets is serene and natural in design, just as the city elders envisioned when they planned the site in 1845. Grass-covered lanes and an arboretum of mature trees provide an insular

feeling to the timeless world inside the gates.

This atmosphere, though, obscures an important point: the cemetery’s tranquil beauty doesn’t come easily. The pervasive sense of peace belies the hard work involved. For that, you can thank a group of devoted volunteers and the Harrisburg Cemetery Association, which manages the grounds.

The association’s president, Peter Hickok, is a descendent of several of the families buried here, and has served on the board for more than 30 years. The association employs a full-time caretaker and manages the financial affairs of the trust that helps to maintain the cemetery operations. “We live off of our endowment,” Hickok said.

And like any non-profit, they rely on volunteers to help. On the first Saturday of each month, volunteers help fix old stones, clear brush, trim trees and plant flowers. Karen Peiffer of New Cumberland has regularly volunteered since first visiting the cemetery a few years ago.

“It’s a community asset,” she said, and one that is not widely known, even among those who have spent their lives in Harrisburg.

After sitting vacant for three decades, the impressive Gothic Revival superintendent’s cottage, built in 1850, is being updated with the help of current occupants David Via and Terri Hoffman. With tongue in cheek, they call the cemetery a “quiet, gated community” and are not only stewards of the house, but also hosts and tour guides.

David and Terri easily can recount stories about the lives of those who now rest here and facts about the cost of burials in years past (it cost \$2 to dig a grave in 1890). In a walk around the cemetery, you may come across the stone that was designed

by the Philadelphia architect who also designed the Philadelphia Customs House and the steeple at Independence Hall; the final resting place of the woman who was the first to sing the national anthem in public; or the graves of more than 1,500 who were originally buried elsewhere and later re-interred at the cemetery when the growth of the city required that old churchyards be cleared for development.

Included among the family plots are those who helped build the city and the nearby industries that employed its residents. These names—Boas, Herr, Verbeke, Calder, Kelker and Reily—read like a street map of present-day Harrisburg. Joining them are more than 30,000 others whose names may be less familiar, but who bore witness to every major historical event since the nation’s founding. Both Union soldiers and Confederate prisoners from nearby Camp Curtin were buried here, their graves neatly attended to and flags placed in their honor to this day.

The cemetery is also a “who’s who” of top politicians of the area. John Geary is one of four governors interred—along with two centuries of congressmen, senators and statesmen. A few steps from Geary’s statue stands a tall and ornate obelisk where James Cameron is buried. Before his death in 1918, Cameron had prospered in industry and served as Secretary of War under President Grant. His father, the noted Republican Party boss, Simon Cameron, was Lincoln’s Secretary of War, a minister to France and a U.S. senator. He lies in a different area of the cemetery than his son.

Due to the hard work of so many, the historic cemetery has remained largely free of impacts from the world around it. But, as David noted, the story of the “missing gates” is proof that the cemetery is not immune to some of society’s modern ills.

The gates that were almost lost forever adorn the only iron fence still remaining in the cemetery—surrounding the family plot of Theophilus Fenn, who founded the Harrisburg Telegraph Company. When the gates disappeared a few years ago, David and Terri visited antique stores and dealers in the hope they would turn up. Their efforts were not in vain.

A shop owner in Columbia, Lancaster County, had heard of the old iron gates being “on the market,” and their return was arranged. With some slight modifications to thwart a re-occurrence, the gates were re-fastened and the ornamental iron fence was complete once again.

It’s a story that ends well in a place where stories remain forever.

Volunteers can help with cemetery cleanups. Please meet at the superintendent’s cottage on the first Saturday of each month at 9 a.m.

Midtown Mural



Artist Ophelia Chambliss stands beside her mural, “Mending Hearts, Minds and Communities,” located on the outer wall of Gallery Blu, 1633 N. 3rd St. It is the first mural in the SusqueCentennial Commission’s “Paint the Town” project, marking Harrisburg’s 150th year of incorporation.



The morning light casts an otherworldly glow on Harrisburg Cemetery, eternal home of some of the city’s most notable citizens.

Fighting the Firebug

Technology, education, pooches have revolutionized arson investigation.

M. Diane McCormick

Does paper burn?" Harrisburg Fire Chief Dan Soulier asks the question, so there must be a trick.

When you guess correctly that paper doesn't burn, Soulier shares a lesson. His department battled 494 fires in 2007, and 18 were considered arson.

Soulier teaches that fire needs three elements: fuel, heat, and oxygen. When those elements combine, anything in their way rapidly decomposes and produces vapors—and it's the vapors that burn, not paper or wood or curtains.

Enter the spectrograph at the Pennsylvania State Police chemical analysis division. When city and county investigators suspect arson, they send the physical evidence to the state police for examination.

The spectrograph's heating element reignites the evidence, and sniffers sense the point when vapors happen, Soulier said. Match the wood type with the rate of ignition, and the spectrograph reveals the

type of accelerant used—anything from lighter fluid to jet fuel.

Years ago, only 30 percent of arsons were solved, said Detective Dennis Woodring of the Dauphin County Criminal Investigation Division in the district attorney's office. Now, the "recovery rate" is 80 or 90 percent.

Today's unlucky arsonists can blame three factors when they're caught: CSI-style science, old-fashioned detection, and Loki, a 22-month-old yellow Labrador retriever, who can sniff out a drop of accelerant, or as they're now called, "ignitable liquids."

Loki is constantly at Woodring's side. She's trained by the federal Bureau of Alcohol, Tobacco and Firearms, on assignment to the county, also available to the city.

Woodring's K-9 partners—he's had three since 1995—have sniffed gasoline on the shoes of arsonists who returned to the scenes. The dogs are trained to sit when they detect an ignitable liquid. The evidence they sniff out goes to the spectrograph, while investigators start knocking on doors.

"We'll start walking around, talking to people," Soulier said. "Was there anyone here who brought kerosene? Do you have security cameras with pictures of the scene?"

Arson investigators seek motive first, but, unlike a bank robbery, motive is rarely written in the crime itself, said Woodring.

"With arson, there are so many different types of motives," he said.

Arsonists might be mentally ill, or they might try to conceal another crime. They used to be business people enlisting others to help them escape a sea of debt, but that's changed, Soulier said, citing an Irish proverb: "Three people can keep a secret if two of them are dead."

Sometimes, homeowners want insurance money to renovate their kitchens, Woodring said. He has investigated fires where owners



The nose knows: Loki and her handler, Detective Dennis Woodring, take a break from sniffing out arsonists.

"happened" to stash the family Bible in the car, or "happened" to take the dog for a walk while a frying pan ignited on the stove.

"Most people will not kill their pets," he said.

These days, angry spouses or jilted lovers often set fires, Soulier said. Impulsive arsonists don't consider the devastation that fire can wreak on a community.

"They're not worried about the family that's living in the apartment upstairs," he said. "They're just dealing angrily with their hurt feelings."

HIA Service Expands to Florida, Chicago

Midstate residents soon will have more travel options out of Harrisburg International Airport.

Starting Nov. 5, Airtran Airways will offer nonstop flights Tuesdays, Thursdays and Saturdays between HIA and Fort Lauderdale-Hollywood International Airport in Florida.

In addition, American Airlines has announced that it will resume daily nonstop service between HIA and Chicago O'Hare in summer 2010. The airline quit the route last year after 23 years of service.

For more information, visit www.flyhia.com.

Utility Seeks Increase

Harrisburg area residents soon may be paying more for water, as United Water Pennsylvania has filed for a 16 percent rate increase.

The new rate would increase the average customer's annual bill to \$460 from \$396, said United Water.

Unless the state Public Utility Commission objects, the increase would take effect Nov. 15. The utility cites rising operational costs for the increase.

City Lights



Workers remove the last of the dated, 1960s-era lights from the State Street Bridge. They've been replaced with 63 antique-style light fixtures.

Harrisburg Shakespeare Festival

Presents

RICHARD III

NOVEMBER 6 - 21

"The world is grown so bad, that wrens make prey where eagles dare not perch ..."

All performances will take place at Gamut Classic Theatre, located on the Third Floor of Strawberry Square in Downtown Harrisburg, PA.

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Out of Tragedy, a Cause Is Born

Pink Hands of Hope commits to fight breast cancer.

Brian Gaughan

If you believe everything happens for a reason, you are about to read a story that validates those beliefs. For those of you who don't, you may after reading our story.

My wife, Laurie, was diagnosed with breast cancer on April 1, 2008. It turned our world upside down. During the next eight months, as we started our fight with a series of surgeries and chemo treatments, we decided that, when we got through this, we were going to do something to help others. We weren't sure what we were going to do since we were focused on our own battle. As things kept going the right way with my wife's health, we started to focus our thoughts on helping others.

Sometime around the end of April of this year, our prayers were answered when I got hit with what I call the holy two-by-four. I decided we would open a non-profit organization to assist women who are diagnosed with breast cancer. The organization would have five main goals as its main mission:

- Help offset the medical bills of those diagnosed and in the fight
- Help clothe the women as they either lose or gain weight through their treatments
- Help feed them once they get home from their surgery
- Help them by giving them new toys for their kids' birthdays and holidays
- Help them navigate their way

through the emotions that they will go through by listening to them and answering questions since we have gone through it.

Of course, the idea was a great one, but figuring out how to do it, and even more importantly, how to fund it, was another thing. What happened next was a series of small miracles that allowed us to not only figure out a way to do it, but lined up everything in a manner that allowed us to open our non-profit within five weeks.

Pink Hands of Hope opened June 1, 2009.

Our used-clothing-and-more store is located at 5325 E. Trindle Rd. in Mechanicsburg. We have a full inventory of women's, men's and children's clothing, plus household items such as pictures, books, china, coffee makers, collectibles, etc. All the clothing is gently used and is on racks according to size and type. We have three full-size dressing rooms for customer convenience.

All items in the store were donated to our cause. We do not take consignments, only donations. We also did a tremendous amount of research and created an area full of resource materials for those diagnosed with breast cancer, complete with information on treatment options and care.

So far, we've helped about a dozen families with information, as well as one woman with three bags of free clothes.

Our goal for the store is to sell enough to cover our costs and then place the profits in an account that we can use to pay medical bills for those who are in the battle and find themselves behind on their bills. We will write the checks directly to their doctors to cover things like co-payments, visits and

tests.

