

TheBurg

Greater Harrisburg's Community Newspaper

July 2012



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Receiver Orders Council to Comply

Harrisburg's receiver said last month that he would seek a court order to force the City Council to comply with elements of the financial recovery plan.

Receiver William Lynch told the council that he would ask the Commonwealth Court to mandate council members to raise the resident earned income tax from .5 to 1.5 percent and to fund the position of city communications director.

As of press time, the council had refused to pass these parts of the recovery plan.

"Time is of the essence," Lynch told council. "Delay does nothing but make the situation worse."

In response, several council members repeated their position that Harrisburg's debt cannot be retired simply through asset sales and by imposing higher taxes on city residents, but that another revenue source was needed—such as a commuter tax or county-wide sales tax.

Council members also have advocated a "universal solution," which would include creditor concessions, as well as asset sales and tax hikes.

In addition, city Controller Dan Miller has refused to sign off on an agreement between the Thompson administration and New York-based Guernsey's to auction off the city's vast collection of museum artifacts. He also may face a court mandate to comply.

City May Form Environment Body

The Harrisburg City Council finally may have found something in the city's financial recovery plan it likes—a proposal to establish an Environmental Advisory Committee.

The council's Public Works Committee last month held a first hearing on forming a body that would advise and carry out environmental projects and education.

The committee would be funded by a \$1-per-ton fee on solid waste known as the "host fee." Harrisburg receives this fee because it hosts the incinerator, which also accepts waste from other municipalities.

In 2007, former Mayor Stephen Reed signed an agreement that turned over the fee to the Harrisburg Authority in exchange for allowing the city to house certain items, including its vast collection of museum artifacts, on authority property. The fee generates about \$280,000 per year, said authority member Bill Cluck.

Former receiver David Unkovic recommended ending the agreement with the authority and using the money to help improve the city's environmental and sanitary conditions.

The City Council never approved the agreement, as the Reed administration acted unilaterally. Therefore, Councilwoman Sandra Reid said she is hopeful that Mayor Linda Thompson could exit the agreement by executive order.

Council Poised to OK Glass Factory Rehab

The Harrisburg City Council gave a preliminary endorsement last month to a project designed to convert a dilapidated factory into apartments.

Councilwoman Susan Brown-Wilson, chair of the Community and Economic Development Committee, said she would recommend that the full council approve the plan by Skynet Property Management to turn the century-old, long-abandoned Glass Factory into 31 efficiency and one-bedroom apartments.

"I think it'll be great for the neighborhood," said Councilman Kelly Summerford, echoing the comments of other council members.

Council approval is the last city action needed by Skynet before it can begin renovation of the building at N. 3rd and Muench streets, which long has sat as an abandoned shell.

However, Skynet President Josh Juffe said his company has had trouble finding financing for the \$1.2 million project. "Everything in construction in Harrisburg is very tough with the banks," he said.

Juffe is optimistic he will secure financing in 30 to 45 days. The renovation then should take three or four months, he said.

The council is expected to approve two other projects: a new, 9,180-square-foot Family Dollar Store at 18th and Derry streets and the conversion of the historic Barto Building at N. 3rd and State streets into 50 condominium units.

Harrisburg on Track to Go Broke in Fall

Harrisburg will run out of money sometime in September, the receiver's office said last month.

In a report to the Commonwealth Court, receiver William Lynch stated that the city's bank account should be positive through the summer before dipping into the red.

At the end of May, the city had almost \$5.6 million in the bank. That money, though, will diminish quickly as the bulk of the city's tax revenues are received in the spring.

Lynch also stated that no decision has been made on whether to make a large general obligation bond payment due in September.

—Lawrance Binda

TheBurg

Greater Harrisburg's Community Newspaper

General & Letters

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City Hall

Private Donations Spark Fireworks Display

The July 4 fireworks are a go, as two businesses have contributed \$20,000 to save the annual patriotic display on the Harrisburg waterfront.

Mayor Linda Thompson last month said that local restaurant and nightclub owner Ron Kamionka kicked in \$10,000, while MuniServices, a company that helps municipalities recover revenue, contributed another \$10,000.

Earlier in the month, the city said it may not be able to hold the show because corporate contributions fell short of the amount needed.

Thompson said Kamionka, who owns such downtown clubs as Sawyers and the Hardware Bar, then volunteered \$10,000.

Lynn Poulos, regional account manager for MuniServices, said she read a news article about Harrisburg's struggle to pay for a fireworks show, then convinced her company to match Kamionka's donation. Poulos said her company currently has no business relationship with Harrisburg.

The fireworks show will take place at dusk on Wednesday, July 4.

The annual Independence Day festival, also known as the Jazz and Multicultural Festival, will be held the previous weekend in Riverfront Park, beginning at noon on June 29 and continuing through Sunday, July 1.

The festival will feature two stages of music, as well as food, vendors, dance, activities, rides and more. The festival and the fireworks show both are privately funded, said Thompson.



July 4 fireworks are on at Harrisburg waterfront.



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The Face of Harrisburg

David Biser does more than portray John Harris Jr.; he inhabits him.

Lawrance Binda

John Harris Jr. steps up before the large assembled crowd, clears his throat once and begins to speak.

Perhaps he's about to explain his ambitious vision for his new town or tell a story about his father, who began a ferry service across the Susquehanna River some decades before.

Or maybe he's going to share with his fellow colonists the new Declaration of Independence, an audacious document just drafted back east in Philadelphia by a group of guys he knows.

Except that, once you take your eyes off the gentleman in the breeches and tricorn hat, the crowd around you is distinctly 21st century American: shorts, T-shirts, sweaty, paunchy.

What gives?

Thanks to the Rev. David Biser, you've been temporarily lost in a historical fantasy.

Of course, deep down, you know you're not actually watching the founder of Harrisburg speak. But, with Biser's knowledge and interpretive skills, it's easy to enter the world he's created, circa 1780.

"John Harris was an incredible individual," said Biser. "He didn't sign the Declaration of Independence, but he did a whole lot of work to make America happen."

For the past seven years, Biser has been the embodiment of Harris, appearing in period costume at countless festivals, fundraisers, celebrations and other events. Almost every July 4, he stands on the steps of the Harris-Cameron Mansion and reads—excuse me, delivers—the Declaration of Independence.

If you've seen him perform more than once, it's difficult to think of Harris Jr. without Biser's face popping into your head.

This type of authenticity takes hard work, demonstrating the long hours that Biser has spent reading and researching. Everything is accurate: from the way he comports himself to the words he uses to his clothing, which is handmade by his wife Julie using period patterns and materials.

"At the level of portrayal we strive for, everything is authentic to the time period," said Biser, 50, whose nowadays job is vision pastor of CrossPoint United Methodist Church just outside Harrisburg.

In many ways, Biser has prepared for much of his life to play Harris.

A graduate of Cedar Cliff High School, he honeymooned at Colonial Williamsburg and later joined the Donegal Township Riflemen, who portray life in that Lancaster County militia in the mid- to late-1700s.

His work as a historical interpreter

brought him to the attention of Kathryn McCorkle, executive director of the Historical Society of Dauphin County, who asked him to play John Harris Jr. on behalf of the society. He agreed, as long as he was given leeway to interpret Harris' life, not just dress like him.

"He is so good that I once asked him to re-enact another historical figure," said McCorkle. "A woman who was at that event said to me, 'Don't ever do that again. I can't imagine him as anyone else besides John Harris Jr.'"

Despite his efforts, Biser acknowledges that any interpretation has limitations.

We can read Harris' writings, but don't really know how he spoke each day or his accent. In fact, we're not even sure what he looked like, as a portrait—which almost certainly existed given Harris' wealth and regional prominence—has never been found.

In addition, Biser always needs to fight the battle of romanticizing the past, something easy for both interpreters and audiences to fall into.

"Historical re-enactments are often a romanticized view," he said. "You never see the chamber pots. You never see the outhouses. You never see the dirt."

Among the details of Harris' life that today we might question: he was a slaveowner who remarried the same



Hear ye: Harrisburg founder John Harris Jr. (aka, Rev. David Biser) prepares to address his townsfolk outside the Harris-Cameron Mansion on Front Street.

year his first wife died and fathered 16 children.

But one thing is certain—Harris played a fundamental role in shaping our lives today.

He was the first to have Harrisburg laid out as a town and played a leading role in establishing Dauphin County, with Harrisburg as its seat. In his will, he provided land to the commonwealth to encourage the state capital to move to Harrisburg. Twenty years later, it happened.

"There were many secondary founding fathers who played an essential role in the founding of America, and John Harris was one of them," said Biser. "I'm honored to be able to portray him."

If you'd like John Harris Jr. to speak at your school or other event, contact the Historical Society of Dauphin County at 717-233-3462 or visit <http://dauphincountyhistory.org>. Due to a schedule conflict, Biser will not portray Harris on July 4 at the Harris-Cameron Mansion this year. Instead, the Declaration of Independence will be read by a Benjamin Franklin portrayer (details p.13).

The Annual SHIPOKE Flea Market

When: Saturday, July 14, 2012, 7:00 AM—2:00 PM

Where: Harrisburg, Riverfront Park in SHIPOKE

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Smooth Ride for Pride

This year, no hitches for festival, parade.

Lawrance Binda



Pride Festival of Central PA President Brad Martin in Riverfront Park, near where the annual festival will take place this month.

Brad Martin doesn't especially like to talk about the controversy surrounding last year's Pride Festival, but, if asked, he will.

Mostly, he stresses the positives that came about following days of publicity over butting heads with the city over a permit and the eventual cancellation of the parade.

This year, he stresses, the process couldn't be smoother.

The festival received a permit from Harrisburg in less than a day. The

Department of Parks, Recreation and Enrichment has been a dream to work with, he said. Relations with the city have never been better. In addition, the dispute brought new attention to the festival and many new volunteers.

"We've had no problems this year at all," said Martin, president of the Pride Festival of Central PA board of directors. "We're really eager for the parade, and we have a lot more people who are excited about it."

The experience also has helped change Martin's own thoughts on the area and the organization he now heads.

Martin, 35, considers himself lucky. He long has been accepted by his family, his co-workers and his customers at the UPS Store in Palmyra. He also is in a long-term relationship with his partner, Adam, who, in turn, is supported by his family.

The stressful situation last year—which had media calling him at all times of the day and TV news crews setting up outside his workplace—solidified those relationships, he said. It also showed him that traditionally conservative central Pennsylvania had become more tolerant over the years.

"It's slow, but it's happening," he said. "This area is much more

accepting than it was just five years ago."

This acceptance has led Martin to consider new paths for Pride. He would like to ally the organization with other groups, both gay and straight, and become more visible in the community—perhaps participating in other area parades and festivals.

"We want to do that, but want to feel comfortable enough and welcome enough to do that," he said.

Martin also would like Pride to be known for other events beyond the festival, as Pride's calendar is filled with events and fundraisers throughout the year.

The festival, though, will continue to be the highlight of the group's year, an annual summertime celebration of diversity marked by music, dancing, joy and color.

Martin would like to expand it to a two-day event, perhaps as early as next year.

A single day is just too short, he believes, and prevents Pride from attracting some bigger names to its stage. He also would like the festival to be more like Harrisburg's larger Riverfront Park events, such as Artsfest and Kipona.

"I want everyone to feel that they can attend our event: gay, straight, bi,

transgender, whatever," Martin said. "I just enjoy serving the community, and this is the best way I feel that I can serve the community."

