

# TheBurg

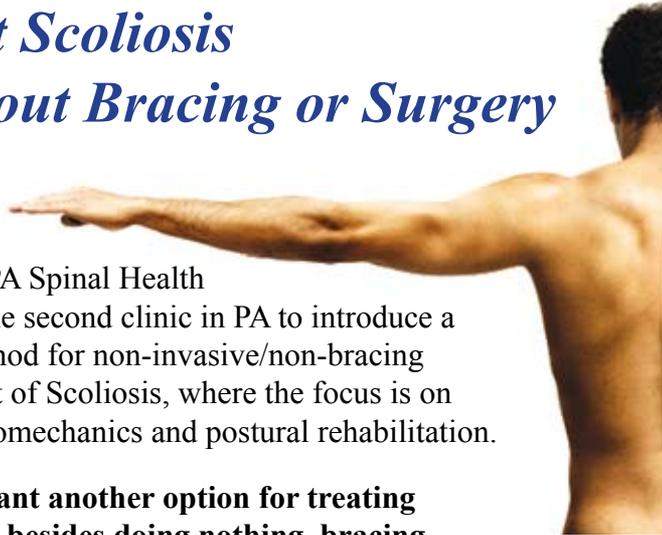
Greater Harrisburg's Community Newspaper

May 2011



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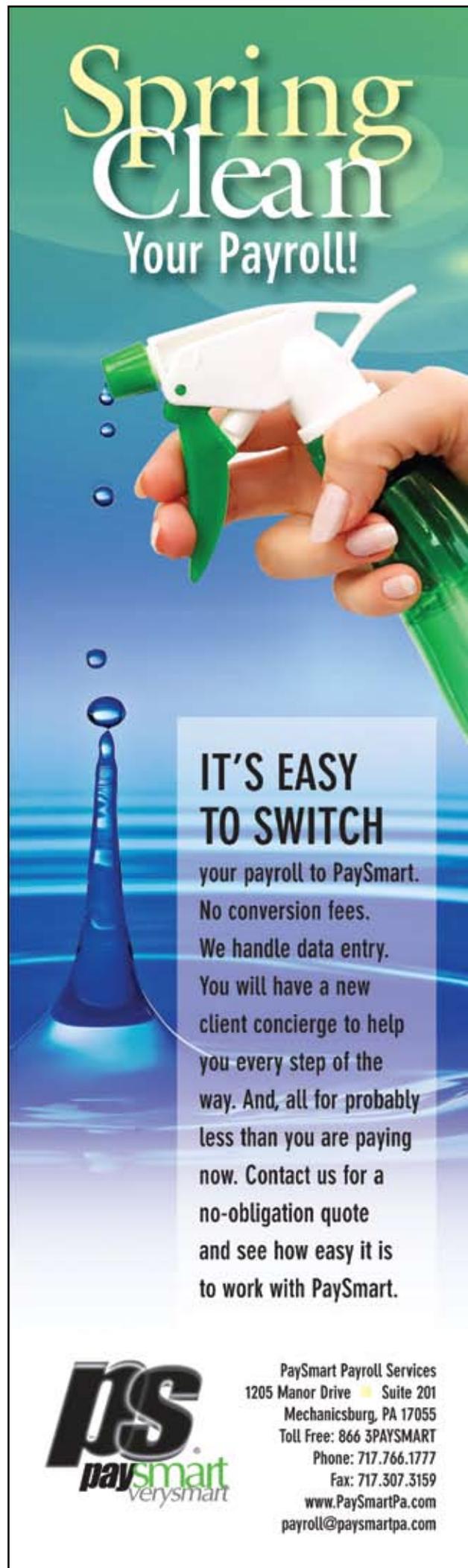
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This month's cover:  
The gardens of the  
Harrisburg Civic Club

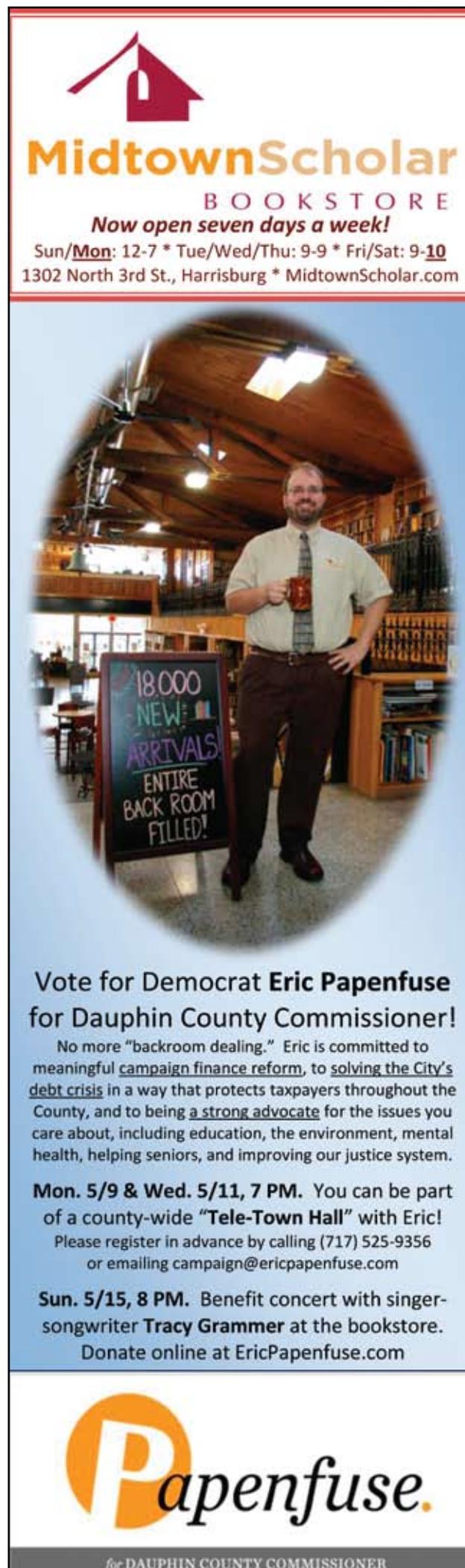


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**Papenfuse.**  
for DAUPHIN COUNTY COMMISSIONER

## Options for Harrisburg Outlined in Report by City Lawyers

Negotiating directly with creditors and reaching a consensual agreement is the best course for Harrisburg as it tries to dig out of some \$282 million in incinerator-related debt, according to a report issued last month by a law firm providing the City Council with free legal advice.

The 196-page report from New York-based Cravath, Swaine & Moore analyzes in detail the many options available to Harrisburg, including municipal bankruptcy, a state takeover of the city, a sale of city assets and the state-sponsored Act 47 financial review, which currently is underway.

The report concludes that direct negotiations, backed by the implicit threat that the city could declare bankruptcy, represents the quickest and most straightforward way for Harrisburg to resolve its crisis, while possibly cutting its debt load.

A second-best option would be municipal bankruptcy, filed with the consent of creditors. If the city's creditors did not agree to the terms of the filing, the bankruptcy process could be drawn out and expensive, with an unknown outcome, it says.

The Cravath firm has agreed to represent the city as it proceeds through its financial crisis, including creditor negotiations and other actions, at no cost until year-end.

The report indicates that other possible resolutions have more serious drawbacks. An Act 47 reorganization could work, but only as part of a comprehensive plan that involves all the stakeholders, including creditors, it says.

"Any solution needs to be a comprehensive, global solution," said Paul Zumbro, a Cravath partner.

—Lawrance Binda

## Court Abolishes City Judgeship

The verdict is in—and it's unlikely to make anyone in Harrisburg happy.

The state Supreme Court has decided to abolish central Harrisburg's magisterial district judge seat, long-held by Judge Joseph S. Solomon. Solomon's district, which now will be carved up and incorporated into several adjacent districts.

The office will be abolished at the end of the year, when Solomon retires. As a result, the court has ordered the seat, which had attracted six candidates, removed from the May 17 primary ballot.

The state is trying to cut the number of district judgeships as a cost-savings measure.

A forum to discuss the issue will be held at Midtown Scholar Bookstore on May 10 at 7 p.m.

## Auditor Appointed

Harrisburg has named the Lancaster-based accounting firm of Clifton Gunderson to conduct its delayed 2009 and 2010 budget audits.

The decision followed a City Council move to allocate \$84,000 in unspent state grants for the purpose.

The 2009 audit is long past-due and became a heated point of dispute between Mayor Linda Thompson and Controller Dan Miller.

## Clarification

In our April story about a new Learning Community at St. Stephen's Episcopal School ("A Mission Expanded", p. 22), we wish to stress that the school is launching a Learning Community for public cyber school students, not an actual cyber school.

## Correction

An April story misspelled the name of Broad Street Market Manager Jennifer Sim ("Market Opportunity," p. 9). We apologize for the error.

## Just Arrived: Our QR Code

TheBurg's new QR code is here! Just aim your QR-enabled smartphone at this QR code (right) and you'll go directly to TheBurg's website. The website is updated often so please check back during the month.



# TheBurg

Greater Harrisburg's Community Newspaper

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# The Choice is Yours

## Harrisburg City Council: 10 candidates, 3 seats.

On May 17, Harrisburg residents will vote in municipal primary elections for the first time in two years, an eventful period in the city's history.

Ten candidates are vying for three seats on the City Council—seven Democrats and three Republicans. Two incumbents are running, with one open seat due to the retirement of Council President Gloria Martin-Roberts.

Here are the candidates for the primary election, as well as brief bios and responses to a question that we asked each one. The question we asked is:

*What primary action do you support for resolving the city's financial crisis?*

Democrat (select 3)

**Susan Brown-Wilson (I)**, Wiconisco St.



Brown-Wilson is a life-long resident of Harrisburg, a 1975 graduate of the public school system and a 1979 graduate of East Stroudsburg University, where she earned a degree in political science. She has worked for IBM for 31 years, where she currently works as a manager in distribution and logistics. She has studied IBM Management Training and School Project Management and various other management courses.

*Answer to our question:* "Resolving the fiscal crisis requires a multi-faceted approach which must entail reviewing and streamlining governmental operations, rates and fees for services, potential leasing options and possible sale of land (i.e. McCormick Island) to name a few."

**Camille Erice, S. 18th St.**



A South Allison Hill resident for 29 years, Erice is founder, former CEO and current board member of Danzante Latino Community School of the Arts. She is artistic director of the resident dance company, Flamenco Tablao, formerly known as the Danzante Flamenco Dance Company; she is former executive director of the Mt. Pleasant Hispanic American Center; and director of family and community services at Hamilton Health Center.

*Answer to our question:* "I would address the structural debt immediately by reviewing all program budgets and eliminating those that are not a core service (i.e., fire, police, codes, sanitation, etc.). I would work with fire and police to improve services, find a solution to the staffing problem and overtime costs. I'd look at fee structure for city services."

**Iya Isoke, S. 24th St.**



Isoke, 43, is a poet, writer and member of the PA Commission on Crime & Delinquency Survivors Speakers Bureau. She speaks and conducts workshops focusing on sexual assault awareness and, more recently, domestic violence prevention, including impact-of-crime classes in various prisons across the region. Isoke spent 10 years in broadcast radio, most recently as special assistant to the director for WHBG TV-20. She has three adult children and one granddaughter.

*Answer to our question:* "I would support a recommendation to sell some of our assets, particularly our parking assets if we would protect the current revenue stream which the city derives from its parking assets on an annual basis."

**Brad J. Koplinski (I)**, Sassafras St.



A councilman since 2008, Koplinski, 41, co-authored with Councilwoman Susan Brown Wilson the adopted 2011 city budget that prevented the closing of the 2nd Street fire station and insured core city services, without a tax or water rate increase or sale or lease of city assets. He brought in for free the law firm of Cravath, Swaine & Moore to help council determine the city's best financial course. Koplinski worked for the Department of Justice's Civil Rights Division and Internal Revenue Service's Office of Chief Counsel in Washington, D.C. He also was a policy analyst for the state Auditor General.

*Answer to our question:* "We must have a complete and global solution to solving our city's fiscal crisis. We cannot keep coming back to this issue every three to five years. While everything is on the table, the answer must involve significant financial contributions from all parties (city, county, bondholders, The Harrisburg Authority, Covanta and others) to be fair and ensure that the resolution is not completely on the backs of the taxpayers of our city."

**Sandra R. Reid, Liberty St.**



Reid, 42, graduated from the city's public schools and served in the Navy, earning top secret clearance in radio communications, skills she used during the Gulf War.

After serving her time in the military, Reid raised a family. She worked with the U.S.

Postal Service during the anthrax crisis and later changed careers to work in retail banking. She now works at the state Treasury as a fiscal examiner.

*Answer to our question:* "The action that I support is the all-inclusive action where all of the stakeholders come to the table and everyone takes a small hit. This way, the debt is disbursed evenly, and the burden does not rest solely on the taxpayers of Harrisburg."

**Ellis R. "Rick" Roy, Curtin St.**



Roy is a retired police officer, employed by the city for 35 years, the first six as a civilian agent with the Police Bureau's now-defunct Community Relations Division. He served

29 years as a patrolman and earned the highest honors an officer can receive, the medals of bravery and valor. He ended his career as a lieutenant, assigned to the Criminal Investigation Division, where he was second-in-command. He attended William Penn High School and Harrisburg Area Community College.

*Answer to our question:* "The primary immediate action to take is to propose the selling of the incinerator. In 2003, we had a chance to rid ourselves of this 'cancer' and failed to take the opportunity to do so. It has never been an asset, but a constant liability and now, to the tune of \$242-plus million. It has to go! Next, a review of the following reports: the Management Partners, the Cravath, Swaine and Moore and finally the Act 47, in order to make an informed decision as to this city's long-term financial recovery."

**Patricia Stringer, Kensington St.**



Stringer is a former member of City Council, 2000 to 2004. She served in the governor's executive office from 1973 to 1975, was a tax collector for the state Department of Revenue from 1995 to 2001 and was an agent for the state Office of Inspector General from 2001 to 2004. She served as a member of the U.S. Army Reserves from 1974 to 1986 as an administrative specialist with the 316th Station Hospital.

*Answer to our question:* "I would wait until all of the stakeholders have had a chance to present their information. I think good leadership would be to know exactly what is on the table instead of speculating about what is going on."

Republican (select 3)

**Allen Bair, Crescent St.**



Bair worked at Bethlehem Steel for 30 years before retiring. He now works as a slot machine technician at Hollywood Casino at Penn National Race Course. He is a life-long resident of the city, graduated from John Harris High School and has been married for 41 years.

*Answer to our question:* "The primary action that the city needs to take to resolve the debt crisis is to sell the incinerator and look into the current PILOT program and make the needed adjustments. Some of the properties on the PILOT program should not be a part of it."

**Michael Bretz, S. 18th St.**

Mr. Bretz did not respond by our deadline.