My wife and I, along with our families and volunteers, run the entire operation. At this point, we are not quite covering expenses, but we are getting close. To keep costs down, we don't plan on having employees, at least for now.

The unfortunate statistics are that one-in-eight women will be diagnosed with breast cancer. That means that many of you reading this story have either been affected with this ugly disease and/or you know someone who has been. If you ever wanted to help support a cause that directly helps those in the battle, this is your chance. While there are many organizations that help, we are one of the few that actually reach out and touch those in the fight with direct help in the form of money, clothes, food and toys.

For us, the old saying that things happen for a reason is definitely true. My wife and I were cruising through life, living the typical family existence with three kids, a house and a dog. Then with that one sentence, "you have breast cancer," our lives were altered forever.

We could have taken many different roads after the diagnosis, but we chose to fight, win and then help those less fortunate than us. I am not saying the only reason my wife was diagnosed was for us to start this non-profit, but I am saying that Pink Hands of Hope would not exist if not for my wife being diagnosed.



Brian Gaughan and his wife, Laurie, are owners of Pink Hands of Hope, 5325 E. Trindle Rd., Mechanicsburg. Store hours are Monday to Friday 5:30 p.m. to 8:30 p.m. and Saturday, 11 a.m. to 3 p.m. For more information, call 717-620-8264, e-mail brian@pinkhandsofhope.org or visit www.pinkhandsofhope.org.

Event Scheduled for Women's Health

A free women's health event, "Spirit Girls' Night Out," will be held Oct. 9, 6 p.m. to 9 p.m., at Harrisburg Area Community College's Wildwood Conference Center.

Sponsored by Camp Hill-based Holy Spirit Health System, the event will focus on prevention and health education for women of every age.

Doctors will be on hand to discuss such issues as breast health and gender-specific knee replacement. Free bone density, body mass index, carotid artery, peripheral artery disease and blood pressure screenings, as well as cardiac and stroke assessments, will be offered (some screenings must be scheduled beforehand).

For more information, call 717-972-4879 or visit www.hsh.org.



October is National Breast Cancer Awareness Month. Please help in any way you can.

—TheBurg



Customers browse clothing at Pink Hands of Hope.

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"We Are United"

Esmeralda Hetrick: helping to guide the Latino community.

Peter Durantine

It's quite a job—to understand the plight of the poor while trying to encourage their children to pursue their studies and achieve college degrees and also serve as a role model for young Latinos.

It requires a compassionate, but tough-minded leader, which Estamos Unidos de Pennsylvania appears to have in its president, Esmeralda Ybarra Hetrick, a client manager for Highmark Blue Shield.

As a Mexican-American girl from the poor barrio of Brownsville, Texas, Hetrick succeeded against many odds, obtaining undergraduate and graduate degrees as an adult and giving back through countless volunteer efforts.

She helped found Estamos Unidos seven years ago to serve the region's disadvantaged families through community-minded events and scholarship programs.

"She has a very good heart," said Hector Ortiz, one of Estamos Unidos' founders. "She's always thinking how we can resolve a problem."

The efforts of the group—translated as "we are united"—have been instrumental in helping unify the city's growing Hispanic community. As a result, a Hispanic Chamber of Commerce, the Latino Hispanic Professional Association and many diversity programs, such as the Multicultural Picnic, have been created.

Like most groups, Latinos are not a monolith. "Just because we speak Spanish doesn't mean we always cooperate," Hetrick said.

During an interview in which she preferred to talk less about herself and more about Estamos Unidos, Hetrick recalled how the organization incubated from town hall meetings at the Mount Pleasant Hispanic Center on Allison Hill.

"Education for our kids—this was our mission and vision," she said. "We're focused on producing productive citizens."

It remains so today as the group conducts its 5th annual Estamos



Esmeralda Hetrick is dedicated to building community, changing lives.

Unidos de PA Noche Latina Gala and Silent Auction this month in collaboration with G&J Events, a Hispanic-run business.

The Noche Latina Gala, or Latino Night Gala, is not just to raise money, but also to raise cultural awareness. It offers the opportunity for anyone—not just Latinos—to socialize and experience Hispanic art, values and traditions in a diverse environment.

Hetrick speaks proudly about what has been accomplished by Estamos Unidos, noting it's an all-volunteer program, with no offices or phones. It has given more than \$35,000 in scholarships. "We've touched thousands of lives," she said.

Highmark prides itself on a social commitment it has kept since its founding in the 1930s. As a member of the diversity council, Hetrick is part of that, recognized as one the insurer's advocates for diversity and for addressing healthcare disparity issues.

"I have seen Esmeralda's many efforts in the community and here at Highmark," said Tija Hilton Phillips, regulatory affairs manager. "Council members use our collective talents and experience by acting as diversity champions throughout Highmark and the communities that we serve."

Since arriving in Pennsylvania more than 20 years ago, Hetrick has quite a list of accomplishments herself. She is frequently recognized for her community contributions, mentoring and leadership skills.

A graduate of the community training program, Leadership Harrisburg Area, she has received awards for public service and was recognized as a "Women of Excellence" in 2005 by the YWCA. She serves on the boards of the Y and Central Penn College.

Yet, she did not appear destined to public service. "I personally wasn't raised with the concept of getting involved in the community," she said.

As one of six children to an immigrant mother struggling on welfare, Hetrick said her initial career goal as a young woman was simply survival. At seven years old, she had to serve as interpreter for her mother and siblings when shopping or going to the doctor.

"I was always the communicator, always the link," she recalled. "It formed who I am today."

Hetrick said her family's adversity made her a better person. Her mother valued education, and Hetrick excelled in school. Through beauty pageants and other activities, she met people who further encouraged her to aspire.

She found her singing voice and a love for music. As a singer in the early 1980s, she opened for Rich Little in Houston. Although she loved to perform, Hetrick said

that she realized education was her future. After her husband died, she moved to Harrisburg with her daughter, Monica.

Today, Hetrick's 29-year-old daughter has traveled the world and currently works for a hedge fund in New York. Hetrick has remarried, to Graham Hetrick, Dauphin County's coroner, and continues to give back to her community.

Estamos Unidos de PA is at www.estamosunidospa.org. The Estamos Unidos Latina Gala Night and Silent Auction is 6 p.m. to midnight, Sat., Oct. 10, at Sheraton Harrisburg/Hershey, 4650 Lindle Rd., Harrisburg. For tickets, call 717-805-9019 or 717-433-1784 or e-mail gandjevents@yahoo.com.

Eat Eggs, Fight Crime

The first annual Crime Prevention Brunch will take place Oct. 17 at 10 a.m. at the Shiloh Church of God In Christ, 5950 Derry St., Harrisburg.

Speakers will include state, county and city law enforcement and judicial representatives.

The event is sponsored by the Crime Prevention Project, which focuses on building a strong and safer community and empowering offenders to be self-sufficient.

The cost is \$25. For more information, contact Juanita Edrington-Grant at 717-234-3664 or juanitagrants@verizon.net.



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Beauty and the Bridges

Harrisburg's historic spans define its character.

Jason Wilson



Three bridges in a row: The Cumberland Valley, Market Street and Walnut Street bridges give the Harrisburg waterfront a unique look and identity.

Although most of us probably take them for granted, the eight bridges crossing the Susquehanna are vital to Harrisburg's existence as a transportation hub. They have endured weather's worst—succumbed to floods and fire; battered by ice.

From the city's founding until 1814, several ferries, including that of John Harris, were the only means of crossing the river. That year, construction began on Camelback Bridge, a wooden Burr-arch structure located where the Market Street Bridge stands today.

Camelback was seriously damaged by the flood of 1889 and washed away during the flood of 1902. It was replaced by the current Market Street Bridge, built in 1905 and modified in 1922.

Running parallel is the black

trussed Walnut Street Bridge, also known as the People's Bridge or "Old Shaky." Listed on the National Register of Historic Places and recognized as a Historic Civil Engineering Landmark, it's the oldest span connecting the city to City Island. It was completed in 1890, built, at the time, just north of Camelback Bridge. It was open

to vehicle traffic until 1972 when it became a pedestrian bridge. Two western spans were washed away during the ice flood of 1996, but the eastern portion remains open today to pedestrian traffic.

The third-oldest extant bridge crossing at Harrisburg is actually that of the Cumberland Valley Railroad, which initially built a wooden covered bridge in 1839 that burned in 1844 and was rebuilt and modified numerous times through the 19th century. It was replaced by an iron truss bridge in 1887, and finally the present re-enforced concrete structure in 1916.

The Reading Railroad built an iron truss bridge in 1891 to the south of the Cumberland Valley Railroad Bridge, but upgraded it to concrete in 1922. These rail crossings, coupled

with the 107-year-old Rockville Bridge located north of the city, signify Harrisburg's continuing importance as a rail center.

In 1952, the M. Harvey Taylor Memorial Bridge was built, connecting Forster Street with the West Shore. John Harris Memorial Bridge, locally known as the "South Bridge," carries Route 83 across the Susquehanna and was completed in 1960. George N. Wade Bridge, carrying Route 81 across the Susquehanna, was finished in 1975.

Harrisburg's bridges serve not only as physical links between the east and west shores, but also as tangible reminders of the city's



The Walnut Street Bridge in 1996, after an ice jam destroyed two western spans.

transportation legacy of the past 200 years.

Jason L. Wilson is a research historian for the Capitol Preservation Committee.

Then and Now



Keystone Hall (left), a Queen Anne-style brownstone at Barbara and N. Front streets, served as the governor's residence for nearly a century until its demolition in 1960. The Flynn Office Condominium Building now occupies that site (right).



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Beer Finds a Mate

Food isn't left at the bar
at Lancaster Brewing Company

TheBurg Staff



Nice pair: Sesame-seared, yellowfin tuna is matched with Hop Hog IPA, the company's bold, malty pale ale.

Pairing the right wine with the right food is traditional for fine cuisine. Pairing beer with food—not so much—until now.

The trend began in England and has now hit our shores, a logical next step in the remarkable revolution of American beer craft.

Despite its name, the newest location of the Lancaster Brewing Company sits in a red-brick building along Eisenhower Boulevard near the Harrisburg Mall. And it's as much about the food as the beer.

"Why would you have great quality beer without pairing it with great quality food?" asked owner Nick Keares, relaxing over a glass of cream ale.

Like wine, it becomes a matter of preference over which beer should go with which dish. So, it is suggested that the more hop or bitterness the beer, the more hearty the food. The less bitter the beer, the lighter the dish.

