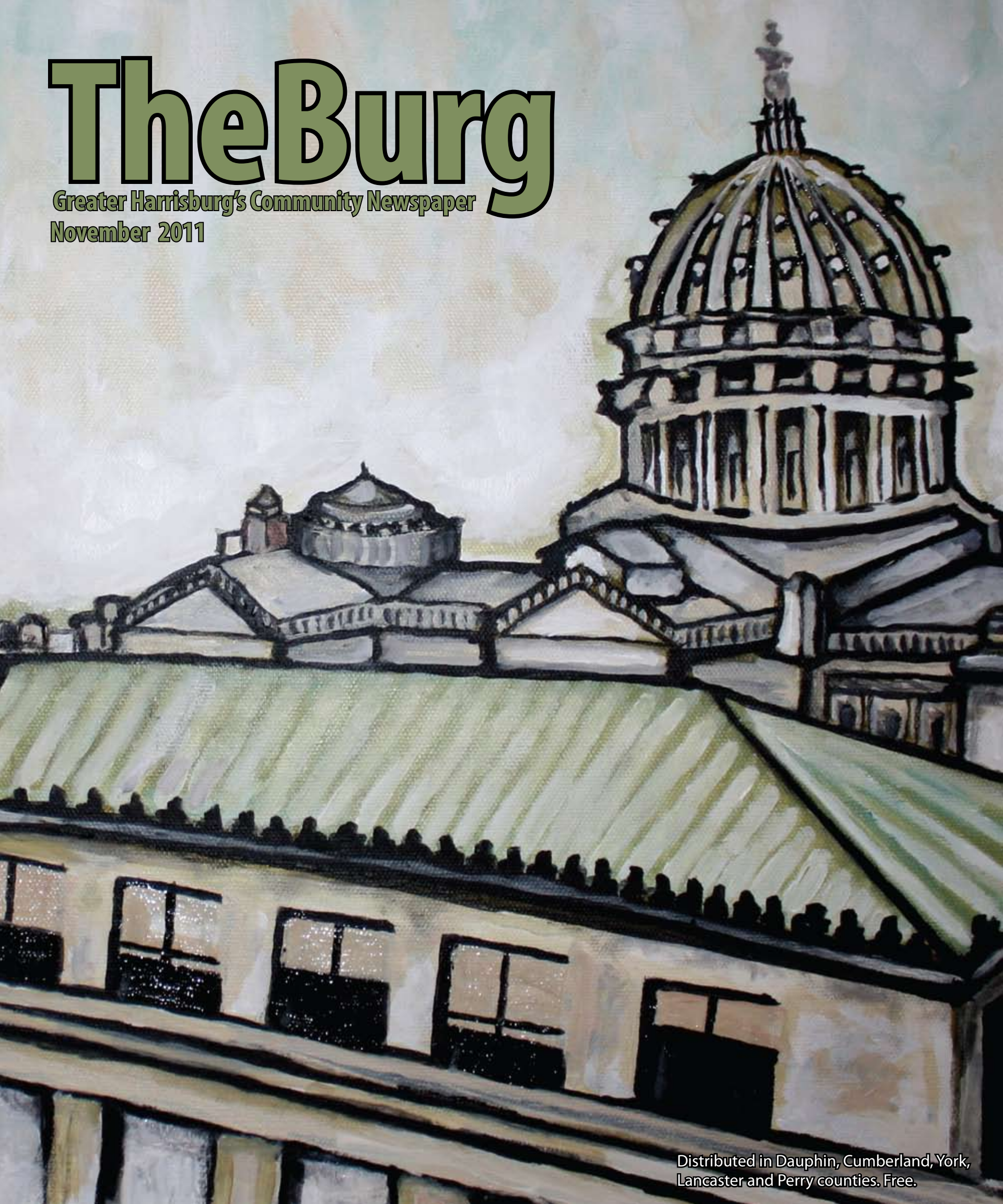


# TheBurg

Greater Harrisburg's Community Newspaper

November 2011



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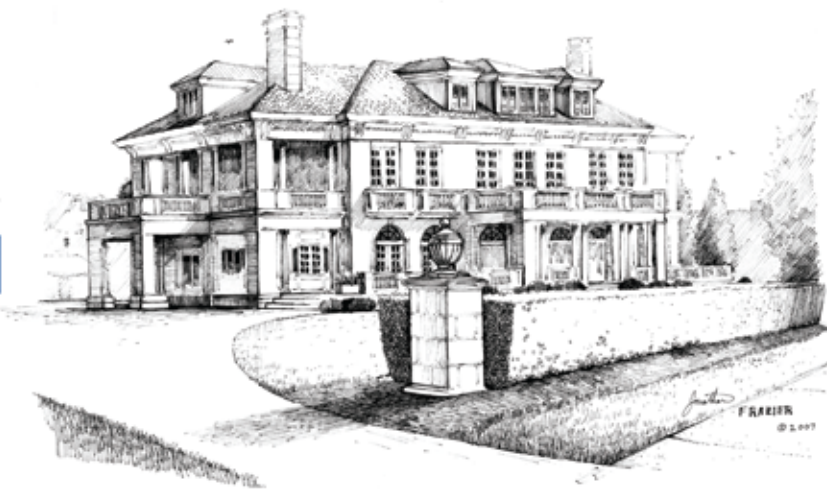
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*This month's cover:*  
*"Capitol-Fulton" by Matthew LeVier*

*It's time to  
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payroll  
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## Takeover: State Votes for Control

Harrisburg's days managing its own affairs appear numbered, as Gov. Tom Corbett last month signed legislation that likely will put large portions of city operations under control of a court-appointed receiver.

The state legislature voted overwhelmingly to pass SB1151, which gives Harrisburg one last chance, until mid-month, to agree on a financial recovery package before Corbett petitions the Commonwealth Court for appointment of a receiver. An accord among city officials seems improbable as a City Council majority has rejected versions of a recovery plan three times and now has filed for municipal bankruptcy.

A receiver likely will implement a plan for Harrisburg based upon the state's original Act 47 plan for the city.

That plan relied upon asset sales, including the sale or long-term lease of the city's parking garages, to retire much of the \$310 million debt tied to the city incinerator. It also advised an 8 percent property tax increase to help offset recurring budget deficits.

The receiver would set nearly all policy that has financial implications, including possibly re-opening union contracts. The city's elected officials would be largely sidelined, with the mayor and council president as two members of a four-member board advising the receiver.

The takeover could be stayed if the bankruptcy petition is allowed to go forward.

## Bankruptcy Filed by City Council

The Harrisburg City Council last month voted to file for Chapter 9 municipal bankruptcy, despite opposition from the mayor, the county and the state.

The 4-3 council vote directed attorney Mark D. Schwartz to submit a bankruptcy petition to the U.S. Bankruptcy Court of the Middle District of Pennsylvania.

"We're beyond hemorrhaging," said Councilwoman Eugenia Smith. "We need major surgery. We should've been filing bankruptcy in 2010."

The administration opposed the filing, saying the vote violated city procedure because the bankruptcy resolution was not reviewed and approved by the mayor's office.

Dauphin County and the state also filed motions with the court to dismiss the petition. Earlier this year, the state voted to prohibit third class cities from filing Chapter 9 through 2012, a move designed to prevent Harrisburg from taking this action.

A hearing on the validity of the bankruptcy petition is scheduled for Nov. 23.

Federal Bankruptcy Judge Mary France has encouraged all sides to seek mediation not litigation, which they said they would do.

Harrisburg is some \$310 million in debt after backing bonds issued by the Harrisburg Authority for repeated upgrades to the city incinerator. The authority later defaulted on those bonds. Harrisburg also has chronic annual budget deficits.

## 1 Parking Fee Raised; 3 to Go

Lot and garage operators will chip more into the city's coffers after the Harrisburg Council last month voted to hike the parking tax.

The council voted unanimously to increase the tax charged per parking transaction from 15 to 20 percent. The tax likely will be passed on to consumers, effectively increasing the price to park in lots and garages.

The increase should raise about \$100,000 for the indebted city, said Councilwoman Susan Brown-Wilson.

Harrisburg is considering three other parking rate increases, none of which had passed at press time.

The first would raise the cost to park at meters from \$1.50 to \$2 per hour downtown and \$1 to \$1.50 per hour in most other metered areas. Also, meter hours would be extended to Saturdays and for three hours to 8 p.m. on weekdays. Another proposal would increase the residential parking permit fee from \$15 to \$50 per year, the first hike in 27 years.

A third proposal would place parking meters in the emerging Midtown business and arts district. It envisions 88 meters along N. 3rd Street north of Verbeke Street, as well as on adjacent blocks of Reily Street.

## Harrisburg Factions All Lawyered Up

Harrisburg last month hired two separate outside attorneys to represent each side in the ongoing feud between the mayor and City Council over municipal bankruptcy.

By a 4-3 vote, the council acted first, hiring Mark D. Schwartz, an attorney based in Bryn Mawr, Pa., to carry out the bankruptcy filing and represent it before the U.S. Bankruptcy Court. Schwartz is charging \$300 per hour, plus expenses. His rate could be recalculated to \$525 an hour if he is successful in benefiting the city financially, according to his engagement letter.

In response to the bankruptcy filing, the Thompson administration hired the Pittsburgh-based law firm of Tucker Arensberg, led by attorneys Kenneth Lee and Beverly Mann. They will charge \$200 per hour for their services.

—Lawrance Binda

# TheBurg

Greater Harrisburg's Community Newspaper

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# Election Amid Crisis

With city in turmoil, 6 vie for 3 Council seats.

On Nov. 8, Harrisburg residents will go to the polls to elect three members of the City Council, a vote that will take place during a tumultuous time in city history.

Six candidates are vying for three seats on the City Council—three Democrats and three Republicans.

Below, we present the candidates for the general election, as well as brief bios and responses to a question that we asked each one: *With the state likely to take control of the city, would you work with the state?*

## Democrats

**Susan Brown-Wilson (I), Wiconisco St.**



Brown-Wilson is a lifelong resident of Harrisburg, a 1975 graduate of the public school system and a 1979 graduate of East Stroudsburg University, where she earned a degree in political science. She has worked for IBM for 31 years, where she currently works as a manager in distribution and logistics. She has studied IBM Management Training and School Project Management and various other management courses. Brown-Wilson has consistently opposed the state's Act 47 solution to Harrisburg's financial crisis and voted to declare municipal bankruptcy last month.

At press time, we had not received a response to our question from Susan Brown-Wilson.

**Brad J. Koplinski (I), Sassafras St.**



A councilman since 2008, Koplinski, 41, worked for the Department of Justice's Civil Rights Division and Internal Revenue Service's Office of Chief Counsel in Washington, D.C. He also was a policy analyst for the state Auditor General. He has been a leader of the council faction that has opposed the state's Act 47 plan, as well as the mayor's revisions. Last month, he took the lead in moving to file for municipal bankruptcy.

*Answer to our question:* The question should be, will the state work with the city? To this point, I would say that the answer is no. The state should allow the bankruptcy proceedings to continue and allow every stakeholder to come to the table and work out a fair and equitable global solution with shared pain from all parties.

**Sandra R. Reid, Liberty St.**



Reid, 42, graduated from the city's public schools and served in the Navy, earning top secret clearance in radio

communications, skills she used during the Gulf War. After serving her time in the military, Reid raised a family. She worked with the U.S. Postal Service during the anthrax crisis and later changed careers to work in retail banking. She now works at the state Treasury as a fiscal examiner.

*Answer to our question:* It is not my desire to have the state take control of our city, but, if this is the case, once elected I will work with all to move the city forward.

## Republicans

**Allen Bair, Crescent St.**



Bair worked at Bethlehem Steel for 30 years before retiring. He now works as a slot machine technician at Hollywood Casino at Penn National Race Course. He is a lifelong resident of the city, graduated from John Harris High School and has been married for 41 years.

*Answer to our question:* City Council has left us with no choice but to work with the state and do so in a manner that the citizens of Harrisburg are protected as much as possible. ... So, it will be our duty to make sure that we are not forgotten in the process.

**Michael Bretz, S. 18th St.**



Bretz moved to the city a few years ago. He works as a director of sales for a major hotel chain. He wants to transfer many of the oversight principles that he carries out every day into a position on City Council. Bretz plans to work with the city and state officials to ensure that accountability and access are signatures of government and education in Harrisburg.

*Answer to our question:* Yes, I would work with the state to get the city back to where it belongs—to the citizens of Harrisburg.

**Ruth Cruz, Fulton St.**



Before moving to the city seven years ago, Cruz worked in youth affairs for the governor of Puerto Rico. Bilingual in English and Spanish, Cruz earned a master's degree in criminal justice, a bachelor's degree in social science and political science and an associate's degree in secretarial science from top Puerto Rican universities. She is a mobile therapist for T.W. Ponessa & Associates and works extensively with at-risk youth.

*Answer to our question:* I will work with state officials and any organization/agency with the hope that they also have the best interests of the city and its residents in mind. ... Harrisburg's residents deserve leadership that can unify and protect the interests of the city and an administration that can be trusted to work for the benefit of all citizens of this city.

## Other Harrisburg Offices Harrisburg City Treasurer

Democrat  
John R. Campbell, Boas St.

No Republican running

**Harrisburg School Director, 4 Year Term**  
(Vote for not more than five)

Democrat  
Arlene Burno (I), N. 5th St.  
Wayne L. Henry (I), N. 2nd St.  
Destini Hodges, Zarker St.  
Rhonda E. Mays, Herr St.  
Jennifer L. Smallwood, Bigelow Dr.

**School Director, 2 Year Term**

Democrat  
Brendan J. Murray, North St.

No Republican running

**Magisterial District Judge, Harrisburg**  
2nd Ward 2nd Pct., 9th Ward 3rd Pct., 9th Ward 4th Pct., 9th Ward 5th Pct. & 13th Ward

Democrat  
George A. Zozos (I), S. 25th St.

Republican  
George A. Zozos (I), S. 25th St.

**Magisterial District Judge, Harrisburg**  
8th, 9th Ward 1st Pct. & 9th Ward 2nd Pct.

Democrat  
Marsha C. Stewart (I), Briggs St.

No Republican running

**Magisterial District Judge, Harrisburg**  
10th Ward 1st Pct., 10th Ward 3rd Pct., 10th Ward 4th Pct. & 14th Ward

Democrat  
Barbara W. Pianka (I), N. 2nd St.

Republican  
Barbara W. Pianka (I), N. 2nd St.

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# County Seats Up for Grabs

3 incumbents, 1 challenger vie for Dauphin County commissioner.

What will Dauphin County do about taxes, roads, the ongoing financial crisis in Harrisburg?

Those issues loom large as four candidates—three incumbents and one challenger—compete for three seats for county commissioner. The winners will have a major say in the direction of the county, as they'll be in office for the next four years. Here are the candidates for the Nov. 8 general election:

Democrat

**George P. Hartwick III (I), Harrisburg**



Now in his second term as commissioner, Hartwick was first elected in November 2003, having served two terms as mayor of Steelton

Borough. He was the youngest mayor ever elected in Pennsylvania, at the age of 24, at the time of his mayoral election.

**Wendy Jackson-Dowe, Susquehanna Township**



A graduate of Central Dauphin East, Jackson-Dowe attended Fisk University and Tennessee State University in Nashville, where she earned a degree in mechanical engineering.

She has worked for Proctor & Gamble and Mobil Chemical. She later changed careers and worked for an advertising agency in Chicago, responsible for ethnic marketing

and advertising for Coca-Cola brands. She is currently a project manager for MD Builders.

Republican

**Jeff Haste (I), Middle Paxton Township**



Appointed to a board vacancy in 2002, Haste was elected to a full, four-year term in November 2003 and re-elected in 2007. He became chairman in 2004

and again in 2008. Prior, Haste served as director of government relations and business development for the engineering firm, Herbert, Rowland and Grubic. He served one year as a state representative in the General Assembly. From 1988 to 1996, he served as the county's administrator, chief clerk and personnel director. He also worked at the state departments of Transportation and State, state Senate and the Republican State Committee.

**Mike Pries (I), Hershey**



Pries was appointed to the board in August 2010 to fill a board vacancy and selected as vice chairman. Prior to his appointment, Pries served

as the county's director of safety and security for nearly 11 years. Before his employment with the county, Pries worked as a claims investigator at Equifax Services/Choicepoint and Pinkerton Security

Services. From 2006 to 2010, he was a Derry Township Supervisor, serving as chairman of that board his last two years in office.

**Other Dauphin County Offices**

**District Attorney**

Democrat

**Phil Zulli, South Hanover Township**

Zulli practices criminal, personal injury and motor carrier law. Admitted to the Pennsylvania and Ohio bars in 1986, he earned his law degree at the University of Dayton.

Republican

**Ed Marsico (I), Lower Paxton Township**

First elected in 1999, Marsico is seeking a fourth term as district attorney. He first joined the DA's office in 1988. He received his undergraduate degree from the University of Notre Dame and his law degree from the Dickinson School of Law.

**Sheriff**

Democrat

**Charles Jeffrey Goble, Derry Township**

After 20 years in the FBI, Goble worked as director of the Bureau of Special Investigations with the state Office of Inspector General for seven years before retiring this year. He earned his law degree from the University of New Hampshire School of Law.

Republican

**Jack Lotwick (I), Hummelstown**

With 40 years in law enforcement, Lotwick was first elected sheriff in 1999. He is seeking a fourth term in the office. He's a Vietnam veteran and served on the state police for 23 years.

**Clerk of Courts**

Democrat

**Evelyn Zigerelli Henderson, Susquehanna Township**

A former Clerk of Courts for Beaver County, Henderson started a Harrisburg limousine service with her husband in the 1990s. She has a degree in administration of justice from the University of Pittsburgh.

Republican

**Dale Klein (I), West Hanover Township**

Klein, daughter-in-law of former county Commissioner Sally Klein, is an attorney who was appointed to the office by former Gov. Ed Rendell in 2010. She replaced Lowell Witmer, who had been elected district judge.