The Pride Festival of Central PA takes place July 28 in Riverfront Park, Harrisburg. It starts with the parade down Front Street at 11 a.m. The festival runs noon to 5 p.m., with an \$8 admission fee. For more information, including an events schedule and other PrideWeek activities, and to sponsor, donate or volunteer, visit www.centralpapridefestival.com.

Party on the Bridge Returns for July 4

Modern Transit Partnership hosts its 12th annual Fireworks Express on the Capital Area Transit Bridge on July 4. The private, catered party offers a premier vantage point to view Harrisburg's fireworks.

Also included in the ticket price is a train ride from the Harrisburg Transportation Center, departing at 7:30 p.m., and a light supper, beer, wine and beverages. Ticket pricing: adults age 21-62 is \$55; under 21 years old, \$15; seniors 63 and older, \$45; and children under five, free.

For more information, tickets and sponsorships, contact Modern Transit at 717-238-2400 or e-mail jshade@mtpttransit.org.

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Around Town

A Town with a Heart

Quaint, walkable Hummelstown set to turn 250.

Barbara Trainin Blank

Hummelstown, population of 4,500, may seem like a very “small town,” but, when Barb Miller was a child, it was the “big city.”

“My aunt used to take us for Christmas shopping at Hower’s Department Store,” said Miller, who grew up in Shellsville. “When my sister started high school [there], I thought she was so lucky. Six years later, I came. Because we had only one car, my Dad had to drive us in for activities.”

At 21, she moved to Hummelstown and, not long after, married Bradley Miller, now mayor. “We moved into our house on Main Street the week of Three Mile Island,” she recalled. “We liked it so much. There are beautiful businesses, the people are nice, and the level of volunteering is unbelievable.”

Her husband agreed. “We thought it was a wonderful neighborhood to raise children in, and we liked the Lower Dauphin School District,” he said. “The borough is a nice-looking town, with great places to shop and eat.”

Other highlights are CAT’s Park-N-Ride for commuters on 2nd Street, working with the fire company—which the mayor calls a “great group of volunteers who give so much of themselves”—and an impressive

police department, borough manager and council.

Borough Councilman Robert “Red” Jones, a scientist, is a former president of the council and the school board. Originally from Jonestown, he and his wife moved to Hummelstown in 1973 when he became a professor at the medical school.

“We thought of living in the country,” Jones said. “But our friends who did were spending most of their time as a ‘taxi service’ for their kids, who went to school in Hummelstown. We saw that our kids could walk to school. Both of us had grown up in small towns, and Hummelstown had that 1950s feel.”

The local government—composed of people who “want to do the right thing,” impressed Jones. And the volunteerism; after the flood last fall, a few hundred answered the call to help pump water out of neighbors’ homes. Dozens are volunteering for Hummelstown 250, the anniversary celebration Barb Miller is chairing. “That doesn’t happen everywhere,” he said.

Bill Jackson’s position as editor of the Antique Auto Magazine brought him and his wife to Hershey in 1968. “We were riding around with a real

estate guy,” recalled Jackson, editor of The Sun for many years; his wife, Rosemary, was publisher. “I asked why a town like Hershey didn’t have its own newspaper.” He looked at me and said, ‘How did you know The Sun’s for sale?’”

He didn’t. Hummelstown had seemed like a “creaky old town down the road.” Nonetheless, the couple went to the newspaper, and bought it from the Hartwell family, owners since 1913.

“Hummelstown is a town with a heart,” he said. “It has everything—restaurants, drugstore, furniture store, a town center, with cradle-to-grave activity, a food bank. A church ministerium. We take care of our own.”

Another source of pride: the new public library at 2nd and Railroad.

Debra and Dave Buffington are “newbies” who love Hummelstown.

“We’ve lived in the area for ‘only 17’ years,” joked Dave Buffington, who took over The Sun as editor/publisher in 2007. “We’re actually residents of Derry Township but with a Hummelstown address—like a lot of people in the area. We’ve adopted Hummelstown as our town. This is a



Hummelstown Mayor Bradley Miller and his wife Barb relax in front of one of the town’s many historic downtown buildings.

walkable community, with an identity. We’re here for the long haul. Some cities are dying, but towns are doing just fine.”

On any evening, you can find people are walking around—and they’re not just lost tourists with a map,” Buffington said with a laugh.

You can sense the borough’s spirit in its celebration, he said. “Not just one parade and thank-you-very-much, but more than two weeks of event—all organized by volunteers.”

In sum, said the mayor, “What is special about the community? What isn’t?”

After the preview events of March to June, the Hummelstown 250th Anniversary Celebration gets underway July 8 to 22. For details, visit www.hummelstown250.com.

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Around Town

Poking around Shipoke

Join the celebration at the annual flea market.

Lawrance Binda



Bag a bargain: The Shipoke flea market attracts hordes of eager shoppers each year.

Gently used clothing. Office equipment. Records. Lamps. Bric-a-brac. This and that. Trinkets, knick-knacks, baubles, gewgaws.

For 30-some years, browsers, bargain-hunters and serious used goods buyers have flocked to the Harrisburg waterfront each July for the Shipoke Flea Market.

They know that rummaging the tables and boxes set up along Riverfront Park could yield unexpected treasures, new-to-you items or just some really good deals.

How long have you been yearning for those vintage rainbow suspenders? You just may find them here!

Bill Renz, who spearheads the annual event on behalf of the Shipoke Neighborhood Association, said that this year's flea market holds special meaning as the historic, quaint neighborhood continues to recover from last year's devastating flood. It's a chance for residents to celebrate the renaissance and endurance of their lovely community.

"The flea market offers a great way for our neighbors to once again come together as a community to sell their wares," he said. "It is also a great way for folks from outside the community to find values and to spend a wonderful day along the river."

On July 14, Renz and his team of committed neighbors will start at daybreak, preparing for the arrival of more than 80 local and outside exhibitors, some as far away as Johnstown and Baltimore.

At 7 a.m., the shopping begins, with flea market veterans, many who return year after year, already eager to unearth what they believe are the choicest goods.

For early-morning sustenance, residents and visitors alike grab the fresh-brewed coffee and homemade baked goods, made by neighbors and available on site. A little later, the grills get fired up for hot dogs and sausages.

"We've been told that our grill masters are some of the best in the business," said Renz.

The flea market coincides with the Annual Pump Primers event, where visitors can watch antique fire trucks pump water into the Susquehanna River.

"Folks absolutely love the neighborhood as well as the setting," said Renz.

All proceeds go toward beautifying Shipoke, which lost many trees and suffered severe damage in the flood.

"We want everyone to be able to enjoy this special little gem in our fine city," said Renz.

The Shipoke Flea Market takes place Saturday, July 14, 7 a.m. to 2 p.m., at Riverfront Park in Shipoke, rain or shine. This year, parking has expanded to include the PinnacleHealth parking garage nearby on N. 2nd Street.

Free HSO Concerts

Maestro Stuart Malina and the Harrisburg Symphony Orchestra celebrate the nation's independence this month with music for the whole family. Locations are:

- July 1, 7:30 p.m., at the Carlisle Summerfair on Dickinson College's Quad.
- July 3, 8 p.m., Negley Park, Lemoyne.
- July 4, 7:45 p.m., Metro Bank Park, Harrisburg.

More information at 717-545-5527 or HarrisburgSymphony.org.

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July 20-21
Chevy Car Show – July 22



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The Chevy Century

Exhibit reflects on 100 years of the car maker's history.

Peter Durantine

Gorgeous best describes the look of the 1937 Chevy Cabriolet, sleek, with lines and curves that give the automobile's design a windswept continuity, a car for the era's fast, modern roads.

It's one of 36 on display for the "100 Years of Chevrolet" exhibit that opened in June at the Antique Automobile Club of America Museum in Hershey and runs through Oct. 14, 2012.

With its burgundy body and cream-colored convertible top, the '37 Cabriolet is a rare vehicle, apparently one of only 1,724 made that year.

"We don't know too much about this car," said Michael Barrett, the museum's executive director. "It could have been a design experiment. This car has more design features on it than any Chevrolet model at that time."

Design is where Chevrolet leads in auto manufacturing, and it's the exhibit's focus, Barrett said. Stroll the eras, from post World War I to the sports car '50s to the muscle car '60s into the 2000s. The emphasis is on cars with style, design and features.

There's the 1918 V-8 Touring car, on loan from Warren Becker of Lititz, a larger than normal vehicle at the time and an experiment with eight cylinder engines that did not dominate cars until the '50s and '60s.



Drove my Chevy: A 1918 V-8 Touring Car and a 1937 Cabriolet are two of the highlights of the "100 Years of Chevrolet" exhibit at AACA.

Becker's grandfather bought the car when it rolled off the assembly line, and it has been in the family for nearly a century. It sold for \$1,385, which, along with its size, did not make it a popular seller in its day.

"People weren't ready to pay for such a big car," Barrett said.

Indeed, back then, "Everyman's car," according to an old advertisement among the framed art works around the museum, cost about \$485.

Notably, the exhibit does not dwell on the 1920s, but picks up in the 1930s when, Barrett said, "Chevrolet was again a design leader."

Chevrolet's designs included such features as chrome-laced lights, fender skirts, running boards and the vehicle that generations later is still popular

—the Suburban. The exhibit offers a 1935 Suburban, the first year they were made.

Not only was the Suburban popular with families then, but also with farmers, ranchers and businesses.

"Interestingly enough, the utility companies used it because they could put men in the back of it," Barrett said.

The Chevrolet century was more than just making well-designed cars; it was about marketing them, too. Chevrolet defined for the public a sense of family and American life — mom, flag and apple pie, said Nancy Gates, the museum's spokeswoman.

"They were much more family-oriented than the shows they sponsored," she said.

The exhibit offers examples of this, including advertisements of Dinah Shore, whose 1950s TV show the car company sponsored with the signature song that blared from their sets: "See ... the ... USA in Your Chevrolet."

"100 Years of Chevrolet" runs through Oct. 14 at the AACA Museum, 161 Museum Dr., Hershey. The museum also is inviting anyone with anything Chevrolet to a non-judged "All Chevrolet Car Show" on the museum grounds on Sunday, July 22. For information, call 717-566-7100 or visit www.aacamuseum.org.

School Programs Cut, Budget Balanced

The Harrisburg school board last month closed a large budget gap at the last minute, though vital programs remained under threat.

Just days before deadline, the board was able to balance its \$125 million budget through unanticipated revenue, better-than-expected tax collections and additional staff layoffs. The budget also raised the school part of the property tax by 2.5 percent.

However, at press time, the board still was awaiting word on the status of a state Accountability Block Grant that could save kindergarten, which was cut during the budget process. If funded, kindergarten probably would be cut from full-day to half-day, said school administrators.

Sports, also cut in the budget, could return through fundraising efforts by the Harrisburg Public Schools Foundation (see story, p. 20).



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Parsing Corruption

Laws are meant to be followed, not dodged.

Lawrance Binda

What exactly is corruption? In Harrisburg, the definition of that word has been the subject of much discussion recently.

Is corruption just about taking bribes or stealing public money, to the direct, personal benefit of a public official?

Or is the definition broader? Does corruption include purposely flouting, twisting, ignoring, bending and going around the law, even when a direct personal benefit cannot be proven?