For food, Lancaster Brewing is a little more upscale for a brew pub. Among its entrees are laquered pork belly and crisp pork loin—pair

these with the Country Cream Ale or Gold Star Pilsner; Rosemary roasted Amish chicken—pair it with, of course, Amish Four Grain; and Sesame-seared yellowfin tuna—pair it with Hop Hog.

"We try to get everything fresh and local; serve it like a fine dining restaurant, but at affordable prices," Keares said. "It's a tough test to get people to realize that they can come in here and get a high-quality meal."

The meals are prepared by the restaurant's chef, 31-year-old Phillip Nusinov, who comes from Baltimore and had worked for Karen's, the caterer based in Middletown, and Al Mediterraneo of Hummelstown.

Nusinov worked in his grandfather's butcher shop as a boy. He went to work at a restaurant as a teenager, first clearing tables then washing dishes. "I made my way back to the kitchen and haven't left since," he said.

Of all the dishes he serves, the most popular is the yellowfin tuna.

The most difficult is the laquered pork belly because of the hours of preparation—marinating and braising—before it can be cooked when ordered.

"It's probably one of the most complicated dishes on the menu," Nusinov said.

If fine cuisine is not what you're looking for, the menu also offers pizza, burgers and other sandwiches, such as pulled pork—smoked in-house—and steak.

The restaurant has a comfortable dining room and seats about 180 diners. On the walls are large framed photographs of late-19th and early-20th century Lancaster, Keares' hometown.

Keares, 40, also has been in the restaurant business his whole life. His father, who came to Lancaster as a Greek immigrant, and his uncles owned restaurants. When Keares finished college, he, his brother, Peter, and his father opened Checkers Bistro, a casually upscale place at James and Mulberry streets in Lancaster that they later sold.

They next formed Keares Restaurant Group and now own five restaurants—three in the Harrisburg area, including Doc Holliday's Steakhouse and the Comedy Zone off of Interstate 83 in New Cumberland; and two in Lancaster—Barny's Grill, and Gibraltar, which has earned accolades from ZAGAT, the food rating publication.

"Every day is different," Keares said, explaining his love of the restaurant business. "You get to meet people, hang out with people. You thrive on making somebody happy."

Lancaster Brewing Company, 469 Eisenhower Blvd., Harrisburg. 717-564-4448. Open Monday to Friday, 11:30 a.m. to midnight; Saturday, 4 p.m. to midnight; Sunday, noon to 9 p.m. www.lbcharrisburg.com

Hershey Restaurants Form Association

More than a dozen independent restaurants and other dining establishments in the Hershey-Hummelstown-Palmyra area have joined to create the new Hershey Independent Restaurant Association.

The group seeks to better promote Hershey's independent restaurants and eateries to visitors and residents, said association President Phil Guarno.

Founding members include Al Mediterraneo, Breads and Cheese, Boro Bar and Grill, Chocolate Avenue Grill, Cocoa Diner, Cocoa Perk Cafe, Dukes Bar and Grille, Fenicci's of Hershey, Fire Alley, Funck's Restaurant, Hershey Pantry, Palermo's Pizza II, Pavone's Restaurant, Penn Hotel and Sports Bar, Piazza Sorrentos, Union Canal House, Warwick Hotel and the What If Café of Hershey.

Membership is open to any independently owned restaurant or retail food service outlet. Visit www.HersheyAreaRestaurants.com.

Cupcake Cup Comes to Midtown Scholar

Harrisburg may be a great place, but it has suffered from one serious drawback—a shocking lack of cupcakes.

That situation will be remedied starting at 2 p.m. on Oct. 4, when the Midtown Scholar Bookstore hosts the first Harrisburg Cupcake Cup.

The best and most creative confections will be recognized, and attendees can sample the goodies for a \$1 donation, which will go to the Central PA Food Bank.

For more information, visit www.facebook.com/cupcakecup. Midtown Scholar is at 1302 N. 3rd St.



Chef Phil Nusinov, in action at Lancaster Brewing Co.

Meat Sauce Season

A hearty Bolognese welcomes the fall.

Rosemary Ruggieri Baer

By the time October's chilly breezes begin to send Indian summer on its way, my thoughts have returned to the heart of our home, the kitchen, and away from our trusty gas grill and dinners on the porch.

I am not an all-year-round griller, and when fall arrives, I love the thought of making long-simmering soups, stews and sauces on the stove. These are dishes that certainly take more time, and I usually save them for Sunday afternoons.

One of my husband's most-loved Italian dishes is pasta with Bolognese sauce. This sauce is a hearty ragu that I have been making for a long time. It is not your average meat sauce. Over the years, I have discovered an incredible number of variations for Bolognese and so, from time to time, I stray from my original recipe and experiment with newly discovered ones.

Bolognese sauce is a dish native to the city of Bologna, Italy. Bologna is located in the region of Emilia Romagna, halfway between Venice and Florence. Biba Caggiano,

chef/owner of Biba Restaurant in Sacramento, Calif., and a prolific cookbook author, describes her birthplace of Bologna as incredibly beautiful, and its food rich and succulent. It is reported to be one of Italy's wealthiest regions, noted for medieval porticos and fertile land. It is home to the king of Italian cheeses, Parmesan Reggiano, and the fat and pistachio-studded cured meat known as mortadella.

Ms. Caggiano says that every Bolognese loves to think that he or she is the maker of the real ragu. The exact ingredients may change from recipe to recipe, but the process is always the same: browning a base of chopped vegetables, adding a combination of ground meats and slow simmering with tomatoes, broth, milk or wine. In Bologna, ragu is most commonly served with lasagna. Not our American version, but rather layers of spinach pasta swathed with delicate Bechamel sauce. But ragu is also wonderful with tortellini, gnocchi, penne, rigatoni or the wide pasta noodles known as tagliatelle. Bolognese

sauce is always best served with a substantial pasta that can hold its own.

A friend of mine recently asked me if she could make Bolognese sauce with ground veal. The answer is you could, but it would not have the richness and body of a true Bolognese ragu. It is best to use ground chuck if you are choosing all beef or a mixture of ground chuck, ground sausage and ground pork. I have eaten a wonderful Bolognese made with ground lamb, although this makes the sauce quite rich. Bacon, pancetta or chopped chicken livers, if you like them, will add a new dimension to the dish. Recently, I tried Marcella Hazan's version of ragu, which has no cured meat at all and calls for slow cooking with milk. What follows here is the Bolognese recipe I began making years ago. It is from the *Gourmet's Guide to Italian Cooking* published in 1973. It is the one I most often return to.

Bolognese Sauce

In a large, deep saucepan, heat several tablespoons of extra virgin olive oil. Slowly brown the following in the oil for about 7 minutes or until soft and golden: 1 medium onion, 2 garlic cloves, 3 strips of bacon or pancetta, 1 medium celery stalk, 1 medium carrot and 4 ounces of white mushrooms, all finely chopped. You can let a food processor do the chopping for you.

Add 1 pound of ground chuck, crumbled, or a mixture of the ground meats noted above. Brown the meat in the oil, breaking it up with a fork as it cooks.

When the meat is nicely browned, add the remaining ingredients: 4 tablespoons of good tomato paste, 4 ounces of red or white wine, 2 cups of canned crushed tomatoes, 1 cup of beef broth, 2 tablespoons of brown sugar



and a pinch of ground nutmeg.

Bring the entire mixture to a boil, stirring frequently. Then lower the heat, and simmer very gently until the sauce thickens and is rich in color. I cook my Bolognese a long time to concentrate the flavors, although the recipe calls for one hour. Check the pot often and add a little more wine or milk if you wish. After a while, you will learn the consistency you like best. Sometimes, I double the recipe, which lengthens the cooking time considerably.

When the sauce is cooked, toss it with your favorite pasta and add a healthy dose of grated Parmesan Reggiano.

This pasta dish would not be complete without a wonderful red wine to go with it. There are some very good Chiantis out there that you won't find in straw-covered bottles. My family has taken a liking to Pinot Noir these days and that, too, would complement a hearty Bolognese ragu. Enjoy this special sauce with your friends and family. It's time to head back to the kitchen!



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

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Inspiration in Sculpture

Harrisburg native returns home to create “Park Mother.”

Rick Kearns



“Park Mother,” a reassuring presence in Reservoir Park.

When traveling along the northern side of Harrisburg’s Reservoir Park, down the hill and west of The National Civil War Museum, many people notice a remarkable sculpture on the hillside.

Unfortunately, few visitors get close enough to see an amazing 12-foot high statue of a resolute-looking woman, wearing a cape with her arms spread out to cover a bunch of kids and a little dog, all of whom are leaning in to her. She is the “Park Mother.” Her creator, Deborah Masters, originally from Harrisburg, is a nationally respected sculptor who drew inspiration for the piece from medieval and Byzantine art.

Masters, whose work has been reviewed in *The New York Times*, *Art in America* and *Sculpture Magazine*, spoke to *TheBurg* about “Park Mother” and some of her local education.

TheBurg: How did the creation of “Park Mother” come about?

Masters: I remember going to Reservoir Park when I was young, and it was beautiful and elegant. Many years later, after I had started my career, I came back to Harrisburg to visit my mother, and I saw that the park had become shabby-looking, with lots of mothers hovering around their kids, with a few wild kids running around. That image stayed with me. But before that, I had become interested

in Byzantine and medieval art when I was studying at Bryn Mawr [College]. I was inspired by the paintings of the Madonna della Misericordia (Virgin of Mercy). In medieval society, everybody lived in a walled town and everything revolved around the church. The [Madonna] painting referred to somebody

protecting you in a scary time. I had her in mind when I did “Park Mother,” and all of the kids in the piece are kids I met in the park.

TheBurg: When was this and from where did the funding come?

Masters: It was in 1991, when I found out that Mrs. Lois Glass (local patron of the arts) was searching for a sculptor to create a special work for Reservoir Park. I was teaching in California at the time, and I came out to meet with Mrs. Glass a few times. I was commissioned to do the work, and it was great, no real time pressure. It probably took two years to complete it.

TheBurg: How did you make such a large sculpture? What materials did you use?

Masters: It was made originally in clay; there were about seven or eight tons of clay in that piece. The base was strong enough, I welded the armature ... after that you make a rubber mold of it in pieces so as to replace them and then pour. We poured seven or eight yards of concrete. No problems in the making of it. The mold didn’t break and it is such a big piece.