**Ruth Cruz, Fulton St.**



Before moving to the city seven years ago, Cruz worked in youth affairs for the governor of Puerto Rico. Bilingual in English and Spanish, Cruz earned a master's degree in criminal justice, a bachelor's degree in social science and political science and an associate's degree in secretarial science from top Puerto Rican universities. She is a mobile therapist for T.W. Ponessa & Associates and works extensively with at-risk youth.

*Answer to our question:* "Regarding the major financial issue of the incinerator debt, I prefer to wait until the beginning of June 2011 in order to receive the recommendations from the Novak Consulting Group. As to the city's structural financial problems, I want to look at ways to increase revenue—expenditure reductions, budget adjustments, retirement windows and operational improvements, as well as taking a second look at all city contracts."

## Election Day at a Glance

- Primary day is Tuesday, May 17
- To vote, you must be registered in Pennsylvania and in your election district. The registration deadline has passed.
- Polls are open 7 a.m. to 8 p.m.
- The general election will be held Nov. 8. To vote, you must be registered at least 30 days before the election.

# Future of the County

## Six vie for Dauphin County commissioner.

Are you satisfied with the way Dauphin County is run—or would you prefer other policies?

This year, you'll get your say, as all three seats for Dauphin County commissioner are in play,

The Republican primary is already decided, as the two incumbents are unchallenged. The Democratic side, though, is contested, with four candidates vying for two ballot spots. In November's general election, voters will select three of the four surviving candidates.

Here are the candidates for the May 17 primary election, as well as brief bios and responses to a question we asked each one. The question we asked is:

*What measure, if any, would you take to help the city of Harrisburg out of its financial crisis?*

Democrat (select 2)

**George P. Hartwick III (I), Harrisburg**



Now in his second term as commissioner, Hartwick was first elected in November 2003, after serving two terms as mayor of Steelton Borough.

He was the youngest mayor ever elected in Pennsylvania, at the age of 24, at the time of his mayoral election.

*Answer to our question:* "Throughout my tenure, I have consistently worked with city leaders on a myriad of issues. To name three recent examples, I've been working with Harrisburg Authority members to get the steam line repaired to generate additional revenue and thus ensure

our capital city is poised for continued economic growth and recovery. I've also championed the acquisition of funds to upgrade the Broad Street Market's HVAC system and invested in additional personnel to prepare for the transfer of the city's 911 operation to the county, which will ultimately save the city money. I'll always continue to find creative ways to invest in the city, if re-elected."

**Wendy Jackson-Dowe, Susquehanna Township**



A graduate of Central Dauphin East, Jackson-Dowe attended Fisk University and Tennessee State University in Nashville, where she

earned a degree in mechanical engineering. She has worked for Proctor & Gamble and Mobil Chemical. She changed careers and worked for an advertising agency in Chicago, responsible for ethnic marketing and advertising for Coca-Cola brands in Chicago. She is currently project manager for MD Builders.

*Answer to our question:* "Strongly encourage the city to expeditiously engage its creditors to bring complete resolution to this looming issue whereupon the county should execute ANY and ALL options to minimize its risk, while maintaining a seat at the table."

**Eric Papenfuse, Harrisburg**



The founder and CEO of Midtown Scholar Bookstore on N. 3rd St., Papenfuse,

39, said he has created more than 200 jobs in Dauphin County in the past decade and currently oversees a diverse workforce of more than 50 employees. Papenfuse's e-commerce headquarters is a 50,000-square-foot warehouse in Susquehanna Township stocked with more than 1 million books. His company is among the region's largest national and international shippers. A Yale graduate, he is a former high school teacher, published author and former Harrisburg Authority board member.

*Answer to our question:* "There would be no financial crisis had the board not voted, over my strong objections at the time, to guarantee massive debts the county had no ability to repay. Immediately, the board must stop suing Harrisburg and instead work with its leaders to solve matters without raising taxes. I have long advocated the sale of the incinerator and using the credible threat of bankruptcy in negotiations with creditors. Any resolution must hold accountable the professional advisors who advocated the borrowing, those institutions that speculatively lent the funds and the politicians who tragically voted for it all."

**Alvin Q. Taylor, Lower Paxton Township**



Taylor, 58, is a minister and an elected two-term Democratic committeeman from Lower Paxton Township. He is a graduate of Central Dauphin High School, Virginia College (Lynchburg, Va.), Virginia Union University and Samuel Dewitt Proctor School of

Theology, both in Richmond.

*Answer to our question:* "A county resolution can come with new leadership voted in; to provide the 'unbiased eyes' of the new commissioner, who will utilize the power of the position to look anew at the multi-layered debt crisis debacle. Voters need a forensic audit to begin the process of the recovery of those past funds. Then, with a new commissioner, initiate with our regional partners/stakeholders, the new commissioner's plan to liquidate the debt."

Republican (select 2)

**Jeff Haste (I), Middle Paxton Township**



Appointed to a board vacancy in 2002, Haste was elected to a full, four-year term in November 2003 and re-elected in 2007. He became chairman in 2004 and again in 2008. Prior, Haste served as director of government relations and business development for the engineering firm, Herbert, Rowland and Grubic. He served one year as a state representative in the General Assembly. From 1988 to 1996, he served as the county's administrator, chief clerk and personnel director. He also worked at the state departments of Transportation and State, state Senate and the Republican State Committee.

*Answer to our question:* "I will continue to work with any and all parties that are willing to develop a realistic and comprehensive solution that does not place an undue burden on taxpayers or rate-payers."

**Mike Pries (I), Hershey**



Pries was appointed to the board in August 2010 to fill a board vacancy and selected as vice chairman. Prior to his appointment, Pries served as the county's director of safety and security for nearly 11 years. Before his employment with the county, Pries worked as a claims investigator at Equifax Services/Choicepoint and Pinkerton Security Services. From 2006 to 2010, he was a Derry Township Supervisor, serving as chairman of that board his last two years in office.

*Answer to our question:* "We must work together in a proactive manner with the mayor, City Council, Harrisburg Authority and the bondholders to come up with a realistic solution. This is a regional issue and involves more than just the city."

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Democrat  
John R. Campbell, Boas St.  
Steven M. Ketterer, Duke St.  
No Republican Running

**Harrisburg School Director, 4 Year Term**  
(Vote for not more than five)

Democrat  
Arlene Burno (I), N. 5th St.  
Autumn L. Cooper, Green St.  
Vincent Davis, Heather Pl.  
Lionel Gonzalez, Fulton St.  
Wayne L. Henry (I), N. 2nd St.  
Patricia D. Hinton, N. 19th St.  
Destini Hodges, Zarker St.  
Sonja Houston (I), Croyden Rd.  
Calvin Maurice Hynson, Walnut St.  
Jeunetta Lewis (I), Emerald Ct.  
Rhonda E. Mays, Herr St.  
Jennifer L. Smallwood, Bigelow Dr.  
No Republican Running

**School Director, 2 Year Term**

Democrat  
Brendan J. Murray, North St.  
No Republican Running

**Magisterial District Judge, Harrisburg**  
2nd Ward 2nd Pct., 9th Ward 3rd Pct., 9th  
Ward 4th Pct., 9th Ward 5th Pct. & 13th Ward

Democrat  
Camilla Drayton Brown, Brookwood St.  
William Buddy Moore, Rudy Rd.

Republican  
George A. Zozos (I), S. 25th St.

**Magisterial District Judge, Harrisburg**  
8th, 9th Ward 1st Pct. & 9th Ward 2nd Pct.

Democrat  
David J. Medina, N. 18th St.  
Marsha C. Stewart (I), Briggs St.  
No Republican Running

**Magisterial District Judge, Harrisburg**  
10th Ward 1st Pct., 10th Ward 3rd Pct., 10th  
Ward 4th Pct. & 14th Ward

Democrat  
Eric Rick Hicks, N. 5th St.  
Eric Myers, N. 7th St.  
Barbara W. Pianka (I), N. 2nd St.

Republican  
Barbara W. Pianka (I), N. 2nd St.

**Dauphin County District Attorney**

Democrat  
Phil Zulli, South Hanover Township  
Republican  
Ed Marsico (I), Lower Paxton Township

**Dauphin County Clerk of Courts**

Democrat  
Shamaine Daniels, Harrisburg  
Evelyn Zigerelli Henderson, Susquehanna  
Township

Republican  
Dale Klein (I), West Hanover Township

**Dauphin County Sheriff**

Democrat  
Charles Jeffrey Goble, Derry Township  
Republican  
Jack Lotwick (I), Hummelstown

**Dauphin County Register of Wills and Clerk  
of the Orphans' Court**

Democrat  
Rogette Harris, Lower Paxton Township

Republican  
Jean Marfizo King, Lower Paxton Township

**Dauphin County Recorder of Deeds**

Democrat  
Eboni E. Bryant, Harrisburg

Republican  
Jim Zugay (I), Hershey

**Dauphin County Treasurer**

Republican  
Janis Creason (I), Lower Paxton Township  
No Democrat Running

**Dauphin County Controller**

Democrat  
John E. Coleman, Derry Township

Republican  
Marie E. Rebeck (I), Halifax



13<sup>th</sup> Annual  
SATURDAY, MAY 14TH

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TOUR  
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2011

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AFTER PARTY: 5PM-8PM KINGS MANSION

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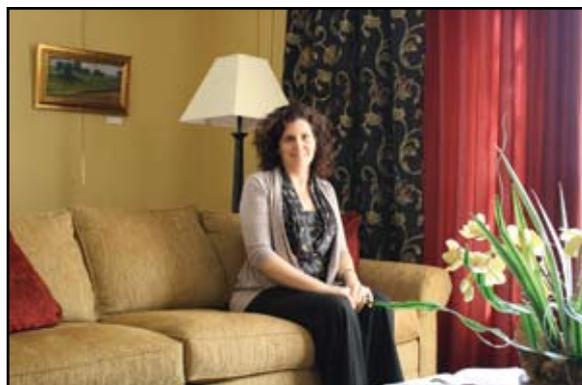
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## Stately, Once More

At City House B&B, a grand restoration revives a grand residence.

Lawrance Binda



Owner Erica Bryce sits in the living room of the lovingly restored City House Bed & Breakfast, once divided into apartments and used as a group home.

Along the Susquehanna River, where Midtown and downtown Harrisburg meet, a gem of a building, singular in design, is set back from the street. People strolling through Riverfront Park often dart across the road through traffic for a closer look, as it's so different from the Victorian houses that otherwise line Front Street.

Since November, City House Bed & Breakfast has made the building its home, starting a promising new chapter in the house's often-troubled history. Built as a grand residence, it was later beaten up, divided up and

punched through, before being rescued and painstakingly restored.

"This house was not cared for—it was decimated when we bought it," said Erica Bryce, who, with husband Chris, purchased it in 1999 and spent a decade renovating it. "Our goal was to turn it back into a historically accurate property and use."

The house's story begins in 1926, when wealthy landowner D. Bailey Brandt and his wife Caroline decided to build their dream home on the 900-block of N. Front Street, then replete with the residences of the well-to-do. They selected prominent architect William W. Johnson, who based his design on English manor homes, with Spanish-style influences.

The unconventional hybrid yielded an airy, two-story home with servant's quarters that, unlike most of the houses in the dense Midtown neighborhood, was set back and detached, with a generous surrounding lawn.

Unfortunately, the house's glory days were short-lived. The Brandts didn't live there long before passing it to a cousin, who sold it in the early 1940s. The new owners then divided the 3,500-square-foot house in half, building a wall right down the middle of the foyer and sunroom. They blew open one exterior wall to make an entrance for a rental

apartment and several others to make space for air conditioning units. Original moldings and other decorative elements were removed. In the 1980s and '90s, Keystone Human Services used the building as a group home.

In the late 1990s, the Bryces learned that the long-time owner planned to sell it. They already were familiar with the house, having admired it during many walks along the river, so they made an offer.

"We loved the city," said Erica. "We just wanted something larger with off-street parking."

The couple already were veterans of one renovation, having bought a house on the 200-block of Briggs Street when they first arrived in Harrisburg in 1994. This new project, however, was twice as large and many times more challenging.

Layers of wallpaper had to be stripped and walls repaired and painted. Floors were fixed and finished. Dividing walls were torn down and exterior ones restored to their original state. Custom-made, historically accurate Pella windows were installed, as was a new heating/cooling system. An antique-style iron fence, built to match an existing gate, was placed around the property, which also was newly landscaped. In short, the house was re-assembled from its broken pieces.

The Bryces did much of the work themselves, calling in the Harrisburg-based JEM Group to complete renovations that required greater, more specific expertise, including a total rehabilitation of the four upstairs bathrooms, one off each bedroom.

Halfway through the exhaustive renovation, they had an exciting idea—when the project was done, they'd turn the house into a bed and breakfast. The business was both a dream for the couple and extremely convenient, as they also own BI Solutions, a computer consultant firm



A house reborn: The exterior of City House B&B (above) and the magnificent sunroom (below).

located in a building directly across the back alley.

City House Bed & Breakfast—one of just a few B&Bs operating inside the city limits—opened in late 2010 and already has hosted guests from many different places, some in Harrisburg on business, including a few members of the state legislature, and some visiting for pleasure. Their first true international guest, a woman from Germany, has booked a stay for July.

Erica loves to show visitors around the beautifully renovated house, almost as much as she relishes directing people around the city she has come to cherish.

"This is what I like to do," she said. "It feels like a gift."

Indeed, the Bryces have made a major contribution to the revival of Harrisburg, a lovely little city ravaged by disasters, both natural and manmade, and now slowly being sewn back together, piece by piece, house by house.

City House Bed & Breakfast, 915 N. Front St., Harrisburg. 717-903-2489; stay@cityhousebb.com; www.cityhousebb.com.

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# Around Town

## Multicultural Mood

S. Allison Hill Festival celebrates diversity.

Debra Schell

The Ninth Annual South Allison Hill Multicultural Festival brings hundreds of community members together to celebrate the unique and inspiring work residents do each day.

This year's event, on May 7, will feature performances by local bands, arts, crafts, games, face painting, food, free bicycle repairs and information about health programs, after school and summer activities.

"This event is a way for us to take pride in our community," said Regina Kalbfleisch, who helps with the children's activities during the event. "I love seeing people from my community come and have a good time together; it's just really special."

Kalbfleisch, a resident and teacher for the Harrisburg school district, knows that South Allison Hill suffers from a misguided reputation. "Our community is known for drugs and crime," she said. "But that isn't true."

Evita Cotta, a leader in the Latino community, has participated in the event since 2003. As a Hamilton Health Center employee, providing information on health programs, Cotta praises the festival as "a great event that showcases the diversity in the community."

The neighborhood's cultural mix will be reflected in the festival's musical variety, which will include Spanish, Mexican, flamenco and Puerto Rican music, as well as Middle Eastern, hip hop, rap and gospel.