The latter, I've found, is far more common in government. More than desiring to get rich, politicians want their stuff to get done, and sometimes nettlesome laws stand in their way.

They may not be directly taking bribes, but they're still breaking the law for their own self-interest. They want to get re-elected, keep their jobs, make names for themselves and reward their political allies.

Which bring us to Harrisburg.

Last month, former receiver David Unkovic wrote an op-ed for the Patriot-News, in which he said, in part:

"Many in the capital have treated the law simply as an 'object' or a 'hurdle' to be manipulated as necessary to accomplish a political goal. I believe the disdain for the law is so embedded in Harrisburg's political culture that it constitutes a very insidious form of corruption."

Many in Harrisburg agree with Unkovic that the actions surrounding the financing of the city incinerator constitutes corruption, and they want the U.S. Department of Justice to investigate—now. But will that happen?

For many years, I lived in Washington, D.C., so I still like to follow the local politics in that city.

Lately, it's been ugly. Several federal investigations have nabbed two mayoral aides for campaign violations, and two of the city's 12 council members have resigned after being arrested.

One of the councilmen admitted to stealing \$350,000 in public money, and the other said that he inflated his salary to secure a boat loan.

Now, these are crimes that the Justice Department can understand:

campaign shenanigans and politicians with their hands in the till. Even the apparently silly boat loan thing seems to have arisen from a wider probe of the councilman's finances.

But Harrisburg's situation is different, and, unfortunately, prosecutors have had tremendous tolerance for public actions that can be couched, even in the most tortured ways, as part of a performance of duty.

Was what happened in Harrisburg an overreach of power? An immoral action? A situation that spiraled out of control?

Over the years, this complex, multi-layered story was all those things, but, in many cases, it also was, as Unkovic asserts, outright corruption.

Among the corruption that Unkovic writes about: purposely flouting laws that limit the amount of debt a city can accumulate, that require a performance bond for major public projects and that affirm that a project can generate enough revenue to pay for itself.

To push through the Harrisburg incinerator retrofit, which has now buried the city in some \$320 million in debt, all these laws were dodged, according to a forensic audit released earlier this year by the Harrisburg Authority.

In addition, the years-long inflation and diversion of sewer fees to cover general budget shortfalls seems corrupt on its face. The alleged diversion of bond fees for other purposes appears almost as suspect.

Nonetheless, I'm skeptical that the Justice Department, much less the state's attorney general's office, will see it this way.

We already know that, several years ago, the FBI poked around Harrisburg's government center, but no action was ever taken.

And, in an infamous case from the early 1990s, a district attorney and a Dauphin County judge both criticized former Mayor Stephen Reed for circumventing laws that required City Council approval before spending money. Reed, however, faced no other consequences, allowing him and his allies to continue to disregard laws

specifically put in place to ensure responsible government and fiscal accountability.

I fear the attitude among investigators today remains unchanged—that charges will be filed only when big bags of money get deposited into an office-holder's personal bank account. Blatant disregard for the law seems to be a far lesser concern, even though it can be much more harmful to the public.

Recently, Harrisburg Authority member Bill Cluck has called for a special prosecutor to investigate the financing of the Harrisburg incinerator retrofit.

Indeed, a special prosecutor, given the time and resources to mount a thorough probe, might stand the best chance of truly analyzing

what happened, of sifting through the web of deals over many years.

In addition, a special prosecutor might have a broader definition of the word "corruption," one that goes beyond a politician sticking wads of cash in his pocket or forcing his staff to work for his campaign.

In Harrisburg and Dauphin County, it's way past time to expect more from our elected and appointed officials. They need to have a greater understanding of the public trust, one in which the law is followed—not looked at as an obstacle to go around.

Even more than ensuring justice, an investigation into how the public's business was done during the Reed administration might help re-establish respect for the law that seems to have gone missing for so many years.



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Protecting Harrisburg

Defense of important city was sudden, ad hoc.

Jason Wilson

From its beginnings, Harrisburg's location astride the Susquehanna River and Appalachians made it a significant hub for transportation from all directions. This significance was even more evident when the Pennsylvania canal, and later Cumberland Valley, Pennsylvania and Northern Central railroads, constructed bridges around the city.

Owing not only to its stature as the capital of the commonwealth, but also to this network of roads, railroads and canals, it was a logical location during the Civil War for Camp Curtin, the largest mustering and training camp in the north during the war. Despite the location, importance and presence of Camp Curtin, Harrisburg was scarcely defended when compared with other important military targets.

One reason for this might be the initial consensus that the war would be short. Therefore there was no real hurry to fortify the bluffs across the river.

After this myth was dispelled by the First Battle of Bull Run, military resources were largely focused southward, and no one believed the city could be a legitimate target, until the north's military setbacks of July and August 1862.

By early September 1862, Robert E. Lee's army was on the move northward. Quickly, Pennsylvania emergency militia troops were formed to help repel the invasion.

Fortunately, Lee's army was fought to a draw at the battle of Antietam, the bloodiest single day in American history. Ideally, this dramatic and bloody battle, in which the Union claimed victory, should have alerted state and city officials to the need for increased forts and earthworks west and south of Harrisburg, but, again, nothing was done until early June of 1863.

In June, victorious after smashing the Union army at Chancellorsville, Lee's rebels again marched north. This time, there was little to impede their march.

Harrisburg, like the rest of south-central Pennsylvania, was in turmoil and stood open to invasion. President Lincoln called for another 100,000 emergency troops, but only 30,000 responded. General Darius N. Couch, head of the newly created Department of the Susquehanna now at Harrisburg, finally began creating a series of earthworks opposite the city. It also prepared to fire or dynamite most of the bridges crossing the Susquehanna River near the city.

As the Confederates approached and captured York, the bridge at Columbia/Wrightsville was burned on June 28. The next day, Lee's army was ordered to concentrate around Gettysburg, saving Harrisburg from potential capture.

After Gettysburg, the Department of the Susquehanna moved back to Chambersburg, and Camp Curtin returned to the business of sending troops and supplies to the front. It also was used as a prisoner-of-war camp. Some of the Confederate POWs who died as laborers are buried in Harrisburg Cemetery, as well as other cemeteries around Dauphin County.

The Gettysburg campaign was the last time during the Civil War that Harrisburg was in peril as the war continued to rage in southern Virginia.



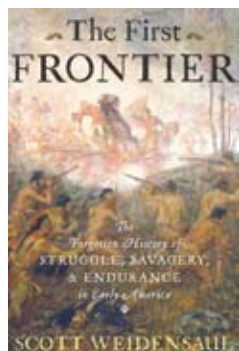
Scenes of war: Above, a military encampment on the west shore of the Susquehanna River (photo courtesy of the Historical Society of Dauphin County); below, protecting Harrisburg from the Confederates, 1863 (photo courtesy of the National Civil War Museum).



Camp Curtin lasted until November of 1865 when, with the war finally over, it officially closed.

Jason Wilson is a research historian for the Capitol Preservation Committee.

Then & Now



Saturday 7/21 is PA Frontier History Day!

- 2 pm: Brady Crytzer on FORT PITT
- 2:30 pm: Reception to benefit the NED SMITH CENTER for Nature and Art
- 3 pm: Book talk by Pulitzer-prize nominee Scott Weidensaul on THE FIRST FRONTIER



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The street and light pole are more cracked, but the view up N. 2nd Street from South Street today (right) looks similar to that of 1921 (left). Unfortunately, the trolley tracks are long gone, but the row of buildings across the street, anchored by the former Egypt nightclub, remains intact.

Events in Our Area

Festival of India

July 1: Get a taste and some culture of the subcontinent at the Festival of India, featuring free vegetarian Indian food, music, dance performances and more. While there, visit the jewelry and clothing vendors. Riverfront Park, Harrisburg, noon to 6 p.m.

Independence Day celebration

July 4: Richard Fox will portray Benjamin Franklin and read the Declaration of Independence from the front porch of the Harris-Cameron Mansion like John Harris, Jr. did in 1776. Readings will be at 10 a.m., 11 a.m., noon, and 1 p.m. Colonial-era re-enactors, the Donegal Township Riflemen, will be present on the grounds throughout the day. Harris-Cameron Mansion, 219 S. Front St., Harrisburg. <http://dauphincountyhistory.org>.

New Cumberland community celebration

July 4: From 9 a.m. to 2 p.m., join Friends of the New Cumberland Public Library, 1 Benjamin Plaza, for an old-fashioned Independence Day celebration and festivities in Foundation House and on the grounds of the library. Books, vintage jewelry, and art prints, as well as food, will be available to purchase. The New Cumberland Town Band will play classical, show tunes and patriotic music on the lawn at 11 a.m. For band information, visit www.nctownband.org. For celebration information, call 717-774-7820.

Guided walk on Hummelstown's Nature Trail

July 14: The Manada Conservancy is offering at 2 p.m. a guided walk along the Hummel's Park Nature Trail, located on W. Main Street in Hummelstown. Learn to identify common trees found along streets and in suburban parks and yards and understand their values. Guide Ed Dix has served as botanist and educator with the state's Bureau of Forestry for 21 years. The Manada Conservancy is located at 113 E. Main St. It will have an open house immediately after the walk.

"Play On"

July 15: The National Active and Retired Federal Employees Association Chapter 373 is sponsoring a benefit performance of "Play On" by Rick Abbot at Oyster Mill Playhouse, 1001 Oyster Mill Rd., Camp Hill, at 2 p.m. to benefit NARFE-Alzheimer's Research Fund and Hospice of Central PA. The play is a comedy about a group of actors desperately rehearsing a murder mystery despite constant changes by the playwright. Tickets are \$14 each. Call 717-249-7206 or e-mail CLHenry67@aol.com.

Greater Harrisburg Concert Band dates

July 15, 21 & 22: The Greater Harrisburg Concert Band's free summer performances this month are: 7:30 p.m., July 15 at Italian Lake Park, 3rd and Division streets, Harrisburg. Rain location: Hadee Mosque (formerly Lakeside Lutheran Church), 245 Division St.; 8:15 p.m., July 21, at Schaffner Park, Poplar Avenue and Water Street, Hummelstown, as part of Hummelstown's 250th Anniversary Celebration. Concert is rain or shine; and 7 p.m., July 22, on the lawn at Messiah Lifeways at Messiah Village, located on Mt. Allen Drive, Mechanicsburg. Rain location: Messiah Village Chapel. Visit www.ghcb.org, or www.facebook.com/GHCBand, for information, directions or in case of inclement weather.

Free summer concerts at Italian Lake

July 15 & 22: Riverside United Neighbors offers two free concerts at Italian Lake Park, 3rd and Division streets. The Greater Harrisburg Concert Band is scheduled to perform 7:30 p.m. July 15 and a contemporary folk group, Kevin Neidig, Henry Koretzky, Ken Gehret and Bruce Campbell, is scheduled for 7:30 p.m. July 22. Ample parking is available on city streets surrounding the park. Bring blankets and lawn chairs to enjoy the concerts from the bandstand plaza and the expansive grassy areas adjacent to it. Concert updates are available at www.riversideunitedneighbors.com. Artist members of the Art Association of Harrisburg have been invited to exhibit their works during each concert. The rain location is Hadee Mosque of the Ahmadiyya Muslim Community (formerly known as Lakeside Church), 245 Division St. across the street from the lake.