TheBurg: You mentioned something about local kids?

Masters: Yes, the kids really loved it. There were some little fights about whom I chose, but they loved

it. Folks around here were very helpful. I do a lot of work with the community wherever I am creating, and I was very interested in that part of Harrisburg. I’ve always been interested in the common man, and I try to represent them in my work. But whenever you do sculpture in public spaces, you have to make it strong and sturdy. It’s funny, in New York people sometimes take sledgehammers to stone pieces but they leave the paper ones alone.

TheBurg: When did you become interested in the arts?

Masters: I went to the Harrisburg Academy, and we had art a lot. They were more craft classes than fine arts classes, but they did serve to boost my self-confidence. Drawing and painting, I did myself. I was very sick as a child and by way of entertaining me, my mother provided a wealth of art materials. I would go sit in the middle of our field with my dog and paint or draw whatever I was looking at. When I was too sick to go outside, I painted still lifes in the kitchen.

My father would sometimes drop me at the Philadelphia Museum when he went on business trips to Philly. I would be allowed to wander around the museum by myself for four to five hours. He would give me enough money to have lunch and buy an art book. These heavenly outings were probably responsible for my becoming an artist. I also lived in New Mexico and Mexico for a few months at a time with my mom when I was very young (after my father died). In Mexico you can’t move without stumbling over sculpture and great architecture. I never did real artwork until I was taking a “materials and techniques of art history” class at Bryn Mawr when I was roughly 19. It was then that I realized my interest in art.

TheBurg: Thank you for your time.

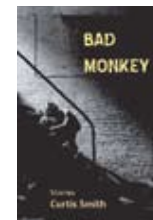
For more on this Harrisburg native, visit www.deborahmasters.com.

Burg Books

Bad Monkey

By Curtis Smith

Press 53, 153 pp. \$14.00



After a difficult night with his unruly capuchin that had brought him to a fit of inebriated rage, Parker, the carnival clown protagonist in “Bad Monkey,” one of 14 short stories

in this newly released collection, can’t help but love the misbehaving creature.

Next morning, as he sits in his van putting on his grease paint and costume, he turns and places a fez on little Tolstoy. “Tolstoy reached into Parker’s costume bag, retrieved a red foam ball and tenderly spread it over Parker’s nose, an act so gentle that Parker had to fight the urge to cry.”

Curtis Smith, a novelist and short story writer from Hershey, has a wonderful way of capturing a palpable humanity in his characters, whether at their worst or best, such as the couple in “Neighbors,” who make love in their neighbor’s empty nursery, ever hopeful for a successful pregnancy after two miscarriages. Or the college kid in “Think on Thy Sins,” whose summertime job with a Russian mobster involved overseeing a contract to pummel a fellow student: “Every time I saw the boy, I wanted to go to him, to explain in some way or another, wanted to confess and, perhaps, be forgiven ...”

Smith’s writing is at times delicate, always interesting and often insightful, as when the Russian mobster says to Kyle, the college kid, “In America, everyone has TV to take away problems. It is your vodka, no?” “Bad Monkey” is worth spending a couple of hours away from the TV.

Maestro of the Midstate

Stuart Malina marks a decade heading the HSO.

Peter Durantine



Stuart Malina, an "incredible musician," a local presence.

By any musical measure, the Harrisburg Symphony Orchestra is a professional, world-class orchestra—a jewel in the city's cultural crown. Yet, Maestro Stuart Malina believes many people have yet to experience the sound and music of its concerts.

"I still think there are many people who don't know what the Harrisburg Symphony is," he said, relaxing one afternoon over coffee at Panera Bread. "This is an orchestra that comes to play. They want to make music and do it well."

As the orchestra's new season opens this month, the 46-year-old conductor sees part of his mission

as encouraging more people to attend concerts by providing a broad range of musical choices—from contemporary film scores to Gustav Mahler.

"My strategy and philosophy is you want to get tons of people in the door, and you want the music to be high quality," Malina said.

While classical music may be a niche genre, it can be accessible to most listeners, depending on conductor, piece and performance. Malina is an affable, charismatic man who relishes conversation about music and the chance to attract more listeners.

At concerts, he gives the audience a brief description of each movement the orchestra is about to play. He wants them to have a little background to heighten their listening experience.

"He does it without talking down to people," said Dick Strawser, who was music director and evening announcer at WITF-FM for 18 years. "He's the kind of guy who you can run into at the grocery store or coffee shop and have a conversation with him."

Strawser, a classically trained musician, described Malina as "an incredible musician" who not only connects with the audience, but, just as crucial, the musicians.

"They play that way because they respond to him," Strawser said. "I think we're very lucky to have Stuart. He's a big part of the community."

Noting the approximately half-million residents of central Pennsylvania, Malina said that, if just 5 percent attended a concert, the orchestra would be "splendidly successful."

However, it's not the casual listener that concerns him the most.

It's the dedicated music lovers who prefer going to Baltimore or Philadelphia because they view HSO as just a community orchestra.

"That makes me crazy," he said. "Our musicians play in the Philadelphia orchestra and the Baltimore symphony."

Perhaps such sentiment has to do with HSO's humble beginnings. On March 19, 1931, at the height of the Great Depression, the orchestra gave its first performance at William Penn High School, under conductor George King Raudenbush.

Then it was a community orchestra. Musicians were all amateurs, the first season had only four concerts and the subscription was \$2. By the end of its inaugural year, though, the orchestra moved to the large, newly opened auditorium in the Forum building, where it remains today, performing under a star-gazers ceiling.

Raudenbush remained musical director until 1950. Five more would follow him, including Malina, who is only the sixth director in the orchestra's nearly 80 years.

He grew up in New York City, the son of a lawyer. He began piano at age 5, but, as he said, "I wasn't a prodigy. I was just a good student at music. I could sight-read very well. That's what got me doing more and more music."

Malina, who once expected to attend law school, has degrees from Harvard University, the Yale School of Music and the Curtis Institute of Music. "I never had that sense that I would become a musician until the end of my college career."

Yet, the signs were there. In high school, he was music director.

Now entering his 10th year, Malina said he is content with his position at HSO and his life in Harrisburg, raising Sara, 9, and Zev, 7, with his wife, Marty.

"It's been a very happy fit for me," he said. "If I don't leave, this would be a very nice career. Very few people allow themselves to be satisfied with where they are."

For more on the Harrisburg Symphony Orchestra: www.harrisburgsymphony.org; for more about Stuart Malina: www.stuartmalina.com.



Malina and the HSO, at a recent concert.

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The Bare Wall Gallery
712 Green Street, Hbg.

<http://tbwdailydiary.blogspot.com/>



Fine Art, Furniture in One Exhibit

Twelve artists of the Art Association of Harrisburg will exhibit about 70 paintings in a special showing, "Fine Art Meets Fine Furniture II," 1 to 4 p.m., Oct. 25, at David's Fine Furniture, 914 S. 13th St.

Artists whose works have been selected are: William Kocher, Linda Benton-McCloskey, Brian Eppley, Kirby Heltebride, Sharon Jenne, Elizabeth Staz, Barbara Passeri Warfel, Beverly Spitzer, Bryan Molloy, Brook Lauer, Terry Tedeschi Hosey and Carrie Wissler-Thomas.

The exhibition continues on view through Oct. 30. For more information, call 717-236-1432.



"Summer Landscape" by William Kocher will be shown at "Fine Arts Meets Fine Furniture," Oct. 25-30.

Open Stage Offers Classes for Fall

Open Stage of Harrisburg Studio/School has scheduled new courses, including weekend workshops:

- "Creating the One-Person Show," Oct. 18 and 25, 2-6 p.m.
- "Music Theatre Weekend," Nov. 14-15, 2-6 p.m., ages 12 and up.
- "STK (Specialized Training for Kids)," Saturdays, Oct. 3-Nov. 7, noon-2 p.m., grades 4-10.
- "Auditioning for Plays and Colleges," Oct. 10-11, 2-6 p.m., ages 16 and up.
- "Fight Call: Stage Combat," Jan. 9-10, 2-6 p.m., ages 16 and up.
- "Acting Technique," Sept. 28-Nov. 16, 6:30-8:30 p.m.
- Scene Study and Studio Workshop, Sept. 29-Nov. 17, 6:30-8:30 p.m.

For more, call 717-214-3250 or visit www.openstagehbg.com.

The Stage Door

HACC TheatreWorks

One HACC Drive, Harrisburg
717-231-ROSE; www.liveatroselehrman.org

"A Company of Wayward Saints," Oct. 30-Nov. 1.

Harrisburg Shakespeare Festival

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

No shows scheduled for this month.

Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey
717-838-8164; hersheyareaplayhouse.com

"Wait until Dark," Oct. 22-25; Oct. 29-Nov. 1.

Open Stage of Harrisburg

223 Walnut St., Harrisburg
717-214-ARTS; www.openstagehbg.com

"Doubt, a Parable," Oct. 9-31.

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; www.oystermill.com

"Bad Seed," Oct. 2-11.

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"Little Red Riding Hood," Sept. 16-Oct. 3.

"The Halloween Show," Oct. 14-24 and 31.

Rose Lehrman Arts Center

One HACC Drive, Harrisburg
717-231-ROSE; www.liveatroselehrman.org

"Seussical," Oct. 18.

Theatre Harrisburg

Sunoco Performance Theater, Whitaker Center
222 Market St., Harrisburg
717-214-ARTS; www.theatreharrisburg.com

No shows scheduled for this month.

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"Peter Pan," presented by Central Pennsylvania Youth Ballet, Oct. 24-25.



Museums & Art Spaces

Art Association of Harrisburg

21 N. Front St., Harrisburg
717-236-1432; www.artassocofhbg.com

"Fall Membership Show," all-media show with the theme "Structures," through Oct. 15.

"Invitational Exhibit," featuring artists Teresa DeSeve of Collegeville, Michelle Roberts of Harrisburg, Jeffrey Martin of Port Trevorton and Charlotte Shroyer of Taos, N.M. Oct. 23-Nov. 25. Reception: Oct. 23, 5-8 p.m.

Arthouse Lounge

217 N. 2nd St., Harrisburg
717-236-2550; www.arthouselounge.com

New artists for month include sculptor Charlie Barton, painter Jo Ann Neal, jewelry maker David Wright and photographers Paul Duda, David Lee Fish, Leann Leiter and Ron Barrick.

Arts at 510

510 N. 3rd St., Harrisburg
717-724-0364; www.artsat510.com

Beverly Spitzer, mixed media.