**Register of Wills and Clerk of the Orphans' Court**

Democrat

**Rogette Harris, Lower Paxton Township**

Harris works for the Democratic Caucus in the state House of Representatives researching and writing legislation. She owns a marketing consulting firm. She has a degree in political science from the University of Pittsburgh and master degrees in public administration and business from Strayer University.

Republican

**Jean Marfizo King, Lower Paxton Township**

King, the daughter of a former register, Jane Marfizo, was a sales and project manager for Tyco Electronics for eight years. She also taught English in Japan for a year. She has a political science degree from Fairfield University and studied for an MBA at Northeastern University.

**Recorder of Deeds**

Democrat

**Eboni E. Bryant, Harrisburg**

Bryant has served as the state Department of Public Welfare's housing director and the equal opportunity officer for the state Department of Revenue. She has a degree in biology from Virginia Union University, a master's degree in public health from Walden University and has begun studies toward a Ph.D. in public health.

Republican

**Jim Zugay (I), Hershey**

An attorney, Zugay was first elected to the office in 2003. He is seeking a third term.

**County Treasurer**

Republican

**Janis Creason (I), Lower Paxton Township**

First elected to the office in 2007, Creason, a businesswoman, is seeking a second term.

No Democrat running

**County Controller**

Democrat

**John E. Coleman, Derry Township**

Coleman is the owner of a small financial services firm. He has 28 years experience in the field of finance. He was educated in New York public schools and studied finance and financial management while attending the American Institute of Banking in New York.

Republican

**Marie E. Reback (I), Halifax**

Reback has worked in the office for nearly 30 years. First appointed controller in 1996 and elected to the office in 1997, Reback is seeking a fourth term.



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## Boulevard of Future Dreams?

N. 6th Street finally may be turning a corner.

*Peter Durantine*



6th Streetscape: Some developers see potential for N. 6th, which now has a smattering of older buildings amid grassy lots.

Early in the city's development, it was a major thoroughway called Ridge Road, running northward along the ridge that overlooks the railroad tracks and Cameron Street beyond.

Today, it's known as N. 6th Street, and the main stretch, a long-neglected strip between Reily and Maclay streets, may be poised for a comeback.

"It's a good, wide street," said David Black, president and CEO of the Harrisburg Regional Chamber & CREDC. "It could be re-developed into a retail corridor for Midtown and Uptown."

Since the 1860s, when development began there, 6th Street, was mostly middle- to low-income residential. By the post-World War II era, much of the building stock was dilapidated. Urban renewal efforts by mid-century were largely unsuccessful, leading to a long, blighted road of boarded-up buildings, many of which later were razed.

However, as a five-story residential and commercial building rises at the northwest corner of 6th and Reily, it's now possible to begin to imagine a transformation.

Directly across from the Vartan Group's condominium project at 1500 N. 6th, a new federal courthouse is planned, expected to rise in height six to eight stories.

These two towers could signal a renaissance along the stretch of 6th Street between Reily and Maclay. What makes this seem more possible is the work now occurring to widen 7th Street to boulevard-size and rehabilitate the Maclay Street Bridge.

"Anything that improves transportation is a benefit to urban renewal," said Bryan Davis, executive director of the Harrisburg Redevelopment Authority.

N. 7th Street's widening is expected to draw inbound and outbound commuter traffic off of congested Front and N. 2nd streets, which, in

turn, should re-direct traffic around and through the 6th Street corridor. This improved traffic flow should demonstrate for developers the potential for investment in the area, Davis said.

The Vartan Group already sees potential along 6th Street. It owns most of the properties on both sides of it between Reily and Maclay, and has for more than a decade.

The late John Vartan, who founded the company, had a vision for this area, part of which can be found on two large billboards on empty lots across the street from each other. They depict modern, suburban office-type buildings.

"My dad used to say the number one challenge in

urban development is land assembly," said Ralph Vartan, who now runs the company.

Interestingly, the proposed buildings on the billboards—three stories of office space, one story of parking at 1640 N. 6th St. and 120,000 square feet of office space and parking at 1633 N. 6th St.—are primed for construction with already-approved land use plans. And they are located in the tax-abated Keystone Opportunity Zone, an enticing feature to developers.

But for the rest of the lots and boarded-up buildings between Reily and Maclay, there remains a vision, but no specific plan.

David Black sees numerous possibilities, with stores, shops and small businesses moving in to offer services to this under-served area.

Vartan said he expects, over the years, a mix of residential, commercial and professional development.

"I think you're going to see more large buildings with storefronts," he said.

He should know. There's a strong possibility his company will be building them.



The Vartan Group's 1500 Project rises, signaling a possible renaissance for N. 6th.

## Holiday Parade Nixed

For many years, people have rushed downtown to watch bands, floats and jolly old St. Nick as part of Harrisburg's annual holiday parade.

Barring a last-minute miracle on 2nd Street, that tradition will be interrupted this year, as the broke city said it simply can't afford the expense.

"Policy was put in place a year ago to ensure that all special events are zero tax dollar events," Mayor Linda Thompson said. "The holiday parade did not meet that criterion this year. I am optimistic that perhaps next year we can raise the funds to hold a 2012 parade."

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## Fathers & the Custody Process

As marriages and relationships end, new circumstances arise for everyone involved. In particular, many husbands and fathers find themselves facing unique challenges of child custody.

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## Midtown Projects Advance

SAM, Furlow overcome more hurdles.

Peter Durantine

Two major Midtown projects, the Susquehanna Art Museum and the Furlow Building, continued to make their way through the city approval process last month.

### Susquehanna Art Museum



There's just one last step to go before the Susquehanna

Art Museum can begin building its new home at N. 3rd and Calder streets in Midtown.

Now that the project has been approved by the city's land use boards, the estimated \$6.7 million project awaits City Council consideration on its land use plan. At press time, a council vote had not yet been scheduled.

The project, which received a \$5 million state grant from the Redevelopment Assistance Capital Program, will include an approximately 16,000-square-foot, two-story addition—for gallery, education and office space—to the 95-year-old Keystone Trust Co. building that formerly housed a Fulton Bank branch.

The Harrisburg Architectural Review Board gave its approval in October with a list of conditions that SAM officials agreed to comply with, including replacing the clock over the bank building's entrance to replicate the original clock face.

The new museum space will include four galleries. The bank building, which will be restored to its historical appearance, will serve as a reception area and gift shop.

The museum will not have a coffee shop, but instead will rely on neighborhood establishments like breads 'n spreads and Midtown Scholar Bookstore, said SAM board member Andrew Giorgione.

"We want to be a good neighbor," he said.

Giorgione said that SAM hopes to begin the project by the end of

the year, but that the timing depends upon council approval.

### Furlow Building



The land use boards have all given final approval to

the \$5.5 million restoration and renovation of the Furlow Building at 1222 N. 3rd St. Brickbox Property Development and GreenWorks Development Inc. will transform the 19,000-square-foot Beaux Arts building, erected in 1908, into 20 to 24 apartments. Work has already begun.

## Amtrak Gets Grant for Keystone Corridor

The U.S. Department of Transportation has awarded a \$40 million grant to the Pennsylvania Department of Transportation to eliminate delays in and out of Harrisburg on Amtrak's Keystone Corridor.

The project will replace aging track and signals with modern technologies. The department previously had funded \$23 million to the Keystone Corridor to improve safety and allow future train speeds to increase from 110 mph to 125 mph.

The Keystone Corridor operates between New York, Philadelphia and Harrisburg and is Amtrak's fourth most heavily traveled route. Since train speeds along the route were increased to 110 mph in 2006, ridership has grown by more than 37 percent to 1,227,075 passengers in 2010.

In other news, Amtrak said that it carried nearly 30.2 million passengers in fiscal year 2011 ending Sept. 30, the highest ridership total since the National Railroad Passenger Corp. started operations in 1971. Ridership versus the prior year was up by more than 5 percent—and ticket revenue up by more than 8 percent.



## Events in Our Area

### State of the City Forum

Nov. 1: Harrisburg Mayor Linda Thompson will be joined by the mayors of Act 47 cities Scranton and Reading in a forum called "State of the City: Where Do We Go Now?" The Harrisburg Regional Chamber & Capital Region Economic Development Corp. event runs 7:30–9:30 a.m. at the Hilton Harrisburg. [www.harrisburgregionalchamber.org](http://www.harrisburgregionalchamber.org).

### Museum Benefit

Nov. 1: Black Gryphon Restaurant, 54 S. Mount Gretna Rd., Elizabethtown, is hosting a wine tasting and art auction starting at 6 p.m. to benefit Winters Heritage House Museum, a historic site and museum located at 47 E. High St., Elizabethtown. Tickets are \$10 if reserved by calling 717-367-1859. Tickets also available at the door for \$15. For information about the Winters Heritage House, call 717-367-4672 or visit [www.elizabethtownhistory.org](http://www.elizabethtownhistory.org).

### Date Auction

Nov. 4: Harrisburg Young Professionals holds its 3rd Annual Date Auction, 7–10 p.m., at Level 2, 215 N. 2nd St., Harrisburg. The auction features 21 eligible bachelors and bachelorettes. Proceeds benefit Communities in Schools of the Capital Region and HYP's Harrisburg University Scholarship Fund. \$10 for members/\$15 for non-members in advance; \$5 more at the door. [www.hyp.org](http://www.hyp.org).

### Cancer Education Summit

Nov. 5: Penn State Hershey Cancer Institute's second annual Harrisburg Community Cancer Education Summit is at the Zion Assembly Church of Harrisburg, 2101 N. 5th St. The event is free. This year's theme: "Breast Cancer Survivors and Caregivers: Surviving Together." For more information and to register, call Diane Sheehan, 717-531-1050.

### Therapy Open House

Nov. 5: Interested in learning about massage, acupuncture and reiki? Join Absolute Wellness Group for a day of relaxation and complimentary services, 1–5 p.m. Refreshments, door prizes and discounts on full sessions available. Donations accepted for the "Feel Your Boobies" Foundation, 1519 N. 3rd St., Harrisburg. 717-525-7037. [www.absolutewellnessgroup.com](http://www.absolutewellnessgroup.com).

### Conserving Energy Fair

Nov. 5: A conserving energy fair, a free event in Midtown Harrisburg, starts at 10 a.m. with the screening of "Carbon Nation" at Midtown Cinema, 250 Reilly St., followed by a presentation on energy saving tips by PPL Electric Utilities at the Green Center of Central PA and ends with a live broadcast of WITF's Radio Smart Talk from the center at 1 p.m.

### Job Fair

Nov. 7: Job-seekers should attend the third Cumberland County Job Fair hosted by the Cumberland County Economic Development Employment Task Force and the West Shore, Greater Carlisle Area, Mechanicsburg and Shippensburg Area chambers of commerce. The free event runs 9 a.m.–1 p.m. at Cumberland Valley High School gymnasium, 6746 Carlisle Pike, Mechanicsburg.

### Networking Mixer

Nov. 8: The Central Pennsylvania Gay and Lesbian Chamber of Commerce Networking Mixer will be held 6:30–8:30 p.m. at Members 1st Federal Credit Union, 1815 Hempstead Rd., Lancaster. Register by sending an email to [info@cpglcc.org](mailto:info@cpglcc.org). [www.cpglcc.org](http://www.cpglcc.org).

### Local History Lecture

Nov. 16: Join Linda Ries for an illustrated lecture on J. Horace McFarland, a leader of the City Beautiful movement. 7 p.m., Centennial Barn, Fort Hunter Mansion and Park. [www.forthunter.org](http://www.forthunter.org).

### Holiday Bizarre

Nov. 19: The Odd Ones Holiday Bizarre (Bazaar) returns again this year with an assortment of artists, crafters, one-of-a-kind items and music. Historic Harrisburg Association Resource Center, 1230 N. 3rd St., 11 a.m.–5 p.m.

### Miracle Ball

Nov. 19: Help Penn State Hershey Children's Hospital pediatric patients by attending the 22nd annual Children's Miracle Network "Thanks for Giving" Miracle Ball, 6 p.m., at The Hershey Lodge. Proceeds from the ball will support pediatric services, equipment and research at the hospital. Tickets are \$175 per person, \$300 per couple. Call 717-531-6606 to purchase. Visit [www.pennstatehershey.org](http://www.pennstatehershey.org).

### Pre-Holiday Bash

Nov. 19: The 2nd Annual "Thanks4Giving Yuengling" will be held 8 p.m.–12 a.m. at the Linglestown Social Hall, 5901 Linglestown Rd. A \$20 cover charge at the door includes Yuengling Lager drafts or soda, food and an event mug. Musical entertainment and a silent auction, all to benefit the Linglestown Fire Company. Contact 717-487-7551 for tickets in advance or more information.

### Pride of Susquehanna Fundraiser

Nov. 19: The Harrisburg Area Riverboat Society will present "Who's Bad—The Ultimate Michael Jackson Tribute" at 8 p.m. at the Radisson Convention Center, Camp Hill, as a fundraiser for the Pride of the Susquehanna riverboat. Advance tickets are \$40 VIP and \$20 general admission. Tickets available at [www.HarrisburgRiverboat.com](http://www.HarrisburgRiverboat.com); [www.missiontix.com](http://www.missiontix.com); Mr. Mike's Records, S. 3rd Street, Harrisburg; Music Man, Kline Village; and by calling 234-6500.

### Manners Matter

Nov. 20: The Civic Club of Harrisburg Affiliates will host "Manners Matter," a 3-hour program on table manners, anti-bullying, appropriate use of social media, ballroom dancing and proper etiquette for 7–12 year olds. Cost for the event, which includes a snack, is \$40. Some scholarships are available. Inquiries can be made by calling 717-234-6736 and responding to the RSVP line and online via [mannersmatter10@gmail.com](mailto:mannersmatter10@gmail.com).

## Other

### Help for Medicare Beneficiaries

This year, Medicare's annual enrollment period begins and ends earlier than usual. Medicare's annual coordinated election period started last month and runs to Dec. 7. Both Part D and Medicare Advantage Plan members must make plan changes at this time, if necessary. For help, beneficiaries should contact Dauphin County Area Agency on Aging's APPRISE program at 717-780-6130 to schedule a counseling appointment. Registration is required.

### Cruises Resumed

The Harrisburg Area Riverboat Society has resumed events and cruises aboard the Pride of the Susquehanna, after having cancelled many of September's events due to the severe rain and flooding. Events will extend into the middle/end of November, including Jazzin' on the Pride, Murder Mystery Dinner Cruises and a special "Early Thanksgiving Dinner Cruise." Visit [www.HarrisburgRiverboat.com](http://www.HarrisburgRiverboat.com).

## Milestones

### Chorale Founder Honored

The founder and conductor of Hershey's Susquehanna Chorale, Linda Tedford, is the 2011 recipient of the Elaine Brown Award. Since 1998, the honor has been presented by the American Choral Directors Association of Pennsylvania to the person who has exhibited outstanding lifelong work and leadership. Tedford founded the Susquehanna Chorale in 1981. She currently directs Messiah College's concert choir, chamber singers, men's ensemble and Choral Arts Society.

### Law Firm Celebrates Anniversary

Dauphin County Judge Jeannine Turgeon recently helped Harrisburg law firm Nauman Smith Shissler and Hall celebrate its 140th anniversary. Nauman Smith was founded in 1871 to serve the Harrisburg region's railroad industry. Later, it branched into the banking and utility industries. Its founder, Wayne MacVeagh, was the son-in-law of Simon Cameron.

### Republican Women Receive Awards

The Dauphin County Council of Republican Women won three statewide awards at a Sept. 10 awards ceremony held as part of the convention of the Pennsylvania Federation of Republican Women in Reading. The group won an award for fundraising efforts to save its historic headquarters at 806 N. 2nd St., Harrisburg, from sale. The council also won a Silver Award for its 60 percent growth in membership, and former President Toni Gilhooly won an "And Then Some Award" for service above and beyond the call of duty.

## 3rd in The Burg: November 18



This Cambodian mask was created by Chamroeun Yin of Philadelphia to be worn by a dancer who portrays Ream Eyso, the Storm Spirit, in the dance of Moni Makhela. You can see this mask and other stunning works of art at a preview for the new exhibit, "Making it Better: Folk Arts in Pennsylvania Today," held at the State Museum of Pennsylvania, during this month's 3rd in The Burg, Nov. 18. You can visit many galleries, restaurants and other venues at the monthly celebration of art, music and more at locations throughout Harrisburg. See our back cover or visit [www.3rdinTheBurg.com](http://www.3rdinTheBurg.com). Photo: Drew Harty

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Sept 28: Vartan Group CEO Ralph Vartan (right) looks on as members of his team sign the final girder during the "topping off" ceremony for The 1500 Project, a 43-unit condominium building at N. 6th and Reily streets.

# ShutterBurg

## ... a Month in Pictures



Oct. 2: Organizer Erica Streisfeld is ready to welcome the crowd just before the doors opened at the 3rd annual Harrisburg Cupcake Cup, held to benefit the Central Pennsylvania Food Bank.

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Oct. 3: Harrisburg Mayor Linda Thompson used charts and graphs to explain the city's fiscal crisis in a series of forums held throughout the city, including at the Neighborhood Center on N. 3rd Street.



Oct. 7: Harrisburg Controller Dan Miller, flanked by former mayoral spokeswoman Joyce Davis and state Rep. Glen Grell, stresses a point during a forum on the city's future organized by Harrisburg Hope and held at Midtown Scholar Bookstore.



Oct. 8: The custard was flying at the World's Largest Pie Fight, held at Roof Park in Fairview Township. The fight didn't set a record, but did raise money for Vickie's Angel Walk, which financially assists families affected by cancer.



Oct. 9: Runners pass Sunken Gardens and enter the home stretch in Riverfront Park during the Harrisburg Half Marathon, which took place on a gorgeous day after being delayed a month by September's flood.