Dauphin County's free Sunset movie and music series

July 15, 22 & 29: At Fort Hunter Park, Lindsay and the Lonely Hearts will perform at 7:30 p.m., July 15; All Jacked Up performs 7:30 p.m. on July 22; and Gordon Chambers performs at 8:30 p.m., July 29.

Networking Mixer

July 17: The monthly Central Pennsylvania Gay and Lesbian Chamber of Commerce Networking Mixer will be held at 6 p.m. at The LGBT Center of Central PA, 1306 N. 3rd St., Harrisburg. Visit www.cpglcc.org.

Harrisburg Mile

July 18: Join the sprint down Front Street at the 31st running of the Harrisburg Mile. The race starts at Front and Maclay streets at 6 p.m. and ends minutes later at Front and Boas streets. For more information, visit www.harrisburgmile.com.

Drive-in weekend at the AACA Museum

July 20-21: Park your car on the lawn of the Automobile Club of America Museum, 161 Museum Dr., Hershey, for a drive-in movie, featuring Disney-Pixar Classic "CARS 2" on both nights. Watch in your vehicle or bring a lawn chair or blanket. Burgers, hot dogs, fries, beverages and ice cream will be on sale. Rain date: July 22. For more information, visit AACAMuseum.org.

BrewFest at Fort Hunter Park

July 21: New this year, BrewFest will be held from 3 p.m. to 7 p.m. at Fort Hunter Park with more than 20 breweries on hand, as well as some of the area's best local restaurants. Live entertainment will include Shea Quinn & Swish Dog and JOD. The cost is \$35 advanced and \$50 at the gate. Tickets will be limited to 750 tickets sold. More at www.forthunter.org.

Shop to benefit homeless single mothers

July 21: Who said you can't shop for a good cause? From 11 a.m. to 3 p.m., the Bridge of Hope Harrisburg Area and Susquehanna Bank will convert a former Susquehanna Bank parking lot at 3rd and Market streets, Lemoyne, into an open air market. Vendors include Mary Kay skin care and cosmetics, Biltmore home accents, Scentsy aroma candles, Pampered Chef gourmet food and more. There's also a cash-for-gold exchange. Bridge of Hope's mission is to end and prevent homelessness for women and children. For more information, visit www.bridgeofhope-hbg.org or the national website at www.bridgeofhopeinc.org.

Slavic American Festival

July 22: All are invited to eat homemade food, see world class iconography, sing and dance to polka bands, shop at an Eastern European market and play games at the annual Slavic American festival on the parish grounds of St. Ann Byzantine Catholic Church, 5408 Locust Lane, Harrisburg, noon until 9 p.m. Free admission and parking.

"The Joe We Know"

July 27: Whitaker Center for Science and the Arts holds a special screening of the film "The Joe We Know," honoring the life and accomplishments of the late Penn State University football coach Joe Paterno. Tickets are free and available at the Whitaker Center box office, 717-214-ARTS. After the film, the audience is invited to a meet-and-greet party and Q&A session with Penn State lettermen. For more about the film, visit www.grandexperiment.org.

Ned Smith Center's Nature and Arts Festival

July 28: The Ned Smith Center for Nature and Art's 18th annual Nature and Arts Festival is along the banks of the Susquehanna River at MYO Park in Millersburg, 9 a.m. to 4 p.m. Admission at MYO Park is free with the exception of "The Butterfly House," for which there is a \$2 admission. This year's festival features more than 50 programs on owls, native plants, honeybees and butterflies, as well as many more nature and environmental topics. Many activities and programs are aimed for children.

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... a Month in Pictures



May 27: A couple passes by an exhibitor tent at Artsfest, which marked its 45th year with a three-day celebration of art and music in Riverfront Park.



June 2: Sarah Ludwig and Susanna Bean, managers of the new children's section at Midtown Scholar Bookstore, paused for a moment during a hectic opening day.



June 3: Riders of all ages and sizes passed Sunken Gardens and looped around the Capital Greenbelt during the 12th annual Tour de Belt, which supports the upkeep of the Capital Area Greenbelt.



June 8: Meron Yemane, president of Harrisburg Young Professionals (right), fired up some steaks at the Great Charity Grill-a-Thon outside the Hilton Harrisburg. The day-long event benefited Easter Seals Central PA.



June 8: Composer Neil Alexander kicked off a worldwide tribute to the 100th anniversary of Igor Stravinsky's famous composition, "The Rite of Spring," with a solo performance at the Broad Street Market.



June 10: Wine was sipped and music enjoyed at the Dauphin County Music & Wine Festival, held over a very warm weekend at Fort Hunter Park.



June 10: At The Elegance at Hershey's 2nd annual rare car event, located on the grounds of the Hotel Hershey, Col. Frank Wismer and his wife, Patricia enjoy the day with their rare 1921 Brewster amid more than 60 vintage vehicles dating from 1905 to 1963.



June 15: Artist Andrew Guth, flanked by two friends, opened his new North Gallery, 1633 N. 3rd St., to a large crowd during last month's 3rd in The Burg.

Mall Shopping

Maryland companies buy Harrisburg Mall.

Peter Durantine



Under new management: New Harrisburg Mall owners promise new shops, fresh look.

Two Maryland-based developers have purchased the Harrisburg Mall for an undisclosed amount from TD Bank.

St. John Properties, Inc., in a joint venture partnership with Petrie Ross Ventures, announced last month the acquisition of the 1-million-square-foot mall, just across the city line in Swatara Township at 3501 Paxton St.

TD Bank was the lead of three financial institutions that bought the mall at a sheriff's sale in 2009 when its previous owner, Feldman Lubert Adler, defaulted on a \$52.5 million mortgage.

Just before the near-economic collapse of 2008, Feldman had been renovating the property with three new retail buildings on the Paxton Street side of the mall. The one building that has remained unfinished the last four years will be torn down.

"The first order of business is to make that entrance inviting," said Jerry Wit, St. John's senior vice president for

marketing. "The building to the right will come down."

The mall currently is 70 percent leased and anchored by Macy's, Bass Pro Shops and Great Escape Theatre. It is the first Pennsylvania property bought by the Baltimore-based St. John and Annapolis-based Petrie Ross, according to the two companies.

St. John has developed about 17 million square feet of office, retail and warehouse space throughout Maryland, Colorado, Louisiana, Virginia and Wisconsin. Petrie Ross has more than 8 million square feet of property developed or underway throughout suburban Maryland.

The new owners plan to increase the mall's staff and launch an aggressive marketing campaign to fill the unleased space and build what they said was an already strong customer base. More than 360,000 people reside within a 10-mile radius of the mall, including 148,000 households with an average annual household income of nearly \$73,000, according to the owners.

One anchor store—previously occupied by Boscov's until its bankruptcy in 2008—remains available for lease. The 43-year-old mall, located on 61 acres, received a \$60 million exterior and interior renovation five years ago.

The owners, said St. John's Wit, intend to keep the mall indefinitely. "We buy to keep for the long-term," Wit said. "This isn't an acquisition to buy for five years and sell. We almost never sell anything."

A First Look



Char Magaro last month gave a preview of the building that will become her new restaurant, Char's Tracy Mansion, 1829 N. Front St. The Tudor revival house was completed in 1918 for steel executive David Tracy. It became a hospital in 1951 and much of the interior was destroyed. Magaro stands in the house's living room, which will become her main dining room when the restaurant opens, expected in September.

Changing Hands: May Property Sales

Boas St., 1712: Fannie Mae to Y. & V. Williams, \$40,000
Chestnut St., 2021: PA Deals LLC to C. Blanco Jr., \$74,900
Daisy St., 311: Integrity Bank to Rogue Enterprise LLC, \$35,000
Delaware St., 260: L. Price to C. Evans, \$129,000
Derry St., 2523: A. Nguyen to D. Tran, \$45,500
Derry St., 2709: V. Brantley to J. Wells, \$45,000
Green St., 1948: WCI Partners LP to D. & L. Butcher, \$85,000
Hoffman St., 3105: O. & E. Ellington to M. de La Rose, \$73,000
Hummel St., 208: G. Neff to M. Baltozer, \$37,500
Jefferson St., 2440: Integrity Bank to R. Andrews, \$44,000
Jefferson St., 2424: Integrity Bank to R. Andrews, \$41,000
Kensington St., 2123: PA Deals LLC to N. Raup, \$65,900
Kensington St., 2323: K. Bui to P. Chung, \$50,000
Logan St., 1716: W Homes LLC to D. Albrecht & E. Sutton, \$66,250
Naudain St., 1419: P. Woods to S. Williams, \$40,000
N. 2nd St., 2621: R. & D. Alloway to D. Leaman, \$92,500
N. 2nd St., 2918: Paragon Relocation Services to M. & K. Jenko, \$175,000
N. 3rd St., 1400: R. Kushner & M. Hogan to F. Karnouskos & A. Paliometros, \$100,000

N. 3rd St., 3103: Selene RMOF Reo Acquisition LLC to K. & O. Dawes, \$36,000
N. 3rd St., 3218: A. Forte to B. Gallagher & J. O'Connell, \$127,900
N. 3rd St., 3220: C. Heath to M. Ruff, \$180,000
N. Front St., 2521: Radnor Realty to Harrisburg Buildings & Grounds Co., \$297,000
N. Summit St., 132: Integrity Bank to R. Andrews, \$39,000
Norwood St., 906: D. Hoyer to N. Moya, \$48,000
Peffer St., 234: WCI Partners LP to J. Priest, \$164,900
Penn St., 1527: J. & L. Fleming to R. Price & S. Bychowski, \$112,500
Regina St., 1425: Integrity Bank to Rogue Enterprise LLC, \$36,000
Reily St., 215: J. & S. Rogers to B. & L. Bauman, \$165,000
Rumson Dr., 315: M. Fuller to L. Stone, \$57,000
S. 3rd St., 23: D. & J. Walker to East Shore Properties LLC, \$200,000
S. 13th St., 240: Properties America LLC to NJR Group LLC, \$60,000
S. 16th St., 417: D. Denlinger to D. & K. Kaiser, \$60,000
S. 18th St., 1035: Fannie Mae to J. Metzger, \$62,000
S. 23rd St., 647: Integrity Bank to S. Melanokis, \$76,000

Source: Dauphin County, City of Harrisburg, property sales greater than \$30,000. Data is deemed to be accurate.

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Healing Foods

HealthyWay will fix you up with a tasty, good-for-you meal.

Peter Durantine

Her husband's illness, requiring him to follow a strict diet to regain his health, compelled MaMa Chef Grace Yong Lee to learn how to prepare "healing foods," which are mostly organic and whole grain.

Now, 10 years later, her husband, Joon, full of vim once again (he

bragged that at 61 he could out-run men half his age), the couple decided to share what Yong's travels to Asia taught her about healing foods.

In late May, they opened HealthyWay, a restaurant and grocery at 405 Walnut St. in Harrisburg. It features all natural foods that Lee said

is fresh, mostly local, and 65 to 70 percent organic. She makes soy milk daily.

"I prepare all natural, mostly," said the Korean native who once had a restaurant in Seattle. She lives by the German proverb printed in their menu: "Man is what he eats."

Yong said it is difficult to find organic in all foods (she's trying, though), but some of the items they sell, such as vegetables and chicken, are 100 percent organic. She uses no preservatives, artificial ingredients, white flour or sugar in her cooking.

"I studied healing foods," the 59-year-old chef said. "I went

to Japan, Korea, China and India—learning how to make healing foods."