Demuth Museum

120 East King St., Lancaster
717-299-9940; www.demuth.org

"Luigi Rist: Master Printmaker," through Nov. 29.

Gallery Blu

1633 N. 3rd St., Harrisburg
717-234-3009; www.galleryblu.org

"Plein Air Plus," featuring the plein air artists who painted Midtown during Gallery Walk, Oct. 2-31. Reception: Oct. 2, 7-9 p.m.

Harsco Science Center

Whitaker Center, 222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"Invention at Play," an interactive exhibit that lets children design and build, through Nov. 8.

"Spooktacular Science," creepy exhibits and demonstrations for the season, Oct. 23-25, Oct. 30-Nov. 1.

Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

"The Real Steel," prints by Peter Treiber, through Nov. 30.

National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg
717-260-1861; nationalcivilwarmuseum.org

"More Deadly than Bullets: Illness & Disease in the Civil War," through March 1, 2010.

Rose Lehrman Art Gallery

One HACC Drive, Harrisburg
www.hacc.edu/RoseLehrmanArtsCenter

"Verbatim," works by artist Heather Freeman, Sept. 30-Oct. 21. Free reception and lecture, Oct. 1, 4-5:30 p.m.

"Geological Observations," ceramics by Paula Winokur, Oct. 26-Nov. 30. Reception and lecture, Oct. 29.

The State Museum of Pennsylvania

300 North St., Harrisburg
717-787-4980; www.statemuseumpa.org

"Voices: African American and Latina Women Share Their Stories of Success," featuring 50 accomplished women, through March 2010.

"The Fine Art of Giving," a selection of artwork given to the museum, through June 2010.

At Radius Gallery: glass artisan Gary Gydosh, through Oct. 31. www.radiusgallery.com

Susquehanna Art Museum

301 Market St., Harrisburg
717-233-8668; www.sqart.org

Bob Herr, abstract expressionist, through Jan. 24, 2010.

Doshi Gallery: Painter Miles Halpern, Sept. 17-Oct. 18; Sculptor Karen Beall, Oct. 22-Nov. 22.



"Metamorphosis," by Heather Freeman. Her electronic media works are featured until Oct. 21 at Rose Lehrman Art Gallery at HACC.

Gallery Walker: At 3rd and Verbeke streets, a passerby admires the work of Camp Hill painter John McNulty, one of several local artists who "painted Midtown" during last month's Gallery Walk (left). See works by the "plein air" artists this month at Gallery Blu, 1633 N. 3rd St., Harrisburg.

Events

Oct. 2: Harrisburg First Fridays. A group of city venues open late and feature special events and entertainment.
www.harrisburgarts.com/firstfridays.html

Oct. 4: Pennsylvania Indian Festival. Discover the life of local Native Americans before 1800. Fort Hunter Mansion and Park. 1-4 p.m. \$3 admission. www.forthunter.org

Oct. 11: A Doll for All Seasons. Penn Doll Collectors Club 30th Annual Doll Show and Sale. Granada Gym, 30 E. Granada Ave., Hershey. 10 a.m.-4 p.m. \$4 admission. Contact: Juanita 717-567-9553 (dealers); Dotti 717-761-3609 (general information)

Oct. 13: Friends of the John Harris/Simon Cameron Mansion. Initial meeting for new group devoted to local history. Harris/Cameron Mansion, 219 S. Front St., Harrisburg. 6-7 p.m. Free. 717-233-3462
www.dauphincountyhistory.org

Oct. 13: Second Tuesdays at the Mansion. "A Conversation with Simon and Margaretta Cameron." Harris/Cameron Mansion, 219 S. Front St., Harrisburg. 7 p.m. Free.
www.dauphincountyhistory.org

Oct. 14-15, 21-22, 28: Halloween at Fort Hunter. An evening of Halloween fun with spooky activities in the historic buildings at Fort Hunter. 6:30-8:30 p.m. \$10 per child; adults free. www.forthunter.org

Oct. 15: "Hottest Of" Contest. 4th annual contest judges "hottest" area volunteer firefighters. Event benefits disaster recovery charity. The Fire House Restaurant, 606 N. 2nd St., Harrisburg. 7-10 p.m. Contact: 717-232-5444. www.1stserve.com/hottest

Oct. 17: Fall Harvest Festival. Fun for the whole family, including pumpkin carving, face painting, rock climbing wall and more. Central Pennsylvania College, 10 a.m.-3 p.m. For directions, visit www.centralpenn.edu. Questions, call 717-728-2219.

Oct. 18: CROP Hunger Walk. The 2009 Harrisburg Area CROP Hunger Walk raises money to help the hungry. City Island, 1:30 p.m. Registration at 12:30 p.m. Contact Roy Jacobs, 717-939-2993 or buddy.beetle@verizon.net or harrisburgwalk.blogspot.com.

Oct. 24: Arthritis Foundation's "Bone Bash." Buffet dinner, live and silent auctions, fortune telling, costume contest and more. 7 p.m. at the Appalachian Brewing Co., 50 N. Cameron St., Harrisburg. \$65 per person. Contact 717-763-0900 or kclemens@arthritis.org.

Appalachian Brewing Co./Abbey Bar
50 N. Cameron St., Harrisburg
717-221-1083; www.abcbrew.com

Oct. 2: Two Man Gentleman Band
Oct. 3: Honeytribe w/Post Junction
Oct. 9: Jason Isbell and the 400 Unit
Oct. 16: Puffer Fish w/Red Sea Radio
Oct. 18: Trampled By Turtles
Oct. 24: Bones Bash/Mytochondria
Oct. 30: 717 Tattoo Halloween Bash
Oct. 31: Tom Hamilton and Clay Parnell
Every Thursday, Open Mic Night

Carley's Ristorante Piano Bar
204 Locust St., Harrisburg
717-909-9191; www.carleysristorante.com

Oct. 1: Giovanni Traino
Oct. 2: Wade Preston from "Movin' Out"
Oct. 3: Noel Gevers
Oct. 8: Chris Novak
Oct. 9: Anthony Haubert
Oct. 10: Ted Ansel
Oct. 15: Giovanni Traino
Oct. 16: Anthony Haubert
Oct. 17: Noel Gevers
Oct. 22: Ted Ansel
Oct. 23: Anthony Haubert
Oct. 24: Chris Novak
Oct. 29: Giovanni Traino
Oct. 30: Ted Ansel
Oct. 31: Noel Gevers

Ceoltas Irish Pub
310 N. 2nd St., Harrisburg
717-233-3202; www.ceoltasirishpub.com

Oct. 2 Adrian Blitzer
Oct. 3 Shots Magee'
Oct. 9 Monster Party
Oct. 10 TBA
Oct. 16 Random Allies
Oct. 17 Kenton Shelly Band
Oct. 23 Smooth Like Clyde Band
Oct. 24 Whitebread Band
Oct. 30 Luv Gods
Oct. 31 Adrian Blitzer

Char's Bella Mundo
540 Race St., Harrisburg
717-213-4002; www.charsbellamundo.com

"Jazz Wednesdays," with special wine menu

Clover Lane Coffee House
1280 Clover Lane, Harrisburg
717-564-4761; www.harrisburguu.org

Oct. 16: Kate Power & Steve Einhorn
Oct. 23: Coyote Run

Dragonfly Club
234 N. 2nd St., Harrisburg
866-468-7619; www.dragonflyclub.com

Oct. 17: Farewell Flight, Middle Distance Runner
Oct. 23: Push
Oct. 31: Halloween Party

Famous Reading Cafe/Midtown Scholar
1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

Oct. 15: David Wilcox
Oct. 22: Open Mic Night

The Fire House Restaurant
606 N. 2nd St., Harrisburg, 717-234-6064
www.thefirehouserestaurant.com

"Throwback Saturdays," barbershop quartets

Harrisburg Symphony Orchestra
At the Forum, unless otherwise noted
717-545-5527; www.harrisburgsymphony.org

Oct. 3-4: "Old and New Worlds"
Oct. 24-25: "Fantasy and Adventure"

Mangia Qui/Suba
272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

Oct. 2: Flamenco In The States
Oct. 3: iNFiNiEN
Oct. 9: Indian Summer Jars
Oct. 10: Smoke The Groove
Oct. 16: Alexandra Day Hosts Philly Songwriters
Oct. 17: Raise Up Roof Beams
Oct. 23: Drake
Oct. 24: Rotten Belly Blues
Oct. 30: Kyle Morgan and Friends
Oct. 31: Batida

Midtown Arts Center/Stage on Herr
1110 N. 3rd St., Harrisburg
717-412-4342; www.harrisburgarts.com

Oct. 2: Yarn
Oct. 3: Clinton Curtis w/TBA
Oct. 9: Michelle Malone
Oct. 10: Garrahan's Ghost
Oct. 15: Randy Weeks
Oct. 16: Vicky Emerson w/ Bearfoot
Oct. 17: Rhyne McCormick w/ Mark DeRose
Oct. 18: John Jorgenson's Gypsy Jazz
Oct. 23: Jump the Gun
Oct. 24: Case 150 w/ Girls, Guns & Glory
Oct. 29-31: The Rocky Horror Picture Show
Every Wednesday: Open Mic Night

Morgan's Place
4425 N. Front St., Harrisburg
717-234-8103; www.morgans-place.com

Oct. 2: Not Guilty
Oct. 3: Shea Quinn & Swish Dog
Oct. 9: Shea Quinn & Swish Dog
Oct. 10: Strange Eden
Oct. 16: Kings & Queens
Oct. 17: Black Mountain Jack
Oct. 23: New Experience
Oct. 24: Tom Patterson
Oct. 30: South Street
Oct. 31: Don Johnson Project

Rose Lehrman Arts Center
One HACC Drive, Harrisburg
717-231-ROSE; www.liveatroselehrman.org

Oct. 2: Concertante, chamber music concert (contact 717-214-ARTS)

Scott's Grille
212 Locust St., Harrisburg
717-234-7599; www.scottsgrille.com

Oct. 3: Greg and The Growlers
Oct. 7: Sherrie Mullen
Oct. 10: Rock Dog
Oct. 14: Glen Eliot
Oct. 17: Corn Lickers
Oct. 21: Cruise Control
Oct. 24: Michael Burton and DeJam
Oct. 28: Dan Kibler Trio
Oct. 31: Cruise Control

The St. Moritz
714 N. 3rd St., Harrisburg
717-232-9949; www.stmoritzclub.com

Oct. 3: Charles Lee
Oct. 10: St. Moritz owner Mack Granderson's annual birthday party with DJ
Oct. 16: Chyp Davis and Andre Romano
Motown Philadelphia Sound Show
Oct. 23: The New Experience Band

Stock's on 2nd
211 N. 2nd St., Harrisburg
717-233-6699; www.stocksonsecond.com

Oct. 3: Don Johnson Project Band
Oct. 10: Cruise Control
Oct. 17: Funktion with Robin McClellan
Oct. 24: The Maxwell Project
Oct. 31: Shea Quinn and Steve Swisher

Whitaker Center
222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

Oct. 1: Indigo Girls
Oct. 8: An Evening with Great Big Sea
Oct. 11: The Parker Quartet performs as part of the Market Square Concert Series
Oct. 14: Renaissance 2009
Oct. 16: Najee's Smooth Side of Soul

The live music calendar is deemed accurate as of press time. Schedules often change. Please check with the venue before attending.