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Oct. 21: Brianna Miller and Julia Liberatore get into the spirit of the season during a pumpkin-carving contest sponsored by Harrisburg Young Professionals and held at the Pa. State Museum during 3rd in The Burg.



Oct. 21: Amanda Kime (right) is attacked by a pack of zombies during the Harrisburg Bike Taxi Zombie Ball held at the Historic Harrisburg Association building.



## His (Her) Honor's History

Familiar names have headed up City Hall.

Peter Durantine

By mid-19th century, Harrisburg was an industrial town of iron and steel plants, of railroad car and steam boiler manufacturing, creating a boom in population and construction that led the state legislature to incorporate it as a city in 1860.

Since then, Harrisburg has had 37 mayors, with the current occupant in that seat, Linda Thompson, marking two historical notes as the first African-American and first woman to hold the office.

Some city street names hint at Harrisburg's mayoral past: Verbeke Street, named after the sixth mayor, William K. Verbeke (1871-1873); Boas Street: Jacob D. Boas (1873-1875); and Fritchey Street: John A. Fritchey (1887-1893; 1899-1902).

Verbeke, the son of Dutch immigrants, was born in Harrisburg and also served as city controller. He was a wealthy land developer and beloved politician, according to an 1896 biographical sketch:

"He has represented the citizens of Harrisburg either in council or on the school board, and they regarded him with such favor as to make him mayor of the city previous to his election as controller."

Boas had been a hatter, a jeweler and a state senator from Allentown before moving to Harrisburg, where he was appointed as a "gauger" in the U.S. Internal Revenue Department, a post he quit to run for mayor.

Fritchey, one of two mayors to serve non-consecutive terms, was a physician who was viewed as opposed to the city's beautification progress. He lost his re-election bid in 1902 to "City Beautiful" leader Vance McCormick.

McCormick was among the most prominent of the city's mayors. He served as the publisher of what today is the Patriot-News, as well as chairman of Democratic National Committee. The year his term ended, 1919, President Woodrow Wilson appointed him head of the American delegation at the Treaty of Versailles, which ended World War I.

In 1917, the city suffered a mayoral crisis when the newly elected mayor died and then the appointed mayor also died.

The September 1917 issue of Municipal Journal reported: "So far as is known, no city of the third class in the east can equal Harrisburg's mayoralty record for the last six months. Mayors to the number of four have served the city since April 1. In April Mayor Ezra S. Meals died. City clerk Charles A. Miller was appointed. Mr. Miller died on June 12. William L. Gorgas, a member of council, became acting mayor. The courts named J. William Bowman to serve until a mayor is elected in November. The successful candidate in the election will be Harrisburg's fifth mayor in less than

eight months."

That candidate was Daniel L. Keister, who finished Meals' term and was followed in 1920 by George A. Hoverter, who served 16 years until 1936. He was the city's longest-serving mayor until 1999, when Stephen Reed took that title. Reed left office in 2010, having held the post for 28 years.



Harrisburg Mayor Vance McCormick with U.S. President Woodrow Wilson in 1916.

## Then & Now



Photo: Historic Harrisburg Association



The view of downtown Harrisburg from the edge of the Market Street Bridge is remarkably different over the course of a century. In 1917 (left), stores, many selling goods for the booming auto industry, were prevalent along Market Street. Today, government buildings dominate the landscape on both sides of the street.

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## Fall Shopping Extravaganza

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## Doing Good

### In Support of the Arts

Cultural Enrichment Fund lets the arts flourish.

Chad Barger

The arts represent a vital component of the fabric of Harrisburg and the capital region. They play an integral role in educating both children and adults, making our region attractive to new business, attracting and retaining a talented workforce and building and sustaining economically vibrant communities.

The arts also have a direct economic impact on our region. For every \$1 of investment in the arts, \$7 in local economic activity is generated. Yet sustaining a vibrant arts scene doesn't happen by itself. It takes the work of many organizations, donors and volunteers.

One of the organizations dedicated to ensuring the presence of a thriving arts scene in the capital region is the Cultural Enrichment Fund (CEF), the capital region's united arts fund. CEF seeks to help close the funding gap between what an organization earns through ticket sales and sponsorships and what it needs to cover operating expenses. As a reliable source of annual general operating support dollars, CEF allows art organizations to focus on what they do best—making great art, in all its forms.

To accomplish this mission, CEF conducts an annual united fundraising campaign for the arts in the capital region. It then invests the campaign's proceeds with a limited number of member beneficiary organizations across the key artistic disciplines of the cultural arts: dance, music, theater and visual arts.

Current member beneficiary organizations are: The Art Association of Harrisburg, Central Pennsylvania Friends of Jazz, Central Pennsylvania Youth Ballet, Danzante, Gamut Theatre Group, Harrisburg Symphony Orchestra, Market Square Concerts, Ngozi, Open Stage of Harrisburg, Susquehanna Art Museum, Susquehanna Chorale, Theatre Harrisburg and Whitaker Center for Science and the Arts. These organizations provide creative experiences to more than 232,000 residents of our region each year. This includes educational outreach for more than 48,600 students.



Central Pennsylvania Youth Ballet

The Cultural Enrichment Fund's annual campaign also supports a supplemental grant fund, which funds arts programs designed to involve young and/or diverse audiences in the creative process. This funding stream is designed to expand the organization's support of the capital region's arts community beyond its 13-member group. Special consideration is given to programs serving minority communities and/or at-risk youth. CEF's long-term goal with this funding is to stimulate future arts audiences and contribute to a more vibrant arts community in the capital region.

Donors to CEF can rest assured that their investment is wisely spent. The 13 member organizations are monitored on an ongoing basis by the Fund's Member Review Committee to ensure that they are fiscally sound, offering accessible programs to the community and pursuing a strategic vision. Supplemental grant fund recipients are also monitored along these same lines throughout the grant cycle.

The Cultural Enrichment Fund conducts its annual united campaign for the arts as efficiently and effectively as possible. Each year, the campaign is coordinated by a dedicated volunteer board of directors made up of 15 to 25 business leaders. CEF employs only two paid staff members. It is the commitment of more than 100 campaign volunteers, along with the financial support of more than 600 donors, that ensures the campaign's success.



The Cultural Enrichment Fund is a trusted advisor, advocate and shaper of the arts in the capital region. Chad Barger is the Fund's executive director.



## Sausage Kings of Steelton

Schmidt's mixes meats, spices, family.

Kermit G. Henning



Brotherly links: Don and Doug Jorich, the third-generation owners of Schmidt's sausage.

Fifty years of business in the same storefront. In today's market of bigger is better and diversification, especially in the food business with mega-grocery stores, the small family butcher shops are becoming rare indeed. Schmidt's Sausage in Steelton has not only beaten the odds, it's looking to expand.

It all started back in 1913, when 12-year old Henry Schmidt emigrated with his family to the United States from Hungary aboard the RMS Carpathia, the ship that rescued the Titanic survivors in 1912. The Carpathia was shot at and sunk by a German U-Boat in 1918, but not before delivering the young Schmidt to our shores.

Eventually finding a home in multi-ethnic Steelton, Schmidt and his neighbors shared old-country recipes and dishes. Schmidt had been making sausage in his basement for many years when he lost his job at Harrisburg Steel at 60 years of age. He found he was too old to be hired anywhere else, so he decided to try his hand at something he knew well. He opened the sausage store at its present location in 1961.

Henry and his wife had one child, a daughter, Mary Ann, who married into another local ethnic family. His son-in-law, Dan Jorich, took an early retirement at the steel mill to help out in the growing sausage shop and

chore came along, they learned the responsibilities of running the family business, now in their sixth year together.

No doubt the secret to their success has been not only doing one thing but doing it well. Their business is sausage, and they are still doing it the way Henry did it 50 years ago. They use only the best ingredients, 100 percent boneless pork butts. Pork fat is added as needed, enough to keep the mixture at 80/20 lean. All their meats are cold-smoked for 10 to 14 hours on the premises using fruit woods like apple and cherry to enhance the flavor of the pork, not mask it.

Their product line-up includes mild and hot fresh sausage; mild, hot and extra-hot smoked; smoked honey; and smoked turkey and chicken sausage, using only boneless, skinless thighs. Fresh sausage is available loose; the smoked products are all cased. Polish kielbasa is added at Christmas and Easter. The smoked mild and hot sausages are the best sellers.

Dried products, including slim Jim sausage, salami and bacon are available from October to May, as well as their own home-pickled cabbage heads, sauerkraut and pigs-in-a-blanket. Fresh hams, tied pork loins, ground beef and pork are available during the holidays from Thanksgiving to January.

It's apparent that Schmidt's

Sausage has made its mark—most of the customers are on a first-name basis. Orders are always taken with a chat about family or community. They offer suggestions on products and quantities. Even most of the customers know each other and stop to visit.

Despite the success, the shop is limited to any expansion by space. The small family storefront that has served them well these last 50 years offers no room for the addition of any new products. Look for a move to larger quarters somewhere after the first of the year.

"We think we can better serve our customers, and bring in new customers, in a somewhat larger place with more visibility and more parking, as well as expand our product line," Doug said.



The familiar exterior of Schmidt's Sausage.

For the present, they continue to provide the tried-and-true products that brought them through the last half-century. The small family butcher shop has a place indeed—it's in Steelton.

*Schmidt's Sausage, 378 S. 7th St., Steelton, 717-939-0501; open Tuesday and Wednesday, 9 a.m. to 4 p.m.; Thursday and Friday, 9 a.m. to 5 p.m.; Saturday, 9 a.m. to 2 p.m.; closed Sunday and Monday.*

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## A Tradition of Words, Re-Born

Midtown Scholar Press set to revive Harrisburg book publishing.

Peter Durantine



Press-ready: Eric Papenfuse and Catherine Lawrence among the stacks in their Midtown Scholar Bookstore-Café.

Harrisburg has a storied book publishing past, but, for years, there has been almost no commercial publishing left in a city that once had not only a thriving book industry but a vibrant bookstore culture.

Such large houses as Evangelical Press in Midtown and Mount Pleasant Press in South Allison Hill are long gone, while 81-year-old Stackpole Books moved across the river to Mechanicsburg in 1993.

That situation, though, has now changed. Eric Papenfuse and Catherine Lawrence, owners of Midtown Scholar Bookstore, have decided to bring book publishing back to the city, launching Midtown Scholar Press this year with a literary focus on Harrisburg.

For its inaugural book, Midtown Scholar Press is publishing, "City Contented, City Discontented: A History

of Modern Harrisburg," the compilation of 120 columns the late Reporter-at-Large Paul Beers ran as a series in the Patriot and Evening News between February 1983 and March 1984.

"In the future, we're going to be commissioning original works," Papenfuse said.

Papenfuse and Lawrence wanted Beers' book as their first because they see the city in which they live and work as having reached a crossroads.

"We're hoping to re-invigorate the literary culture and historic memory in Harrisburg,"

Papenfuse said. "We are going to need an optimistic vision of Harrisburg to go forward, and we do that by looking at the past."

One way to do this is to have books about the city's past, such as an architectural walking tour guide and neighborhood histories, he said. Midtown Scholar Press accepts non-fiction and fiction submissions, but it must relate to the Harrisburg area.

"It has to have a connection to the city, the region and the culture," Papenfuse said, noting the Jackson Taylor novel, "The Blue Orchard," as an example of what they are seeking in fiction.

"The Blue Orchard' book is the best history I've read, and it's not history—it's fiction," Papenfuse said.

Note to authors: Midtown Scholar Press will not publish e-books. "We are trying to encourage people to interact with one another, and books are a physical item," Papenfuse said.

Penn State-Harrisburg Professor Michael Barton, who edited the Beers' book with some of his graduate students, will serve as Midtown Scholar Press' editor of historical books. Taylor has agreed to edit a book of poems.

"In a cityscape consumed by a troubled present, the new Midtown



Scholar publishing venture brings forth words and works that explicate Harrisburg's past, while

delivering jobs and hope for her living future," Taylor said.

Papenfuse and Lawrence use designer Scott Boggs of Boggs and Company in Midtown for typesetting, Fathom Studio in Mechanicsburg for other design work and Advanced Color Graphics in State College for printing.

Barton, who is already working on ideas for the next book, said about Papenfuse's venture, "For him, it's not only a matter of scholarship, but it's also a commitment to the community."

Unlike other publishing houses that have operated in Harrisburg, Midtown Scholar Press is distinctive "because it wants to do local publishing," Barton said. "In a sense, I think Eric is an heir to that tradition in the community."

For more information, please see this issue's special supplement on the Harrisburg Book Festival or visit [www.midtownscholar.com](http://www.midtownscholar.com).



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## Changing Hands: September Property Sales

Briggs St., 231: P. Moran to G. Dori, \$160,000	N. 4th St., 2209: C. Roros & Cityscape Properties LLC to A. Dominguez, \$45,000
Capital St., 1206: A. Schmidt to J. Penny, \$117,000	N. 4th St., 3210: PA Deals LLC to S. & S. Burkholder, \$67,900
Chestnut St., 2412: K. Hitt to C. Franklin & M. Dulac, \$235,900	N. 6th St., 3157: R. Shokes Jr. to R. Wickham, \$63,750
Croyden Rd., 2969: G. Santana to T. Wise, \$84,800	Penn St., 1702: K. O'Keefe to A. & D. Schade, \$129,000
Derry St., 1523: J. Rissler to H. Cotignola & J. Pickens, \$47,500	Penn St., 1928: R. & C. Sheetz to A. Garnett & J. Scoz, \$122,500
Elder St., 780: S. & S. Ritter to Bartush Signs Inc., \$100,000	Pennwood Rd., 3001: Bank of New York Mellon Trustee to D & J Properties, \$45,000
Fair St., 728: Fannie Mae to H. Drayton, \$35,900	Randolph St., 1615: G. & G. Ridge to M. Kolback, \$35,000
Forster St., 1611: C. Griffith to J. Witmer, \$38,500	Reily St., 224: J. Schoenly to PI Capital LLC, \$38,100
Green St., 1623: R. Darr to B. Christine, \$90,426	S. 17th St., 230: R. Shokes Jr. to R. & D. Requa, \$40,000
Kelker St., 220: J. Webb to L. Lopez Medina, \$160,000	S. 18th St., 1043: E. & D. Hamburg to B. Do, \$48,550
Lexington St., 2625: Marije Investments to J. DaCosta, \$32,000	S. 25th St., 718: J. Lloyd to L. Ellis Jr., \$132,900
Linden St., 43, 46 & 58 N. 13th St.: E. & H. Crossan to Great Foods Inc., \$65,000	State St., 1925: M. & S. Duvall to T. Keefer, \$70,000
Maclay St., 322: PA Deals LLC to J. Hocker, \$60,900	Susquehanna St., 1815: Fannie Mae to PA Deals LLC, \$40,000
Market St., 1820: US Bank NA Trustee to M. Lamereaux, \$54,075	Swatara St., 1412: T. Sweet to S. Williams, \$55,000
Market St., 1851: M. Harman to M. Stewart, \$45,900	
N. 2nd St., 1709: K. Litoff to 717 Properties LLC, \$130,000	
N. 2nd St., 2953: R. Feir to D. Alvey, \$259,900	

Source: Dauphin County, City of Harrisburg, property sales greater than \$30,000. Data is deemed to be accurate.



## Building Restored, Shop Saved

Another piece in place for Midtown arts district.

Lawrance Binda



A new HoPo: Dawn Rettinger will re-open The HodgePodgery in December or January following a total renovation of this N. 3rd Street building.

Midtown Harrisburg shrieked a collective, "Oh no," when Dawn Rettinger decided to close her popular crafts and consignment shop at N. 3rd and Herr streets.

Mercifully, the bad news proved to be short-lived, as Rettinger announced that The HodgePodgery will be the anchor tenant in a new arts-oriented building just a few blocks up the street.

"We plan to open again around the holidays, as soon as the building is renovated," said Rettinger, who added that she's able to relocate due to a much lower rent.

Last month, Eric Papenfuse and Catherine Lawrence, co-owners of Midtown Scholar Bookstore, said that they would purchase the three-story building at 1320 N. 3rd St. for \$55,000 from long-time owner, The West End Republican Club. The sale is due to close Nov. 1, said Papenfuse.

The dilapidated building needs to be completely renovated. In addition to The HodgePodgery, the 3,452-square-foot building will include

artist studio space and Rettinger's new travel business, Dawn's Escapades.

"We're delighted to be able to develop arts-oriented space, including artist's studio space, something that will complement the Susquehanna Art Museum, as well as the (Midtown Scholar) bookstore and the Broad Street Market," Papenfuse said.

Rettinger said that the new HodgePodgery will have a "fresher look and feel" with many new items that will provide a higher-end shopping experience.

## New Inspection, Permit Policy for City Rentals

Apartment conditions in Harrisburg soon will come under closer scrutiny, as the City Council last month unanimously passed legislation mandating inspections and permits for rental units.

Under the new ordinance, the city will establish a permitting process, which requires that rental units pass inspection and remain liveable.

The ordinance also mandates that apartment owners assign a "responsible agent" who lives or works within 50 miles of the city and so can address tenant and building issues on short-term notice. Apartment owners can designate themselves as agents or assign others, such as a property management company.

Large swaths of Harrisburg are

owned as investment properties by landlords, many of whom live out of the area and, often, out of state. The city long has been plagued with complaints from renters that landlords refuse to address deficiencies to units and buildings.

The ordinance was opposed by the Capital Area Rental Property Owners Association, which represents owners of rental properties in the Harrisburg area. Association representative David Lanza called the ordinance a "revenue-raising measure."

To free up inspectors, the council also passed an ordinance ending the city's longstanding policy of conducting inspections of properties under contract for sale.

—Lawrance Binda

This building would be the fourth that Papenfuse and Lawrence own on the block. In addition to Midtown Scholar Bookstore at 1302 N. 3rd St., they own both 1300 N. 3rd St., which houses Garden Fresh Market & Deli, and 1306 N. 3rd St., the home of the Mantis Collective art gallery and Movieate film co-op.