An outreach worker for the city's Downey Elementary School, Cotta also will provide information on services that the school and Dauphin County



A colorful, sunny scene from last year's South Allison Hill Multicultural Festival.

offer to the community.

Last year, more than 50 companies and organizations attended the event to support the community, said Jason Rissler, a festival organizer and coordinator for the neighborhood Weed and Seed, which focuses on weeding crime and seeding revitalization.

"In a community that faces significant challenges, this is an opportunity to showcase all the good work that is being done and the wonderful people who are here," Rissler said. "It is an opportunity for the community to come together and celebrate, feel a sense of community and pride."

Funding for the event is obtained through donations from local businesses, organizations and individuals. The YWCA of Greater Harrisburg accepts donations from community members who would like to give donations towards the festival.

*The South Allison Hill Multicultural Festival takes place 1 p.m. to 5 p.m., Saturday, May 7 at the Boys & Girls Club, 1227 Berryhill St. A community parade kicks off the event at 1 p.m., traveling from the intersection of Derry and S. 13th streets and ending at the festival.*

## A Start on State



Earth-movers roared into the empty, prominently located lot at State and N. 2nd streets last month, marking the beginning of construction of a five-story office building by WCI Partners. Most of the 50,000-square-foot building will be occupied by the law firm of Buchanan, Ingersoll & Rooney, with restaurant and retail space on the first floor. Construction is scheduled to be completed in July 2012.

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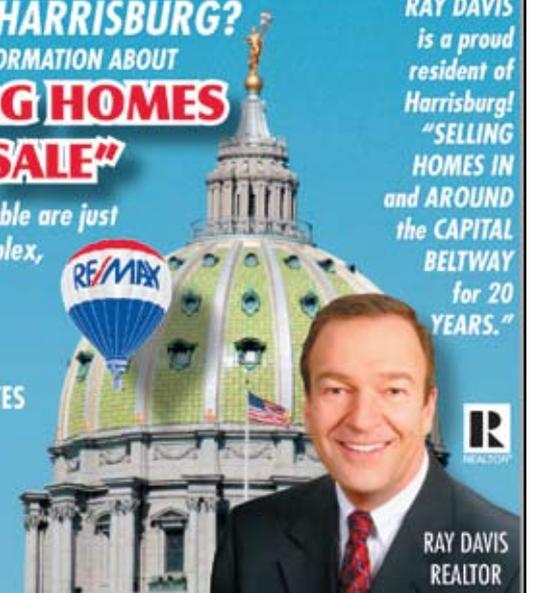
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## Events in Our Area

### Garden Faire

May 1: Visitors can browse plant sales and craft tents. Also featured: mid-1800s dancing, exhibits on Victorian daily life, tasty food, an art show and sale, garden chats, children's activities and live music. Fort Hunter Park, Harrisburg, 10 a.m. – 4 p.m. Free. Call 717-599-5188 or visit [www.forthunter.org](http://www.forthunter.org).

### LVC Alumni Chorale performs Copland

May 1 & 8: The Alumni Chorale of Lebanon Valley College performs Aaron Copland's "In the Beginning," at 3 p.m., May 1, at Grace United Methodist, 309 Herman Ave., Lemoyne (tickets \$10). Free show at 3 p.m., May 8, at Christ Church, 200 S. White Oak St., Annville.

### Attorneys Provide Free Legal Advice

May 2-6: Dauphin County Bar Association members will answer legal questions from the general public for free during the organization's annual "Ask A Lawyer" event, 1:30 a.m. to 1:30 p.m. in Strawberry Square.

### CPAFE Monthly Meeting

May 4: Central PA Association for Female Executives will meet at Giant Super Food Store, Community Room, 3301 Trindle Rd., Camp Hill, at 7:30 a.m. Ruth Koup, CEO of Dress for Success South Central PA is the featured speaker.

### PinnacleHealth's Children's Health Fair

May 5: PinnacleHealth hosts its annual Children's Health Fair, 9:30 a.m. to 2 p.m. at the hospital's Harrisburg Campus on 2nd Street. This health education day is geared to 3rd grade students.

### "It's a Frackin' Party!"

May 5: Benefit to raise money for Gas Truth of Central PA is at 7 p.m. at Abbey Bar, Appalachian Brewing Co. Rebecca Miller, Great Northeast and Innabive featured music. Cover: \$10 with free raffle ticket.

### Derby Day

May 7: Watch the Run for the Roses at the annual Derby Day, which benefits Jump Street, an organization that encourages positive change through creativity. The King Mansion, 2201 N. Front St., Harrisburg. 2:30–7:30 p.m. [www.jumpstreet.org](http://www.jumpstreet.org).

### MAC Yard Sale

May 7: Midtown Square Action Council holds its annual community yard sale. Residents are asked to set up in front of their properties with goods for sale. Area is from Forster to Verbeke streets and N. Front to N. 3rd streets. [www.midtownsquareactioncouncil.com](http://www.midtownsquareactioncouncil.com).

### South Allison Hill Festival

May 7: The festival returns for a ninth year with bands, arts, crafts, games, face-painting, food and more. The Boys & Girls Club, 1227 Berryhill St., 1–4 p.m. Parade begins at 1 p.m. from Derry and S. 13th streets.

### Spring Plant Sale

May 7: The Manada Conservancy's Spring Native Plant Sale, 9 a.m. to 4 p.m. at Meadowood Nursery, 24 Meadowood Dr., Hummelstown. Visit [www.manada.org](http://www.manada.org) for more. For list of plants that will be available, visit [www.meadowoodnursery.com](http://www.meadowoodnursery.com).

### Networking Mixer

May 12: The Central Pennsylvania Gay and Lesbian Chamber of Commerce Networking Mixer will be held 6:30–8:30 p.m. at The Paper Lion Gallery, 1217 Hummel Ave., Lemoyne. Artist David K will be painting during the event. [www.cpglcc.org](http://www.cpglcc.org).

### Greekfest

May 13–15: Greekfest, one of the Harrisburg area's most popular annual festivals, returns with music, dancing and, of course, terrific food. Holy Trinity Greek Orthodox Cathedral, Camp Hill. [www.pagreekfest.org](http://www.pagreekfest.org).

### Paint the Rink Pink

May 14: The original stars of the 1977 movie "Slap Shot" will play hockey and help raise funds for the Pennsylvania Breast Cancer Coalition. Donation is \$5 for the 5 p.m. event at Twin Ponds East, Corey Road, Harrisburg. Visit [www.slapshot2.org](http://www.slapshot2.org).

### HYP House Tour

May 14: Harrisburg Young Professionals hosts its annual City Living Home Tour and Block Party, featuring homes in the Italian Lake area and concluding at the King Mansion for a block party. Starts at 1 p.m. Tickets are \$20 until May 11 and \$30 after. [www.hyp.org](http://www.hyp.org).

### Walking for Humanity

May 14: Habitat for Humanity of the Greater Harrisburg Area needs walkers for this year's Highmark Walk for a Healthy Community at 9 a.m. on City Island. To register, visit [www.walkforahealthycommunity.org](http://www.walkforahealthycommunity.org), [www.harrisburghabitat.org](http://www.harrisburghabitat.org) or call 717-545-7299.

### Great Strides Walk

May 14: Great Strides Walk for Cystic Fibrosis takes place at 9 a.m. at Memorial Park in Mechanicsburg. Register your team online [www.cff.org/Great\\_Strides](http://www.cff.org/Great_Strides).

### Civil War Battle Flags

May 17: TheBurg's own Jason Wilson, also of the Pennsylvania Capitol Preservation Committee, will speak about Civil War Battle Flags of Pennsylvania and their bearers. 6:30 p.m., Harris-Cameron Mansion, 219 S. Front St., Harrisburg. [dauphincountyhistory.org](http://dauphincountyhistory.org).

### Armed Forces Day

May 21: Tanks, helicopters and other heavy gear arrive once more on City Island for the 10th annual Armed Forces Day. Also featured: exhibits, music, food and more. The Armed Forces Day 5K run kicks off the daylong event at 8 a.m. [www.harrisburgevents.com](http://www.harrisburgevents.com).

### Free Screening of "Bullied"

May 23: Harrisburg Men's Chorus and Unitarian Universalists of Cumberland Valley offer a free screening of the documentary, "Bullied," produced by Southern Poverty Law Center, at 7 p.m. at the Unitarian Universalists of the Cumberland Valley Church, 2 Forge Rd., Boiling Springs. [www.tolerance.org/bullied](http://www.tolerance.org/bullied).

### Artsfest Film Festival

May 27-30: The 13th Annual Artsfest Film Festival features more than 40 films and many workshops, held at the Midtown Cinema, Moviate and downtown. [www.moviate.org](http://www.moviate.org).

### Artsfest of Greater Harrisburg

May 28-30: For the 44th year, Artsfest returns to the Harrisburg waterfront. The juried event features more than 275 selected artists from across the United States. \$5 admission for ages 17 and over. More information at Greater Harrisburg Arts Council at [www.harrisburgarts.org](http://www.harrisburgarts.org).

## Other

### Youth Summer Arts Program

BARAK invites students 13 and older to its summer arts program at 914 S. 13th St. Digital photography, screen printing, digital arts, cartooning, drawing and painting are offered. Classes begin June 13. Program is \$35 per week with a one-time registration fee of \$10. Contact Vicki Doyle at 717-724-0300 or email [info@barakdrama.org](mailto:info@barakdrama.org).

### Scholarships Available

Three college scholarships are available for women pursuing baccalaureate degrees in fall 2011 from Dauphin, Cumberland and Perry counties. Visit [www.aauwharrisburg.org](http://www.aauwharrisburg.org) for an application form. Deadline is May 21.

## Time to Tour: Annual HYP Tour of Homes Stops Off at Italian Lake

### TheBurg Staff

Nearly 20 homes in the Italian Lake neighborhood around North 3rd and Division streets are featured in this year's Harrisburg Young Professionals City Living Home Tour and Block Party on Saturday, May 14.

Historic Harrisburg Association, which conducts its Candlelight House Tour in December, is for the first time joining HYP for the event, which highlights the city's rich culture and beautiful architecture.

This is the 13th year HYP has conducted the Home Tour, showcasing the city's distinctive residences in an effort to attract young professionals, families, and newcomers to Harrisburg. Each home will feature

a variety of foods or drinks from local restaurants.

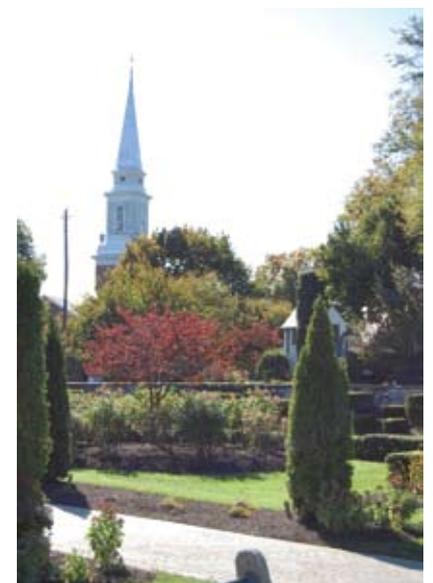
"You have a chance to tour beautifully decorated homes, from the historic to the contemporary, talk to homeowners, sample foods from the area's finest restaurants, and experience the convenience and comfort of city living," said 2011 HYP President Ryan Riley.

The tour concludes at the King Mansion on the Susquehanna River at 2201 N. Front St., where HYP holds a Block Party, featuring food, a menu of beers, live music and more. Participants enjoy good company, make new friends and discuss what the city has to offer.

Proceeds from the tour go directly to the "Home in the City" program to assist HYP members who make Harrisburg their home. Last year, HYP donated more than \$14,000 to the program, designed to promote the city and encourage growth by giving HYP members \$1,000 to assist with closing costs, home repairs and monthly payments.

The tour, which attracts an average of 500 attendees, is 1 p.m. to 5 p.m., rain or shine. A tour ticket is required for entry to the Block Party, which is from 5 p.m. to 8 p.m. Purchase tickets online at [www.hyp.org](http://www.hyp.org) for \$20 until Wednesday, May 11th. After that tickets are \$30.

*HYP encourages people to park in the downtown parking garage near 2nd and Locust streets and hire a ride from a local taxi or bike taxi which have been set up to take people to different starting points at Italian Lake. Harrisburg Bike Taxi is at 717-461-2202.*



The beautiful Italian Lake neighborhood is the focus of this year's HYP Home Tour, which features almost 20 homes and concludes with a block party at the King Mansion.

# Flutter of the Heart

Kathy Stewart devotes her time to a most delicate creature.

T.W. Burger



Wings of hope: Kathy Stewart stands before artwork in her Harrisburg home that hints at her passion for Monarch butterflies.

Try to imagine the sound of a million butterflies, like a rustle of silk, or a gathering of spirits in a forest. Imagine the bright orange-and-black creatures swirling in the air like sparks from a fire, finally to settle in restless clumps on oyamel or eucalyptus trees.

Kathy Stewart, 76, a physical therapist who lives in Lower Paxton Township, has heard that sound on visits to one of the over-wintering sites of the Monarch butterfly in Mexico.

She has also been there for the start of the Monarch's amazing lifecycle, watching their eggs hatch and the neon-bright caterpillars feed on milkweed until they change into flaming orange butterflies that fill the summer air.

But loss of habitat here and in Mexico is threatening to interrupt the animal's cycle. Some scientists think the end may be in sight.

"I just wouldn't want a world without Monarchs," she said. "I hope we can educate people about this fragile little thing that's going to fly all the way to Mexico."

For many years now, Stewart has hosted a "butterfly day" on a field next to her Harrisburg home on Union Deposit Road, where Monarchs swarm. She teaches school kids about the tiny creatures, but she is worried about that piece of ground and about the butterflies in general.

The field has narrowly escaped

the attention of a developer, which places the Monarch's environment, and thus the butterfly itself, in danger.

The 13-acre field, a Monarch "nursery" for as long as anyone can remember, was about to become high-end housing, but the plan mercifully fell through. Then a local private school planned to buy the ground and leave most of the field pristine, as an ecology lab for students. However, the school's funding failed, leaving the habitat still in limbo.

Each autumn, the butterflies that Stewart has played nursemaid to join 100 million others and head for specific areas in Mexico or California.

Stewart said the tiny animals, seemingly frail as scraps of tissue, endure migrations—sometimes more than 2,000 miles long—from the southern states all the way into Canada, down into Mexico and southern California.

And the next spring, they start back. According to the U.S. Forest Service, Monarchs travel 50 to 100 miles per day, taking as long as two months to complete their journey. The farthest-ranging Monarch recorded traveled 265 miles in one day.

"The Monarchs have a six- to eight-week lifespan," said Stewart. "The ones coming out of Mexico stop and lay their eggs in Texas, and then they die. It takes to the fourth generation to get back into Pennsylvania in late June or early July. They spend maybe three generations here in the summer, and then the migratory generation takes off for Mexico."