Dr. Seuss' best-known characters come to life in "Seussical," a family friendly musical that opens the season at the Rose Lehrman Arts Center on Oct. 18. Shorey Walker stars as the Cat in the Hat, who is the host and emcee of the madcap show (left).



"Window" by Harrisburg photographer Michelle Roberts. She is one of several artists showing at Art Association of Harrisburg's Invitational Exhibit starting Oct. 23.

Take Me to Your Teacher

Robotics launches a new mission at SciTech High.

Stephanie Kalina-Metzger

If you told me years ago I'd be teaching in an urban school district, I wouldn't have believed you," said Bob Steps, chuckling.

When Steps retired from IBM in 1997, he didn't spend much time relaxing, but instead chose to embark upon a new career working for a software company. After a few years, fate took another turn as his wife's company transferred her to the Harrisburg area. This set the wheels in motion for Bob to make yet another change. Not one to pigeonhole himself or his talents, he contemplated a wide range of careers, including financial advisor, park ranger and school teacher.

School teacher won out and soon he was certified through Shippensburg University as a math/physics teacher and teaching at Chambersburg. In 2003, he spotted an advertisement for a physics teacher in Harrisburg. He was intrigued and decided to inquire and admittedly was delighted when he was offered a job at SciTech High.

As he taught classes and became familiar with the students and their abilities, Steps realized an untapped aptitude existed among the students that would enable them to excel in robotics. So, he launched a labor of love called SciTech Robotics.

Pretty soon, students started signing up, choosing to spend their free time tinkering with robots and learning the intricacies of science and engineering.

A club of six eager students

would spend Monday through Thursday after school, all-day Saturdays and holidays rising to this challenge from Texas Instruments: we'll supply the parts and you build us a robot in six weeks as part of the Boosting Engineering, Science and Technology competition.

The first competition, "The Laundry Quandary," was judged on the robot itself, as well as the oral presentation, the display and the engineering manual. The club built a robot that plucked laundry from a clothesline and distributed it in a basket in record time. This engineering feat won them a coveted trip to the Eastern region championship at Alabama-based Auburn University, where they competed against 55 other schools. "They did a great job," Steps said. "And it was an honor for them to make it all the way to the finals their first year."

Steps credited the Harrisburg Public School Foundation for making travel to the event possible. "The learning experience was invaluable and gave the group insight and incentive for competition the following year."

During year two, the club rose to the "Lunar Landing" challenge and had grown in size to 12. They created a robot that ascended a ramp to pick up bottles and then descended and dropped them into a storage area. The team ranked in the top 10 percent once again in the Philadelphia HUB contest.

"Robotics is great, and I've learned a lot," said student Nam Pham, a three-year veteran of the Robotics initiative. "I want to become a mechanical engineer, and I thought this would help me chase that dream."

During year three of the competition, the group had grown to 15 participants. The girls at SciTech began to see the fun their male counterparts were having and joined them.

"The girls brought a creative and strategic force to the competition," said Steps. "They came up with the designs for displays, supported the team in developing the engineering manuals and, in the spring of 2009, started their own robot program."

The challenge during year three was titled "Just Plane Crazy" and tasked the group with creating a robot that would take pieces of a plane from storage, assemble them and hang the completed plane in the air. Once again, the group finished in the top quarter.

Steps said the group is excited to find out what their challenge will be this year.

For more on SciTech High and the Harrisburg Public School Foundation, visit www.hbgd.k12.pa.us. For HPSF, click the "Our District" tab.

Aviation Art Contest Open to Students

Young artists are invited to express their creativity through PennDOT's annual aviation art contest. "The History of Flight" is the theme for this year's contest.

Winners will receive a certificate and a mounted, full-color, 16-by-20-inch copy of their entry. The students' schools will also receive a mounted copy of the artwork.

Artwork should be submitted on 8.5-by-11-inch or 9-by-12-inch paper, unframed, un-matted and un-laminated. Work must be done by hand. Permitted formats are: acrylic, oil paint, felt-tip pens, indelible ink, soft ballpoint pens, watercolor or crayons.

Contest flyers are available at www.dot.state.pa.us. Entries must be postmarked by Oct. 16. Send entries to: Bureau of Aviation, c/o Eric Locke, 400 North St., Harrisburg, Pa. 17120 or P.O. Box 3457, Harrisburg, Pa. 17120.

At the Libraries

East Shore Area Library
5000 Commons Dr., 717-652-9380

Tales at Twilight Family Storytime: stories, rhymes, music and activities. Ages 2-6 and their adults. Each Wednesday, 6 p.m.

Fall Storytimes: stories, rhymes, music and activities for ages 3-5 and their adults. Event held at the Colonial Park United Church of Christ, 5000 Devonshire Rd., Harrisburg. Each Friday, Oct. 2-16, 10:30 a.m.

Kline Library
530 S. 29th St., 717-234-3934

Free family movie. Oct. 13, 5:30 p.m.

BookRATs: a monthly book discussion group for ages 6-10. Oct. 15, 6 p.m.

Ones Upon a Time: books, songs and nursery rhymes for parents and babies. Registration required. Oct. 23 and 30, 10:30 a.m.

Harrisburg Downtown Library
101 Walnut St., 717-234-4976

What's the Big Idea? Children and their adults build, explore and solve through activities and books. Each Wednesday, 3:30-5:30 p.m.

Ones Upon a Time: books, songs and nursery rhymes for parents and babies. Registration required. Oct. 26, 10:30 a.m.

Madeline L. Olewine Memorial Library
2410 N. Third St., 717-232-7286

Family Explor-a-Story: stories, songs and a craft. Registration required. Oct. 3, 1 p.m.

Books for Babies @ MOM: share rhymes and music with your baby. To register, call Maureen Farley at ext. 104. Oct. 15, 1 p.m.

Y.O.U.R. Book Club: an hour of book sharing, open to readers ages 9-14. Oct. 21, 4 p.m.

Ones Upon a Time: books, songs and nursery rhymes for parents and babies. Registration required. Oct. 22 and 29, 10 a.m. and 11 a.m.

Free family movie: Oct. 26, 5 p.m.

2 Reading Programs

American Literacy Corp. is sponsoring two reading events this month.

The 9th Annual Children's Literacy Festival will be held Oct. 17, 10 a.m. to 2 p.m., at Strawberry Square.

This fall's 100 Men Reading Day is 7:30 a.m. to 11:30 a.m., Oct. 22, in the Harrisburg, Steelton and Central Dauphin school districts. For more information, visit www.superreader.org.



Bob Steps (left) takes SciTech students through a lesson on robotics.

The 1 Percent Dividend

For HU president, people+education=prosperity.

Peter Durantine

In his 14th floor office, where panoramic views offer a city in its morning bustle, Harrisburg University of Science and Technology's president, Mel Schiavelli, discusses an impressive number: 2,566.

It represents a 1 percent increase in the total number of Dauphin County residents who hold a college degree. It is a theoretical number, but such an increase would mean more than \$195 million to the local economy.

"There are not many companies in the area with a payroll that large," he said.

The point he's making is this: The more college-educated people in the city and region, the greater the economy. This isn't theory. It's been studied and demonstrated, Schiavelli said.

"It's pretty clear that every time the percentage in the college-educated population goes up 1 percent, the per capita income goes up \$763," he said. Multiply that by 2,566 and up rings \$195 million.

The figures and formula were researched by CEOs for Cities, a national network of urban leaders dedicated to building and sustaining a new generation of American cities.

"The most important thing a region can do is increase the educational attainment of its population," Schiavelli said. "It's a pretty simple thing. It's called the 1 percent dividend. It's also called the talent dividend."

This was the reason Harrisburg University, which opened its doors in 2005, was started—to create a higher-educated, technically skilled workforce that not only had the qualities for a 21st-century economy, but also could attract new companies to the area.

"You are not going to attract a company here unless you have the workforce," he said, noting this is evident in cities such as Austin, Texas, Raleigh, N.C., and Pittsburgh, which all rebounded after focusing



A numbers man: HU President Mel Schiavelli calculates the brain gain.

on building educational attainment.

With eight higher education institutions in the region, and four in addition to HU in the city—Harrisburg Area Community College, Temple University, Dixon University, Penn State—the area is poised to increase education levels, said David Black, president and CEO of the Harrisburg Regional Chamber.

"Part of the additional challenge is keeping the people here once we've educated them," Black said, noting that internships by the schools and events by the chamber are helping accomplish that. "We're building a great talent base here."

With its STEM curriculum—science, technology, engineering and mathematics—the university is helping to increase the educational attainment in Dauphin County, where 23.5 percent of the population has a college degree, as well as in central Pennsylvania's eight other counties, where collectively the number of degree holders is 20.1 percent.

HU graduates are finding jobs in the region because the curriculum mandates internships at area businesses, where they can show off their skills as future employees.

This year, the university graduated 33 students, the largest

class to date. Most of them were hired by the companies they worked for as interns. Schiavelli said all them are working in their field of study.

For the 2009-10 academic year, more than 400 students are enrolled. They will not only learn STEM subjects, but also courses such as composition, literature and art.

While HU's curriculum is heavy on the sciences, Schiavelli, who has a Ph.D. in organic chemistry and served as interim president at the College of William and Mary, calls it "the new liberal arts" because the old curriculums lacked science courses.

Technological advances constantly change life, work and play. The high school diploma won't be enough to meet the job demands of the 21st century, Schiavelli said.