## Biz Notes

**Tanger Factory Outlet Centers** last month purchased The Outlets at Hershey for \$56 million. Located adjacent to Hershey Chocolate World and Amusement Park on Rt. 39 in Hershey, the 248,000-square-foot shopping outlets will be renamed Tanger Outlets Hershey.

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## Serving Harrisburg, Family Style

The Cribaris will greet you, feed you like family.

Lawrance Binda



Like many good Italian restaurants, Cribari's operates as a family business: from left, owner Ernie Cribari, daughter Jenny Finneran, Charlene Crescente and daughter Angelina Cribari.

For more than two decades, Ernie Cribari has had his living and his love.

His living was law enforcement, slapping handcuffs on criminals and fugitives as a state constable in Midtown Harrisburg and as a member of the PA Task Force for fugitive recovery.

His love, though, was always food, an affection gained at an early age by watching his grandmother Concetta and mother Luisa, both from Calabria, Italy, work magic in the kitchen while he grew up on Allison Hill.

Now, his living and his love have become one as last month he opened

his namesake trattoria, Cribari's Ristorante, on Reily Street, in the space last occupied by Nonna's Deli-Sioso.

"I always loved to cook," said Cribari, a Bishop McDevitt graduate who recently turned 50. "I saw an opportunity to get away from the handcuffs and guns and pursue my passion."

Cribari, a 32nd-degree master Mason, actually has years of experience in the

kitchen, as he's long volunteered as the executive chef for Cedars Grove, the Mason-affiliated catering hall on Jonestown Road east of Harrisburg. So, after Nonna's closed, he phoned owner Ray Diaz and asked about the space. And not only did he acquire the restaurant, but bought the entire building, moving into the spacious, beautifully renovated apartment upstairs.

Upon walking in, the restaurant looks much like the old Nonna's, as Cribari acquired the place lock, stock and barrel. Beyond the decor, though, the differences are substantial.

The menu is streamlined and the prices substantially lower. Cribari starts with a core of traditional Italian dishes such as chicken parmigiana, rigatoni with a hearty, homemade tomato sauce and penne with a vodka sauce (with real Grey Goose vodka). Around those items, he wraps lunch favorites, such as hot and cold sandwiches, and even a few uniquely American dishes, like the pulled pork barbeque, of which Cribari is rightly proud.

He's also not hesitant to get creative. Cribari's offers specials each day, often a pasta dish, such as, on one recent evening, homemade lobster ravioli and, on another, penne and sausage in a savory marinara sauce.

At \$17.95, the New York strip steak—center cut Angus beef served with a baked potato and vegetable—is, by far, the most expensive dish on the regular menu. Nearly every other item is less than \$10, a price-point that, Cribari said, other area restaurateurs told him was too low.

"I'm not trying to get rich," he said. "I just want to pay my bills and make my customers happy."

Along the way, he'd like to give something special to the community that he's called home all of his life.

He's pledged to use as many locally sourced products as possible. And when he says local, he means

local—produce from the Broad Street Market, a soup offering from the Soup Spot, perhaps some items from Garden Fresh Market & Deli, all located in Midtown Harrisburg. And, like Nonna's did, he plans to start "dinner and movie" specials with the Midtown Cinema across the street.

But, mostly, he wants to give the neighborhood an affordable place to catch a nice meal, a restaurant that is friendly and comfortable and treats its patrons like one large, extended Italian family. In a way, he wants to re-create the feeling he had during his youth on Chestnut Street on Allison Hill, where food and family and friends all blended so warmly together.

"Having my own restaurant has always been my dream," he said. "It's even more special to be able to serve my neighborhood and community."

*Cribari's Ristorante, 263 Reily St., Harrisburg. Open Monday to Thursday, 11 a.m. to 8 p.m.; Friday and Saturday, 11 a.m. to 10 p.m. BYOB. 717-412-0550.*

## Restaurant Notes

**Roxy's Café** owner Richard Hanna has taken over the former Confit Bistro space in Camp Hill. Hanna will call the new restaurant, **Layel Bistro**, named after his daughter. He said the Market Street restaurant will feature Mediterranean cuisine, as well as American dishes, with lower prices than that at Confit. He expects to open later this month.

**Pep Grill** failed to sell in an auction last month as the reserve price was not met. Therefore, the long-time owners of the restaurant and bar said they will stay open and continue operations until they can find a buyer.

**King Creole** in the Broad Street Market will stay in business, says owner Maudeline Balan. Balan had planned to close last month, but a change in circumstances convinced her to stay. Check out her outstanding Haitian-style cuisine in the stone building.

**Shady McGrady's**, a tavern on Verbeke Street in Midtown Harrisburg, last month suffered a serious fire, which the Harrisburg Fire Bureau attributed to arson. Harrisburg police said the cash register was stolen before a fire was set. Shady's owners plan to restore the gutted interior and hope to re-open this month.

**Mangia Qui/Suba**, the popular Italian restaurant and tapas bar downtown, has completely redesigned its website. Check out the new look at [www.mangiaqui.com](http://www.mangiaqui.com).

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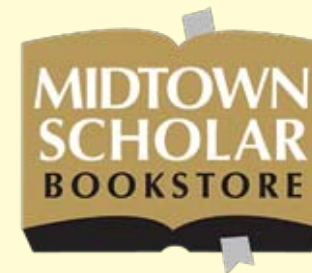
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Tuesday, 8-2  
Friday, 8-6  
Saturday, 8-2



# The 2nd Annual Harrisburg Book Festival



## Book Festival Returns

From sales to speakers: Books, art, forums, music, special events stack the shelves over three days.

**T**housands of inexpensive books, buyers grabbing them by the armload. Speakers. Forums. Crafts. Art. Music.

It seems like just yesterday Harrisburg celebrated its first annual book festival. The bad news: It was well over a year ago. The good news: It's back—and even bigger!

The 2nd Annual Harrisburg Book Festival kicks off Friday, Nov. 11 and runs through Sunday, Nov. 13.

During the long weekend, book-lovers will be treated to authors, readings, signings, experts and more. And, of course, they can buy as many books as they can haul away—most costing just a buck or two.

But the festival is about far more than buying books. Each day, a series of special events will share a common theme, with an emphasis on local history and community.

On Friday, local author John O'Hara will be in the spotlight. O'Hara, one of the 20th century's most popular and controversial novelists, often mined real-life events in the Harrisburg area for inspiration as he explored the dark side of human behavior hidden beneath oh-so-proper exteriors. His steamy novel, "A Rage to Live," will be discussed, followed by a viewing of the 1965 feature film.

On Saturday, the festival switches gears as the discussion turns to "reality radio," the ability of ordinary people to capture lives and tell stories through the low-tech means of a microphone and a recorder. On the TV side of broadcasting, the author of "Inside Pee-wee's Playhouse" drops by to discuss the frenetic, sometimes-controversial, often-crazy show.

The final day is all about local history and civic engagement. The festival has assembled a blue-ribbon panel to discuss the news, news reporting and the public spirit. The work of Paul Beers, the late Patriot-News reporter, will be highlighted.

But maybe books and local history aren't your thing. That's OK. All types of culture will be on display. The Midtown ArtsFest will feature artists, crafts and vendors. The Midtown Folk Festival will showcase local musical talent. There will be special events for kids too, including a visit from "SuperReader" Floyd Stokes. Please turn the page for a full schedule.

Most events will take place at Midtown Scholar Bookstore, the festival's sponsor, and at the Historic Harrisburg Resource Center, both at the corner of N. 3rd and Verbeke streets, across the street from the Broad Street Market. See you there!

## Book Lovers in Paradise



Books and more books: Bibliophiles and casual readers alike packed the 1st Annual Harrisburg Book Festival, held last year at Midtown Scholar Bookstore and at outside tables. This year, the three-day festival will be held mostly indoors at the Historic Harrisburg Association Resource Center and at Midtown Scholar. Weather permitting, some events may move outside.

## Tuning into Reality Radio

Man on the street: Armed with a microphone, citizens, students tell the story of America.

*"A microphone is a magic wand, waved against silence. A recorder preserves the stories that microphones catch. And radio casts the stories to a broad audience—bringing us together in special ways."*

—Susan Stamberg, *National Public Radio*

**M**any have heeded such a call to radio, and two of the more highly accomplished, John Biewen and Joe Richman, have developed innovative documentary programs on life in the modern day.

Juxtaposed with NPR news reports, these documentaries tell stories about real people, using real voices and sounds that have greatly enhanced radio's intimacy.

"For people who love radio, that word—intimacy—comes up again and again," said Biewen. "There is something intimate about it."



John Biewen, with a statue of Steinbeck.

Biewen, audio program director at Duke University's Center for Documentary Studies, has worked in radio since 1983, including at

NPR. He also teaches radio-making at Duke and co-edited the 2010 book of essays, "Reality Radio: Telling True Stories in Sound."

Last year, armed with a microphone, he visited key locations that John Steinbeck wrote about in "Travels with Charley: In Search of America," a chronicle of his 1960 cross-country tour with his standard poodle, Charley. Biewen's own journey resulted in "Travels with Mike: In Search of America 50 Years after Steinbeck," a series of conversations about the country's place and spirit.

Joe Richman founded Radio Diaries 15 years ago. Before becoming an independent producer, he worked on numerous NPR

programs. He's also an adjunct professor at Columbia University's Graduate School of Journalism.

Radio Diaries offers compelling, intimate reports, such as "Audio Portraits of a Vanishing City" about New York's fading past told through people like "94-year old Selma Koch [who] runs one of New York's last old-style bra fitting shops."

These stories bring a context and a perspective that, until 20 years ago, was mostly absent from radio. "It's important that these stories air on 'All Things Considered' right after the news of the day," Richman said. "It echoes the news of the day in interesting ways."

On the Book Festival's second day, Biewen and Richman will lead a free student workshop on "Do-It-Yourself Radio," focusing on how high school and college students can create their own radio podcasts.

Later that evening, Biewen and Richman will offer a keynote multimedia presentation at the bookstore on "Reality Radio." They will share their own stories and lead a discussion on radio documentary.

The free event will feature audio clips from "Radio Diaries," which lets people whose voices are rarely heard share their powerful stories. Works of Ira Glass, Radio Lab and other public radio storytellers will be examined.

As an electronic medium, radio, Richman said, is best at telling stories. "That's how stories were first told," he said, "by people talking."

**Event:** "DIY Radio: A Student Workshop." (Students should RSVP to [events@midtownscholar.com](mailto:events@midtownscholar.com))

**Where:** Midtown Scholar Bookstore  
**When:** Saturday, Nov. 12, 4 p.m.

**Keynote Event:** "Reality Radio: Today's Public Radio Documentary"  
**Where:** Midtown Scholar Bookstore  
**When:** Saturday, Nov. 12, 8 p.m.



# The 2nd Annual Harrisburg Book Festival

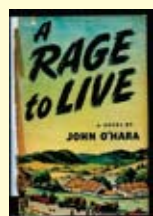
## Schedule of Events

The 2nd Annual Harrisburg Book Festival will take place Nov. 11 to 13 at N. 3rd and Verbeke streets in Midtown Harrisburg.

- Literary programs will be hosted by the Midtown Scholar Bookstore-Café, 1302 N. 3rd Street.
- A special Friday night film screening will take place at MOVIA TE, 1306 N. 3rd Street.
- The book sale and artsfest will take place at the Historic Harrisburg Association, 1230 N. 3rd Street.
- Folk musicians will perform outdoors in fair weather or indoors if inclement weather.
- Ample FREE PARKING in the bookstore's parking lot and at the neighboring Broad Street Market.

### Friday, November 11th

At the Midtown Scholar Bookstore:



**6:30–7:30 PM:** "John O'Hara's Harrisburg." Middletown author and artist Christine Goldbeck discusses John O'Hara's best-selling 1949 novel "A Rage to Live."

**8–10 PM:** Friday Folk Café presents singer-songwriter Javier Dunn in a free concert.

At MOVIA TE Film Space:

**8–10 PM:** Film Screening of "A Rage to Live" (1965, 16mm) starring Suzanne Pleshette.

### Saturday, November 12th

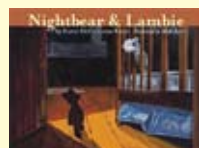
At the Historic Harrisburg Association:

**9 AM–10 PM:** Thousands of new and used books for \$1 or \$2, arts & crafts vendors and live folk music.

At the Midtown Scholar Bookstore:

Children's programming, 9 AM–Noon

**9:30–10:30 AM:** Storytime for young children, with central PA's own Kelly

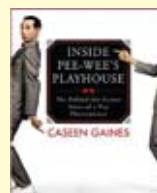


McGuinness Royer and Matt Royer, author and illustrator of the popular "Nightbear and Lambie" book series.

**11 AM–12 PM:** Storytime for elementary school children, featuring 7-year-old author Madison Stokes and Floyd "SuperReader" Stokes. Second-grader Madison Stokes is the newly published author of "I Can Do It By Myself," illustrated by Sheena Hisiro. Floyd Stokes is the author of six books. He has been visiting schools, libraries, Head Start centers and other community locations to read to children for over 10 years.



**12-2 PM:** "Path to Publication: Tips for Writers and Readers." Panel and book signing with regional authors: Don Helin on suspense and thrillers, Susan Gourley/Kelley on romance and fantasy, Franklin Kury on nonfiction and memoirs, Cate Masters on urban fantasy and ebooks and Lori Myers on magazine articles and plays.

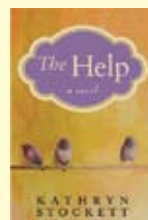


**2 PM:** Book signing by Caseen Gaines, author of "Inside Pee-wee's Playhouse," the only behind-the-scenes look at the award-winning TV show starring the pop culture icon Pee-wee Herman, with over 200 rare and never-

before-published photos, marking the show's 25th anniversary this fall.

**2:30-3:30 PM:** Book talk and signing by Tim Portzline, author of "Harrisburg Broadcasting," a history of radio and TV in the Capital region.

**4-5:30 PM:** "DIY Radio: A Student Workshop." Critically acclaimed public radio producers John Biewen and Joe Richman focus on empowering high school and college students to record their own interviews and create their own podcasts.



South during the Civil Rights era.

### 8–9:30 PM: KEYNOTE EVENT

"Reality Radio: Today's Public Radio Documentary." John Biewen and Joe Richman will share their own stories and lead a wide-ranging, interactive discussion. Their multimedia presentation will feature audio clips from the past 15 years of "Radio Diaries," a National Public Radio standout that works with teenagers, seniors, prison inmates and others whose voices are rarely heard to document their lives and share their powerful stories.



Richman

### Sunday, November 13th

At the Historic Harrisburg Association:

**9 AM–9 PM:** Thousands of new and used books for \$1 or \$2, arts & crafts vendors and live folk music.

At the Midtown Scholar Bookstore:

**9 AM–9 PM:** The bookstore-café will be open extended Sunday hours during the Book Festival.

**12–3:30 PM: FICTION & NON-FICTION:** Book signings by regional authors.

**12–1 PM:** Book signing by E. M. "Gene" Albano, author of a trilogy of historical novels: "The Widow's Web," "Bashful Lucy" and "Martin's Story."



**1–2 PM:** Book signing by Penn State-Harrisburg's Jen Hirt, author of "Under Glass: The Girl with a Thousand Christmas Trees."

**2–3 PM:** Book signing by Alan Kennedy-Shaffer, author of "The Obama Revolution."

**3–3:30 PM:** Book signing by Emily Parke Chase, author of "Help! My Family's Messed Up."



**4–9 PM:** On Sunday afternoon and evening, the newly inaugurated Midtown Scholar Press will celebrate the release of an exceptional book: "City Contented, City Discontented: A History of Modern Harrisburg," in which award-winning journalist Paul Beers (1931-2011) reveals how contemporary Harrisburg came to be.

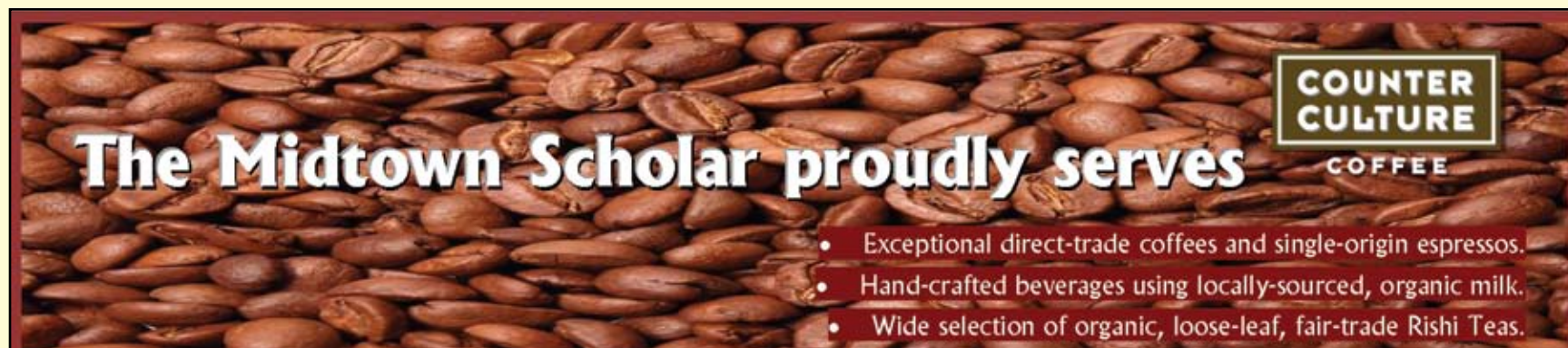
**4–5:30 PM:** In recognition of what would have been Paul Beers' 80th birthday, a panel of distinguished historians, journalists and politicians will join in a discussion on "Paul Beers' Life and Legacy." Panelists include Philadelphia Daily News political columnist John Baer, Patriot-News Executive Editor Cate Barron, the Hummelstown Sun's Bill Jackson, Harrisburg historian Calobe Jackson, the Dauphin County Historical Society's Ken Frew, the State Archives' Linda Ries, Harrisburg Treasurer Paul Wambach and former Capitol reporter Peter Shelly.