She takes the macrobiotic approach to food preparation. Yong said it resulted in returning her husband to full health, which moved her to open the restaurant so the public could get in on this healthy way of eating and living.

"I wanted to share," she said, smiling.

Joon is a macrobiotic believer. He said people should know that "besides exercise, they need good food."

They serve breakfast and early dinner, their hours are from 7 a.m. to 5 p.m., seven days a week. Some of their dishes include Soy waffle, naturally sweetened, grilled organic chicken, sweet potato noodles, fruit or yogurt smoothies and chicken soup.

They can accommodate vegetarians and those who desire meat, said Solomon Lee, the couple's 19-year-old son. The challenge for HealthyWay, though, is making sure the products they use and sell are free of preservatives and additives.

"It's really hard to get organic food so sometimes we have to make it ourselves," Solomon said. "That way

we can make sure it's healthy for you."

MaMa Chef, who wears a red apron with her smile, wants her customers to enjoy not just her food, but her hospitality; she enjoys meeting them and becoming friends. "I treat all my customers like family," she said.

Healthy-Way, 405 Walnut St., is open 7 a.m. to 5 p.m., Mon-Sun. 717-234-7010 or visit them on Facebook.



Healthy choice: Joon and MaMa Chef Grace Yong Lee, along with son Solomon, are ready to serve a nutritious meal and fresh smoothies at HealthyWay, their new restaurant and grocery in downtown Harrisburg. Bottom right, the Lees display a delicious grilled chicken and vegetable special.

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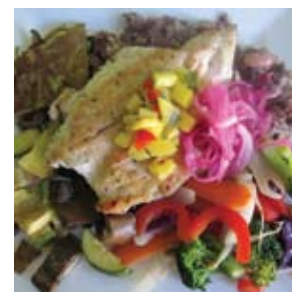
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New at the Market ...



BALKAN—Home of European Cooking: Alena and Dejan Jagesic last month opened a food stand in the Broad Street Market dedicated to the cuisine of their native Bosnia. Some dishes you may be familiar with, such as gyro and moussaka, though the Bosnian take on these southeastern European staples may surprise you. Others, like sarma and cevapi, may be completely new. Located in the stone building, BALKAN continues the recent Broad Street Market trend of offering international cuisine that's often hard to find elsewhere in the area. For questions and catering, call 717-982-7718.

The Broad Street Market, 1233 N. 3rd St. in Harrisburg, is open Wednesday, 9 a.m. to 2 p.m.; Thursday and Friday, 9 a.m. to 5 p.m.; and Saturday, 9 a.m. to 4 p.m.



Pairing the Old, the New

Mount Hill Tavern matches history with modernity.

Peter Durantine



Beauty on a hill: The historic Mount Hill Tavern and, at right, dining manager A.J. Neidich and bar manager Zeke Curry welcome you.

Through the window panes of Mount Hill Tavern's original three-story stone structure that dates to 1798, the mountain views evoke colonial times, when some of the hats doffed upon entry were tricorne-shaped.

Sitting at the foot of Blue Mountain, near the corner of Colonial and Linglestown roads in Lower Paxton Township, Mount Hill, now open four years, is the only 18th century dining room in the region, said A.J. Neidich, the dining manager.

The modern-day addition, nearly three times the size of the old tavern, echoes 18th-century design, but with 21st-century flourishes and amenities such as a glass enclosed, climate controlled wine-rack room with more than 100 wines from around the world.

"We wanted to pay homage to the historic section of the building," Neidich said.

The new section of the building includes a bar with a select variety of ales on tap, such as Pennsylvania's Victory and Oregon's Rogue that either

pair nicely with certain menu items or great just to quaff.

Wine, though, is particularly important to the proprietorship.

"We sell as much wine as we do beer and liquor," Neidich said. "We taste wines continually. Everything you get off the [wine] list we've had."

Mount Hill is divided into five sections for dining. In the addition's ground

floor, there is the Main Dining Room (seats 54) and the Cellar Room (seats 16), across from the wine-rack room. On the second floor is the Mezzanine Room (seats 26).

Outside, the stone patio with a large fireplace for warmth on cool evenings seats 85. A feature attractive to corporate or private groups is the privacy the Cellar, Mezzanine and tavern rooms afford parties.

With seating for a total of 220 inside and outside, there could be parties or events in every location and yet, "No one knows the other is going on," said Zeke Curry, the bar manager.

The historic tavern, built by Godfrey Fritchey, a German immigrant who began serving spirits there in 1805, is divided into two rooms that seat 50. The stone building has two more floors to it, currently being used as storage.

According to Neidich, the tavern is in nearly its original condition. The hardwood floors, thick plaster walls, woodwork, hardware, stairway, fireplaces and, of course, the window glass are almost all original.

As in the other rooms at Mount Hill, the tavern's tables and chairs, period re-creations, are arranged in a way that makes the room feel spacious.

"We wanted people to feel as comfortable as possible," Neidich said.

Mount Hill boasts extensive lush lawns amid thick foliage, where tents can be set up for events. As for the menu, it changes seasonally; food is fresh and, as much as possible, local, prepared by Wayne LeBerre, a chef with 30 years experience.

The selection is contemporary, ranging from chicken Marsala and crab-stuffed flounder to lobster ravioli and bacon-wrapped filet mignon. Tavern specialties include fish and chips.



And there's always an event, whether dinners with historic themes like a 19th-century meal in honor of Harrisburg founder John Harris Jr. or paring five wines with five foods. "We try to keep it varied," Neidich said.

Mount Hill Tavern, 2120 Colonial Rd, Harrisburg. Monday to Friday, 11:30 a.m. to 10 p.m.; and Saturday, 5 p.m. to 11 p.m. Call 717-540-6840 or visit www.mounthilltavern.com.

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Hop on Over

Bunny burgers, topped with nostalgia, served up at Red Rabbit.

Kermit G. Henning

The restaurant business ran deep in the Snyder family. Sam Snyder, along with brothers Dick and Ken, were co-owners of the former BBQ Cottage on North Front Street in Harrisburg in the early 1960s.

Sam ran the kitchen of this popular hot-spot, a favorite hangout for area teens, known for its great burgers and fries. Sam's wife Maggie worked for the commonwealth at the time. After the couple bought and settled on a piece of property in

Duncannon, their daily drive down Route 322 every day to Harrisburg took them past the former Distelfink Ice Cream and Sandwich Shop, sitting empty near the Clark's Ferry Bridge.

Eyeing the opportunity to have their own place, and work a lot closer to home, the Snyders bought the place, did some slight renovations, and opened on Mother's Day 1964, as the Red Rabbit. Their slogan: "Make the Red Rabbit a habit."

Although there was no particular reason for the name, it stuck and

became a most popular destination for locals. Nearly 50 years later, they are still serving up hundreds of their signature Bunny Burgers every weekend. The Snyders turned over operations to their daughter, Cindy, and son-in-law, Sam Berger, in 1988.

The Synders changed little of the Distelfink shop, keeping the popular curbside car hop service. Pull in, blink your lights and your server is right at your window to take your order, then brings it to you on a tray that hangs on your side window. Picnic tables are available, if you would rather not eat in your car. It has no inside seating.

Four servers are on duty at all times, making service quick and efficient. The Red Rabbit employs 25, mostly teenagers.

The majority of the employees started out as part-timers; most of the long-time employees started there as teens.

The Bunny Burger was Sam Snyder's creation. Served on a sesame seed or poppy seed bun, it includes a ground beef patty, hickory smoked bacon, melted cheese, lettuce, tomato, pickles and onions, topped with their special sauce (Snyder's original recipe).

When the Red Rabbit opened in '64, fast-food restaurants were just starting to emerge, serving pre-made food, every order precisely the same as the last. Snyder, on the other hand, held on to the strong conviction that food should be made to order, and that continues today.

Most popular dishes, besides the Bunny Burger of course, are the ham and pork BBQ, the fish sandwiches and the fried chicken, fish and shrimp dinners. The dinners come with French fries, home-made creamy slaw and a roll. Ice cream, including floats, shakes and sundaes, are also offered.

The family has always insisted on good quality food and good service. Despite rumors to the contrary, Sam and Cindy Berger intend to serve burgers as long as possible, feeling blessed to have the opportunity to continue the nearly half-century old tradition.



A carhop serves the classic Red Rabbit combo: a couple bunny burgers, a side of French fries and a Coke.

"We appreciate our customers, many of whom are regulars who have been coming for years – be it every weekend or every few weeks," Sam Berger said.

Red Rabbit benefits from a great location along busy Route 322. Penn State football weekends bring heavy traffic past the drive-in; Mother's Day is their busiest day. They end up serving more than 3,000 burgers on a busy weekend.

Five decades is a long time (the Bergers plan on something for the drive-in's 50th anniversary in 2014), but times change as development along Route 322 is beginning to crowd things. Yet, the Red Rabbit is more popular than ever.

The Red Rabbit is located in Duncannon along Route 322, ¼-mile east of Rts 11/15 and ½-mile west of the Clark's Ferry Bridge. Open 11 a.m. to 9 p.m. Friday, Saturday and Sunday, closed the rest of the week. Call 717-834-4696 or visit www.redrabbitdrivein.com.



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Speakeasy Peak



Owner Adam Sturges is all smiles as his new tavern, The Sturges Speakeasy, opened last month at 400 Forster St., last inhabited by Garrason's. The bar's interior has been totally renovated, and the exterior has been restored to its historic look. The Speakeasy is open for both lunch and dinner and features an American-style menu. Phone: 717-412-0931.

The Heart of Italy

The beauty, cuisine of Umbria captures Rosemary's memory.

Rosemary Ruggieri Baer

Our friends, Cindy and Ron Pisani, former residents of Italy and seasoned Italian travelers, finally convinced us to accompany them to their favorite region of Italy—Umbria. This was in May and, despite my usual insistence on being a homebody and thinking that now is “not the right time,” once there I was mesmerized and charmed by the quiet beauty of Italy’s “Green Heart.”

Before the trip, I knew nothing about Umbria and rather had harbored a dream of one day seeing Tuscany with its rolling hills, red-roofed villas, olive groves, vineyards and towering cypress trees beloved and painted by artists the world over. I know now that Umbria is Tuscany’s next-door neighbor and that they share many similarities, except—have you ever heard anyone say they were going to Umbria?!

We stayed at an old farmhouse called Villa Rosy (my mother’s name—was this her doing?). The owner of the villa, Paolo, came every day to tend his small grove of olive and fruit trees.

At Villa Rosy, spectacular roses grow to the size of lunch plates in the Umbrian soil. One day, I asked Paolo what he fed them. He shrugged, looked puzzled, and said, “nothing.”

Rosemary plants, because of Umbria’s mild winters, become large bushes, sturdy enough to form hedges along the property. Sweet jasmine covers a pergola Paolo built around a large slab of stone that serves as a table for dining. It was perfect

for wine-sipping at the end of the day. Aside from church bells in the distance, and a few barking dogs at night, there was nothing but stillness and peace at Villa Rosy.

The region is also a land of saints. In the nearby hill town of Assisi, the memory of St. Francis is honored all along the cobblestoned streets. In Siena, with its magical shops selling sweet cakes known as *panforte* and bottle after bottle of *limoncello*, we were surrounded by images of its own great saint, Catherine of Siena. And the towns and villages have churches on every corner, an ever-present reminder of the influence of the Roman Catholic church throughout Italy.