"We're not talking about Ph.D.s or scientists," he said, shaking his head. "We are talking about the guy working the line at Harley Davidson understanding the computer running his machine."

"The skills that people need are different. They are technical skills."

Harrisburg University is at www.harrisburgu.net.

Gaming Career Day Blasts into HU

Harrisburg University will host a panel discussion on establishing a career in video games at 10 a.m., Oct. 9, in HU's 14th floor auditorium.

Panelists will include representatives from Walt Disney Imagineering and others from the gaming industry, who will share insights on what it takes to bring a product to market, land a career in the video game industry and make it in this fast-growing segment.

The event is free and open to the public. RSVP online at <http://oct9entertainmentjobs.eventbrite.com>. To request information, contact CONNECT@HarrisburgU.net or call 717-901-5127.

Speaking of gaming, HU will be a site for the free 24-hour PA Game Jam on Oct. 3 and 4.

PA Game Jam will be held simultaneously at the university's Center for Advanced Entertainment and Learning Technologies and Carnegie Mellon University's Entertainment Technology Center in Pittsburgh. It's open to game developers of all skill levels, backgrounds and disciplines.

All completed games from PA Game Jam will be available at wildpockets.com following the event. For more information, visit www.wildpockets.com/pagamejam.

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Nature, Ready for Her Closeup

Pack the car. It's time to look at leaves.

Kermit G. Henning

English author D. H. Lawrence once said, "The autumn always gets me badly, as it breaks into colours. I want to go south, where there is no autumn, where the cold doesn't crouch over one like a snow leopard waiting to pounce." He was bemoaning the fact that the colors of fall were nothing more than the harbinger of a cold winter to come.

For most of us here in Pennsylvania, though, the spectacular display of fall foliage is a long-awaited treasure. The reds, golds and oranges of our hardwood forests brighten the ridges of the northern mountains and the woodlots of our southern farmlands.

For legions of Pennsylvanians, indeed tourists from all over the Northeast, October is the month when you just MUST get out and go for the show—whether it's simply a Sunday drive, a weekend or an extended vacation.

The colors of fall foliage are a byproduct of chemical changes as the trees start to go dormant for the winter. The leaves stop manufacturing food for the tree, the chlorophyll that gives the leaves their normally green color breaks down and the green gives way to other pigments already in place in the leaves. The autumn foliage of each specific tree has its own color. Some show only yellow, some red or purple or orange.

New England has the most intense colors because all of their trees, primarily maples and aspens, turn color at the same time during a short fall season. This makes a spectacular show, albeit a short one.

Here in Pennsylvania, we enjoy a much longer season with far more colors since we have a wider variety of tree species turning different colors at different times. There are 130 native species of trees in Pennsylvania; New England states have 70 or less.



A sampling of the stunning display in store for the midstate. A wet summer and warm fall should make this season particularly rich in color. Photos: Kermit G. Henning.

The first trees in the commonwealth to break into color are usually the black gum and sassafras, followed by the maples and finally the oaks, extending the season throughout the month of October.

According to Ed Dix, forester with the Department of Conservation and Natural Resources, Pennsylvanians should be in for a great fall foliage season.

"The two main impacts on fall foliage are drought and the gypsy moth," he said. "The wet spring and early summer have actually ensured great fall color, not only in giving the trees much needed moisture, but also by heavily limiting gypsy moth damage."

All we need now, according to Dix, are warm, sunny autumn days

with cool nights.

Here in the southern region of Pennsylvania, the fall colors will usually peak in mid- to late-October. You can keep track of the colors by logging on to www.FallinPA.com. Here, you can get an updated weekly report on the fall leaves region by region.

Don't let the brilliant colors of fall "get you badly." Enjoy the show.



Kermit G. Henning, host of *abc27 Outdoors TV*, is a past president and chairman of the board of the Pennsylvania Outdoor Writers Association and a member of the Outdoor Writers Association of America.

Local Color

Foliage buffs all have their favorite places to catch the changing leaves. Here are five of my top spots in the state.

1. Shawnee State Park, Schellsburg, Bedford County and the Bedford Fall Foliage Festival. Shawnee is 10 miles west of Bedford on Route 30. This is the scenic Ridge and Valley Province with numerous overlooks. The festival is Oct. 3-4 and Oct. 10-11.

2. River Road along the Delaware River. River Road (Route 611) runs 102 miles from Philadelphia north to Monroe County. In the southern region of Pennsylvania, it twists and turns along the Delaware River for 35 miles from Easton to New Hope. See color in late October along with historic homes from the 1700s and 1800s around every hairpin turn.

3. Route 6, one of the top scenic drives in the country, takes you across the northern portion of the state. Start in Milford and end up 400 miles later in Cherry Hill. You'll see spectacular fall color along the entire route over mountains, across rivers, valleys, farmland and the Allegheny National Forest.

4. Pine Creek Gorge, 50 miles long and 1,000 feet deep, is Pennsylvania's "Grand Canyon." Go early in the month to see foliage from spectacular panoramas. Start and stop your trip in Wellsboro. Take Route 660 west from Wellsboro to Leonard Harrison State Park. Follow Route 660 east to Route 362 west to Route 6 east back to Wellsboro.

5. Local favorites. For close-to-home fall color, take a short drive to the top of many local mountains. Peter's Mountain on Route 225 in Dauphin County and Sterrett's Gap, Miller's Gap and Wagner's Gap in Cumberland County all offer views with amazing fall color that change as the season progresses.

The New Flu

Be prepared, but don't panic, as swine flu begins to spread through central Pa.

Dr. John Goldman

The flu is thought to be a relatively benign disease. However, seasonal influenza (the run-of-the-mill flu) is a common cause of serious illness and the new flu virus (swine or H1N1 influenza) clearly has the potential to cause a widespread severe disease.

In the northern hemisphere, seasonal influenza typically occurs between October and April of each year. Each season, the virus mutates in small ways so that it is slightly different from the viruses that circulated in previous seasons. Consequently, most people have at least some pre-existing immunity.

Despite the partial immunity, many people get severe influenza. In a typical flu season, 200,000 Americans are hospitalized and 30,000 die from complications of the flu. Usually, the morbidity and mortality are highest among the very young (two years old and under), the elderly (65 years and older) and those with pre-existing medical conditions.

Pandemics of influenza occur when a new form of influenza begins to have widespread human-to-human transmission. The new flu virus is usually the result of a human influenza virus combining with a virus that typically infects another species (pigs or birds). There is little to no pre-existing immunity to the new combined virus. Consequently, it spreads rapidly, infects many more people than typical seasonal influenza and often has a higher mortality rate. For reasons that are not well understood, mortality is often highest among young, healthy people.

These pandemics occur every 20 to 30 years. In the 20th century, pandemics occurred in 1918-20 (the Spanish flu), 1957-58 (the Asian flu) and 1968-69 (the Hong Kong flu). The severity of these pandemics

was highly variable. The Spanish Influenza was one of history's deadliest epidemics. Approximately one-third of all Americans were infected with the flu and about 500,000 died. In contrast, the Hong Kong flu of 1968 was relatively mild. The deaths and hospitalizations due to influenza were only slightly more than a typical season.

Last spring, a new influenza virus appeared in the United States. The H1N1 virus appears to be a combination of swine flu, avian flu and human flu. Since that time, swine flu has spread rapidly and has infected all parts of the globe and has, in fact, become the predominant circulating influenza virus. As of early September, swine influenza had infected more than

1 million Americans, caused 9,000 hospitalizations and more than 500 deaths.

There are several signs that we will see widespread H1N1 infection this fall. There has been continuing influenza activity this summer. Typically, in the northern hemisphere, all influenza transmission stops in June, July and August. However, this summer, we saw continued low-level swine flu infection, including several outbreaks at summer camps. Several colleges reported outbreaks as soon as students returned to campus in August and September.

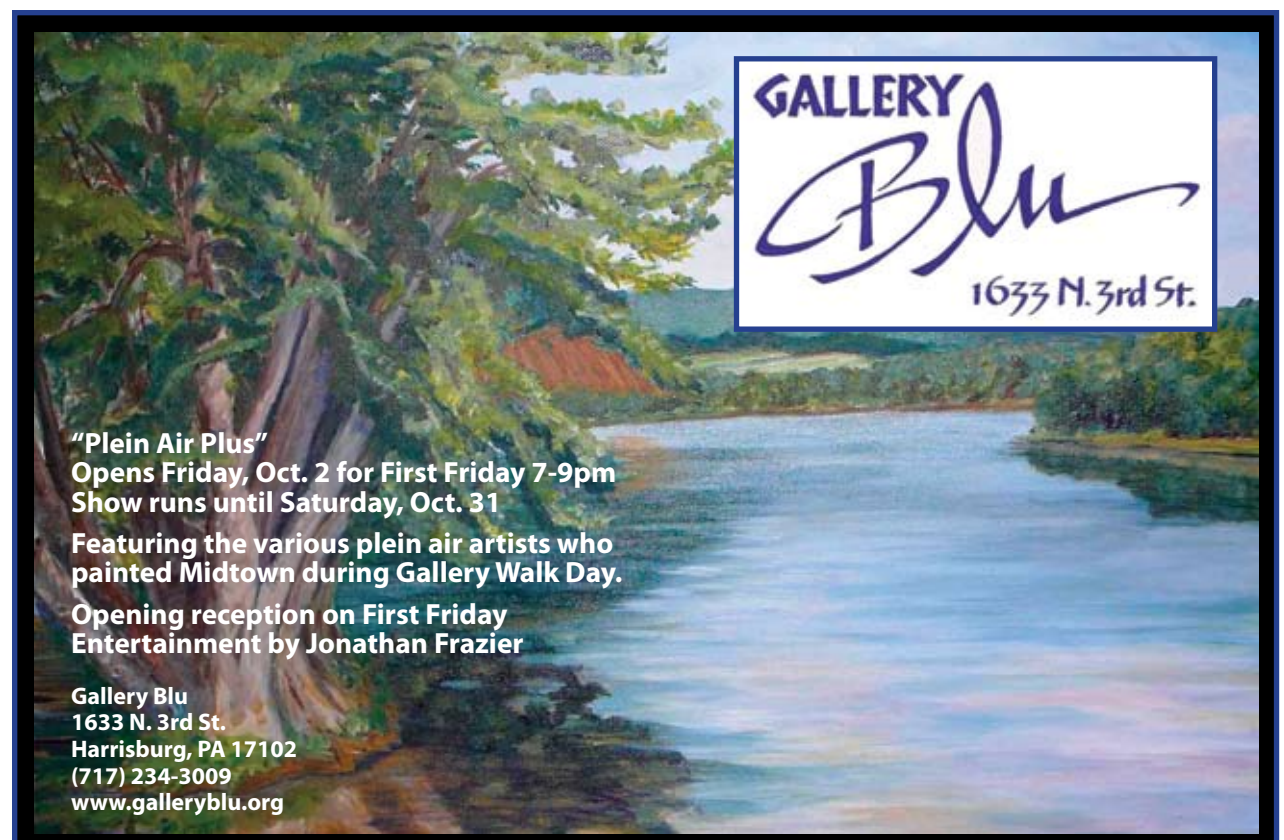
Many of the patients with severe disease have been young and otherwise healthy. However, the mortality appears to be about the

same as the mortality from typical seasonal influenza.