Stewart's interest in the Monarchs began after reading about them in "Ranger Rick" magazines in the 1970s. Her four kids grew up and moved away, but Stewart never lost her passion for Monarchs. She feeds and houses them and tags them with tiny stickers placed on a specific location on their wings to help scientists studying their migration. She has traveled to Mexico's Sierra Madres to see them resting in oyamel trees.

She was notified once that a collector in that region of Mexico had

found a Monarch she had tagged, 1,987 miles from her home.

Stewart said she has put a bug in the ear of the folks running the 1,025-acre Boyd Big Tree Preserve Conservation Area that straddles Lower Paxton and Middle Paxton townships. She hopes to work with them to start holding educational field trips there in a

big field of milkweed—the butterfly caterpillar's favorite food.

In October, Monarchs cluster in trees around Cape May, N.J., on their way south. For more on this spectacle, visit [www.birdcapemay.org](http://www.birdcapemay.org).



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# ShutterBurg

## ... a Month in Pictures



Apr. 3: At Midtown Scholar Bookstore, Central Pennsylvania Student Art Show Coordinator Steve Koons hands an award to Leah Nissley, a junior at Lower Dauphin High School.



Apr. 4: Spring arrived in Harrisburg, heralded by the fences and detours that went up for the final phase of the three-year reconstruction of South Capitol Park and the sidewalk widening. The project is due for completion this fall.



Apr. 6: Harrisburg Councilman Brad Koplinski (center) speaks following the release of the Cravath, Swaine & Moore report on the city's financial condition. He's flanked by Cravath partner Paul Zumbro and Council President Gloria Martin-Roberts.



Apr. 8: Ellis R. "Rick" Roy makes a point while other City Council hopefuls listen in during a candidates forum at HMC Stage on Herr, sponsored by Midtown Square Action Council and Capitol Area Neighbors.



Apr. 10: Jaiden Line of Harrisburg plays with Yorkies owned by Carol Stansfield and Bonnie Roberts at Paws for a Cure Dog Walk on City Island, an event sponsored by Abrams & Weakley to benefit the Leukemia/ Lymphoma Society, Central PA Chapter.



Apr. 13: Harrisburg founder John Harris (actually the Rev. David Biser) and Mayor Linda Thompson cut a cake to celebrate the city's 220th anniversary.



Apr. 14: The construction sign went up at the site of the future federal courthouse at 6th and Reily streets in Harrisburg. Don't get too excited, though. The project is still in the design phase, and groundbreaking isn't expected for another two years.



Apr. 20: Workers labored to fix a damaged water line on the Harsco property off Cameron Street. Contractors mistakenly sliced through the pipe, causing a water emergency that lasted days, closing businesses, the government and schools.

# Past Tense

## A City of Markets

A time when shopping was open, social.

Jason Wilson



In the late 1800s, Market Square actually had a market on its square.

Long ago, farmers' markets had served as commercial hubs and gathering places within most major cities and smaller towns.

Harrisburg, at the turn of the 20th century, numbered just under 100,000 people (the largest population it ever saw). As a result, it needed several markets to sustain this large population.

Over the course of its history, six markets have served the city: two small markets located along Chestnut Street (though both were not in operation at the same time), a market on Kelker Street, the Hill Farmers Market (also known as Kline Village), Market Square and the enduring Broad Street Market.

It is no coincidence that the entire downtown section of Harrisburg was planned around the Market Square market, which lasted from 1785 until the later part of the 19th century. In 1889, the market sheds were removed, both to make room for expansion of the city and because other markets, such as Broad Street, provided more vendors.

Since its opening in 1860, the Broad Street Market has served Harrisburg and remains one of the oldest continuously operated markets in the country. It provided food and other items to Civil War soldiers at Camp Curtin and has weathered the numerous financial crises of the past century-and-a-half. At its zenith in the 1920s, the Market had 725 vendors (today it has 29), many of whom were housed in stalls around the market house, waiting months or years for an inside stall to open up. Although

most people associate markets with produce, almost any type of goods or wares could be purchased there.

With the rise of refrigeration and supermarkets, old marketplaces faced stiff competition and many were forced to close. The Broad Street Market was listed on the National Register of Historic Places in 1974 and underwent a massive restoration, which allowed it to remain viable.

As food prices rise and the concept of "buying local" again becomes the norm, the Broad Street Market may again be poised for an era of growth.

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Now in its 15th year, the Harrisburg Half Marathon is run on City Island and along the scenic Riverfront Park in downtown Harrisburg. Last year over 1,000 participants competed for money and prizes in what has become one of the largest running events in the Harrisburg area. The race is open to individual runners, walkers and 2-person relay teams.

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## A Giant Leap Forward

Jump Street uses arts, creativity to inspire positive change.

Bob Welsh & Melissa Snyder

So what is this agency with the funny name? What does Jump Street do? In short, we provide creative and innovative community service.

Art for art's sake? Love it, but, no, that's not what we do.

We use creative processes and creative people to get folks through hard times; add quality to seniors' lives; prepare kids for college or work; add capacity and equipment to classrooms; and facilitate meaningful civic dialogue. That's us!

Our programs are unique to the area in that they are mostly tuition-free, offered in the neighborhoods where the participants live,

incorporate academic standards, use art to teach workforce development skills and life skills and have a component of giving back to the community.

Jump Street programs received the 2002 Governor's Arts Award for Youth Programming; 2003 Bravo Television Network's "On With The Show" community service award; 2005 Central Pennsylvania Business Journal's Innovation Award; 2006 American Society of Composers, Authors and Publishers' ASCAP PLUS Award; 2007 James Patterson Page Turner Award for "and magazine"; and the 2009 Governor's Keystone Award for Innovation.

Jump Street has more than 20 program offerings. Here are some highlights:

• *and magazine (A New Diversion)*—The only freely distributed teen magazine in Pennsylvania is written by teens for teens. Jump Street distributes 15,000 copies of "and magazine" to schools located within the Capital Area Intermediate Unit, in addition to various retail establishments and non-profit organizations.

• *Peace Wall*—Launched in July 2010, the Peace Wall is a new concept for combining arts techniques and new technologies into a gateway between universes: analog and digital, virtual and real, local and worldwide. End users of the Peace Wall can simply enjoy a day painting with others or use the process to explore and communicate more deeply. The ultimate idea is that once the Peace Wall makes boundaries between people disappear, amazing things will happen.

• *The Gift of Music*—The Gift of Music was created to combat the lack of resources available to schools and organizations to provide music training to their students. Even with the resources available, many students cannot afford the cost of buying or renting an instrument to participate. The Gift of Music collects, restores and distributes band and orchestra instruments to students interested in learning to play an instrument.

• *Live & Learn Hub*—This partnership with the Pennsylvania Humanities Council (PHC) and Midtown Scholar Bookstore provides education tourism weekends based on a book series selected by PHC and facilitated by Pennsylvania scholars.

• *Paintin' Lively*—This community-based program teams teens with a professional artist. Participants refurbish furniture for sale, build self-esteem as they utilize innate skills and learn to be artistic. The program has opened its doors to adjudicated juveniles who are interested in



Something cool: Drinks are served during a past Derby Day, an annual fundraising event for the local nonprofit, Jump Street. Derby Day this year is May 7.

learning the basic fundamentals of art, while completing their community service hours.

• *Thrive*—A new Senior Arts and Fitness Center aims to help seniors thrive by offering fitness through (Highmark's SilverSneakers), yoga and art for Dauphin County adults age 60 and over.

Last, but not least, to support all this good work, *Derby Day* is the premier outdoor event in the region—a day of fun, food, mint juleps, a ladies hat contest, silent and live auctions and live showing of the 137th Kentucky Derby. Please join us Saturday, May 7, for the 10th Anniversary Derby Day at the King Mansion, 2201 N. Front St. Together we will keep these vital programs going!

For additional information on Derby Day, visit [www.jumpstreet.org](http://www.jumpstreet.org).

Bob Welsh is executive director and Melissa Snyder is program director of Jump Street.



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## It's a Dirty Dog Job

But Leland Nelson is willing to do it.

Jamal A. Jones



Less junk in your trunk (and your basement): Leland Nelson of Dirty Dog Hauling is ready to cart away your unwanted.

One man's trash is another man's treasure.

Six years ago, Harrisburg's Leland Nelson turned this old phrase into a business enterprise.

Along with childhood friend, Gary Fallings, Nelson formed Dirty Dog Hauling, LLC, a junk removal and hauling company serving the greater Harrisburg area.

With Nelson as president and co-founder, the venture has become successful. They established partnerships with businesses such as Penn Waste and list Hershey Entertainment and Resorts Company as a client.

If not for an untimely event, Dirty Dog Hauling may have never happened. It was Labor Day weekend, but the Delaware State University graduate, with years of accounting and auditing experience, was not preparing to celebrate the holiday.

Nelson was newly unemployed from an information technology firm.

"I got let go from my job on Friday, Sept. 5," said Nelson, recalling the situation like it was yesterday. "Life was giving me lemons."

Losing his job was an obstacle, but Nelson had his own recipe for lemonade. "I had a dump truck, so we started doing some hauling," he said.

What started off as a weekend hobby for Nelson and Fallings soon became Dirty Dog Hauling. The name and purple and gold colors are derived

from the Omega Psi Phi Fraternity, of which both men are members.

Going from a corporate environment into the junk business is not a customary route, but the move speaks to Nelson's character, said Jermaine Thomas, a fellow member of the National Black MBA Association of Greater Harrisburg.

"Leland is a trailblazer who has the quality of not being a follower," said Thomas.

"He is an urban maverick."

Asked how he decided to pursue a business in this industry, Nelson answered simply: "Everyone has junk."

A past owner of several rental properties, Nelson had outsourced his trash removal. Considering how much money he was spending, he decided he could offer these services in an affordable, professional manner.

Today, Dirty Dog Hauling is on its way to being a serious local player in the junk removal business, Nelson said. Their trucks haul away everything from basic household clutter to debris from commercial work sites.

"People know the name, we have great brand recognition, and our community service is what I'm really proud of," said Nelson.

Service is a key element of the business. Dirty Dog Hauling sponsors a local inner city baseball tournament and created an activity book for children called Talking Trash.

Nelson is also proud that the business serves his hometown. The company is putting city residents to work, allowing them to contribute to Harrisburg's economy.

"It feels really good being able to employ people who are paying bills, putting gas in their car and taking care of their kids all on the strength of Dirty Dog's name," Nelson said.

The future looks bright for

the company and for Nelson, who was recently elected president of the African American Chamber of Commerce of Central PA, where he has become an important resource for other entrepreneurs.

Justin Coleman of Harrisburg, who owns York-based JCNA Insurance and Financial Management Services, lists Nelson as someone who was instrumental in helping him start his own company.

"Leland is passionate about positive things," Coleman said. "He's dedicated and really a center of influence."

Dirty Dog Hauling can be reached at 717-232-4009 or [www.dirtydoghauling.com](http://www.dirtydoghauling.com).

## Biz Notes

Steve Lam and Bill Helig have opened their fourth Clear store location in the area, this one at the Galleria Mall in York. The pair already own stores in Uptown and Midtown Harrisburg and in the Harrisburg Mall. Clear provides high-speed wireless Internet, Internet/voice bundles and DirecTV satellite service. The Midtown store is at 717-585-6135.

**Harrisburg Bike Taxi**—the city's most fun way to get around—now offers food delivery door-to-door. Get groceries and meals from some of your favorite spots, including Garden Fresh Market & Deli, local restaurants and several places inside the Broad Street Market. For more information, visit the Bike Taxi website at [www.harrisburgbiketaxi.com](http://www.harrisburgbiketaxi.com) or call 717-461-2202.

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- May 7: Fork & Knife Band w/ Black Coffee
- May 8: Soul Comedy Café
- May 13: River Rat Jenkins
- May 14: JT & The Mild Heat w/Loretta Bilioux and The Dive Bar Pretties
- May 15: Svirja (7p show) "Kickin' Gypsy Jam—bring your dancin' shoes!"
- May 20: Pat Cusick Band w/ The Swaines
- May 21: Hotwings Jones CD Release w/Bret Alexander
- May 22: Just Deserts
- May 24: Bob Dylan's 70th Birthday Party Event
- May 26: Cold Springs Road
- May 27: Thrive & Passonettes
- May 28: Low Down Dirty Shame & Up Pops The Devil
- May 29: Don't Break The Streak Improv Comedy
- Every Monday: Karaoke
- Every Wednesday: Open Mic w/Mike Banks

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Convent Conversion Denied

Harrisburg Zoning Board has doubt.

Peter Durantine

Skynet Property Management's months-long effort to convert a downtown Catholic convent into first a boarding house—and then a 30-unit apartment building—ended last month, when the Harrisburg Zoning Hearing Board denied its request.

Josh Juffe, president of Skynet, which already owns and operates 80 low-income rental units in the city, said he had not decided whether to file an appeal.

Opponents to the project, which included area neighbors and the downtown group Capitol Area Neighbors, rejoiced at the decision.

"As an attorney, I think it was the right legal result, and, as a resident, I think it was the best practical result," said Kathy Speaker MacNett, an adjacent property owner who filed a claim against the project, arguing its density and parking issues would have adverse effects on her and the neighborhood's quality of life.

Skynet first sought a special zoning exception to turn the 17,000-square-foot building at 603-605 N. 2nd St. into a 39-unit rooming house, but the board rejected that plan in March because of the density and the limited parking in the neighborhood.

The developer returned in April seeking a variance for 30

units, including three one-bedroom apartments and 27 efficiency apartments to rent monthly, but the board denied the request by unanimous vote, citing incompatibility and inadequate parking.

"It seems we are trying to fit a round peg in a square hole," said Marian Frankston, the board chair.

Through four board hearings, MacNett, CAN and other neighbors argued persistently against the project, claiming it would place too many people in a building that long has been used lightly by a handful of nuns in a communal setting.

Skynet dismissed the claim that density is an issue, noting the building, since the 1920s, had housed as many as 40 nuns and, at one time, was partly used as a rooming house for young women coming from the country to work as secretaries in the city.

Rick Martini, listing agent for the property owner, the Diocese of Harrisburg, testified that the property has been on the market for about six years and various developers have considered turning it into 12 to 15 upscale apartments and even a boutique hotel, but those proposals were eventually abandoned.

"The renovation costs, especially with a building that age, just didn't make it economically feasible," he said.