Umbrian food was a surprise to me. Its cuisine relies heavily on meats of the region like baby lamb and veal, which are often roasted over an open fire. Sweet cream sauces replace tomato, and Bolognese sauce is made with boar not beef.

The Umbrians love their cheeses: Caprese salad (tomatoes and mozzarella cheese) is on every restaurant menu, and many local artisan cheeses are offered as antipasti. Mushrooms and truffles, gathered in the Umbrian woods, find their way into countless pasta dishes. There is little fresh fish, but an infinite variety of cured meats, sausages, prosciutto, salami and mortadella are used in countless dishes, even for breakfast. Roasted potatoes are scented with rosemary and accompany the grilled meats.

I want to share with you a recipe that would be right at home in Umbria. I have made it many times, having found it in an issue of “Cucina Italiano,” one of my favorite Italian recipe collections. It is called *penne con salsiccia e zafferano* or penne with sausage and saffron. It may not be “summery” but I think you will love this pasta anytime.

Penne con Salsiccia e Zafferano

- Combine 1 tablespoon water and a pinch of saffron in a small bowl and set aside. Prepare a large pot of salted boiling water for the pasta.
- In a large, non-stick skillet, heat 2 tablespoons olive oil over medium high heat. Add 1 cup of thinly sliced sweet onion and a tablespoon fresh thyme leaves and cook for 4 minutes. Stir the mixture frequently. (You could also use rosemary.)
- To the onion mixture, add $\frac{3}{4}$ pound crumbled sweet Italian sausage and stir with a wooden spoon until cooked, about 6 minutes.
- Add 1 cup of heavy cream to the skillet, along with the saffron mixture and a pinch of salt. Simmer for 2 to 3 minutes. Remove from the heat and cover to keep warm.
- Cook the penne according to package directions. Drain the pasta when done and place in a large bowl.
- Combine the pasta with the cream and sausage mixture, mix well and serve.

I am very grateful to have had the opportunity to visit the green hills of Umbria. While I was there, I remembered

with fondness my father talking of its beauty having returned from one of his many art trips to Italy. On one occasion, he discovered an old monastery and thought what a wonderful place it would be for an art school. That idea met an untimely end at the hand of my mother. But I know now how he must have felt. The warmth of the people, the wonderful food, the rolling fields of poppies and lentil flowers and the magical light of central Italy just embrace your heart.



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

Biz Notes

Neptune Lounge, a Harrisburg institution for 38 years, shut its doors for good last month. The building at 268–270 North St. was bought last November by next-door neighbor Mangia Qui/Suba, which has plans to expand into the space.

Cuisine Kreole, a Haitian food stand, has moved out of the Broad Street Market and will re-open in Lemoyne.

Café di Luna, 1004 N. 3rd St., Harrisburg, has started offering high tea every Saturday, 1 to 4 p.m., and Jazz Sounds open mic, every Thursday, starting July 12, 5 to 8 p.m.

Asian Flavors



Steve Le, produce manager, Tuan Le, general manager, and Steny Le, co-owner, greet shoppers as the Asia PA Supermarket opened at the Asia Mall, 1030 S. 13th St. The owners Van Vy and Le offer foods and ingredients from practically every Asian country including 25-pound bags of rice, as well as American staples such as ketchup. The market has a large seafood and produce section. It is open daily, 9 a.m. to 9 p.m. Call 717-232-6019.

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Want to Help City Schools?

Donations could save threatened programs.

Paul Zavinsky

In response to one of the many questions the Harrisburg Public Schools Foundation has recently received regarding the critical financial situation facing the Harrisburg School District next year, an annual fund has

been created for contributions. Many concerned citizens have asked how they can contribute money to offset the severe deficit in the state's public school budget. The answer is through gifts to the

foundation, which operates as a means for contributions to be received, recognized and channeled to support the school district.

All gifts, at all levels, are appreciated and are handled respectfully as the contributor intended, with full public transparency and accountability.

The foundation is a non-profit, community-based organization that was launched in 1998. Its board of directors works in partnership with the school district leadership, the school board and the business, political and community leadership to improve public education in Harrisburg.

The foundation's mission is to improve academic achievement, support programming and promote leadership and personal development of students within the school district by facilitating community participation and bringing together resources, financial support and volunteers.

The school district is predominantly low-income; approximately 80 percent of the

students qualify for the state-subsidized school lunch program. The foundation understands the importance for all Pennsylvania public school students to be given equal educational opportunities and strives to offer programs that will contribute to greater academic equality.

Through the efforts of the foundation, the school district has received more than \$4 million from private contributors, foundations, businesses and service groups. The Educational Improvement Tax Credit, established by the General Assembly in 2001, encourages corporate contributions. EITC money supports innovative educational programs that meet established criteria and are provided by approved organizations by the state Department of Community and Economic Development. The incentive—a tax credit of up to \$300,000 per fiscal year—has allowed the foundation to provide more than \$1 million for such programs as the school district's former early childhood education program.

The foundation offers a variety of state-approved EITC programs and other programs that contributors may designate as the recipient of a financial gift, such as the Capital Area School for the Arts; the School of Business and Industry; the Johns Hopkins University Engineering Innovation; and SAT Prep courses.

However, contributors may also give generously to the annual fund for the foundation and the school district, with no restrictions. These non-designated gifts allow the foundation and district to delegate how and where the contributions can be used most effectively to meet the greatest needs; these gifts are critical to the foundation's day-to-day operations.

The school district's deficit for the next academic year will only be overcome through the cooperative efforts of the state's elected officials, businesses and community members. Every contribution counts. And the district and the foundation count on you to participate with your financial support to the annual fund.

To donate, please make checks to Harrisburg Public School Foundation and mail to: P.O. Box 0054, Harrisburg, PA 17108-0054. For more information on the foundation, visit www.hbgfsf.org.

Paul Zavinsky, Harrisburg Public Schools Foundation executive director, worked in public broadcasting for more than two decades, including 10 years at WITF as the on-air, radio and television fundraising manager.



Hummelstown 250 th Celebration - July 2012						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Schedule of July Events <i>Revised 6/22/12.</i>					13 Community Church Serv Zion Lutheran 7:00 PM	14 Hummelstown All Class Reunion Luncheon 11 am At L.D. Middle School-Tix. H-town Walking Tour Miss Hummelstown Dinner Dance -5:00 pm to Midnight at Firehouse Tix Museum Open House -PH 1:00 - 4:00 Quilt museum 12 - 4 pm
15 Heritage Days 1 -6 pm Schaffner Park Wreath Placement Ceremony 1:00 pm - PH H-town Community Singings @PH 4 pm Parish House Open house 1:00 - 5:00 Quilt Museum 1 - 4 pm	16 Taste of Hummelstown In the Square 6 - 8 pm (Tix) Birthday Celebration & Balloon Launch at 8:30 pm - In Schaffner Park Quilt museum 12-4 pm	17 All Day Swim - Hummelstown Swiss Club 2 - 9 pm -free Quilt museum 12 - 4 pm	18 Ice Cream Social - Historical Society 6 - 8 pm Lantern Tour at the Caverns - Indian Echo Cavern 6 pm - Tix. Commemorative Book Launch 9am - 7pm @ Bowser's on the Square Quilt museum 4 - 7:pm	19 Hummelstown's Area's Got Talent show @ LD Middle School 7 pm Quilt museum 12 - 4 pm	20 Activities and Movie in the Park - Schaffner Park 7 pm followed by movie at 8:45 pm Quilt museum 12-4 pm	21 Community Breakfast @ Hummelstown Fire Co 7:30 -10:30 am - Tix. 250 th Anniversary Parade 12 noon Fireworks & Music - Schaffner Park 7:00 pm
22 House & Garden Tour 1 - 5 pm Tix. Old Fashion Baseball Game-Schope Field 2 pm Community Picnic - Schaffner Park 5 pm Tix. Required: free to resid. Non-residents \$2.50 Closing Ceremonies 6:30 Quilt museum 1 - 4 pm	<div>Legend: PH = Parish House - Tix. = Ticket Required This calendar is subject to change.</div> <p>The 250th Celebration Headquarters at 113 East Main Street will be open July 9 -13 from 1: -7:00 PM and when the Quilt Museum is open. Please plan to visit to purchase souvenir crocks, baskets, ornaments, cookbooks and pins. Tickets for many of the 250th celebration events can be purchased there as well.</p> <p>For additional information go to www.hummelstown250.com or call 717-566-2555</p>					

Cost of Alzheimer's

Financial implications of a terrible disease.

Anthony Conte

You want to remember everything and forget nothing, right? Unless, of course, that means you have to re-live your fatal freeze on stage in the high school play.

The sad fact is that you or someone you know will soon fall victim to dementia, and so the forgetting begins. One-in-eight Americans over age 64 have Alzheimer's disease. Almost half over age 84 (43 percent) have it. According to Social Security estimates, 25 percent of today's 65 year olds will live past age 90. Read it how you like, but, in the end, everyone will be touched by this disease, if they haven't already.

As a planner and wealth manager, it's my job to protect where possible, mitigate where necessary and alleviate the burden on those ridden with dementia and their families. The bottom line is that I can help with the "money" stuff, but the worst of it, the heaviest, is up to you.

So let's say that your parents fall ill with dementia, and you need some support—well, let's do this in steps:

1. You have the option of getting a Power of Attorney. This document gives you financial authority in explicitly stated measures which frees you up to do what's best for your parents without bothering them with some of the more complex details.

A Durable Power of Attorney allows you the freedom to act on financial matters as soon as the document is signed and made legal.

A Springing Power of Attorney only "springs" into action when a medical diagnosis confirms a person's mental incompetence.

A good rule of thumb is to get these done, if possible, before symptoms begin to arise. This allows for the smoothest transition in dealing with another person's finances.

2. Gather information. This is a lot like walking up a sand dune. You will likely find yourself taking two steps forward and sliding one step back. For every piece of information you gather, you will be drawn to two more which you haven't even considered searching out yet.

- Where are trust documents, wills, deeds?

- Where does your parents' income come from? (Social Security, pensions, dividends, interest)

- How do they receive it? (check, automatic draft)

- What are the beneficiary arrangements on life insurance accounts, annuities, IRAs?

- You would do well to begin the conversation with your family's financial team: accountants, attorneys, and financial planners/investment advisors.

- Get the important numbers: Social Security, investment account, savings account numbers, etc.

3. If their condition worsens, consider a conservatorship. This is something imposed by the courts after rigorous investigation if the medical diagnosis determines the afflicted is financially incompetent. After court interviews of all involved, and following a background check on the proposed conservator, the conservatorship may be granted, thus allowing for control of some or all of the protected individuals' income and assets.

Whether or not your parents are financially incompetent due to dementia, it is a good rule of thumb to check and double-check the backgrounds of the professionals with whom they are dealing. As a firm, we encourage our elderly clients to invite their children, and oftentimes we require that they have another competent person present at their planning and account review meetings.

If you know what it's like to forget something, try for a moment understanding the ever-present fear in the minds of those doomed to continue forgetting consistently, and then you'll understand the need for a little extra vigilance in helping them out with their financial dealings.

Anthony M. Conte, MSFS, CFP is managing partner at Conte Wealth Advisors, LLC, 2009 Market St., Camp Hill, 717-975-8800 or tony.conte@contewealthadvisors.com.