**5:30–7 PM:** Reception and book release party for "City Contented, City Discontented: A History of Modern Harrisburg," a compilation of the columns of Paul Beers, released by Midtown Scholar Press.

### 7–9 PM: KEYNOTE EVENT

Penn State-Harrisburg Professor Michael Barton, who transcribed and edited Paul Beers' original newspaper columns with his students, will deliver a keynote lecture in tribute to Beers and his contributions to our understanding of past and present, through a lifetime of lively and provocative reporting.





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# The 2nd Annual Harrisburg Book Festival

## Progress and the Public Spirit

Civic engagement, accountability in focus for panel discussion.

While Pennsylvania has novelist John O'Hara as its social historian, Harrisburg had Paul Beers, the late award-winning journalist whose 120 columns for The Patriot and Evening News chronicled a city at the crossroads in the early 1980s.



Paul Beers

"As a reporter-at-large, Paul Beers saw the city, cared that he saw it and documented what was there to see," said Jackson Taylor, author of "The Blue Orchard" and keynote speaker at 2010's First Annual

Harrisburg Book Festival.

Beers joined The Patriot in 1957 as a reporter and started his long-running Reporter-At-Large column in 1961. He left The Patriot-News in 1985 to become a legislative historian for the General Assembly. He died in January of this year.

On Sunday, Nov. 13, as part of the 2nd Annual Harrisburg Book Festival—and in recognition of what would have been Beers' 80th birthday—a panel of distinguished historians, journalists and politicians will participate in a roundtable discussion on the reporter's life and legacy at the Midtown Scholar Bookstore. Participants include:

- Philadelphia Daily News political columnist John Baer. The National Journal has called Baer one of the country's top 10 political journalists outside Washington.
- Patriot-News Executive Editor Cate Barron, who is also president of the Associated Press Managing Editors

board of directors, a member of the Pennsylvania Freedom of Information Coalition board of directors and past president of the Pennsylvania Society of Newspaper Editors.

- Bill Jackson, publisher and editor of The Sun in Hummelstown from 1970 to 2007. Jackson continues to write his long-running weekly column, "From Where I Sit," for the paper. He started his journalism career in his hometown of Clearfield, Pa., is a U.S. army veteran and a former race car driver.

- Harrisburg historian Calobe Jackson. A graduate of the former William Penn High School, he served for many years on the Harrisburg School Board. Jackson lectures on Negro League Baseball and African American history in Harrisburg.

- Dauphin County Historical Society's Ken Frew, research librarian, city historian and author of the highly acclaimed "Building Harrisburg: The Architects and Builders 1791-1941."

- Pennsylvania State Archives' Linda Ries, archivist and author of "Images of America: Harrisburg."

- Peter J. Shelly, the president of Shelly Communications. Before starting his own firm, he served as Capitol reporter for the Pittsburgh Post-Gazette and The Patriot-News.

- Harrisburg City Treasurer Paul P. Wambach. Long active in politics, Wambach served on the Democratic City Committee and the Harrisburg City Council and has been city treasurer since 1992.

A reception and book release party will follow the event for Midtown

Scholar Press' inaugural book, "City Contented, City Discontented: A History of Modern Harrisburg," a compilation of Beers' columns.

The book is the first in the Press' "Harrisburg History and Culture Series," which publishers Eric Papenfuse and Catherine Lawrence want to use to create a shared heritage that illuminates today's social relations and political culture. The series seeks to educate and inspire readers, to elucidate and inform contemporary public discourse and to transform the possibilities of civic life in the future by strengthening bonds of community, they said.

For the final Book Festival event, a keynote lecture will be delivered by Penn State-Harrisburg Professor Michael Barton, who transcribed and edited Beers' original columns for the book with his graduate students. He will offer a tribute to the reporter and honor his extraordinary contributions to our understanding of past and present.



**Event:** "Paul Beers' Life and Legacy," a panel discussion

**Where:** Midtown Scholar Bookstore  
**When:** Sunday, Nov. 13, 4 p.m.

**Event:** Reception and book release party for "City Contented, City Discontented: A History of Modern Harrisburg"

**Where:** Midtown Scholar Bookstore  
**When:** Sunday, Nov. 13, 5:30 p.m.

**Keynote Event:** Penn State-Harrisburg Professor Michael Barton will speak on the life and career of Paul Beers.

**Where:** Midtown Scholar Bookstore  
**When:** Sunday, Nov. 13, 7 p.m.

## Bet You Can't Buy Just One



People carried away books by the armload at last year's festival. This year, the book sale will take place at the Historic Harrisburg Association Resource Center, in the historic Pennsylvania National Bank Building at 1230 N. 3rd St.



### Midtown Scholar's Yellow Wall Gallery

MEET THE ARTISTS:  
3rd Fridays, 6-10pm

Paintings, photos,  
drawings & sculpture.

Left to right: Works by Keith Pomeroy,  
Courtney Kolvato, and Stephen Fleser





# The 2nd Annual Harrisburg Book Festival

## John O'Hara's Harrisburg

Lecture, film to put local author in the spotlight.

As one of American literature's more notable 20th-century authors, John O'Hara, like others of his time, wrote about locales from where he was born and raised.



John O'Hara

For Sherwood Anderson, it was the fictional Winesburg, Ohio, standing in for Clyde, Ohio, the town of his youth; for William Faulkner, Yoknapatawpha County, based on Lafayette County, Miss., where he spent most of his childhood.

For O'Hara, his native Pottsville in Schuylkill County is Gibbsville in his novels and short stories, and Fort Penn is the fictional name he gave Harrisburg.

In an opening note to his 1949 novel, "A Rage to Live," set in Fort Penn, O'Hara spoke fondly of visiting relatives in the Harrisburg of his youth.

But O'Hara, plagued throughout his career as a novelist by these cities' denizens believing he was writing about them individually, also warned local readers in that same note not to make such conclusions in "A Rage to Live."

"I also have made a complete substitution of the population past and present of Harrisburg, Dauphin County and anyone who thinks he

sees himself or anyone else in this novel is wrong," he wrote.

John O'Hara scholar and Middletown author Christine Goldbeck said there is good reason for readers in Pottsville and Harrisburg to conclude O'Hara was writing about them, even though they were mistaken.

"He was a social historian," Goldbeck said. "He knew his town, and he had a lot to say about his town and his region."

His technique, she said, was to use a psychological profile of a real-life character and impose it on a dissimilar character in his fiction. The purpose was to expose a society at large, not gossip about individuals.

To kick off the Second Annual Harrisburg Book Festival, Goldbeck will give a free lecture at the Midtown Scholar Bookstore-Café, 1302 N. 3rd St., on "John O'Hara's Harrisburg," on Friday, Nov. 11.



Following her talk, MOVIA TE, next door at 1306 N. 3rd St., will host a free screening of the original 16mm, black-and-white 1965 film of "A Rage to Live," starring Suzanne Pleshette, Ben Gazzara and Peter Graves and directed by Walter Grauman.

The novel draws upon Harrisburg's social and political elite for inspiration. It had caused a

national sensation upon its release, celebrated as the "most talked about novel of the year," but more for its subject matter than its depictions of capital city society.

Posters for the 1965 film version touted the book as "the John O'Hara best-seller that dares to probe a woman's intimate desire!"

Goldbeck will discuss how living in Pennsylvania inspired O'Hara's stories.

"O'Hara did for northeastern Pennsylvania, and particularly the hard coal region, what writers before him, such as Sherwood Anderson, who wrote 'Winesburg, Ohio' had done; he recorded the social history of a place and time," she said.

An award-winning writer and artist, Goldbeck (pictured) is the author of a short story collection entitled "A Tribute to O'Hara and Other Stories," published in 2000.



She has lectured on how all writing is regional at centennial celebrations for O'Hara and developed Pennsylvania high school curriculum materials on how O'Hara's works have endured.

O'Hara, said Goldbeck, used the novel to chronicle the social history not only of Pennsylvania in the 20th century, but also of the state's coal region, New York City and Hollywood.

"To read O'Hara is to know, beyond doubt, what people wore, where they worked and how much they earned, to which clubs they belonged, what kinds of automobiles they drove and what games they played," she said.

More importantly, and as "A Rage to Live" shows, what O'Hara wrote about was the timeless subject of love and the social interactions that occur between people seeking it.

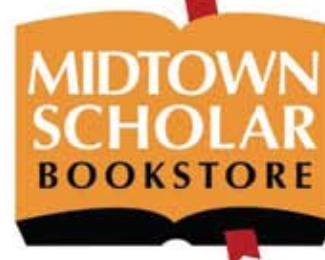
**Event:** "John O'Hara's Harrisburg"  
**Where:** Midtown Scholar Bookstore  
**When:** Friday, Nov. 11, 6:30 p.m.

**Event:** "A Rage to Live," screening of the feature film  
**Where:** MOVIA TE Film Space, 8 p.m.  
**When:** Friday, Nov. 11, 8 p.m.

## Standing Room Only



**Anticipation:** Last year, Harrisburg Book Festival events attracted large crowds, including this one patiently waiting for speakers to take the stage at Midtown Scholar Bookstore.



## FREE SHOWS!

**Minneapolis's Barb Ryman**  
Thursday 11/17, 7-9pm



**3rd Friday, 11/18**  
6-7pm, T.M.I. Improv Theatre  
7:30-9:30pm, Voxology

**Saturday 11/26, 8-10pm**  
Anti-Cool, Mr. Fuzzy, &



## COMMON ROTATION

**Friday 12/2, 8-10pm**  
Billy Arboleda &  
West VA's Jayme Salvieti





## A Traditional Feast

For Thanksgiving, Rosemary makes it all-American.

Rosemary Ruggieri Baer

It is hard to believe that November is here.

When I was a child, this was a month that made me sad. There is a haunting stillness to November. As I grow older, I have come to love its stark beauty: butter yellow maple leaves set against a slate blue sky, the browning fields and even the misty grayness that often settles in. And of course, Thanksgiving, the warm and wonderful holiday that gathers families and friends together.

With all of my extended family gone, I am now the host of the great feast that heralds the start of the holiday season. It is a lot of cooking, and I start menu planning weeks ahead. Should I make my long-time favorites or try something new? And is this the year someone will try the Brussel sprouts? And certainly I can find at least one dish to put chestnuts in.

Our Thanksgiving dinner is unlike that of many of my Italian relatives. My father's sisters cooked either a small turkey or a roast chicken, but it was almost a side dish to the chicken soup, salad and lasagna that preceded it. But I love the American traditions of this holiday: sweet potatoes with brown sugar, cinnamon and cream, bread stuffing spiked with poultry seasoning and fresh cranberry sauce with grated orange or ginger.

We are a very small family, but, on Thanksgiving, I cook enough for an army. We are blessed to have our good friends, Carol and Steve, and at least one of their daughters, join us every year to expand our little gathering. They come up from Virginia laden with wonderful beers and cheeses, as well as a can of jellied cranberry sauce that Steve can't do without.

Then there's the turkey. I buy one that is far too big but certain to provide leftovers. I always order a fresh bird from my chicken vendor at the market. It rests in the outside refrigerator until Thursday

morning when, with some difficulty, I drag it out and give it a "bath" in the kitchen sink.

Many years ago, I found a recipe in Parade magazine that I have been using ever since. The recipe calls for a 14-to-16-pound turkey, but you can easily adjust the amount of ingredients based on the size of your bird. It's important to spray your roasting pan with a non-stick spray to make clean-up easier. (This is especially important to my husband, who has been assigned clean-up duty.) The preparation is a little different, but it is delicious.

### Roast Turkey with Maple-Butter Glaze

- Bring 1 fresh turkey, any size you choose, to room temperature before roasting. (Rinse the bird with cool water first and dry it with paper towels.)
- Pre-heat the oven to 325 degrees.
- Stuff the cavity with chunks of fresh onion, apple quarters and several stalks of celery cut in 2-inch lengths. Vary the amount of these items depending on the size of the turkey.

• If not already trussed, tie the drumsticks and wings with kitchen twine.

• Melt ¼-pound butter with ½-cup of maple syrup. Double these ingredients if your turkey is large.

• Pour the butter mixture over the turkey, lightly salt and place it in the roasting pan. I always add enough apple cider to cover the bottom of the pan and add more during cooking if needed.

• Roast the turkey about 20 to 30 minutes per pound, basting it with the pan juices every ½ hour or so.

• If the turkey begins to brown too much, tent it with a piece of heavy duty foil.

• The turkey should register about 180 degrees when fully cooked.

• Let rest for about 30 minutes before carving.

I use some of the pan juices and Williams and Sonoma's Turkey Gravy base for gravy. It is very easy, but very good.



I'll take the drumstick: a traditional Thanksgiving.

The maple syrup and cider lend a wonderful sweetness to the turkey meat, and it smells so heavenly while roasting. I hope you enjoy this very American recipe that probably would not go well with lasagna.

Wishing all TheBurg readers a very happy and blessed Thanksgiving.



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

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In a tough budget year, Jeff and Mike rolled up their sleeves and made the tough spending cuts needed to keep the budget in balance without raising taxes. This marks the sixth county budget in a row without an increase in property taxes. No other county in the region can boast this kind of record.

### Lower Government Spending

While some politicians 'talk the talk,' Jeff and Mike actually 'walk the walk.' The county budget for 2011 is actually \$32 million less than last year's budget. Jeff and Mike cut positions from the county payroll and voted against a pay raise for themselves and other county elected officials.

### Enhancing Public Safety

Jeff and Mike have successfully modernized the system that police, firefighters and emergency responders use to communicate. This has dramatically improved the ability of police, firefighters and EMT's to respond to emergencies around the county.

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## Creativity Encouraged

New heights reached at Paxton Street Home.

Ruth Hoover Seitz



Rob Caplan and Doris Valdes at Paxton Street Home.

With no hesitation, Doris Valdes admits that oil paints are at the top of her Christmas list—as they are every year. Painting or creating her own renditions of nice images is Valdes' first love. She prefers subjects that interest her—scenery, water and animals. Her working studio is her room at Paxton Street Home, a 30-year-old personal care home in Harrisburg.

But her residence for the past four years is not just a place to eat and sleep. At Paxton, a brick structure shaded by trees at 2001 Paxton St., Valdes receives encouragement for her

painting from staff that cares. Activities Coordinator Hannah Ritch helps Doris approach galleries for exhibits.

Doris compiled a list of potential galleries. She and Hannah planned a presentation, and Doris successfully launched an exhibit of 27 pieces at The Gallery at Walnut Place in Harrisburg last fall. Her oil painting, "The Old Mill" won first place at the Art Association of Harrisburg.

Most days, Doris is at her easel. "It takes me about a month to complete a painting," she said. She commonly works on a 24-by-30-inch canvas or slightly smaller. One of her techniques is to build up the paint to make the scene "more realistic." She prefers to paint with no one watching. Some staff attributes this preference to her shyness.

The contentment she feels pursuing her art is a great gain from the time when she was submerged in depression. She was interested in art way back in 5th grade and then took a correspondence course in her 30s. It was only after she came to Paxton that

she became fully involved in painting. As a result, she takes much less medication. Sometimes Doris doesn't feel like an artist, she said, but then she gets encouragement from Hannah and continues with her artistic goals.

Hannah has also initiated the idea of bigger goals for Rob Caplan, an avid chess player. He was winning in-house games hands down by expertly "creating binds and getting out of binds." After Hannah introduced Rob to websites where he could study famous games on the computer, she worked on strategy with Rob so he could play more challenging chess.

Now he travels each Saturday afternoon to a chess club on N. 3rd Street in Midtown. He goes by bus by himself. Hannah showed him the route, traveling with him the first time. People there are friendly, he said. He remembers with pride, "I had perfect concentration one Saturday. I won three out of four games."

Rob knows a lot about overcoming difficulties. He spouts aphorisms that he has found true in chess—"You have to change small advantages into a win." Rob easily recalls chess moves, including the Sicilian defense. Rob is definitely Paxton's Bobby Fischer.

Paxton Street Home provides "housing, help and healing in the name

of Christ" to 85 people struggling with mental illness. Life is more satisfying for these residents because of staff like Hannah. With such caring case management, they live out one of Rob's sayings: "Nothing succeeds like success."

## Our November Cover

At TheBurg, we've featured artistic takes of the beautiful state Capitol building from time to time. This month, that tradition seems even more timely and relevant as the state legislature last month passed a bill that would take over many city functions under a state-appointed receiver. In this spirit, we selected Matthew LeVier's "Capitol-Fulton" for our November cover. LeVier says, "It is a view that I see every day, but most people will never have an opportunity to see it." An Art Institute of Pittsburgh graduate, the Derry Township artist says, "When creating my work, I want each and every person to see something different and meaningful to them. Most of my inspiration for my work comes from my trips to Cape Cod and areas that are in Harrisburg. Each subject matter has something visual to me that makes me want to explore it and see where it takes my creativity. When painting, I try not to worry about everything being precise but rather working the canvas layer after layer." For more on LeVier's work, visit [www.matthewlevier.com](http://www.matthewlevier.com). He can be reached at [mlevier@gmail.com](mailto:mlevier@gmail.com).



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## From Midtown to Midtown

These New York Festival films are coming soon to Harrisburg.

Kevyn Knox

A few weeks back, I made my annual trip to the New York Film Festival and, as is usually the case, I saw some pretty good films there. Some of the highlights of the festival will actually be coming to the midstate area over the next few months, and, therefore, we should probably talk about them.