Changing Hands: March Property Sales

- Briggs St., 225: M. Lawson to S. Aichele, \$194,000
- Brookwood St., 2620: International Products Inc. to M. Ashraf, \$77,500
- Green St., 1008: D. Stauffer to Cartus Financial Corp., \$131,000
- Greenwood St., 2241: Freddie Mac to G. Neff, \$32,150
- Logan St., 2111: Integrity Bank to MLP LLC, \$37,000
- Market St., 1615: Fulton Bank NA to PA Deals LLC, \$36,500
- North St., 1512: L. & J. Davis to PA Deals LLC, \$33,000
- N. 2nd St., 2037: J. Palleschi to WCI Partners LP, \$105,000
- N. 4th St., 2033: Fannie Mae to PA Deals LLC, \$33,000
- N. Front St., 1525, Unit 601: C. Fetterhoff Jr. to A. Prashar, \$180,000
- Penn St., 2219: Kusic Financial Services Inc. to WK Rentals LLC, \$63,500
- Radnor St., 556: Fannie Mae to Patel & Mehta LLC, \$32,000
- Regina St., 1818: J. & A. Coleman to A. Lewis, \$60,900
- S. 17th St., 342: D. & A. Monroig to L. Barrios, \$40,000
- S. 25th St., 701: Y. Perez-Rivera to N. Oahn, \$70,000
- S. 29th St., 718: PA Deals LLC to S. Maurer, \$36,500
- State St., 211: T. & S. Grenager to Paceline Properties Inc., \$326,000
- State St., 1614: C. Caraballo to B. Moran, \$65,000
- State St., 1915: G. & L. Hankins to L. Hill, \$115,900
- Susquehanna St., 1823: Fulton Bank NA to PA Deals LLC, \$40,000
- Verbeke St., 258: R. & J. Wolfgang to Riverfront Development Group LLC, \$85,000

Source: Dauphin County, City of Harrisburg, property sales greater than \$30,000. Data is deemed accurate.

## A Foodie's New Home

Menu, décor a departure for Café Fresco owner.

Peter Durantine



At home: Nick Laus stands behind the bar of his newest restaurant, Home 231, set to open this month.

Homestyle cooking is arriving to the leafy intersection of North and Green streets, where Nick Laus, owner of Café Fresco, is opening Home 231 in the building that formerly housed Zephyr Express.

For Laus, who, over the years, has opened other restaurants in the Harrisburg area, Home 231, which debuts in early May, is a departure from the American-Asian fusion dishes served at Fresco.



The crisply designed dining room features booth and table seating.

"I always try to do a different style restaurant than what is already downtown," he said. "The more versatile downtown can be, the more it's going to attract people."

Laus, a student of high-end restaurants, hired Robert Dacko as executive chef. Dacko spent the last 10 years as chef at Philadelphia's Butcher and Singer, operated by restaurateur Stephen

Starr, renowned for his dining rooms there and in New York City.

"I accomplished a lot in Philadelphia," he said. "I just decided it was time to move back to Harrisburg."

Dacko, a Mechanicsburg native, said his menu will include such traditional favorites as chicken pie, homemade pierogies and deviled eggs, as well as contemporary dishes—grilled baby octopus, hanger steak frites and seasonal pasta dishes.

"It's contemporary American homestyle cooking, but simply prepared," he said, noting he works with area farmers to use local produce, vegetables and meats as much as possible.

Desserts will feature seasonal pies, homemade ice

cream and gelato, hot fudge sundaes and root beer floats. Until it receives a liquor license, Home 231 is BYOB.

Housed in a building that has served both as a restaurant and a grocery, Home 231's décor is simple and elegant, with a long comfortable bar and plenty of booth and table seating for about 60 guests through two separate rooms. Laus has done a complete renovation of the double-storefront building.

Outside, at the back of the dining area, is an intimate courtyard surrounded by a wooden trellis, which will be covered in vines. No doubt, the courtyard, which seats about 35, will be a popular spot for dining *al fresco* when it opens later in the spring.

Home 231, 231 North St., Harrisburg, 717-232-4663; Open Monday to Friday, 11 a.m. to 2 p.m. and 5 p.m. to 11 p.m.; Saturday, 5 p.m. to 11 p.m.; and Sunday, for brunch only, 11 a.m. to 2 p.m.



Chef Robert Dacko has created a menu of old and new favorites, including his gourmet take on grilled artichokes (top) and deviled eggs, served three ways: classic, red beet and bacon (bottom).

## Tomatoes Gone Wild



Owners Chris DiNatale (right) and award-winning Chef Paul Francis (next to Chris) with part of their team at The Wild Tomato Pizzeria and Catering, 4315 Jonestown Rd., Suite 2 (across from Red Lobster, behind Fast Signs). They opened in April and use only local fresh ingredients. They deliver within a three-mile radius of the shop. Hours: Mon.–Wed., 11 a.m.–9 p.m.; Thurs.–Fri., 11 a.m.–10 p.m.; Sat., noon–10 p.m. Closed Sunday. 717-545-6435 or thewildtomato@gmail.com.

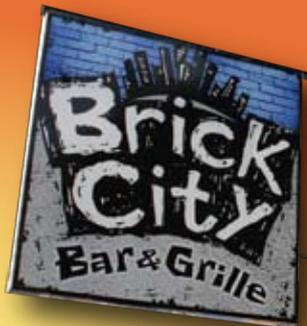
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## Chef's Kitchen

### More Soup for You

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Lawrance Binda



Randy Straub relaxes at his future counter in his spacious new digs, currently under renovation, at N. 3rd and Herr streets.

For months, Midtowners have been wondering what would occupy the prime, newly restored retail location at N. 3rd and Herr streets.

The answer is in: The Soup Spot is moving a block-and-a-half north to spacious new quarters, so diners now can sit and relax while savoring some of Harrisburg's best soups.

Owner Randy Straub said he expects to open the eatery in late May, once he completes renovations, which will feature a 1950s-style diner look.

For at least a year, Straub has been eyeing options to expand his cramped soup stand, which has no tables. He's been reluctant to move

too far from his current spot off Forster Street, a prime place to grab the government worker lunch crowd.

The new location, though, should enable him to retain his current customers, while tapping into Midtown's residential community. "It's really a perfect spot," he said.

Straub plans to cater to Midtown by staying open later—until 8 p.m. on weekdays and 10 or 11 p.m. on weekends. With the emerging Midtown arts district, he also will feature local artists and musicians, especially during 3rd in The Burg. The 1,800-square-foot restaurant already comes with a large stage, as it last housed Nick's 1014 Cafe.

To keep business humming during the slower summer months, Straub plans to dedicate a portion of the restaurant as an ice cream parlor.

Straub also has something in mind for the weekend party crowd downtown. With two partners, he is opening a late-night eatery that will specialize in all types of grilled cheese sandwiches, along with French fries. The new venture will occupy the former Lunch Box Xpress location at N. 2nd and Locust streets and should open in a few months, he said.

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# It Was a Restaurant Too

Gazebo Room lives on in salad dressing fame.

Stephanie Kalina-Metzger

To call George N. Gekas the father of Restaurant Row gives the unassuming restaurateur a chuckle, but there's no denying that he was a huge part of downtown Harrisburg's culinary life for many years.

Gekas opened The Ranch restaurant in 1957 (on N. 2nd St., where Neato Burrito now stands) and hungry Harrisburgers flocked there for subs topped with the herby, oil-based dressing crafted by George himself.

"People used to be crazy about my subs," Gekas said. The Ranch grew in popularity, enabling him to purchase the neighboring Locust Street Café from his uncles, where he dubbed his popular sub topping the "official" house salad dressing.

In 1973, Gekas expanded yet again, acquiring an adjacent property and naming it The Gazebo Room (where Spice now sits on the corner of 2nd and Locust). Ask any old-timer from Harrisburg, and you'll learn that the restaurant was known for its delicious crab cakes, the hospitality of Gekas' wife Yvonne, who served as hostess and its unique salad dressing.

Customers craved Gekas' sub topping-turned salad dressing (which later became

Gekas' son Nick recalled, "It soon got out of hand. We were selling more dressing than booze, and I would end up driving to our other Greek friends' restaurants, collecting all their empty liquor bottles and running them through the dishwasher."

Nick estimates selling approximately 500-600 quarts a month throughout the 1980s using recycled bottles; however, there was a problem: "The Liquor Control Board wanted restaurants to destroy their bottles after use," he said.

So, in 1989, Nick and his brother Steven, with the blessing of their parents, formed "Best Dressed Associates," and started a hand-filling and labeling operation in the Gazebo Room kitchen. During the first two years, business was so good that they needed to expand, so they rented a facility in Harrisburg to meet demand.

By 1999, George and Yvonne Gekas were ready to retire and sold the Gazebo Room. By this time, the sons' business was fully automated and in 2001, two more products were added

to the original line, "Lite" and "Balsamic Vinaigrette."

As business continued to boom, they moved again, to a 5,000-square-foot facility in Mechanicsburg, but by 2003 they needed double that space to keep up with the orders. Nick said that the mail order business continues to grow exponentially. "People buy by the case and share with their friends and neighbors," he said.

The business expanded yet again, moving to a 70,000-square-foot warehouse in Lewisberry. Where will Gazebo Room Dressing go from here?

"Well," said Nick, "another product rollout is in the making—this time 1.5-ounce packets, which will ship to supermarkets for salad bars, prepackaged salads, samples and cold-cut subs." When asked what's next, Nick said, "Well, our lease says we'll be here for another seven-and-a-half years," but if history is any gauge, they're likely to be looking for a bigger space.

The Gazebo Room may be gone, but the name lives on.

known as Gazebo Room Greek Salad Dressing & Marinade) and soon began asking if they could savor it at home. Happy to oblige their customers, the Gekas' used empty liquor bottles to fill the demand, "although some brought their own containers," Gekas said.

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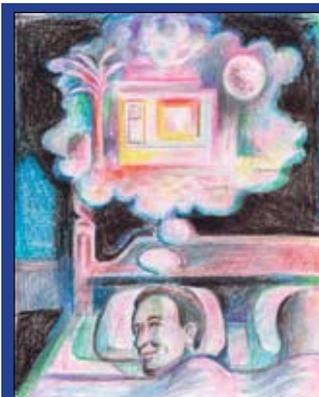
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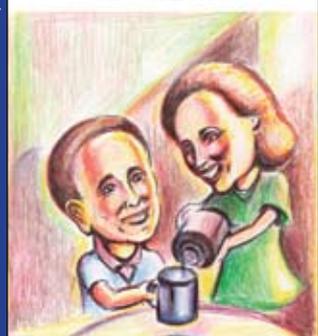
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## Fabulous Fennel

Give an Italian licorice stick a swirl.

Rosemary Ruggieri Baer

When I was growing up, my parents got their Italian sausage from a grocer in the nearby little town of Steelton.

In those days, Steelton boasted a tight enclave of first- and second-generation Italians, a group large enough to have their own church. My parents' good friend, "Guy" (Guitano in Italian), grew up there and made frequent trips to his hometown to buy real Italian sausage, and he would make sure to get my mother's order. She was always adamant: "Make sure you get the kind with finocchio in it!"

What is finocchio? Finocchio is fennel, a wonderful anise-flavored plant that is both vegetable and herb. And Italians love their anise- or licorice-tasting foods and drinks. The fennel plant, like so many Italian plants, is native to the shores of the Mediterranean Sea. In its cultivated form, fennel looks like a bunch of celery that needs to go on a diet. The bottom of the plant is a swollen bulb that rises into celery-like stalks topped with feathery foliage. Every part of

the plant can be used: the bulb as a vegetable, the graceful fronds as a chopped herb used in place of dill and in salads, and the dried seeds for everything from cookies to my mother's sausage.

Fennel is likely one of those vegetables that shoppers pass by at the grocery store or farmer's market. What to do with such a strange looking plant? I'd like to share with you some quick ways for preparing fennel and then a wonderful recipe that will be a change of pace for your late spring meals.

It is important to choose fennel that is fresh and without blemish—meaning not sitting at the supermarket for a long time. The bulbs should be white without brown spots and the foliage a light spring green. Cut the fennel bulb from the stalks. If you like, save the stalks for other uses, such as making soup. Wash the bulb, cut it in half and remove the core with a small, sharp paring knife. Here are some options for adding this odd little plant to your cooking repertoire:

- Slice fennel bulbs into thin strips. Cut a sweet onion, such as a Vidalia, into thin slices or rings. Sauté both together in a little olive oil until soft and glistening. Serve with grilled, fried or baked fish as a vegetable side dish. The licorice taste of the fennel is a perfect foil for the oiliness of the fish. It is a fresh taste for spring and summer.

- Toss thinly sliced fennel with fresh orange segments. Add your favorite vinaigrette, sweetened with a little honey, and you have a very different warm weather salad.

- Stuff a roasting chicken with a fennel bulb and onion—both cut into quarters—and perhaps some apple slices. It will infuse the chicken with a heavenly flavor as it cooks. For added flavor, you can place the chicken on a "bed" of fennel stalks and fronds before roasting.

- Layer some fennel slices into your casserole of scalloped potatoes before baking.

The recipe that follows will brighten the taste of anything you might be grilling in the months ahead, including beef, chicken or pork. It also would go well with a glazed, baked ham. The crisp taste of the fennel is softened by rich butter and cheese.

### Finocchio Alla Fiorentina (Fennel with Butter and Cheese)

- Trim the top stalks and bases from 4 fennel bulbs and remove any discolored parts. Wash in cold water and dry. Slice each bulb into segments about 1 inch wide. For this dish, you are using several inches of the stalks as well as the bulbs.

- Gently place the fennel into a large, wide sauce pan to which you have added 1 tablespoon of olive oil, 1 garlic clove, 1 lemon slice and a teaspoon of salt. Bring the pot to a boil and simmer until the fennel is tender, about 20 minutes.

- Melt 2 tablespoons of butter in a shallow gratin dish. Gently drain the fennel with a large slotted spoon

or spatula and place it in the baking dish. Top with a little more butter, 2 tablespoons of Parmesan cheese and freshly ground black pepper.

- Brown lightly under the broiler before serving. (Serves 4)

Use the beautiful fennel fronds as a garnish for the grilled meat and save the remaining stalks for your soup pot.

Next time you go grocery shopping and you want to try something a little different, keep finocchio in mind.



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

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## High Art for All

Community opera finds voice in Harrisburg.

*Peter Durantine*

As commanding as opera is on stage, it has a rather soft voice in Harrisburg, even with two companies, one of which, the Harrisburg Opera Association, has roots dating to the late 1920s.

The other company, Capitol Opera Harrisburg, was founded in 2000 by 61-year-old Kathleen Torchia, who grew up off Harrisburg's Market Street, next to Bellevue Park and has been singing since age 17.

Unlike HOA, which mounts two major productions a year at Whitaker Center (and the free "Opera in the Park" every July), Capitol Opera operates on a shoestring, using volunteer staff, minimalist sets and welcomes almost any stage as home.

"We don't try to be bigger than we are," Torchia said. "We do community opera."

Capitol Opera had performed in the auditorium of William Penn School, but the district no longer allows the school's use and the company has found other venues.