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July 15th - 7:30 PM
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July 22 - 7:30 PM
All Jacked Up
Fort Hunter Park

July 29 - 7:30 PM
Gordon Chambers
Fort Hunter Park

August 5 - 8:30 PM
The Muppets
Fort Hunter Park

August 12 - 8:30 PM
Happy Feet 2
Fort Halifax Park

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Lykens Glen Park
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For information on these events and more visit
www.dauphincounty.org/parks-recreation

A Vision, Rising

Chisuk Emuna's Riverside synagogue takes shape.

Jack E. Eilber

Some big changes are happening at the corner of Vaughn and Green streets in Uptown Harrisburg.

The brick building once known as Riverside Elementary School has been replaced with dug-up earth and huge pieces of construction equipment. A chain-linked fence and trailers surround the property.

It's all part of the work being done to build a new Chisuk Emuna Congregation synagogue at 3219 Green St. by this time next year.

In April 2009, right before Passover, an accidental fire decimated the former synagogue at 5th and Division streets. It left the building uninhabitable. Since then, the congregation has held events at the Jewish Community Center on N. Front Street. In October 2010, members broke ground for a synagogue at its new location.

"It's going to be gorgeous," one neighbor, who lives across the street from the construction, said. "I can't wait for it to open," agreed another neighbor. Both declined to give their names.

Carl Shuman, president of Chisuk Emuna congregation, said, "We have enjoyed getting to meet our new neighbors and we want Chisuk Emuna to be a place in which they, too, take pride."

"Great excitement," Rabbi Ron Muroff said, visiting the site one afternoon. "To see a building is rising is very exciting and the building will serve a higher purpose."

"We hope this new home will allow us to serve our members, serve our communities in ways we weren't able to before, and move from strength to strength."

The 15,000-square-foot contemporary building will be smaller than the 20,000 square feet at Chisuk Emuna's former home, but it will provide the same services and more.

The new building will be one level instead of three, beneficial for older members of the congregation and for visitors with special needs. There is hope for a garden to grow vegetables to share with neighbors and those in need within the community.

While Riverside Elementary, which had been re-named Thomas Morris Chester School, no longer exists, gone the way of the wrecking ball, a member of the Chisuk Emuna congregation had actually been the principal there for

many years.

"I'm delighted that Jay Krevsky's grandchildren will be attending Hebrew school at the site where he nurtured so many other children," Shuman said.

The construction means the end of the old school's popularly used grassy slope.

"Riverside Elementary's hill probably won't be available any longer for winter sledding," Shuman said. "[But] I hope that we'll be able to develop programs for our children, and, for the children of the neighborhood, that will be as rewarding and leave them with equally happy memories."

Rabbi Muroff said: "The story of one small congregation partnering with other congregations within the Jewish community, with Christians, Jews, Muslims, others; there's something good going on, something is happening here."

Chisuk Emuna is looking to open its new home in a year. It has raised \$2.8 million of the \$3.5 million needed, thanks to the generosity of its congregation and the community. You can make a contribution by mailing: Chisuk Emuna Congregation, P.O. Box 5507, Harrisburg, PA 17110. You also can find out more by going to www.chisukemuna.org.



Present & future: Rabbi Ron Muroff stands at the construction site at Vaughn and Green streets (top), which includes this rendering of the completed synagogue (bottom).

Center of the City

LGBT Center Gallery: a new space for area artists.

Lawrance Binda



Opening night: Curator David Kern stands with Kristin Kest, the first artist featured at the new LGBT Center Gallery in Harrisburg.

Last June 15, this is what happened: the walls were painted, the display system installed and the art hung, all in a matter of hours.

By 7 p.m., The LGBT Center Gallery was open, ready for hundreds of visitors, who streamed in for hours to check out Harrisburg's newest art space during 3rd in The Burg.

Seeing the art, the crowds, the whole put-togetherness of the event, one never would have known it all had happened so quickly.

And, for that, you can thank David Kern, curator of the gallery, located in the new LGBT Center of Central PA, next to Midtown Scholar Bookstore.

"It's all come together so quickly," he said, as small groups gathered around him, complimenting him,

while others perused the artwork of Kristin Kest, the gallery's first exhibitor.

The idea for a gallery in The LGBT Center came about only in late May.

Louie Marven, the center's executive director, ran into Kern at a social function at the Paper Lion Gallery in Lemoyne, which Kern also curates.

He proposed a gallery for the center's

new space, one that would feature the works of LGBT artists. Kern jumped at the idea, even though he knew he'd have just weeks to plan a gallery, find an artist, curate the space and mount an opening exhibition that would make a powerful statement.

Making the situation more frantic—The LGBT Center itself was under interior construction, having just moved from office space on Front Street. Therefore, Kern could not even work in the space until the Friday the exhibit was to open. Nonetheless, he felt the effort would be worth it.

"For me, this gallery is not just a dream fulfilled," said Kern, who lives in Harrisburg. "It's also a labor of love and a way for me to give back to the community."

Dauphin County Treasures



This painted cast iron eagle graced an iron fence in front of the Dauphin County Court House (1860-1948), located at Market and Court streets. The Whitaker Center now occupies the site. The courthouse sat back from the street and, in its early days, had an area in front enclosed by a fence. Old drawings portray two eagles, one at either end of the fence along Market Street. Photographs show that the fence and yard had been removed by the 1890s. The eagle became part of the collections of the Historical Society of Dauphin County in 1992 after many years in private hands. The whereabouts of its partner eagle are unknown. For more information on the Historical Society and its Harris-Cameron Mansion, 219 S. Front St., please visit www.dauphincountyhistory.com or call 717-233-3462.

The space was last used by Mantis Gallery Collective, but The LGBT Center Gallery's exhibit area is a bit smaller. It also is dual-function, as the Center will use it for meetings, with art making the space even more welcoming.

The gallery will focus on showing a diversity of exhibits, Kern said.

For instance, in July, the gallery will open an exhibit called, "Colors of Pride," in which six different artists will submit six works apiece, each based upon a color in the rainbow flag. The works then will be arranged in the order of the flag's colors.

In August, "Art Is a Drag" will feature avant garde photos of local drag performers, who also will attend the opening. September's exhibit will highlight talented area artists who

have never shown their work before.

In the end, the gallery is meant to complement The LGBT Center's mission for its new, highly visible location—serving the LGBT community while making Midtown and the Harrisburg area in general stronger and more integrated.

That's why Kern wanted to ensure that The LGBT Center Gallery joined 3rd in The Burg and why he's working to add new life and energy to the emerging Midtown arts district.

"The gallery lets me take an idea that's in my head and bring it to life," he said. "It also allows me to support the arts community just like they've supported me."

The LGBT Center Gallery is located at 1306 N. 3rd St., Harrisburg. 717-920-9534. www.centralpalgbtcenter.org.

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Indie moviehouses threatened with switch to digital.

Kevyn Knox

Critics and naysayers alike have been crying about the death of film for decades now. Most have scoffed as nothing more than silly doomsday talk. Well, now here we are in the middle of 2012, and it looks as if all those doomsdayers were right after all.

With the announcement by Fox late last year that they would stop producing film by the end of this year, and with all the other studios running after them like lemmings toward the proverbial cliff, it would seem that film truly is dead—or at least in its death throes, nearing its final hour.

Beginning at the start of 2013, studios will begin exclusively distributing movies digitally. No more film will be made available to movie theatres. Many of the bigger cinema chains have already begun the forced transfer over to digital, and in order to stay alive and stay in business, all the smaller ones must now follow suit.

What does this mean for small indie cinemas such as New Cumberland's West Shore Theatre, Annville's Allen Theatre and Harrisburg's very own bastion of foreign and indie movies, Midtown Cinema? Well, it means making the costly convergence to digital projection (estimates are well into six

figures) or closing their doors forever.

That's right, my faithful readers and true believers—either these theaters make the transfer or they will cease to exist. No more film prints will be available. All those ancient whirring film projectors will be sent off to the scrap piles to make room for either new digital replacements or locked doors and empty seats. There is no third option. No plan C. This is do or die, folks. Movies will go on, but the way they are distributed and shown will change forever. Conservative estimates are that 20 to 25 percent of independent cinemas will be forced to close their doors by year's end. It is dire indeed.

Not only will this put many small businesses out of business and force many to look for other employment, it will also be a blow to you, the filmgoer. Many indie cinemas, like the aforementioned Midtown Cinema, are often the only places one can see foreign films or documentaries, and, other than those lucky enough to be nominated for Oscars, American independent productions. The remaining multiplexes, all corporate-owned, will not be showing such fare at their overpriced and overstuffed facilities. The days of the best and

brightest in foreign and indie cinema making it to central PA may just be over, if these places fail to survive.

That's why we as film-goers must try to save these smaller art house cinemas before it is too late. How? It's simple. Between your multiplex outings this summer to see things like "The Dark Knight Rises" or "The Amazing Spider-Man," check out some smaller, and oft-times more intriguing, fare at a place like The Allen or Midtown Cinema or The West Shore Theatre. And, when something like Wes Anderson's "Moonrise Kingdom" or Woody Allen's "To Rome with Love" come to our shores, don't see it at a faceless corporate multiplex. See it at an independent cinema. And do it before it is too late.

Trivia Time: In my last column, you were asked to name the only other French director, prior to Michel Hazanavicius this past year, to win the best director Oscar. That would have been the Parisian-born Roman Polanski, who took home the prize in 2002 for "The Pianist." And now here is this month's question. What was the first movie to be made and distributed digitally? See you next time with the answer.



Kevyn Knox is a film critic + historian. His reviews can be read at thecinematheque.com.

10,000 Tickets

Would you like to support your community's independent theater? Then go see a movie!

Harrisburg's Midtown Cinema has launched "The Summer of 10,000 Tickets." It's the theater's way of drumming up business so it can afford the costly switch to digital projection, which some studios are mandating by the end of the year.

Until Labor Day, a thermometer will keep a tally on how close the theater is getting to its goal. Summer sales started out strong, but the momentum must be kept up.

So, this summer, avoid the usual Hollywood tripe for a night and go see something really good at Midtown Cinema, 250 Reilly St., Harrisburg.





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We'll report the results in the August edition of *The Burg*!

www.curvatoood.com 

Coming to HBG

From surf to the Dead to the uke: it's all here.

Peter Durantine

July's summer sounds, at venues around town, range from surf rock to traditional rock to progressive rock to alterative country pop. Whatever you like, it's cool music for hot nights.

Before she takes you into the deep of her songs—and she does plunge the depths—Angie Atkinson starts you out in the shallows then slowly, melodiously, draws you into the refreshing waters of her music.

Whether it's "Ukulele Love Song" or "Right into You," Atkinson's lyrics weave fun, wonderful tales of love and faith, and all the trials, troubles and tribulations life brings with it. She's light on her feet, but she's honest about relationships.

Atkinson is a Harlem-based musician, but with southern roots that reach well below the Mason-Dixon Line in Bible-thumping territory, Mississippi and Virginia. But she was a non-conformist who frequently changed the color of her hair, and would come to learn guitar and how to use her voice—at once soft and vibrant—performing alternative country pop sounds that are relevant and inspiring.

She's playing 7 p.m., July 6, at **Midtown Scholar Bookstore** along with local guitarist Paul Zavinsky and Bellefonte-based guitarist Jim Colbert.