The bottom line is this: A swine influenza pandemic is very likely this fall, according to most epidemiologists and the Centers for Disease Control and Prevention. However, even though many people are likely to be infected with this new influenza virus, the number of deaths and hospitalizations will probably be relatively low. We should be preparing and planning for the possibility of H1N1 influenza. We should not be panicking.



Dr. John Goldman is the Program Director of Internal Medicine at PinnacleHealth.



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You'll Huff and You'll Puff

A good cardio routine: critical to burn fat.

Laura Spurgeon

One of the most frequent questions I hear as a fitness instructor and personal trainer concerns aerobic exercise.

(Oops, I'm showing my age. It's not called "aerobics" anymore; it's called "cardio." I could bore you with tales of my attempts to feel the burn with Jane Fonda and Denise Austin, but memories of spandex and leg warmers are too painful to bear.)

In any case, cardiovascular training is a critical part of weight loss and sport conditioning. Walking, riding a bike, running, step class, etc.—they all work. However, we all know the "cardio queens" at the gym who skip from stepper to treadmill to elliptical and never exhibit any visible signs of either weight loss or body shaping. These folks focus on cardio at the expense of other elements of fitness (muscular strength, muscular endurance, body composition and flexibility),

and their bodies show it. Not only can excessive cardio exercise lead to symptoms of overtraining, but it can actually inhibit the fat-burning process if not performed in conjunction with resistance training.

In order for cardio to be effective, it needs to be performed within the fat burning zone. I know, it sounds like something out of science fiction, but it really does exist. Pulse rate determines this zone. The most common fat burning zone formula is $220 - (\text{Your Age}) \times (.75)$, but a more accurate measure involves the Karvonen Method, which takes into account a person's resting heart rate and thus presents a much more accurate estimate of an individual's fat burning zone. (Google it. I swear it's real.)

People new to the world of fitness often ask which cardio exercise is "best" for burning fat. The short answer is: "All of them."

Honestly, moving your body burns calories and works your muscles, heart and lungs. However, the better answer is that working at a moderate pace for a longer period of time is most effective at convincing your body to give up its precious stores of energy, usually carried in the spare tire and saddlebags.

People are also very concerned with WHEN they should do their cardio. Again, the answer is "whenever you can." If you know that working out in the morning is best, but you can't get away from work until evening, don't use that as an excuse.

Having said that, there are two optimal times to perform cardio exercise. The first is in

the morning before breakfast.

Exercising on an empty stomach (except for a bottle of water!) can burn up to 300 percent more body fat than at any other time in the day because your body does not have any glycogen stored in the muscles to burn. Therefore, it has to raid fat cells to finish the workout. (Please eat something within 45 minutes of finishing or your body will continue "to eat itself." That's bad.)

The other time when cardio is most effective is immediately after weight training. That's because if you are NOT working out on an empty stomach, it takes your body 20 to 30 minutes to use up stored glycogen and start burning fat when exercising. If you lift weights for a half hour and then hop on the treadmill, your body has already entered the Fat Burning Zone (cue triumphant music) and you only have to walk or run for an additional 30 to 40 minutes to get optimal results.

That's all well and good. But what if you hate cardio? I can relate. I see cardio machines as the ultimate torture. That's why I've come up with creative ways to make cardio fun. Or if not fun, at least bearable.

First, do something you like to do. Choosing an activity that you like will ensure that you keep doing it. For example, I love group fitness classes. At least the music's good and I can socialize while I sweat. And don't underestimate the value of distraction; great music, books on tape, a trashy magazine or a chatty friend can make the minutes fly.

More is not always better. Most people should stop after 45 minutes to an hour of moderate-intensity work. And moderate means just that—challenging, but not debilitating. You should be able to talk while exercising, and your heart rate should remain relatively stable in the fat-burning range. A brisk walk or a slower walk on the incline is

good for most beginners, while a slow jog is great for those with some experience. For advanced cardio, try interval training—working at a moderate pace for a few minutes, then pushing yourself to maximum heart rate for a brief stint, then back to moderate activity.

Finally, spice it up. Don't do the same old cardio routine day after day—your body will get used to the work and stop responding. One tip, though: Don't bother with the Jane Fonda tapes. The music's awful and spandex is highly uncomfortable.



Laura Spurgeon is certified as a personal trainer through the American College of Sports Medicine and is a trainer and fitness instructor at Gold's Gym Camp Hill. She

can be reached at 717-599-8091 or lsurgeon@aol.com.

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Street Snap



All angles, a view of downtown.

Standing Up for Peace

Women in Black silently renounce war.

Ruth Hoover Seitz

All in black, they stand in silence—they stand in silence on the southeast corner of Market and Front streets downtown. Their purpose is obvious in the signs they hold. Afternoon commuters read: "Afghanistan Schools Not Bombs," "Blessed Are the Peacemakers," "War Kills Innocent Children" and "Support Our Troops; Bring Them Home Alive."

The central Pennsylvanians who vigil for peace twice a month here in the capital are part of Women in Black (WIB), an international peace network that reaches from the Middle East to the Americas to Asia and Africa.

Women in Black originated in the Middle East with the first vigil occurring in January 1988. The Israelis who mounted the first silent protest were inspired by Black Sash, a non-violent protest movement to apartheid started by white women in South Africa in the 1950s. Hundreds of other groups around the globe hold vigils for peace regarding specific issues.

WIB is not an organization, but a movement to increase public awareness of the ravages of war and domination. They wear black as a symbol of sorrow for all victims of war. They are silent because mere words cannot express the tragedy that wars and hatred bring. Their signs are their only expenses.

Women in Black began here shortly after the invasion of Iraq in March 2003. The local group was started by Selin Strait, owner of The Tenth Muse, a former gift gallery downtown. Today, its coordinator is Ann Marie Judson, a longtime peace activist from Lemoyne.

"I had to do something," this soft-spoken, articulate woman recalled. "I sensed that the war was so wrong." For her "standing in silence is a time of meditation to mourn and to be in solidarity with those who suffer."

Initially, passersby often made hostile comments, sometimes

yelling obscenities. Judson believes that "the mood shifted last year [with] more support from drivers." Positive response from the public is not essential for her to continue. She believes the words of the peace activist Mahatma Ghandi: "Anything you do may seem insignificant, but it is very important that you do it."

Ann Stillwater of Swatara Township has been attending WIB vigils for about three years. As a nurse, Stillwater often observes people with problems resulting from not having health care. One of her signs reads, "Fund Health Care Not Warfare."

"If enough people feel strongly about something, there can be change," she said. "We are a government of the people; the government is us."

A businesswoman from Harrisburg, Colleen McCann joined Women in Black because she wanted "a more visible way of expressing her beliefs about war." When the United States invaded Iraq, she told her secretary, "This is not constitutional."

Many WIB members support peaceful solutions to differences even when others pursue war. Barbara Van Horn of Duncannon, a long-term participant in the Peace Movement, finds it puzzling that "a follower of Christ can think that war is okay. Why is it fine to talk about peace at Christmastime but not any other time?"

VanHorn has protested war and militarism in various settings. On one occasion she was arrested for protesting against nuclear weapons at a test site in Colorado.

The small band of women does draw newcomers. Linda Cushner of New Cumberland first saw the vigil while driving by and then found the group on the Internet. She observed that many central Pennsylvanians "were almost enthusiastic about the Iraq War" and was determined to express her dislike of violence.

She does not find her

commitment easy. For instance, she said that one friend remarked, "We thought you all were a bunch of kooks." She and other vigil holders find the winter cold daunting.

Barbara Martin of Camp Hill is prompted by a simple but deep belief that "Peace begins with me." Why does she vigil? "I do it because I can." She remains mindful of the pain of Americans who have relatives in Iraq and Afghanistan. When a young widow explained that she wanted WIB to know that she had lost her husband in Iraq, Martin explained that their hope is that the troops will come home.

Alycia A. Barr of Pine Grove drives more than an hour to protest in Harrisburg because she sees daily the effects on her son who served six-and-one-half years as a military policeman in Iraq. Although he has medals, he has no job.



Women in Black gathered recently at Market and Front.

Barr has been against war since the Vietnam War. She hopes that, through the signs and silence, "the public will think about the futility of war and the tide will turn."

Women in Black gather near the Dauphin County Courthouse at Market and Front streets on the first and third Mondays of each month from 4 p.m. to 5 p.m. To join the vigil, contact Ann Marie Judson at 717-737-7211 or annmarie512@aol.com. www.womeninblack.bravehost.com.

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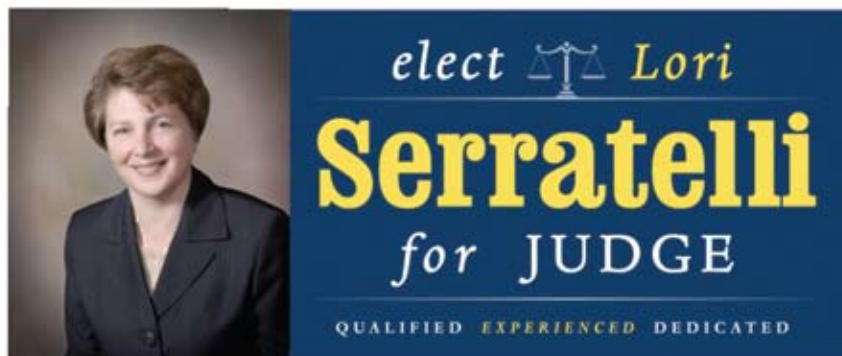
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