On May 14-15, the company is performing the world premier of "The Breath of God," by composer-in-residence Walter Robins, at Bible Baptist Church in Shiremanstown. In September, Capitol Opera opens its season with "Youth Showcase," featuring local young talent at Colonial Golf and Tennis Club.

To encourage more people to attend Capitol Opera performances, Torchia is considering asking for donations at the door instead of charging admission. In fact, for "The Breath of God," a 150-minute symphonic oratorio, only donations are requested.

Torchia, who sings in the performances, has produced more than 100 operas and directed more than 80. Capitol Opera launched its first production at Whitaker Center, but there wasn't room there for two companies.

A graceful, soft-spoken woman, Torchia is devoted to her art. In

1990, she started her first Capitol Opera Company in Sacramento, Calif. It thrives today. After starting the company in Harrisburg, she went to Raleigh, N.C., and Albany, N.Y., and opened companies there. "My plan is to have an opera company in every capital city," she said.

Torchia scoffs at the notion that opera is only for the culturally elite and said the mission of the company is to bring opera to everyone, to educate the uninitiated.

"To say it's unattainable to people is absurd," she said. "It's a beautiful art form."

*Capitol Opera Harrisburg is at capopera.com; The Harrisburg Opera Association is at harrisburg-opera.org.*



Elizabeth Splaine as Delilah and Paul Pitts as Samson in Capitol Opera Harrisburg's 2009 production of "Samson & Delilah."

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## An Incredible Run

Curtain rises on Allenberry Playhouse—62 years and counting.

Lori Myers

**A**lways young, yet old. Always lively, but with a touch of nostalgia. Unique and comfortable.

That's Allenberry Resort Inn and Playhouse, tucked away just a stone's throw from the center of Boiling Springs. Sure, there's tennis, fly fishing and, oh, those delicious sticky buns, but there's also theater in a one-of-a-kind setting that Allenberry has been offering for six decades.

"We've made some subtle changes, but it's important for people to have continuity," said Jere Heinze, producer and president of Allenberry.

Continuity has been the mainstay of this entertainment venue known for its musicals and rollicking murder mystery weekends. Sixty-two years ago, Heinze's father, Charles, decided to build a playhouse that would complement the 57 acres he had

bought, which included several limestone buildings and a caretaker's house.

"My father went to see Richard North Gage, who was the director at Harrisburg Community Theatre and told him that he wanted to build this playhouse," Heinze said. "Our roots go back to Harrisburg."

Once the playhouse was built in 1949, Gage and Heinze's father

formed a partnership that spanned 20 years. The first play produced at Allenberry was "Life with Father." Rehearsals were held inside Boiling Springs High School's gymnasium. Heinze was 5 at the time and played the part of one of the sons.

Many Harrisburg actors were cast in the shows, and actors who later became household names got their start treading the boards at Allenberry.

Norman Fell, best known for his turn as Mr. Roper in TV's "Three's Company," was cast by Gage and performed at Allenberry, as did Eileen Brennan who later played a tough sergeant in "Private Benjamin." Actor Roy Scheider, graduate of Franklin and Marshall College in Lancaster, was a leading man at Allenberry in 1960 when he appeared in such productions as "Mister Roberts." He later gained success in films like "The French Connection" and "All That Jazz." Allenberry continued to thrive after Gage's passing. Probably the theater's most notable alumni—and the actor everybody mentions, even Heinze—is John Travolta. He arrived in 1971 and performed in "She Loves Me" and had a featured role in "The Boy Friend."

"Travolta received his equity card here at Allenberry," Heinze remarked.



Under the lights: The Allenberry players bring home a number last year during a production of "Anything Goes."

Allenberry Playhouse has continued the tradition of quality theater, adding the popular murder mystery weekends, a mainstay for the past 25 years. The theater has catered to couples, groups and the bus crowd and now, in looking toward the future, has added its Allenberry Professional Theatre Conservatory (APTC) for young artists, aged 8 through 17, to learn theater craft from professional actors, directors and technicians.

"They come here and reside here," Heinze said. "It's a hands-on, unique situation they can't get any place else."

Since 2008, APTC has brought in more than 300 alumni who learn the work and discipline it takes to mount a full production. Heinze realizes that, as theater audiences age, another generation must take its place. He's hopeful APTC will cultivate future theater-goers as well as theatrical professionals.

"It's been an incredible run," Heinze said of the playhouse. "We've brought great talent and entertainment and opportunities for the regional area to experience the latest musicals and premiere shows."

Allenberry Resort Inn and Playhouse, 1559 Boiling Springs Rd., Boiling Springs, 717-258-3211 or [www.allenberry.com](http://www.allenberry.com).

Allenberry Playhouse 2011 Season

"Sisters of Swing: The Story of the Andrew Sisters": May 4-June 12  
 "Hello Dolly": June 15-July 24  
 "Smoke On The Mountain": July 27-Aug. 21  
 "Buddy—The Buddy Holly Story": Aug. 24-Oct. 2  
 "I Do! I Do!": Oct. 5-Oct. 29  
 "Mistletoe Magic": Nov. 2-Dec. 13



### Eat, Drink and Be Greek!

## Capital Region Greek Festival

May 13-14: 11am-8pm; May 15: noon-5pm  
[www.pagreekfest.org](http://www.pagreekfest.org)



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 Sun.: 8am to 1pm

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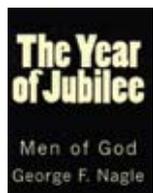
[www.SusquehannaFolk.org](http://www.SusquehannaFolk.org)

# Put a Spring in Your Reading

Local authors share words of life, hope.

*Peter Durantine*

**The Year of Jubilee: Men of God**  
By George F. Nagle  
CreateSpace 608 pp. \$29.95



For those who still may doubt the Civil War had little to do with slavery, this history—with its painstaking research and riveting detail about blacks fleeing

bondage through a sanctuary known as Harrisburg, and the slaveholders who sent agents to hunt them down and return them to shackles—should end the debate. Even some of the Confederate forces already invading the North and threatening descent upon the city managed to find time to chase down runaway slaves—or blacks who they thought were slaves but who were actually free.

Nagle has accomplished a tremendous work with this history of Harrisburg as a gateway to freedom for people who fled their enslavement and as a keystone of the Underground Railroad. The book's writing is fluid, concise; it reads more like a sweeping novel than a historic account. "Men of God" is the first of two volumes in this wonderful epic of Harrisburg's role in the forging of a nation where all people would be free.

The book opens with a vivid depiction of people, black and white, fleeing to the city from Confederate forces advancing from the Cumberland Valley. As they reach the shores

of the Susquehanna River, they are greeted by an architectural symbol of freedom, the "Camel Back" Bridge.

"In front of them was the bridge that seemed to stretch forever as it undulated as if alive, uncoiling snake-like, across the wide river," Nagle wrote. "It was a link to a safe haven."

Nagle has done a wonderful job bringing the history of Harrisburg and of the nation alive.

**You Can Become a Freelance Writer in 60 Days**, By J. Blair Brown  
Smashwords.com eBook 99 pp. \$6.99



Even experienced writers will find this well-written and fun tutelage beneficial as they tread the waters of freelance writing. Judith Brown has a great writer's voice, and she speaks frankly and directly in this guide that covers everything from the act of writing to using social media.

Brown explains that life is what qualifies a would-be writer; information in that databank called the brain allows writers to apply what they know with authority and from their own perspective.

A public relations and marketing consultant, this Harrisburg resident also is publicist for the Central Pennsylvania Friends of Jazz and the host of a blog talk radio program, "Livin' the Dream with J. Blair Brown."

Brown starts by advising readers to ponder her five "for sure" points, one of which makes an excellent case of why reading and writing remain at the top of the information/entertainment food chain:

"Never underestimate the power

of words. It's 'words' that make up the Declaration of Independence, Emancipation Proclamation and the Holy Bible." And don't underestimate Brown or her guide. At \$6.99, it's a worthy investment.

Noteworthy: **The History of Law and Lawyers in Dauphin County**  
By Don Sarvey  
Dauphin County Bar Association  
228 pp. \$24.95

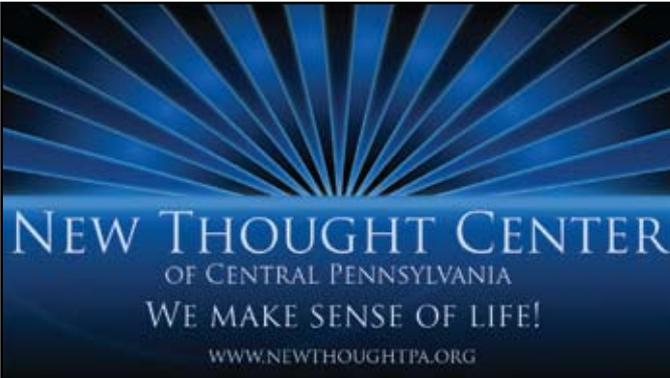
Even if you're not a lawyer, this book has interesting biographical sketches of lawyers past—Dorothy Vaughn McCormick, the first woman admitted to the county bar back in 1920—and present such as Leroy S. Zimmerman, a former state attorney general.

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## Museums & Art Spaces

### 3rd Street Studio

1725 N. 3rd St., Harrisburg  
717-385-3315; www.3rdstreetstudio.org

"Prologue of Myself," a solo art exhibit by Josh Ari Selvey, featuring original storytelling through comic art and hero creation, May 9–June 3; reception, May 20, 6–9 p.m.

### Antique Auto Museum at Hershey

161 Museum Dr., Hershey  
717-566-7100; www.aacmuseum.org

"Two-Wheeled Treasures from the Dennis Carpenter Collection," motorcycles from the 1930s to the 1970s, through May.

"Stainless Steel, 1967 Lincoln Continental Convertible," through September.

"Leading the Pack: 100 Years of Indy 500 Pace Cars," May 6–Oct. 9.

### Art Association of Harrisburg

21 N. Front St., Harrisburg  
717-236-1432; www.artassocofhbg.com

"4 Artist Invitational," through May 5.

83rd Annual International Juried Exhibition, May 13–June 16; reception, May 14, 6–9 p.m.

### Café di Luna

1004 N. 3rd St., Harrisburg  
717-695-9449; cafediluna.com

"Unveil," oil and mixed media works by Rachel Marie Campbell; reception, May 20, 7 p.m.

### Cornerstone Coffeehouse

2133 Market St., Camp Hill  
www.thecornerstonecoffeehouse.com

Holly Higgins, photography, through May.

### Cygnets Studios/Conewago Coffeehouse

336 S. Market St., Elizabethtown  
717-367-6140; conewagocoffee.com

Eric Tonzola, mixed media, through June 30.

### Galerie Thirteen

13 E. Main St., Mechanicsburg  
717-591-6940; www.galerie13.com

Mechanicsburg High School group show, through May; reception, May 6, 6 p.m.

### Gallery@Second

608 N. 2nd St., Harrisburg  
galleryatsecond.com

The artwork of Stacey Martin and Karen Commings, through June 4.

### Gallery at Walnut Place

413 Walnut St., Harrisburg/717-233-0487

The photography of Scott Miller, through May; reception, May 20, 5–8 p.m.

### Garden Fresh Market & Deli

1300 N. 3rd St., Harrisburg  
717-994-8552

Artwork by Leann Leiter and Allison Mushalko, through May.

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; www.harrisburgarts.com

Works by various local and regional artists.

### The Mantis Collective

1306 N. 3rd St., Harrisburg  
themantiscollective@yahoo.com

Paintings by Eleanor Selden Smith, through May 16.

Icelandic group exhibit (photography, drawings, paintings), May 20–June 12; reception, May 20, 8–10 p.m.

### Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg  
717-236-1680; www.midtownscholar.com

Nature-inspired photographs and paintings by Courtney Koivisto, through May 15.

"Juxtapose: Small Drawings and Prints about the Human Figure" by Stephen Fieser; reception, May 20, 6–9 p.m.

### National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg  
717-260-1861; nationalcivilwarmuseum.org

"Among Soldiers: Animals in the Ranks of the Civil War," through Sept. 4.

"1861," an exhibit highlighting the first year of the Civil War, through December.

### Ned Smith Center for Nature and Art

176 Water Company Rd., Millersburg  
717-692-3699; nedsmithcenter.org

"Gone for the Day: Ned Smith and the Pa. Game Commission," through Aug. 13.

### Rose Lehrman Arts Center

One HACC Drive, Harrisburg  
www.hacc.edu/  
RoseLehrmanArtsCenter

"Student Honors Show," through May 6.

### The State Museum of Pennsylvania

300 North St., Harrisburg  
717-787-4980; statemuseumpa.org

"Voices of the Revolution," an exhibit commemorating the Civil Rights movement.

### The Susquehanna Art Museum

717-233-8668; www.sqart.org

Dōshi Gallery: "38 Works by 35 Artists," juried exhibit, held at The State Museum of Pennsylvania, through June 20.

"Variations on a Theme," juried exhibit, held at Whitaker Center, through July 15.

## Read, Make, Learn

### Garden Fresh Market & Deli

1300 N. 3rd St., Harrisburg  
717-994-8552

May 19: "Introduction to Medicinal Herbs," 6:30–8 p.m.

### The HodgePodgery

1100 N. 3rd St., Harrisburg  
717-236-0150; www.thehodgepodgery.com

May 7: Mother's Day Make & Take: handmade Mother's Day cards and soy-dipped mini-bouquets, 2–4 p.m.

May 13: Psychic & tarot readings, 5–9 p.m.

May 20: Spring flower pin & ring workshop, 5–10 p.m.

### Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg  
717-236-1680; midtownscholar.com

May 3: Engleton Community Group and Midtown Scholar Bookstore host a candidates forum for Harrisburg school board, 7 p.m.

May 10: Engleton Community Group and Midtown Scholar Bookstore hold a forum to discuss the loss of a district judgeship; also, a candidates forum for city treasurer, 7 p.m.

May 22: Art auction to benefit 3rd in The Burg, Harrisburg's monthly arts event, 3 p.m.

May 31: Art Kaleidoscope presentation and forum, 6–9 p.m.

### West Shore Gallery

100 S. Front St., Wormleysburg  
717-713-5635; www.westshoregallery.com

May 13: Author Michele Livingston signs her new book, "Messages from Beyond: A Spiritual Guidebook," 6–9 p.m.