First and foremost among these films is probably the most controversial—though not for its content so much as for the antics of its director, Lars von Trier. The melancholy Dane who gave us such divisive works as “Breaking the Waves,” “Dancer in the Dark,” “Dogville” and “Antichrist,” is back again—this time with a film called, appropriately enough, “Melancholia.” The premise of the film, which stars Kirsten Dunst, Charlotte Gainsbourg, Kiefer Sutherland and Alexander Skarsgaard, is that of the end of the world.

Part sci-fi, part melodrama, “Melancholia” is the story of a runaway planet hurtling toward a fateful collision with Earth. With von Trier’s usual sense of doom—and his dreadfully gorgeous cinematography —“Melancholia” is simultaneously

beautiful and horrific. In other words, it is a film that dares to destroy everything we know and love, in one fell cosmic swoop, and does so in the most awe-inspiring manner—both visually and emotionally. This stunning film opens in New York and Los Angeles on Nov. 11 and will make its way to Midtown Cinema sometime in December.

Another festival favorite that will most likely see some screen time in Harrisburg is a film called “Le Havre,” about a shoeshiner who tries to save a refugee. It is the latest film from Finland’s greatest auteur, Aki Kaurismaki. You have probably never heard of Mr. Kaurismaki, but trust me when I say he is well worth exploring. A big influence on American filmmakers like Jim Jarmusch and the Coen Brothers, Kaurismaki has the ability to blend together deadpan comedy with a wry political sensibility.

“Le Havre” is the Finnish director’s second film in French and is Finland’s official entry for the Foreign Language Oscar—though knowing the Academy’s silly rules, the fact that it is in French and not Finnish will

probably ultimately make it ineligible for the Oscar. Either way, expect to see this quirky film at Midtown Cinema sometime before the end of the year. And, if my opinion means anything, expect to enjoy it quite a bit.

There are a slew of other films coming our way, many of which have aspirations of Oscar gold. Among them are several that are noteworthy.

From director Alexander Payne, the man who last gave us the acerbic “Sideways” (and it has been one hell of a wait since that film’s 2005 release), comes “The Descendants,” starring George Clooney. We will also get to see the always-wonderful Michelle Williams as the iconic Marilyn Monroe in “My Week with Marilyn.” And let’s face it, how can you go wrong with Michelle Williams?

One of the more intriguing films coming to theaters soon is “Martha Marcy May Marlene.” A film about a young woman’s escape from a cult, the movie stars the dangerous John Hawkes (Oscar nominee last year for his terrifying turn in “Winter’s Bone”) as the creepily charismatic cult leader and Elizabeth Olsen, the surprisingly



A scene from the quirky film, “Le Havre.”

talented younger sister of those terrible tabloid twins, in a role that could get this young lady an Oscar nomination—if not a win.

Look for all of these films beginning very soon. Well, that’s it for this time around, but I will be back next time with my choices for the best films of 2011.



Kevyn Knox is a film critic + historian. His reviews can be read at [thecinematheque.com](http://thecinematheque.com).

## Lost in SantaLand



Harrisburg’s own Stuart Landon stars as Crumpet the Elf in David Sedaris’ hilarious adult comedy, “The SantaLand Diaries,” which debuts at Open Stage of Harrisburg on Nov. 25 and runs through Dec. 17.

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## A City in Turmoil

New Harrisburg press has timely offering.

Peter Durantine

### City Contented, City Discontented: A History of Modern Harrisburg

By Paul Beers, Edited by Michael Barton  
Midtown Scholar Press  
404 pp; \$25 paperback



This book could not have come at a better time as Harrisburg is again at a crossroads, its anxious citizens living in the aftermath of a 28-year-old political reign that has left behind financial

chaos and political uncertainty.

Beers, who went to work for The Patriot in 1957 and started writing his "reporter at large" columns in 1961, spent nearly a year between 1983 and 1984 detailing the rise of the contemporary city in the 120 columns compiled in this book.

He charts the capital city's development in the 20th century, from the Progressive Era, when the City Beautiful movement created an urban landscape full of green public spaces and premier educational institutions, through more turbulent eras of race riots, floods and the world's first nuclear accident at Three Mile Island.

Beers was a social historian, providing a narrative that Harrisburg's citizens could follow to understand their present in relation to their past.

It's not surprising to learn, in the book's forward, written by Penn State-Harrisburg Professor Michael Barton, that Beers' literary hero was another social historian—Pottsville native and 20th century novelist John O'Hara. O'Hara used fiction to depict the trials and tribulations of his era in a manner so convincing that many people believed he was writing about them.

Here's Beers writing in one column about the delusions of city leaders:

*Harrisburg: The City Beautiful, Romantic and Historic, as George P. Donehoo entitled his [1926] book, lasted from 1900 to 1930, or when the first clues emerged, though not recognized at the time, that the city was losing its pre-eminence. This was*

*the epoch of sunny horizons in which, as Dr. Donehoo stated: "The striving for better things in material surrounding is ... an evidence and a token of what man is in his soul and of what he is seeking to attain. Someday he will be what he seeks to be."*

*Such purity, or naiveté, was heard from the highest places, such as the White House and the Governor's Mansion. Woodrow Wilson and Martin G. Brumbaugh, both pious sons of ministers, were the only Ph.D.s to hold their respective offices, and they believed sincerely in humankind's progress, almost perfectibility. To them, as to many, World War I was more opportunity than it was carnage.*

As a journalist and a historian, Beers uses the crafts of both disciplines deftly to depict the characters, prominent leaders and humble citizens while describing the region's society, politics and culture in 20th century Harrisburg.

As Barton noted, Beers was "the proverbial Indian guide who could lead me through the dense forest of the city's past and present life. Not only was he invaluable to the newcomer, but I found that the old-timers in town swore by him too, or occasionally at him."

While Beers loved history, he was foremost a journalist. For years after retiring from The Patriot-News in 1985, he could be found sitting with a cup of coffee in the Capitol cafeteria, smoking his ever-present pipe and reading the newspaper.

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## Upcoming Events and a Peek at 2012:

**November 14, 2011 - After School Program**

**December 31, 2011 - New Year's Eve Celebration**

**January - MLK Pillars in the Community Awards Gala (Black Tie Optional)**

**Basketball League with the newly formed P.A.L. (Harrisburg Police Athletic League)**

**February - Black History Month After-School Enrichment Program: *The Mayor's Great Debaters***

**March - Spring Egg Hunt Extravaganza**

**Check out our new website: [www.harrisburgrec.com](http://www.harrisburgrec.com).**

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MAYOR LINDA D. THOMPSON

HARRISBURG CITY COUNCIL



## Museums & Art Spaces

### 3rd Street Studio

1725 N. 3rd St., Harrisburg  
717-385-3315; [www.3rdstreetstudio.org](http://www.3rdstreetstudio.org)

"Transgressions" mixed media by Loryn Spangler-Jones, through December; also sculpture by Shippensburg University student Stanley Osmolenski; opening reception: Nov. 18, 6-9p.

### Antique Auto Museum at Hershey

161 Museum Dr., Hershey  
717-566-7100; [www.aacamuseum.org](http://www.aacamuseum.org)  
Holiday program features the taxi from "It's a Wonderful Life," model trains, antique dolls, pedal cars, period-themed Christmas trees and more, through Dec. 31.

### Art Association of Harrisburg

21 N. Front St., Harrisburg  
717-236-1432; [www.artassocofhbg.com](http://www.artassocofhbg.com)

"4 Artist Invitational," featuring works by Carol Herr, Eric Olson, Martin Pieczonka and Brooke Schmidt, through Nov. 23.

### Café di Luna

1004 N. 3rd St., Harrisburg  
717-585-6174; [cafediluna.com](http://cafediluna.com)

Works by local artists are featured.

### Cornerstone Coffeehouse

2133 Market St., Camp Hill  
[www.thecornerstonecoffeehouse.com](http://www.thecornerstonecoffeehouse.com)

Ceramics (wall-hangings) by Scott Jones, through November.

### Gallery@Second

608 N. 2nd St., Harrisburg  
[galleryatsecond.com](http://galleryatsecond.com)

Works by Ted Walke and Kim Stone, through Dec. 3.

### Gallery at Walnut Place

413 Walnut St., Harrisburg; 717-233-0487

The artwork of Bernice Bratton, through November; reception: Nov. 18, 5-8 p.m.

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; [www.harrisburgarts.com](http://www.harrisburgarts.com)

Works by various local and regional artists.

### Mangia Qui

272 North St., Harrisburg  
717-233-7358; [www.mangiaqui.com](http://www.mangiaqui.com)

Paintings by Elide Hower & Walter Diehl, through November.

### The Mantis Collective

1306 N. 3rd St., Harrisburg  
[themantiscollective@yahoo.com](mailto:themantiscollective@yahoo.com)

Photography of David Lynch and paintings by Richard Rodriguez, through Nov. 13.

Paintings by Tara Chickey, Nov. 18-Dec. 11.

### Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg  
717-236-1680; [www.midtownscholar.com](http://www.midtownscholar.com)

"A Wake'ng Danger," painted works by Meisa Chase, through Nov. 13.

Oil etchings of figures and architecture by Sandra Marino, Nov. 15-Dec. 11; reception, Nov. 18, 6-10 p.m.

### National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg  
717-260-1861; [nationalcivilwarmuseum.org](http://nationalcivilwarmuseum.org)

"1861," an exhibit highlighting the first year of the Civil War, through December.

"To Further Their Cause: Inventions and Innovations of the Civil War," through March 4.

### Ned Smith Center for Nature and Art

176 Water Company Rd., Millersburg  
717-692-3699; [www.nedsmithcenter.org](http://www.nedsmithcenter.org)

"Jerome P. Connolly: Master Muralist," through March 17.

### Pennsylvania National Fire Museum

1820 N. 4th St., Harrisburg  
717-232-8195; [www.pnfm.com](http://www.pnfm.com)

A tribute to the firefighters killed during the Sept. 11 attacks, highlighted by a pile of 343 firefighter helmets.

### Rose Lehrman Arts Center

One HACC Drive, Harrisburg  
[www.hacc.edu/RoseLehrmanArtsCenter](http://www.hacc.edu/RoseLehrmanArtsCenter)

Ceramic sculptures by contemporary artist Meredith Brickell, through Nov. 23; lecture and reception, Nov. 3, 5:30 p.m.

### The Soup Spot

1014 N. 3rd St., Harrisburg  
717-232-7867

Photography and paintings by Harrisburg-area artists.

### The State Museum of Pennsylvania

300 North St., Harrisburg  
717-787-4980; [www.statemuseumpa.org](http://www.statemuseumpa.org)

"Making it Better: Folk Arts in Pennsylvania Today," Nov. 20-April 29.

### The Susquehanna Art Museum

717-233-8668; [www.sqart.org](http://www.sqart.org)

"Latent Images," held at The State Museum of Pa., 300 North St., through Dec. 30.

### Whitaker Center/The Curved Wall

222 Market St., Harrisburg  
717-214-ARTS; [www.whitakercenter.org](http://www.whitakercenter.org)

Gallery features Harrisburg-area artists.

## The Stage Door

### Allenberry Resort Inn and Playhouse

1559 Boiling Springs Rd., Boiling Springs  
717-258-3211; [allenberry.com](http://allenberry.com)

"Mistletoe Magic," Nov. 2-Dec. 23

### Broadway Classics Productions

Harrisburg Mall, 3501 Paxton St., Harrisburg  
877-717-7969; [broadwayclassicspa.com](http://broadwayclassicspa.com)

"Following Your Dream," Nov. 18-Dec. 23

### Giant Center

550 W. Hersheypark Dr., Hershey  
717-534-3911; [www.giantcenter.com](http://www.giantcenter.com)

"Dare to Dream," (Disney on Ice), Nov. 2-6

### Harrisburg Comedy Zone

110 Limekiln Rd., New Cumberland  
717-920-3627; [harrisburgcomedyzone.com](http://harrisburgcomedyzone.com)

Cee-Jay Jones, Nov. 4-5; Bob "The Polish Madman" Golub, Nov. 11-12; Jim Norton, Nov. 18-19; Earl David Reed & Nipsey's Annual Thanksgiving Eve Comedy Bash, Nov. 23

### Harrisburg Shakespeare Company

3rd Floor, Strawberry Square, Harrisburg  
717-238-4111; [www.gamutplays.org](http://www.gamutplays.org)

"Hamlet," Nov. 4-20

### Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey  
717-838-8164; [hersheyareaplayhouse.com](http://hersheyareaplayhouse.com)

No shows scheduled in November.

### Hershey Theatre

15 E. Caracas Ave., Hershey  
717-534-3405; [www.hersheytheatre.com](http://www.hersheytheatre.com)

"A Christmas Story," Nov. 8-13

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; [www.harrisburgarts.com](http://www.harrisburgarts.com)

Soul Comedy Café, Nov. 13

### Open Stage of Harrisburg

223 Walnut St., Harrisburg  
717-232-OPEN; [www.openstagehbg.com](http://www.openstagehbg.com)

"The SantaLand Diaries," Nov. 25-Dec. 17

### Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill  
717-737-6768; [www.oystermill.com](http://www.oystermill.com)

"Godspell," Nov. 4-20

### Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg  
717-238-4111; [www.gamutplays.org](http://www.gamutplays.org)

"Golden Goose," Nov. 9-19

### Rose Lehrman Arts Center

One HACC Drive, Harrisburg  
[www.hacc.edu/RoseLehrmanArtsCenter](http://www.hacc.edu/RoseLehrmanArtsCenter)

Fred Garbo Inflatable Theater Co., Nov. 13

The Duquesne University Tamburitians, Nov. 20

### Theatre Harrisburg

513 Hurlock St., Harrisburg  
717-232-5501; [www.theatreharrisburg.com](http://www.theatreharrisburg.com)

"A Christmas Story," Nov. 4-20 (at Whitaker Center)

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## Live Music around Harrisburg

### Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg  
717-221-1083; www.abcbrew.com

Nov. 2: Medeski, Martin & Wood  
Nov. 4: Jackie Cassett (CD Release Party)  
Nov. 5: Mightychondria w/Former Champions (Back To The Future Party)  
Nov. 6: Scythian & Enter The Haggis  
Nov. 10: Brown Chicken Brown Cow String Band  
Nov. 11: Cabinet w/Citizens Band Radio (Live DVD Taping)  
Nov. 12: Toys For Tots Benefit (4 p.m.)  
Nov. 12: March Fourth Marching Band w/No Last Call  
Nov. 13: Oxymoron's Improv Show  
Nov. 15: David Mayfield Parade w/Leonardo DiSanto  
Nov. 17: Mahavishnu Project  
Nov. 18: The Sadies  
Nov. 19: The Wallace Brothers Band  
Nov. 22: Ra Ra Riot w/Delicate Steve & Yellow Ostrich  
Nov. 23: Brothers Past w/Damn Right!  
Nov. 25: Nate Myers and The Aces  
Nov. 26: Hierosonic w/TBA  
Nov. 27: The Steel Wheels  
Every Wednesday, Open Mic

### Broad Street Market/Stone Building

N. 3rd and Verbeke streets, Harrisburg  
www.broadstreetmarket.org

Nov. 12: Jonathan Frazier  
Nov. 19: Voxology  
Nov. 26: Chris Gassaway

### Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg  
717-909-9191; www.carleysristorante.com

Nov. 2: Bryan Herber  
Nov. 3: Wade Preston  
Nov. 4, 19, 23: Noel Gevers  
Nov. 5, 26: Brandon Parsons  
Nov. 9: Chelsea Caroline  
Nov. 10, 17: Giovanni Traino  
Nov. 11, 18, 25: Ted Ansel  
Nov. 12, 16, 30: Jett Prescott

### Central Pennsylvania Friends of Jazz

Sheraton Harrisburg Hershey, 4650 Lindle Rd.  
717-564-5511; www.cpfj.org

Nov. 20: Lew Tabackin International Trio

### Clover Lane Coffeehouse

1280 Clover Lane, Harrisburg  
717-564-4761; www.harrisburguu.org

Nov. 18: John Terlazzo & Voices in the Hall

### Cornerstone Coffeehouse

2133 Market Street, Camp Hill  
www.thecornerstonecoffeehouse.com

Nov. 4: Maria Wilson  
Nov. 5: Kevin Kline  
Nov. 6: Mitch and Lee  
Nov. 11: Ed Horan  
Nov. 12: Shanna Rae  
Nov. 13: Ann Jerstetter  
Nov. 18: Maiden Ground  
Nov. 19: The Pig Merchants  
Nov. 20: Billy Reignns  
Nov. 26: Basic Black

### Dragonfly Club/Spy Club

234 N. 2nd St., Harrisburg  
www.dragonflyclub.com

Nov. 5: Rightstart, Kid Pa, The Line, The Saints  
Of Sorrow & Brad Grissinger  
Nov. 19: Saddle of Centaur, El Guano & Courting Harlots

### Giant Center

550 W. Hersheypark Dr., Hershey  
717-534-3911; www.giantcenter.com

Nov. 20: Trans-Siberian Orchestra

### Harrisburg Symphony Orchestra

The Forum (5th and Walnut Sts.), Harrisburg  
717-545-5527; harrisburgsymphony.org

Nov. 13: Harrisburg Symphony Youth Orchestra  
Nov. 19–20: "Surging Sea"

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; www.harrisburgarts.com

Nov. 1: Betty Poison from Rome  
Nov. 4: Aortic Valve First Friday Big Party Dance in Harrisburg  
Nov. 5: The Passionettes  
Nov. 6: Alash, Throat Singers from Tuva  
Nov. 8: Gennaro Porcelli, blues guitarist  
Nov. 10: Bess Rogers  
Nov. 11: Three's Company  
Nov. 12: Hexbelt  
Nov. 17: Hickory Hollow and RiverRat Jenkins  
Nov. 18: The Dirty Sweet Pajama Party  
Nov. 19: Alash, Throat Singers from Tuva  
Nov. 20: Sviraj Balkan Dance Party  
Nov. 25: Parallax Project  
Nov. 26: City Music Project  
Nov. 27: Roller Girls  
Every Wednesday, Open Mic