## The Stage Door

### Allenberry Resort Inn and Playhouse

1559 Boiling Springs Rd., Boiling Springs  
717-258-3211; allenberry.com

"Footloose," through May 1

"Sisters of Swing," May 4–June 12

### Broadway Classics Productions

Harrisburg Mall, 3501 Paxton St., Harrisburg  
877-717-7969; broadwayclassicspa.com

"Little Shop of Horrors," May 13–June 26

### Fishing Creek Playhouse & Dinner Theatre

450 Fishing Creek Rd., Etters  
877-998-7469; fishingcreekplayhouse.com

"Moon over Buffalo," through May 8

"Meet Me in St. Louis," May 20–June 26

### Harrisburg Comedy Zone

110 Limekiln Rd., New Cumberland  
717-920-3627; harrisburgcomedyzone.com

Paul Hooper, May 6–7; Paul Lyons, May 13–14; "Comedy from the Heart" (Children's Miracle Network), May 20–21; Joel Lindley, May 27–28

### Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey  
717-838-8164; hersheyareaplayhouse.com

"The Dining Room," through May 8

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; www.harrisburgarts.com

"Soul Comedy Café," May 8

Don't Break the Streak (improv comedy troupe), May 29

### Open Stage of Harrisburg

223 Walnut St., Harrisburg  
717-214-ARTS; www.openstagehbg.com

"August: Osage County," through May 8

### Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill  
717-737-6768; www.oystermill.com

"Postmortem," May 6–22

### Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg  
717-238-4111; www.gamutplays.org

"Thumbelina," May 4–26

## 3rd in The Burg: May 20

Did you ever want to see more work from the artist who painted "Sunset in Riverfront Park," the famous mural that adorns the main room at Midtown Scholar Bookstore? Now's your chance! Stephen Fieser opens "Juxtapose: Small Drawings and Prints about the Human Figure" (example, right) during this month's 3rd in The Burg, May 20. Fieser will be on hand for an artist's reception, as well, all taking place at Midtown Scholar's Yellow Wall Gallery. You can visit many galleries, restaurants and other venues at the monthly celebration of art, music and more at locations throughout Harrisburg. For additional information on May's event, see our back cover or visit [www.3rdinTheBurg.com](http://www.3rdinTheBurg.com).



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## Live Music around Harrisburg

### Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg  
717-221-1083; www.abcbrew.com

May 5: Gas Truth Benefit  
May 6: Ska Wars—Episode II  
May 7: Cabinet  
May 12: Steve Poltz w/guests  
May 12: The Passionettes (World Premiere)  
May 13: The 91's w/guests  
May 14: Donna The Buffalo  
May 19: Jason Isbell & 400 Unit w/Maria Taylor  
May 20: Kilmaine Saints w/guests  
May 21: Hierosonic w/guests  
May 26: Carbon Leaf w/The Alternate Routes  
May 27: The Green Onions reunion show  
May 28: Multi Venue Music Fest  
May 31: Orgone  
Open Mic: Every Wednesday

### Broad Street Market/Stone Building

N. 3rd and Verbeke streets, Harrisburg  
www.broadstreetmarket.org

May 7: Cumberland Bound  
May 14: Chris Gassaway  
May 21: Andrew Bellanca & Friends  
May 28: Kevin Neidig

### Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg  
717-909-9191; www.carleysristorante.com

May 4: Mark Zangrilli  
May 5, 26: Anthony Haubert  
May 6, 14, 27: Noel Gevers  
May 7, 13, 28: Ted Ansel  
May 11: Chelsea Caroline  
May 12, 21: Giovanni Traino  
May 18, 25: Brandon Parsons  
May 19: Wade Preston  
May 20: Trez Robin

### Char's Bella Mundo

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717-213-4002; www.charsbellamundo.com

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### Clover Lane Coffeehouse

1280 Clover Lane, Harrisburg  
717-564-4761; www.harrisburguu.org

May 20: Woods Tea

### Cornerstone Coffeehouse

2133 Market Street, Camp Hill  
www.thecornerstonecoffeehouse.com

May 6: Sweet Life  
May 7: Buc Hill Aces  
May 8: Mitch & Lee  
May 13: Robert Bobby Trio  
May 14: Rachel Campbell  
May 15: Amy Shaffer & Jazz Me  
May 20: Antonio Andrade  
May 21: Thomas Long  
May 22: Andrew Bellanca & Friends  
May 27: Kevin Kline  
May 28: Memphis Charlie  
May 29: Keith Kailian

### Cygnets Studios/Conewago Coffeehouse

336 S. Market St., Elizabethtown  
717-367-6140; conewagocoffee.com

May 1: Rick Hill  
May 13: Maria Wilson  
May 15: Antonio Andrade

### Dragonfly Club/Spy Club

234 N. 2nd St., Harrisburg; dragonflyclub.com

May 7: The Squidling Brothers w/guests  
May 20: Alara w/Righstart & Framed Innocent  
May 26: The Queers w/guests

### Gullifty's Underground

1104 Carlisle Rd., Camp Hill  
717-761-6692; gulliftys.net

May 6: Bamboozled  
May 7: H.A.R.D. fundraiser (many bands)  
May 13: Back in Black  
May 14: The Badlees  
May 22: Taproot w/guests  
May 27: Mayfest w/Autumn Theory & others

### Harrisburg Symphony Orchestra

The Forum (5th and Walnut Sts.), Harrisburg  
717-545-5527; harrisburgsymphony.org

May 14–15: Brahms, Brahms & Brahms  
May 21: Harrisburg Symphony Youth Orch.

### Hershey Theatre

15 E. Caracas Ave., Hershey  
717-534-3405; www.hersheytheatre.com

May 15: Imagination Movers  
May 29: The Go-Gos

### HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg  
717-441-7506; www.harrisburgarts.com

May 6: Aortic Valve  
May 7: Fork & Knife Band w/ Black Coffee  
May 13: River Rat Jenkins  
May 14: JT & The Mild Heat w/Loretta Bileux and The Dive Bar Pretties  
May 15: Svirja  
May 20: Pat Cusick Band w/ The Swaines  
May 21: Hotwings Jones CD Release  
May 22: Just Deserts  
May 24: Bob Dylan's 70th Birthday Party Event  
May 26: Cold Springs Road  
May 27: Thrive & Passonettes  
May 28: Low Down Dirty Shame & Up Pops  
The Devil  
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### Hollywood Casino at Penn National

777 Hollywood Blvd., Grantville  
877-565-2112; www.hcpn.com

May 6: Full Tilt  
May 7: Big Shot & M-80s

### Hollywood Casino, continued

May 14: Cazhmeire  
May 20: Vinyl Groov  
May 27: Into the Spin  
May 29: 7 Bridges & Escape

### Mangia Qui/Suba

272 North St., Harrisburg  
717-233-7358; www.mangiaqui.com

May 7: Blue Elephant  
May 13: Nate Myers and The Aces  
May 14: The Great Northeast  
May 21: Bucky's Brother  
May 27: Camelela Kraemer

### Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg  
717-236-1680; www.midtownscholar.com

May 6, 13, 27: Friday Folk Café  
May 20: Craig Bickhardt & Lizanne Knott  
May 25: David Ferrard (sponsored by HYP)

### Stock's on 2nd

211 N. 2nd St., Harrisburg  
717-233-6699; www.stocksonsecond.com

May 7: 5th Element  
May 14: Cruise Control  
May 21: Funktion  
May 28: Shea Quinn and Steve Swisher

### The Susquehanna Folk Music Society

www.sfmfolk.org (check website for location)

May 1: Danaher & Cloud and The Buc Hill Aces  
(May 14: May Coffee House  
May 22: Grand Déangement)

### Whitaker Center

222 Market St., Harrisburg  
717-214-ARTS; www.whitakercenter.org

May 13: The Machine  
May 14: Get the Led Out  
May 15: Harrisburg Choral Society  
May 18: Dark Star Orchestra  
May 20: Keiko Matsui

## All Bids In: Art Auction Benefits 3rd in The Burg

Would you like a great way to support your local arts community? Or maybe you just enjoy the rapid pace, fun and bargains to be had at an auction?

Then mark your calendar for May 22 at 3 p.m. and head on over to Midtown Scholar Bookstore for the first annual auction to benefit 3rd in The Burg.

Artists throughout the greater Harrisburg area are donating paintings, drawings, sculpture, architectural pieces and more for the big day.

To add to the fun, professional auctioneer Brian Magaro will lead and create excitement for the bidding—and many of the artists will be on hand, so you just might meet the person who created your new treasure.

Proceeds from the auction will go to help support and promote 3rd in The Burg, Harrisburg's city-wide arts event that takes place the third Friday of each month.

For more information, visit 3rdintheBurg.com—or just head over to Midtown Scholar, 1302 N. 3rd St., Harrisburg on May 22. Going once, going twice . . .

## At the Cinema

### Moviate Film Co-Op

1106 N. 3rd St., Harrisburg; moviate.org

May 10: Animator Martha Colburn in-person (shown at Cannes, Sundance, etc.), 8 p.m.

May 14: "I Am Secretly an Important Man," documentary about Steven Jesse Bernstein by filmmaker Peter Sillen, 8 p.m.

May 19: Filmmaker Levi Abrino in-person, presenting his films, 8 p.m.

May 21: Films and videos by students from the Capital Area School for the Arts, 7:30 p.m.



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## A New View, New Hope

The Vista School educates, prepares autistic children for life.

*Peter Durantine*

More than a decade ago, Michael Jarman, a Harrisburg attorney with twin sons with autism, discovered that, regionally, the scope and quality of services for children with autism was beyond the reach of many families.

With a group of parents and professionals, many with a child with autism, Jarman started The Vista School in Hershey in February 2002. It's a non-profit institution to prepare children with autism spectrum disorder to function with increasing independence in the community.

"What Mike realized was there were all these resources out there that were not well-coordinated," said James Boudier, the school's chief operating officer. "His idea was to bring them together under one roof for consistency of care."

When it opened, the school served four children and today has more than 68 students, ranging in age from pre-kindergarten to secondary school age. The children come from nine counties in central Pennsylvania.

Boudier, whose son attends the school, said Vista prepares students for meaningful involvement in public school programs, community

activities and eventually the workplace, though they will always require some adult supervised guidance.

The children who attend Vista exhibit moderate to severe symptoms of autism. They often display delays, some significant, in communication and socialization skills; they engage in problematic or challenging behaviors that impact their ability to access regular educational settings, often require assistance for daily living, have limited ability to spend leisure time appropriately and require highly structured and systematic instruction for learning new skills.

Communication is the most significant issue. For students to function independently, they need to learn how to communicate effectively with people other than their family and teachers. "One of the first things we start to do here is give a child the tools to communicate," Boudier said.

One of those tools is picture icons. Students who have not yet achieved or mastered verbal skills get a book of pictures depicting wants, needs, desires and ideas they can use to communicate to staff.

Technology, in particular the iPad

with apps designed specifically for students with autism, is increasingly applied. One young man with an iPad moved his fingers deftly across the keypad, touching icons to tell his teacher he was hungry for chicken nuggets.

Watching the student with his iPad, Boudier said, "What these kids teach us is that there is a very active mind at work."

Vista's overall program uses applied behavior analysis (ABA), a methodology designed to apply the principles of learning and motivation through derived techniques to solve the problems faced by individuals with autism and those who serve them. Vista applies ABA strategies to solve challenging behaviors that hinder a child's functioning and to teach socially significant behaviors that are life-changing and lead to more independent, productive lives.

ABA has been proven to be the only effective treatment for individuals with autism, said Kirsten Yurich, Vista's clinical director. It's the approach taken both proactively, to design effective learning environments, and reactively, to solve the challenges faced by teachers and parents. It requires significant training of staff, a systematic and inductive approach to teaching, as well as a coordinated effort by all staff members.

Staff members are multi-disciplined in their teaching approach because "the needs of children with autism cross the array of disciplines," Boudier said. As the student



A Vista School student uses an iPad to communicate.

progresses, though, the level of staff intensity does decrease.

It's a costly program, funded through Medicaid, private insurance and the students' school districts, but a study done by three psychologists at the University of Houston shows such investments result in significant cost savings for society.

"Our results indicate that the state of Texas would save \$208,500 per child across 18 years of education with EIBI (Early Intense Behavioral Intervention)," cited the 2007 study.

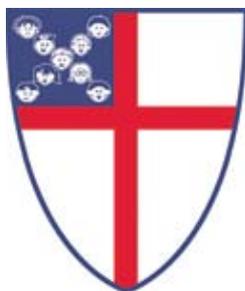
This August, Vista relocates to the former site of the Milton Hershey School's Springboard Academy, a bucolic campus setting along the Swatara Creek where, Boudier said, they will continue to help students to reach their potential.

*The Vista School, 1249 Cocoa Ave., Hershey; 717-835-0310, fax 717-835-0314 or visit [www.thevistaschool.org](http://www.thevistaschool.org).*

*The school is having a golf tournament fundraiser at 7:45 a.m. or 1:30 p.m., May 21, at Manada Golf Course, 609 Golf Lane, Grantville. For more, call Amy Hudson at 717-5540-9239 or [aludson01@verizon.net](mailto:aludson01@verizon.net).*

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**Taste This:** Rene Massengale, biotech professor and director of Harrisburg University's Food Science and Technology Center, opened the Consumer Insights Research Laboratory in April, inviting taste-testers to sample foods made by various manufacturers. More than 800 people have answered the call and the lab is looking for thousands more. To become a taste-tester, call 717-901-5155 or visit [www.HarrisburgU.edu/FSTC/CIRL](http://www.HarrisburgU.edu/FSTC/CIRL).

## Schools Chief Chat

New city superintendent engages community.

Lawrance Binda

The Harrisburg school district faces severe challenges in the near future, starting with a \$15 million shortfall forecast for the next academic year, said the district's newly appointed leader.

Superintendent Sybil Knight-Burney said that proposed cuts in state funding, along with rising expenses, leaves the district with a number of unpleasant options, including scaling back kindergarten to a half-day format and leaving pre-K learning entirely to the federally funded Capital Area Head Start.

Unlike many states, Pennsylvania does not require pre-K or kindergarten education.

"The mandatory start for school in Pennsylvania is 8 years old," she said. "We have to start with everything that is mandated, but it also means that we think outside the box."

Knight-Burney's comments came during a forum last month at Midtown Scholar Bookstore, scheduled shortly after the Harrisburg School Board, in a rerun of last month's vote, named her the city's new superintendent of schools.

She was appointed by a narrow, 5-4 vote to a full, three-year term at \$160,000 per year.

Knight-Burney said she regretted needing to relinquish pre-K education to Head Start, which only serves about 30 percent of eligible children and where a waiting list already exists. In addition, half-day kindergarten could detrimentally impact many families, who depend upon all-day school so that parents, many impoverished, can work full-time.

In another cost-cutting move, the district is in the process of closing down the William Penn School entirely. The circa-1926 school in Uptown, once a gem of the district but now in need of major repair, was partially shuttered this school year. Most of the students are being transferred to the Dauphin County



Superintendent Sybil Knight-Burney (right) discusses the state of Harrisburg schools with moderator Sheila Dow Ford last month at Midtown Scholar Bookstore.

Technical School.

On a more encouraging note, Knight-Burney said she hopes to begin action soon on reviving the idea of middle schools in Harrisburg. Under her plan, the city would have three types of schools—K-5, middle school and high school—thereby providing a feeder system from one level to the next.

"The needs of K-5 are very different from grades 6, 7 and 8," she said. "I will be discussing this with the school board."

She estimates that establishing a middle school system will cost about \$200,000, an amount she hopes will be offset through a federal School Improvement Grant.

Knight-Burney also said she hopes to encourage more parental and community involvement. The district recently began a Parent Academy to help promote more supportive home environments for learning, and she plans to begin a Harrisburg Youth Collaborative, which would engage the community in aiding students.

"This is a village, and we're all part of it," she said.

## New Era for Bishop McDevitt



Harrisburg Bishop Joseph P. McFadden broke earth last month for the new 87-acre Bishop McDevitt campus along Spring Creek Road in Lower Paxton Township. The school will replace Bishop McDevitt High School on Market Street in Harrisburg, where it has been since 1930. The new school is scheduled to open in fall 2012. Photo: The Catholic Witness.

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## On the Side of the Bay

Whitaker Center leads Chesapeake Bay education initiative.

*Peter Durantine*

It's the largest estuary in North America, third largest in the world, yet without greater education on how to protect it in the Harrisburg region and the rest of the watershed, the Chesapeake Bay's future is endangered.

To educate and inspire the 17 million residents who live in the watershed, which stretches from the southern tier of New York State to the coastal plains of Virginia, the Whitaker Center for Science and the Arts has embarked on a multi-media project that is anchored by a 42-minute large format film for IMAX theaters.

For decades, marine scientists and environmentalist have struggled against the tides of increasing

development, farm field and storm-water runoff and pollution that flows from the vast watershed that covers 64,000 miles in six states and Washington, D.C.

"The reason the bay hasn't changed is because the behaviors of the people who live in the watershed hasn't changed," said Michael Hanes, president and CEO of the Whitaker Center. "To succeed, we must engage and educate."

The \$10 million project, a combination of public and private monies, involves the Chesapeake Bay Foundation, the National Oceanic and Atmospheric Administration, the Smithsonian Environmental Research Center, Susquehanna River Basin

Commission, Penn State and various state and federal agencies.

The project has four elements: an interactive website, expected to launch this fall, that students from elementary school on can access and teachers can help develop curriculums; a traveling 4D science exhibit for schools, community centers and other venues; TV documentaries; and the sweeping IMAX film, "Expedition Chesapeake."

The film, the first IMAX about the Chesapeake Bay, is scheduled for release in spring 2013. It's designed to motivate people to become better stewards of the environment by, among others things, caring for their lawns and fertilizing their crops with fewer chemicals, said David Nixon, the film's director.

"We hope we can turn them on and show them they can make a difference," Nixon said.



In shooting a promotional short, Steve Groff and his son, David, of Cedar Meadow Farm in Holtwood, Pa., examine the cover crops that have helped make their land better for farming, and ultimately, the water.

The Whitaker Center is spearheading the project, the largest it has ever undertaken, because, said Hanes, "We are in the heart of the Chesapeake Bay watershed, and this initiative cuts to our core mission – to educate citizens, especially students, about the world around us."

The Whitaker Center can be found at [www.whitakercenter.org](http://www.whitakercenter.org).

The Chesapeake Bay Foundation is at [www.cbf.org](http://www.cbf.org).

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# Your Health

## A Good Health Move

Exercise: Rx for high-quality, long life.

Dr. John Goldman

A recent Center for Disease Control survey found that only one-third of Americans gets an adequate amount of exercise and 40 percent get no exercise at all. This lack of activity is unfortunate. It makes Americans much less healthy.

Exercise has a great effect on the "diseases of affluence" (heart disease, hypertension and diabetes) that are currently epidemic in the United States. People who exercise have a 45 percent reduced risk of developing heart disease, less than half the risk of having a stroke, less than half the risk of developing diabetes and a 35 percent reduced risk of developing high blood pressure than people who are sedentary.

Regular physical exercise makes it less likely you will develop cancer. It has also been shown to reduce the risk of colon cancer, breast cancer and prostate cancer. In breast cancer, it provides the most protection from the most aggressive tumors.

Exercise also protects neurological and emotional well-being. It protects against the development of Alzheimer's disease and, in fact, will improve memory for those who already have cognitive decline. It has been shown to improve emotional well being, and regular physical exercise is an effective medication in treating mild or moderate depression.

Exercise has so many beneficial effects that, unsurprisingly, people who exercise live longer than people who don't. Furthermore, exercise can help prevent the physical and mental declines of aging that many fear more than death itself.

Ideally, an exercise program should include both aerobic exercises (prolonged activity that keeps your heart rate elevated) and strength training (a weight-lifting program that involves all muscle groups). How long you have to exercise will depend upon the intensity of the exercise. If you engage in moderate-intensity aerobic exercise (brisk walking), you should exercise for at least 150 minutes a week. However, if you exercise intensely (running or jogging), you only have to exercise for 75 minutes per week.

The exercise should not be all in one session. Most experts would recommend at least three days of aerobic activity per week and two sessions of weight-lifting. However, the sessions can be divided up in several

smaller sessions.

If you are currently getting very little physical activity, it is important that you start slowly and work up slowly to more vigorous activity. Heart attacks and other cardiac events are rare during exercise. However, the risk goes up when you suddenly start a strenuous activity. Moderate-intensity exercise is generally safe for most people. However, if you have not been active and intend to start a high-intensity exercise program, it is a good idea to check with your doctor first.

Ironically, Americans often will spend hundreds of dollars on supplements and vitamins that have not been shown to actually improve their health. They would rather spend money on an unproven pill than start a simple exercise program that may cost them nothing more than the time involved. Exercise is one of the few ways proven to improve the both the quantity and quality of your life.



Dr. John Goldman is the Program Director of Internal Medicine at PinnacleHealth.

## Young Named President, CEO of PinnacleHealth



Harrisburg-based PinnacleHealth System has named Michael A. Young as its new president and CEO, starting in June. In this role, Young will be responsible for the overall executive management of the health system.

Young has more than 25 years of experience in leadership positions with health systems throughout the country. He currently serves as president and CEO of Grady Health System and Grady Memorial Hospital, a 953-bed facility in Atlanta.

Previously, he was president and CEO of Erie County Medical Center in Buffalo and was the long-time president and CEO of Lancaster General Hospital and Health System.

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## Girls Behaving Bodily

Roller derby: It's a jam for the ladies.

Pamazon



Final words: Harrisburg's Nuclear Knockouts get some inspiration from their coach before a match against the Suburban Brawl of the New York area.

I entered the Olympic Skating Center in Enola, nervous in a what-was-I-thinking kind of way. A woman in a bustier and fishnet stockings greeted me and introduced herself as Lilli Vanilli. She was helping to prepare those of us who had turned out for the Harrisburg Area Roller Derby's (HARD's) recruitment night.

The last time I had roller skated was during the Reagan administration, but Lilli matched new skaters up with helmets and other protective gear. She informed us that, since we wouldn't have mouth guards, no one would be able to "hit" us. "I hope you

won't be too disappointed," she apologized.

I was paired up with veteran derby girl, Betty Fishnetty, who shadowed me throughout the evening. Betty's teammate, Alexis Wrexas, led recruitment night, starting with an explanation of the game, a demonstration of a bout, and finally a chance for us to try some of the moves involved.

I enjoyed the feeling of speeding around the rink and miraculously stayed upright the whole time. We took turns whipping ourselves in and out of a line of skaters, by grabbing the waist of each skater ahead of us and using her as leverage to go past. I could see how the exhilaration and challenge, with the constant threat of falling, had drawn these women to the game.

Roller derby started as a genuine sport in the 1930s; by the early 70s, it had devolved into a professional wrestling-type theatrical display, with outrageous spectacle and pre-determined outcomes. There were several attempts to revive legitimate derby, but it wasn't until the turn of

the century that it caught on. Today, there are more than 450 roller derby leagues governed by the Women's Flat Track Derby Association.

While the sport itself is no longer faked, some bits of its over-the-top past remain, including skimpy apparel and outlandish names. HARD skaters asked me to use only their derby names for this article, while they cheerfully encouraged my choice of moniker (see by-line). I passed on the skimpy apparel.

The teams—HARD has two of them—train hard, with two to three practices a week, in addition to the expectation that members will rack up additional hours on skates at other times. I watched them practice for two hours after recruitment night ended. It was grueling, with equal parts cardiovascular workout, agility training and strategy drills, followed by a scrimmage.

A few weeks later, I was back to see a real bout, with HARD's neon green "Nuclear Knockouts" skating against the "Suburban Brawl" from Westchester, N.Y. Everyone involved in the bout had a derby name; from announcer Max the Axe to referee Ted

Nuisance to EMT Stanley Whiplash, who stood-by in lime green scrubs.

A bout consists of two 30-minute periods, each of which is broken up into two-minute "jams". A jam begins when a pack of four "blockers" from each team begins skating. One "jammer" from each team, starting several yards behind the pack, attempts to lap the blockers of the opposing team, scoring points.

Last year, the Brawl had soundly beaten the HARD team, so the Knockouts were looking for revenge. The Brawl took the lead early, though, and the Knockouts were never able to climb back on top, although they did cut a large deficit to end the day with a score of 159-175.

The Knockouts have a bout May 1 at home, followed by another recruitment night on May 4. They will compete in Houston at the end of the month, the farthest they have ever journeyed as a team. Asked about her expectations for the trip, Alexis Wrexas quipped, "Houston, you're about to have a big problem."

*After her flirtation with roller derby, writer Pamela Waters, aka Pamazon, hung up her skates. For more information, visit [www.HarrisburgAreaRollerDerby.com](http://www.HarrisburgAreaRollerDerby.com).*

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# Before you travel,

## get peace of mind.

### **Why take chances? Why risk a disastrous trip?**

Perhaps your destination puts you at risk for yellow fever, typhoid or malaria. Maybe you need updated on other vaccinations in preparation for your trip. Consider that some travelers are likely to encounter less serious, but extremely uncomfortable conditions like gastrointestinal problems.

When you schedule international travel for business or pleasure, first schedule a visit to the **PinnacleHealth Travel Clinic**. No matter where you're heading, our professionals know the latest in illness prevention.

Our experienced staff provides immunizations, medications and basic travel information for your destination. We make sure that you have internationally accepted certificates of your vaccination if you need them.

Get the medical support you need before you travel. **You don't need a referral.**  
Call us today to protect your health and enjoy your trip.

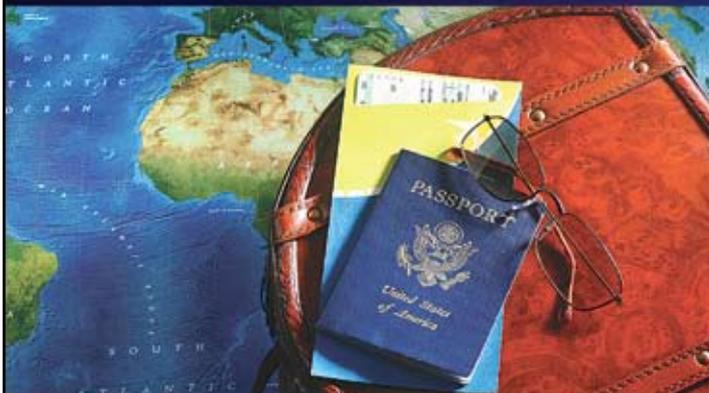
**PinnacleHealth Travel Clinic, (717) 614-4420**

**Proven Care from Trusted Providers.**   

**PINNACLEHEALTH**  **Proven.**

(717) 614-4420

[pinnaclehealth.org](http://pinnaclehealth.org)



# 3rd IN THE BURG

ART, MUSIC & MORE ...

FRIDAY, MAY 20



THE THIRD FRIDAY OF EACH MONTH IN HARRISBURG



**Gallery@Second** • 608 N 2nd St • 233-2498 • galleryatsecond.com • Featured artists are Stacey Martin and Karen Commings. Music by Jonathan Frazier. Plus visit "The Upstairs Gallery" showcasing over 200 pieces of artwork. Food and drink served, 6-9p.



**Gallery at Walnut Place** • 413 Walnut St • 233-0487 • The photography of Scott Miller of Mechanicsburg, a businessman turned artist. Reception, 5-8p.

## Nonna's DeliSioso •

263 Reily St • 232-6150 • nonnasdeli.com • Before visiting the galleries, come, relax and enjoy home-made Italian favorites just like our Nonna made! 10% off 3-5p. Don't forget to BYOB.



**Mangia Qui** • 272 North St • 233-7358 • Paintings by Elide Hower & Joanne Landis. Featured cocktail: Count Diablo.



**Midtown Scholar Bookstore** • 1302 N 3rd St • 236-1680 • midtownscholar.com • The science of coffee (cupping), noon. Sample organic teas, 2p. Gamut Players present "TMI" improv theater, 6-7p. Yellow Wall Gallery reception for Stephen Fieser's "Juxtapose: Small Drawings and Prints about the Human Figure," 6-9p. Singer-songwriters Craig Bickhardt & Lizanne Knott, 7-9:30p. Live art auction to benefit 3rd in The Burg, Sunday, May 22, 3p.



**Midtown Cinema** • 250 Reily St • 909-6566 • Movie trivia, prizes & free popcorn, 7:30p.

## 3rd Street Studio •

1725 N 3rd St • 385-3315 • 3rdstreetstudio.org • "Prologue of My Self," a solo art exhibition by Josh Ari Selvey, featuring original storytelling through comic art and hero creation, 6-9p.



**City House B&B** • 915 N Front St • 903-2489 • cityhousebb.com • We're closed this month for a private event. Join us next month!



**Open Stage of Harrisburg** • 223 Walnut St (street level of Walnut St. Garage) • 232-1505 • openstagehbg.com • OSHKids Performance Company, Open Stage's Children's Theatre Group, presents FEAR STALKS THE AIRWAVES, a 1930s style radio mystery! This show celebrates Theatre By Kids For Everyone! Mystery! Mayhem! Comedy! Sound Effects! Great for all ages! Curtain: May 20 & 21, 7p; May 21 & 22, 2p. Tickets are general admission: \$8 advanced/\$10 door.

**Harrisburg Bike Taxi** rides available during 3rd in The Burg for "Tips Only." Call 461-2202 for a lift and thanks for "Getting There The Green Way."



## Other Participating Businesses

- **Art Association of Harrisburg**, 21 N Front St
- **Broad Street Market**, 1233 N. 3rd St (sponsored by Mangia Qui)
- **Garden Fresh Market & Deli**, 1300 N 3rd St
- **The HodgePodgery**, 1100 N 3rd St
- **Mantis Collective Gallery**, 1306 N 3rd St
- **Whitaker Center**, 222 Market St



FOR MORE INFO & A PRINTABLE MAP: [WWW.3RDINTHEBURG.COM](http://WWW.3RDINTHEBURG.COM)