### Hershey Theatre

15 E. Caracas Ave., Hershey  
717-534-3405; www.hersheytheatre.com

Nov. 18: Buddy Guy  
Nov. 20: Straight No Chaser  
Nov. 27: Celtic Thunder

### Hollywood Casino at Penn National

777 Hollywood Blvd., Grantville  
877-565-2112; www.hcpn.com

Nov. 4: Luv Gods  
Nov. 5: She Said Sunday  
Nov. 11: Uptown Band  
Nov. 12: Vinyl Groove  
Nov. 18: The Real Geniuses  
Nov. 19: Full Tilt  
Nov. 23: John King's Dance Band  
Nov. 25: Cazhmieri  
Nov. 26: Stayin' Alive & Honeypump

### Mangia Qui/Suba

272 North St., Harrisburg  
717-233-7358; www.mangiaqui.com

Nov. 4: Nate Myers and The Aces  
Nov. 5: Kristen Ford & Kara Kulpa  
Nov. 11: Flint Zeigler  
Nov. 12: Nina Scarcia  
Nov. 18: Dirk Quinn  
Nov. 19: Paul Cullen  
Nov. 25: Jon- Sketties Solo  
Nov. 26: The Great Northeast

### Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg  
717-236-1680; www.midtownscholar.com

Nov. 4: The Ivan Swangren Trio and Club Sauce  
Nov. 5: Good News Café  
Nov. 11: Javier Dunn  
Nov. 13: First Annual Midtown Folk Festival (at Historic Harrisburg Resource Center)  
Nov. 17: Barb Ryman  
Nov. 18: Voxology  
Nov. 19: Jeff Pianski, Seagulls & Friends  
Nov. 26: Common Rotation, Anti Cool & Mr. Fuzzy and the Barbarian

### MoMo's BBQ & Grille

307 Market St., Harrisburg  
717-230-1030; www.momosbbqandgrill.com

Nov. 4: Bob Noble & Blue Voodoo  
Nov. 11: Blue Light Special  
Nov. 18: Blue Elephant  
Nov. 28: Jeff Calvin Arrangement

### Morgan's Place

4425 N. Front St., Harrisburg  
717-234-8103; www.morgans-place.com

Nov. 4: Kings & Queens  
Nov. 5: Not Guilty  
Nov. 11: White Bread  
Nov. 12: Strange Eden  
Nov. 18: Jewett Brothers  
Nov. 19: A-Factor  
Nov. 23: Don Johnson Project  
Nov. 25: Everyday People  
Nov. 26: UV Rays

### Open Stage of Harrisburg

223 Walnut St., Harrisburg  
717-232-OPEN; www.openstagehbg.com

Nov. 11: Jazz on Court

### Ski Roundtop

925 Roundtop Rd., Lewisberry, Pa.  
717-432-9631; www.skiroundtop.com

Nov. 4: Soul House  
Nov. 5: Rick Pawelski & Jazz Me Band  
Nov. 6: Autumn Brew

### Stock's on 2nd

211 N. 2nd St., Harrisburg  
717-233-6699; www.stocksonsecond.com

Nov. 5: Funktion  
Nov. 12: Shea Quinn and Steve Swisher  
Nov. 19: TBA  
Nov. 26: Soul Solution

### The Susquehanna Folk Music Society

www.sfmfolk.org (check website for location)

Nov. 6: Jeffery Broussard & The Creole Cowboys  
Nov. 12: Garnet Rogers  
Nov. 19: Sviraj Balkan Jam  
Nov. 20: The Duquesne University Tamburitans

### Whitaker Center

222 Market St., Harrisburg  
717-214-ARTS; www.whitakercenter.org

Nov. 10: Bret Michaels (The Forum)  
Nov. 23: The Machine  
Nov. 27: Harp-Felt Christmas (Harrisburg Harp Orchestra)

## Read, Make, Learn

### 3rd Street Studio

1725 N. 3rd St., Harrisburg  
717-385-3315; www.3rdstreetstudio.org

Nov. 27: "The Art of Creative Journaling," a workshop, 9 a.m.–noon (maximum of 10 people)

### Art Association of Harrisburg

21 N. Front St., Harrisburg  
717-236-1432; www.artassocofhbg.com

Art history lectures (all 2–4 p.m.):  
Nov. 6: "Collectors, Collections and Collecting" by Peter Risser

Nov. 13: "The Ancient Egyptian Quest for Eternal Life" by Dr. Sara Meng

Nov. 20: "Painted Churches of Cyprus and Donor Portraits" by Barbara Piscioneri-McNulty

Nov. 27: "Exploring Aging in Art" by Glen Dunbar

### Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg  
717-236-1680; midtownscholar.com

Nov. 6: Book release party for Dan Schmidt's "An Advent Companion," 4 p.m.

Nov. 10: Chisuk Emuna congregation hosts Kathleen Bonnanno's poetry reading, 7–9 p.m.

Nov. 19: Book signing (and cupcakes) for Florence Ditlow's Harrisburg-based "The Bakery Girls," 2 p.m.

Nov. 26: Book signing for Steve Blank's "Sara Sharps and the Liberty Guards: The Untold Story of John Brown's Raid on Harper's Ferry," 2 p.m.

### The Susquehanna Folk Music Society

www.sfmfolk.org (check website for location)

Nov. 6: Zydeco dance workshop w/Jeffery Broussard & The Creole Cowboys, 2:30 p.m.

Nov. 19: Hungarian Folk Dance workshop w/Richard Balazs, 1 p.m.; Serbian Folk Dance workshop w/Srbo Cvetkovic, 2:30 p.m.

## At the Cinema

### Moviate Film Co-Op

1106 N. 3rd St., Harrisburg; moviate.org

Nov 3: Academy Award-winning film, "Shoeshine" by Vittorio De Sica, 8 p.m.

Nov. 9: Filmmaker Roger Beebe, in person, presenting a film performance, 8 p.m.

Nov. 11: "A Rage to Live," based upon Harrisburg writer John O'Hara's novel, 8 p.m.

Nov. 12: "Places in Pieces," vol. 3, with filmmaker Jason Papariella, in person, 8 p.m.

Nov. 15: Sigur Ros' "Inni" film by Vincent Morriset, benefit screening for C.A.S.A., at the Cinema Center, Camp Hill, Pa.

Nov 17: H.A.R.D. benefit screening with a rare 16mm film print of "Kansas City Bomber," 8 p.m.



## Harrisburg: College Town

Educational gems can be found throughout the area.

Kyle Schaeffer

When one thinks of higher education in Harrisburg, two institutions immediately come to mind: Harrisburg University of Science and Technology and Harrisburg Area Community College. That's not a surprise, as both have become important places of higher learning in central Pennsylvania.

There are, though, other colleges that educate thousands of students each year, most affiliated with schools in larger metro areas. So, before you run off to Philadelphia for that MBA, consider these lesser-known higher-education programs found right here.

### Dixon University Center

One of the great educational assets to the Harrisburg area, the Dixon University Center comprises 10 colleges and universities, some

public and others private. The Center began as the Harrisburg Academy, a school founded by John Harris in 1784. It now serves as the seat of the 20-member board of governors for the Pennsylvania State System of Higher Education (PASSHE) and has representation from six of the 14 state system schools.

The five-building campus in Uptown offers "an expansive menu of undergrad, graduate and certificate programs, professional development and customized training," according to the center's website. Along with 27 degree options, the Dixon Center offers up to \$1,000 in scholarship funds to its students based on academic performance each term.

Ashley Barton, a student in the Master of Organizational

Development and Leadership program through Shippensburg University at the Dixon Center, describes the campus as a "hidden gem" and "a hub of all this great academic activity, but you don't really know it until you're there."

Check out: [www.dixonuniversitycenter.org](http://www.dixonuniversitycenter.org) for a list of schools represented and degrees offered.

### Eastern University

This Christian faith-based university located outside of Philadelphia opened its central Pennsylvania campus in 1997. The campus now offers six undergraduate degrees and four graduate programs, with courses available in Lancaster. All of Eastern's programs are designed for working students. Classes meet one night a week with some work done online.

"Philadelphia is a very saturated market" for universities looking to expand, said Ryan Knisely, the site director for the Harrisburg Campus. "Eastern University saw a growth potential in central Pa."

Check out: Registered Nurse/Bachelor of Science in Nursing Program. The flexible schedule allows current registered nurses to work full time while pursuing a BSN.

### Widener University

Another example of a Philadelphia school expanding to this market is Widener University, which opened its Harrisburg campus in 1989. It is now one of the premier law school campuses in the region, and the only law school in Harrisburg. The campus also boasts a Master of Social Work program and a nursing department.

Check out: Legal Nurse Consultant (LNC) Certificate. Designed for current working nurses, the LNC Certificate allows graduates to serve as a liaison between attorneys, health care providers and their clients.

### Temple University

One of Philadelphia's top institutions, Temple has provided programs in Harrisburg since the early 1950s. The school began as part of the Dixon Center and then became its own



Six Pennsylvania state schools have programs at Dixon University Center in Uptown Harrisburg

campus in the late 1980s. "Temple came to Harrisburg because the community invited programs," said Link Martin, campus director. "As those programs grew, Temple saw we needed to provide the support for those programs as well."

The campus is now located in Strawberry Square downtown and offers a variety of master's-level programs, from social work to community planning, and a wide range of education degrees.

"There are a lot of people in this area who are interested in teaching opportunities," Martin said. "And we are looking to provide new programs as the area needs."

Check out: Master of Public Health (MPH), a new program that just began this fall.

## HU Gets Federal Grant

The Science Education for New Civic Engagements and Responsibilities (SENCER) project at Harrisburg University of Science and Technology has received a \$399,488 grant from the National Science Foundation.

HU says that the SENCER project promotes greater engagement of undergraduates with the sciences in institutions of higher education.

"I am particularly proud of the SENCER approach to science education. It is an approach that motivates today's students, appeals to their interests, counts on their contributions and makes science real and relevant to their lives," said Dr. Eric Darr, HU's provost and executive vice president.

## November Schedule

- Nov. 1: Betty Poison from Rome
- Nov. 4: Aortic Valve First Friday Big Party Dance in Harrisburg
- Nov. 5: The Passionettes
- Nov. 6: Alash, Throat Singers from Tuva
- Nov. 8: Gennaro Porcelli, Blues Guitarist from Italy
- Nov. 10: Bess Rogers
- Nov. 11: Three's Company – The boys from Aortic Valve bring you something different.
- Nov. 12: Hexbelt
- Nov. 13: Soul Comedy Café
- Nov. 17: Hickory Hollow and RiverRat Jenkins
- Nov. 18: The Dirty Sweet Pajama Party
- Nov. 19: Alash, Throat Singers from Tuva
- Nov. 20: Sviraj Balkan Dance Party
- Nov. 25: Parallax Project
- Nov. 26: City Music Project
- Nov. 27: Roller Girls
- Every Monday: Karoke
- Every Wednesday: Open Mic w/Mike Banks

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# Wags & Whiskers

## Good Nutrition, Healthy Pets

Educate yourself on what's best for Fido, Fluffy.

Laura Maynard

I love fast food restaurants. I know the food isn't the healthiest for me, yet I continue to enjoy value meals despite this knowledge.

My dog, however, doesn't have the luxury of choosing her food. So, it is my job to make sure she eats a well-balanced diet based on what her body needs. This means I need to take into consideration her age, breed, size and activity level.

It isn't merely about buying what is on sale or what is most popular. She would eat both types willingly. But, as her owner, I need to make informed decisions that ensure she receives the nutrients she needs.

There is no shortage of dog food on the market. Some have glossy packaging or cute commercials, but what's in the bag is the most important thing. The first step in making a proper decision for your pet's nutrition is reading the ingredient list and knowing what is good and what is simply a 'filler' ingredient.

Take a look at the ingredient list from a very popular dog food: "Ground yellow corn, chicken by-product meal, corn gluten meal, whole wheat flour ..."

At first glance, there doesn't appear to be anything alarming or even harmful in this list. However, in interpreting a dog food label, an animal-based protein should always be listed first or at least within the first few ingredients, as it is a critical part of a dog's diet.

In this case, there isn't a single animal-based protein source within the first four ingredients. "Chicken by-product" appears to be convincing, but it is, in fact, what is left after the good meat is processed. Your pet may actually be enjoying beaks, claws, bone or undeveloped eggs. Is this inherently harmful? Not necessarily, but if my dog could talk I am quite positive she wouldn't ask for an extra serving of chicken beak!

The building blocks for proper canine nutrition should look familiar to all of us: proteins, whole grains, vegetables, fruits. There are recommended daily requirements for

protein consumption (18 to 35 percent for instance), but the right amount for your dog will be determined by his age and activity level. If your dog is a 10-year-old couch potato, rest assured he needs much less protein than a 2-year-old working sled dog. Your vet can be a valuable resource in determining the proper levels for your dog. Ask questions.

This brings me to our feline companions. Cats have long been known as independent pets with fussy appetites, yet this doesn't mean we can turn a blind eye towards their health.

Cats were built to be carnivores, so it is important to pay close attention to the protein source in the food your cat eats. The protein needs to be animal-based and not plant-based, which is less expensive for companies to produce.

The best advice I can offer is to do your homework and research ingredients. Is your cat's food supplying a heavy load of carbohydrates? Carbohydrates are not needed in a feline diet, but what is needed is water and lots of it.

When feeding your cat, it is important to make sure there is plenty of fresh water readily available. Cats are infrequent hydrators, so they need water with their meal, as well as a canned food that has a high moisture content. Anyone who has had a cat with kidney and urinary tract issues will attest to the importance of this requirement.

The bottom line is that family pets are members of our family. By making the right decisions in regards to their nutrition, you will help keep them happy and healthy for many years to come.



Laura Maynard of Mechanicsburg has worked in the pet care industry for more than three years and is a pet management consultant with Pet Solutions/Invisible Fence. Pictured with Laura is Honey, her 3-year-old rescue pit bull.



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## Blood Ties to Camp Curtin

On Veteran's Day, remember soldiers like John Norris.

William S. Jackson

I put a flower on a grave at Curwensville Oak Hill Cemetery in Clearfield County every Memorial Day, for there lays a man who not only was my great uncle, but a great patriot who learned about fighting while training at Camp Curtin in Harrisburg.

John Norris was also a hero to many who watched him train for battle at Camp Curtin, fight for the Union Army during the Civil War and escape twice from the infamous Libby Prison in Richmond, Va.

But it didn't take four years to show his valor. After President Abraham Lincoln called for 75,000 volunteers to join the Union Army soon after Confederate forces opened fire on Fort Sumter, S.C., on April 12, 1861, the strapping 21-year-old lumberman from Grampian, who could wield an ax and fire a rifle with precision, was second in line to answer the call.

After joining what infamously became the Bucktails, John and 99 other members of the newly formed Company K, 1st Volunteer Pennsylvania Volunteer Regiment, hiked 36 miles to Tyrone and hopped a train to Harrisburg.

Camp Curtin was a makeshift training ground that sat on land that is now marked by Maclay Street to the south, the old Pennsylvania Railroad on the east, Reels Lane (near the Poly-clinic campus) to the north, and 5th Street to the west. It was designated as a receiving ground for arriving Union soldiers by Pennsylvania Gov. Andrew Curtin.

While not an ideal tract, Gov. Curtin picked the Dauphin County Agricultural Fairgrounds because it had a well and pump to deliver fresh drinking water; the railroad, to receive supplies; and the Susquehanna River, which offered a place for recruits

to swim and bathe.

Pennsylvania provided 200 Sibley tents for shelter, and sheds that were used to house animals during fairs on the grounds were reconfig-

ured as barracks.

Within two weeks, more than 5,000 soldiers were training at Camp Curtin.

Harper's Weekly magazine said sergeants at the camp were "busy from daylight to dark drilling the men, who go through the unaccustomed labor with cheerfulness, and only ask to be led forward."

The troops who were the first to arrive at Camp Curtin, my great uncle among them, were also the first to head to Washington, D.C., to defend the nation's capital from Confederate attack.

The Harrisburg training grounds continued to be a vital facility throughout the bloody 4-year war. Some 300,000 men went through its gates, including soldiers from Maryland, Michigan, Minnesota, New Jersey, New York, Ohio and Wisconsin. After the battle at Gettysburg, Camp Curtin served as a hospital and a prisoner of war camp.



A scene of troops drilling at Camp Curtin that appeared in the popular Harper's Weekly of May 11, 1861.

Indeed, Camp Curtin was a major reason why Gen. Robert E. Lee invaded Pennsylvania in late June 1863.

After the war ended, and until it finally closed on Nov. 11, 1865, Camp Curtin served as a mustering-out location for thousands of home-bound soldiers.

John Norris mustered out with his regiment for the final time on June 28, 1865, with an honorable discharge, but not before performing light duty during his final days as an active soldier in Carlisle.

Camp Curtin isn't the only tie to central Pennsylvania for my great uncle. He married Hanna Cecelia McCleary of Lancaster County and was a York County revenue inspector for three years before returning to Curwensville.

As a veteran, John Norris served two years in the Pennsylvania House of Representatives as a Democrat. He died a month shy of his 80th birthday on Feb. 23, 1920, and 14 years before I was born. I am one of six remaining descendants of members of the Bucktails, and I am a member of the Descendants of Camp Curtin. I've been visiting his resting place every May 31 since 1999.

William Jackson is the former editor of *The Sun in Hummelstown*.



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## From River to Bay

The Susquehanna is a critical link to Chesapeake Bay health.

*Peter Durantine*

For the Expedition Chesapeake team, September's torrential rains foiled a kayak excursion on the Susquehanna River, from Fort Hunter to City Island, and left the waters too high for safe navigation on the paddleboat, *Pride of the Susquehanna*.

So, staffers from the Whitaker Center for Science and the Arts, the Expedition Chesapeake advisory committee members, state officials and conservationist Jeff Corwin of Animal Planet channel fame settled for a pavilion on City Island.

Even that proved a dicey proposition. As one speaker after another talked about the river and its vital role as part of the Chesapeake Bay watershed, rain continued to fall, flooding an already soaked ground and further raising the mighty Susquehanna's waters.

"The recent flooding reminds us, quite convincingly, that Expedition Chesapeake is an initiative whose time has come," said Steve Bishop, vice president of Science and IMAX Programs at Whitaker Center. "We

all have a stake in the health of the creeks and rivers that feed into the Susquehanna and ultimately the Chesapeake Bay."

As a \$10 million advocacy and education project, Expedition Chesapeake does indeed appear timely after the deluge that caused the evacuation of Harrisburg and turned local creeks into roaring rivers that devastated homes and businesses. Launched earlier this year, the multimedia project, when completed in 2013, will include a 42-minute large format film for IMAX theaters, an interactive website for schools and a traveling exhibit. Its purpose is to educate and entertain the vast watershed's 17 million residents whose daily living has a significant impact on the bay.

"This project is very, very valuable to all of us," said Richard Allan, state Department of Conservation and Natural Resources secretary.

The watershed's population stretches from New York state's southern tier to Virginia's coastal plains and, of course, includes the

central Pennsylvania region, where the Susquehanna and her tributaries are a vital resource for the area.

"How we manage this resource has an impact on our lives, obviously, but also on the Lancaster County farmer; the fisherman in the lower Susquehanna; and on the oysterman in the bay," Bishop said.

September's floods from the remnants of a hurricane and tropical storm made this point even clearer. Large chemical containers from a plant in Middletown were found in the Chesapeake Bay, washed downstream by the flood, the state reported.

Harry Campbell, a senior scientist at the Chesapeake Bay Foundation, an Expedition Chesapeake team member, said the flood's power was so great that the river washed 4 million tons of sediment into the bay.

Gov. Tom Corbett, who has urged the General Assembly to conduct hearings on the catastrophic flooding this fall, suspects the causes to be intense development and lack of storm water maintenance.

"I think we have to take a look at how developments are made, and how much water is running down into streams that frankly wasn't running down into streams maybe 10, 15, 30 years ago," Corbett told the Associated



The raging Susquehanna River during September's flood.

Press. "We have to do a little bit better planning."

The Bay Foundation's Campbell told the City Island gathering that, while no one is to blame for the flooding, "we did influence it" by our activities.

"Every day each of us makes a decision that affects the Susquehanna River and Chesapeake Bay," Campbell said.

To protect the bay means to protect the Susquehanna and its tributaries, such as the Swatara and Conodoguinet creeks. To do that, said Animal Planet's Corwin, watershed residents must get educated, the goal of Expedition Chesapeake.

"Ultimately, the mission is to promote stewardship," Corwin said. "You can't protect what you know and love, if you don't know it. And to know it is to learn about it."

## Tree Restoration Task Force Takes Root

Environmentalist Josh First last month was named head of a new Harrisburg Tree and Restoration Task Force.

Mayor Linda Thompson said the task force will "create a sustainable program to restore and develop a manageable city tree canopy that is science-based, sensitive to residents and in keeping with city planning codes and infrastructure needs."

First is a conservationist with Appalachian Land and Conservationist Services. Members of the 12-member team also include representatives of the city, land developers and environmental groups.

Last spring, Thompson said she would create the task force, following storms that destroyed and damaged many large, old trees in the city.

The task force will be funded by donations and grants for the foreseeable future, Thompson said.

## Free Mammograms for Low-Income Women

Penn State Hershey Breast Center, Weis Markets and the state Department of Health's HealthyWoman Program have joined forces to address one reason women do not have annual mammograms: the ability to pay.

The Weis Markets Mammography Voucher Program will provide vouchers for free mammograms to uninsured or underinsured women in central Pennsylvania. The vouchers will be available through the HealthyWoman Program, a Department of Health initiative that provides free breast and cervical cancer screening to women with low to moderate income.

The Department of Health's HealthyWoman Program offers mammograms and Pap tests, preventive care and treatment to women with lower incomes—at no cost.

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## Women's Health

### Engaged in the Battle

HCCN helps local women fight breast cancer.

*Robin Perry-Smith & Dr. Eugene J. Lengerich*

Cancer, sometimes referred to as the "Big C", is a word that we do not like to talk about and can be scary to deal with. One in seven women will develop breast cancer during her lifetime. Breast cancer is the most commonly diagnosed cancer among African-American women.

Caucasian women are more likely to develop breast cancer but less likely to die from it compared to African-American women. Also, African-American women tend to have more aggressive tumors that are diagnosed later. Why? It is thought that factors that contribute to the higher death rates among African-American women include differences in access to and utilization of early detection and treatment and differences in tumor characteristics. Death rates from breast cancer have been decreasing since 1990 and are thought to be the result of treatment advances, earlier detection through screening and increased awareness.

To help fight breast cancer, Penn State Hershey Cancer Institute partnered in 2009 with community organizations, government and cancer survivors to create the Harrisburg Community Cancer Network (HCCN).

The HCCN addresses the barriers to breast cancer prevention, screening, treatment and survivorship for African-American women who live in Harrisburg. In 2009, the HCCN conducted a needs assessment among African-American breast cancer survivors to hear the voice of the brave women not afraid to speak about their breast cancer journey.

As a result, the HCCN developed a Community Engagement Advisory Board (CEAB) to establish and develop community cancer education programs. With the CEAB's help, the following programs were created: the Harrisburg Community Cancer Education Summit, Harrisburg Breast Cancer Support Group, National Survivor's Day of Harrisburg and the HCCN Community Health Worker (CHW) Program.

In August 2011, Penn State Hershey Cancer Institute was awarded funding from the American Cancer Society and the Wal-Mart Foundation

to implement a CHW pilot program. The goals of the six-month program are to educate 300 African-American women in Dauphin County on breast health, emphasizing the importance of self breast exams and mammograms.

To celebrate cancer survivorship, the HCCN established the Harrisburg Community Cancer Education Summit, which is held annually on the first Saturday of November. The upcoming summit, "Breast Cancer Survivors and Caregivers: Surviving Together," will celebrate breast cancer survivors and caregivers. This event will include a caregiver panel, myths and facts of survivorship, breast cancer updates and much more.

*The Harrisburg Community Cancer Education Summit, "Breast Cancer Survivors and Caregivers: Surviving Together," will take place 8 a.m. to 1:30 p.m., Saturday, Nov. 5 at Zion Assembly of Harrisburg, 2101 N. 5th St., Harrisburg. Information source: ACS African-American 2010-2011 Cancer Facts.*

*Robin Perry-Smith, MHA, is program manager for the Harrisburg Community Cancer Network at Penn State Hershey Cancer Institute.*

*Dr. Eugene J. Lengerich, V.M.D., M.S. is director of the Community Sciences and Health Outcomes Core, which supports the Harrisburg Community Cancer Network.*

### Milestone Reached in Robotic Surgery

PinnacleHealth's Women's Cancer Center marked a milestone recently: its 1,000th robotic-assisted gynecological surgery, a minimally invasive procedure for women.

"One thousand is not just a number, it represents the number of women in this region who have undergone safe, successful, leading-edge surgical procedures—from treating pelvic reproductive cancers to hysterectomies," said Dr. Jose Misas, Women's Cancer Center medical director.

With the achievement, PinnacleHealth's Women's Cancer Center is in the top 5 percent of facilities using this procedure nationwide.

## Helmets on Heads, Please

Bike helmets are essential safety equipment for kids.

Dr. Deepa Sekhar

**"I'm not wearing that helmet!"**  
As part of routine pediatric care, doctors are expected to provide injury-counseling and guidance for parents. It is impossible to cover everything, and sometimes I find it's hard to cover even a few key points in the depth I would prefer. Bicycle safety and the use of bicycle helmets is one example.

Aside from injuries related to car crashes, bicycles cause more childhood injuries than any other consumer product. Children 5 to 14 years old are at the greatest risk, with the majority of bicycle accidents involving boys. Bicycle-related injuries usually occur due to falls or collisions with a fixed or moving object. More serious injuries and deaths typically occur from collisions with a motor vehicle. Because injuries to the head are the most severe, disabling and potentially fatal, use of a bicycle helmet is one of the most effective preventive measures parents and children can take.

Studies show that use of a helmet reduces the risk of head and brain injuries by 63 to 88 percent for bicyclists of all ages. Bicycle helmet use has increased substantially since the 1980s, when less than 5 percent of children wore helmets. Two factors have been found to be particularly influential in increasing helmet use by young children:

- State mandatory helmet use laws
- Use of helmets by an accompanying parent

In Pennsylvania, state law mandates that children under 12 years old wear a helmet when operating a bicycle or riding as a passenger on a bicycle. Though this is the written law, helmets should be worn by anyone riding a bike. As mentioned above, it is especially important for parents to model this behavior for their children.

In 1999, the U.S. Consumer Product Safety Commission

(CPSC) issued mandatory safety standards for bicycle helmets. Parents should look for the sticker inside the helmet documenting that it meets CPSC standards prior to purchasing a bicycle helmet. Multi-sport helmets designed for in-line skating, skateboarding, bicycling etc., are another option, but they should still have a CPSC certification sticker indicating that they meet bicycle helmet standards. Helmets manufactured before 1999 may also be used, as voluntary standards existed for many years prior to 1999. Look for certifications by the American Society for Testing and Materials (ASTM) or the Snell Memorial Foundation in older helmets. Older helmets only certified by the American National Standards Institute (ANSI) should not be used, as they were tested to meet a less stringent safety standard.

Purchasing the proper helmet is important, but equally important is wearing the helmet properly. A bicycle helmet should rest just above the eyebrows and not slide around the head. The foam pads can be used to raise or lower the helmet, pad the sides or otherwise assure a snug fit, as needed. A helmet should not be worn tipped back on the head. The straps should form a Y under the child's ears, and the chinstrap should be tight enough to pull down on the helmet when the child opens his or her mouth.

Any helmet that has been in a crash, even if no obvious damage is

visible, must be replaced. Otherwise, helmets should be replaced after five years of use.

Using bicycle helmets is but one aspect of bicycle safety. Children need to be instructed on safely crossing the street and the use of hand signals when turning. Though school-age children may be skilled bike riders, they often lack the judgment to navigate busy roads and should be supervised at all times. Infants should never be placed in backpacks or other carriers while an adult is bicycling. In fact, children less than 1 year of age should not even ride as passengers on a bicycle. After the first birthday, a child normally has sufficient muscle strength to control head movement during a sudden stop, even with the added weight of a helmet.

Bicycling is great exercise and a wonderful activity for families to participate in together. As most adults did not grow up wearing bicycle helmets, I find many of us undervalue the importance of this very simple but crucial injury prevention measure for our children and ourselves. I am lucky if I get to cover a portion of the above information during a busy office visit. Yet I am hopeful that sharing the information in various other forums may educate and empower parents to enforce bicycle helmet use and safe riding for the entire family.



Dr. Deepa Sekhar is a pediatrician at the Milton S. Hershey Medical Center.

## Emergency Update

Dr. Lewis Shaw, head of Harrisburg Hospital's emergency medicine, shows a treatment room in the new \$27 million Donald B. & Dorothy L. Stabler Emergency Department. Its formal grand opening was celebrated by PinnacleHealth Foundation on Oct. 6. PinnacleHealth's new department is expected to ease congestion. It will triple patient capacity to 110,000 annual visits, Shaw said. The foundation raised \$12 million from corporate and public donations towards the full cost of the project.



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# One More Thing ...

## The Good among the Gloom

Down on Harrisburg these days? Here's a quick pick-me-up.

Treasa Ward

I moved to Harrisburg four years ago, and I am constantly amazed by the beauty of this city. I can honestly say that I am very proud and grateful to be living here.

Harrisburg has a wonderful vibrant, international and young vibe, yet stands tall as a beautiful, proud, old city of stunning turn-of-the-20th-century houses, with the Susquehanna River sweeping alongside. In my experience, so many people from this area do not appreciate the beauty that they live in, preferring to dwell on negative aspects. I understand. I felt the same about my home town until absence made the heart grow fonder.

The stunning houses people drive past on a daily basis in areas like Midtown, Uptown and yes, Allison Hill, are, to me, the greatest treasure this city has. They are, to my mind, the biggest untapped resource of the city. Those of us who move to Harrisburg from elsewhere will often walk around open-mouthed in amazement.

At every turn, there is something more beautiful than the last. One can affordably buy and live in a historic old house that, in other cities, costs millions of dollars. Even the poorest amongst us can come home every night to a home that is out of reach

for most people elsewhere. This is a city where a little girl from the poorest family can potentially have a princess turret bedroom—what other city can offer its residents that?

I have traveled to 16 states across America, and there is nowhere I have been that has this abundance of old American grandeur in its buildings. The whole city is one stunning old, great house after another. Many are in disrepair but are repairable. Other cities may have an "old city" area, but Harrisburg trumps them with its collection of buildings depicting American history from the 19th century. This is a hugely ignored tourist attraction. Sometimes, we all need a stranger's eye to point out the beauty in something that we take for granted every day.

This vibrant little city wears her history with pride for everyone to see. On almost every corner, a plaque tells us of events gone by and national firsts, such as the Walnut Street Bridge to City Island—the oldest of its kind in the nation. The Broad Street Market, one of the oldest farmers markets in the United States. We have the colorful history of Hardscrabble, a part of which is now a manicured part of Riverfront Park. The positive impact

of the Industrial Revolution is reflected in our manufacturing history. And, of course, our railroads once linked the metropolitan East Coast (which I sincerely hope will do so again) with the nation. Books such as "The Blue Orchard" visualize our more recent and compelling history.

I am amazed that I must go to Wormleysburg or drive miles down Front Street to sit with food or a drink while enjoying the river views. I am baffled that we have miles upon stunning miles of the Susquehanna almost totally unused except by dog walkers and exercise enthusiasts. Most cities have their restaurants and bars overlooking these views. We have ours behind large offices with views of traffic and streets.

We can easily be a hub for tourists who want to see the East Coast, whether they base themselves here or stay for a few days on their way through. Our location is one of the best in the country with our proximity to major cities.

I am confused, though, that we are looking for bailouts and resolutions to an incinerator crisis. We need to protect the city's heritage, show our debtors a plan of action to develop what we already have. Look



One of Harrisburg's many charming Victorian streets.

for investors who can see the massive potential of our city and give them a vision that they can believe in. We have the natural resources to easily make Harrisburg into a northern Savannah.

Harrisburg is a diamond in the rough that just needs a little polishing.

Treasa Wood lives on Maclay Street in Uptown Harrisburg.

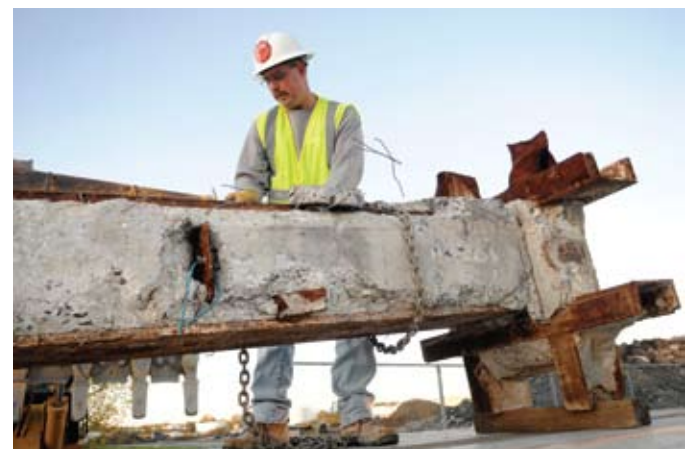
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created by the collapse of the towers on Sept. 11, 2001. The beam eventually will be transformed into a memorial to first responders at the center.

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**Midtown Scholar Bookstore** • 1302 N 3rd St • 236-1680 • midtownscholar.com • Guided coffee cupping with Counter Culture Coffee, noon. Rishi tea-tasting by Midtown Scholar staff, 2p. Gamut Players present "TMI" improv theater, 6-7p. Yellow Wall Gallery opening for artist Sandra Marino, 6-10p. Voxology plays a free show, 7:30-9:30p.



**Gallery@Second** • 608 N 2nd St • 233-2498 • galleryatsecond.com • Featured artists for November: Kim Stone and Ted Walke. Music by Jonathan Frazier. Plus visit "The Upstairs Gallery" featuring more than 250 pieces of artwork by local artists. 3rd in The Burg Special—10% discount on all purchases made during the event. Refreshments served. 6-9p. Visit us on Facebook: GalleryAtSecond.



**The State Museum Store** • N. 3rd St. between North and Forster • 787-4980 • statemuseumpa.org • Join us for a free sneak preview of the new temporary exhibit "Making it Better: Folk Arts in Pennsylvania Today," 6-8 p. Music and a special appearance by a featured "Making it Better" artist will make this an evening to remember at the museum—don't miss it! The exciting new State Museum Store will be open for a head start on your holiday shopping.



**Open Stage of Harrisburg** • 223 Walnut St (street level of Walnut St. Garage) • 232-OPEN (6736) • openstagehbg.com • OPEN HOUSE 6-8pm. Refreshments! Tours! Elves! At 6p, see a FREE sneak peek of David Sedaris' comedy, THE SANTALAND DIARIES, running Nov 25-Dec 17. Then take the FREE Acting Class at 6:30p.



**3rd Street Studio** • 1725 N 3rd St • 385-3315 • 3rdstreetstudio.org • "Transgressions," mixed media by Loryn Spangler-Jones; also sculpture by Shippensburg student Stanley Osmolenski, 6-9 p.



**Mangia Qui/Suba** • 272 North St • 233-7358 • Mangia Qui and Suba Tapas Bar will feature the original art of local artists, Walter Diehl and Elide Hower. We will have live music, 9-11p, and a \$6 Ginger Snap cocktail. Check out our newly designed website!



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