There are cover bands and then there are tribute bands, but Dark Star Orchestra, a Grateful Dead tribute act, has won acclaim not only from critics ("A cover band for people who don't like cover bands," said The Washington Post), but five original members of the Dead have played with DSO.



"Playing with Dark Star Orchestra is something that feels just exactly like it felt when I was playing with the Grateful Dead," said Donna Jean Godchaux-McKay, a vocalist with the Dead in the 1970s.

True Dead fans may not agree, but Chicago-based DSO puts the right energy—but showing they are no imitators—into such songs as "The Weight," "Casey Jones," and "The Touch." DSO has toured nationally since 1997, two years after the Grateful Dead disbanded following the death of the band's leader, Jerry Garcia.

Dark Star Orchestra appears 8 p.m., July 14, at the **Whitaker Center's Sunoco Performance Theatre**.

On July 20, **HMAC's Stage on Herr** is featuring The Dogs of Lust, a band out of Lancaster that produces some nice rock and blues that's not too heavy, but reminiscent of so many bands of the late '60s and early '70s such as Frank Zappa, Hot Tuna and Cream.

The band's name may come from the 1993 tune, "Dogs of Lust," by the English band, The The, which has been around, in one form or another, since 1979. Tunes such as "Don't Even Call Me Now" and "Some Devils Look like Rain," while reminiscent of the era, is clearly original in chord arrangement with clever lyrics that speak to contemporary living.

If you're longing for the beach that same night, stop over at **The Abbey Bar at Appalachian Brewing Co.** at 8 p.m. to hear legendary guitarist Dick Dale, the "King of Surf Rock" perform his classic hits such as



1963's "Misirlou," which he performed with the Del-Tones back in the day, and "Pipeline," with its smooth, steady rhythms that conjure images of surfboards riding a crest of waves.

Music lore has it that Dale invented surf music in the 1950s—not the '60s, as is commonly believed. When he met electric guitar and amplifier maker Leo Fender, the left-handed Dale played Fender's Stratocaster—a right-handed guitar—upside down and backwards, changing the chords in his head then transposing them to his hands to create a new sound.

The 75-year-old guitarist has been performing since 1959 and continues to influence guitarists today. It's an event and privilege just to see this guitar magician handle his trusty Strat.

Midtown Arts Festival

Tree Cover, a Harrisburg-based arts and culture collective, hosts two days of independent art and music at the Broad Street Market, 1233 N. 3rd St.

The festival runs Friday, July 20, 6 p.m. to 9 p.m., as part of 3rd in The Burg, and Saturday, July 21, 1 p.m. to 9 p.m. The Market's stone building will have extended hours with food and refreshments.

Festival participants range from Harrisburg creative staples Moviate and Bob "Neos" Shelley to the emerging sights and sounds of the Tree Cover Collective, Rafael Seguinot, Indian Burn and Harrisburg-via-Baltimore act Tremors II. For a complete lineup and festival updates, visit www.treecoverrecords.com.

July Schedule

July 6: Aortic Valve

July 7: Hank and Cupcakes (album release)

July 8: Soul Comedy w/TuRae

July 15: Pretty Things Peep Show

July 17: MV & EE and Herbcraft

July 20: The Dogs of Lust
Every Wednesday, Open Mic

Monday Nights: Broke Ass

Monday Karaoke hosted by Giovanni Traino

Tuesday Nights: Board Game Night!!!

Wednesday Nights: Open Mic Night with Mike Banks – Sign up online.

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In town this month: Ukulele master Angie Atkinson and surf guitar king Dick Dale.

Museums & Art Spaces

Antique Auto Museum at Hershey

161 Museum Dr., Hershey
717-566-7100; www.aacmuseum.org

"100 Years of Chevrolet," featuring cars, special fine art and automobilia marking the 100th anniversary of the iconic car maker, through Oct. 14.

"Dusty Jewels: Off-road Motorcycles of the 1970s," highlighting the off-road 1970s motorcycle boom, through Oct. 25.

Art Association of Harrisburg

21 N. Front St., Harrisburg
717-236-1432; www.artassocofhbg.com

"Art School Annual," showcasing varied artwork by the past year's AAH students and faculty, through July 19.

"International Exhibition," July 27–Aug. 30; reception, July 27, 5–8 p.m.

The Cornerstone Coffeehouse

2133 Market St., Camp Hill
www.thecornerstonecoffeehouse.com

Art by Joe O'Donnell, through July.

Fenêtre Gallery

HACC Midtown 2, 2nd Floor
N. 3rd and Reily streets, Harrisburg

"Neo-Graphics," by Michael Gabner, through July 13.

"Underneath the Surface," ceramics by Janelle Hoch, July 20–Aug. 9; reception, July 20, 6–8 p.m.

Gallery@Second

608 N. 2nd St., Harrisburg
galleryatsecond.com

Works by Julie Riker and David Pringle, through July 14.

The artwork of Leann Leiter and Benjamin Nelson, July 19–Sept 1; reception, July 20, 6–9 p.m.

Gallery at Walnut Place

413 Walnut St., Harrisburg; 717-233-0487

Oil paintings by Kelly McGee, July 2–31; reception, July 20, 5–8 p.m.

Harsco Science Center

Whitaker Center, 222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"Leonardo da Vinci: Machines in Motion," 40 life-sized interactive models based upon the master engineer's inventions, through Sept. 2.

The LGBT Center Gallery

1306 N. 3rd St., Harrisburg

"Outlaws and Renegades," art by Kristin Kest, through July 16.

"Colors of Pride," 6 local artists, 6 different styles, celebrating the diversity of art and beauty, July 20–Aug. 13; reception, July 20.

Mangia Qui

272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

The art of Elide Hower & Shawn Theron, through July.

National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg
717-260-1861; nationalcivilwarmuseum.org

"1862," an exhibit highlighting the second year of the Civil War, through Dec. 31.

Ned Smith Center for Nature and Art

176 Water Company Rd., Millersburg
717-692-3699; www.nedsmithcenter.org

"Olivia's Birds," original bird paintings by Olivia Boulter, through September.

North Gallery

1633 N. 3rd St., Harrisburg

Group exhibit of contemporary and modern painting, photography and mixed media, through July 14.

Three-artist invitational exhibit featuring contemporary painting, mixed media and sculpture, July 20–Aug. 11; reception, July 20, 7–10 p.m.

Rose Lehrman Arts Center

One HACC Drive, Harrisburg
www.hacc.edu/RoseLehrmanArtsCenter

"Molten Form," glass by Rafael Henin, July 11 to Aug. 2; reception, July 25, noon.

The State Museum of Pennsylvania

300 North St., Harrisburg
717-787-4980; www.statemuseumpa.org

"Art Is an Entrée, Not a Dessert," a juried group exhibit of the Dōshi Gallery, through July 15.

"Art of the State," a juried exhibition featuring Pennsylvania artists, through Sept. 9.

"The Fine Art of Giving: Gifts of Art to the State Museum of Pennsylvania, 1998-2008."

"Trailblazers: Notable African Americans in Pennsylvania History," photo exhibit featuring African Americans closely associated with Pennsylvania.

The Susquehanna Art Museum

717-233-8668; www.sqart.org

"Latent Images," an exhibit held at The State Museum of Pennsylvania.

Whitaker Center/The Curved Wall

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"A Baker's Dozen: Thirteen Years of Dōshi Gallery Art at Whitaker Center," through Aug. 23.

Yellow Wall Gallery/Midtown Scholar

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

"Feminine Roots," abstracts expressing ideas about femininity by Brook Lauer, through July 15.

"Personal Perspectives: Architectural Sketches from Varied Travels and Regional Areas," by Douglas Butari, July 17–Aug. 12; reception, July 20, 6–10 p.m.

Read, Make, Learn

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

July 1, 8, 15, 22, 29: "TED Talks at Midtown Scholar," 1 p.m.

July 7: Poet Jon Chambers holds book-signing for "My Poetic Truth," 2 p.m.

July 9, 23: Occupy Harrisburg Teach-In Series, 5:30 p.m.

July 15: Philosophy Salon, 12:30 p.m.

July 17: Midtown Poets w/guest Nathaniel Gadsen, 7 p.m.

July 21: Book talk w/Brady Crytzer, author of "Fort Pitt: A Frontier History," 2 p.m.; reception at 2:30 p.m.

July 21: Book talk w/Scott Weidenhaul, author of "The First Frontier," 3 p.m.

July 24: Art Kaleidoscope forum, 6 p.m.

July 27: Book talk for Simone Green's "Time Served," 2 p.m.

July 28: Book talk for Stephanie Krane's "HIV Narratives," 2 p.m.

3rd in The Burg: July 20



Ceramics by artist Janelle Hoch are being displayed at the Fenêtre Gallery for this month's 3rd in The Burg, which takes place July 20. The gallery is located in the beautifully restored HACC Midtown 2 building at N. 3rd and Reily streets. You can visit many galleries, restaurants and other venues at the monthly celebration of arts and culture throughout Harrisburg. For more information, see our back cover or visit www.facebook.com/3rdinTheBurg.

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July 14: Yo Mama's Big Fat Booty Band
July 19: Elizabeth Cook
July 20: Dick Dale w/guests Hamell on Trial and Buzzchopper
July 21: Shine Delphi and Nathan Rivera
July 26: Dr Fameus w/ Greg D.
July 27: Mystery Fyre w/Hexbelt
July 28: The Teeth w/Imora and The Olde City Sideshow

Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg
717-909-9191; www.carleysristorante.com

July 3, 10, 17, 24, 28, 31: Brandon Parsons
July 4: Chelsea Caroline
July 5: Wade Preston
July 6, 27: Noel Gevers
July 7, 14: Sherry Marchefsky
July 8, 22: Anthony Haubert
July 11, 19: Jett Prescott
July 12, 20, 26: Giovanni Triano
July 13, 21: Roy Lefever
July 18: Jason Kreider Brant
July 25: Chris Gassaway

Harrisburg Symphony Orchestra

The Forum (5th and Walnut Sts.), Harrisburg
717-545-5527; harrisburgsymphony.org

July 1: Free Summer Concert Series (Carlisle)
July 2: Free Summer Concert Series (Mifflintown)
July 3: Free Summer Concert Series (Lemoyne)
July 4: Free Summer Concert Series (Harrisburg)

Hershey Theatre

15 E. Caracas Ave., Hershey
717-534-3405; www.hersheytheatre.com

July 21: Randy Travis

Hilton Harrisburg & Towers

1 N. 2nd St., Harrisburg; 717-233-6000

July 5: Steve Rudolph & Victor Dvoskin
July 6: Ken Gehret & Steve Rudolph
July 7: Steve Rudolph & Amy Banks
July 13: Joshua Breakstone, Victor Dvoskin & Steve Rudolph
July 14: Jay Umble & Bill Druck Duo
July 19: Scott Nelson & Andy Alonzo
July 20-21: Valery Ponomarev & Steve Rudolph
July 26: Jam Session w/Steve Rudolph Trio
Most nights, Steve Rudolph solo on piano

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

July 6: Aortic Valve
July 7: Hank and Cupcakes (album release)
July 17: MV & EE and Herbcraft
July 20: The Dogs of Lust
Every Wednesday, Open Mic

Hollywood Casino at Penn National

777 Hollywood Blvd., Grantville
877-565-2112; www.hcpn.com

July 6: The Maxwell Project
July 7: Dr. K's Motown Revue & The Luv Gods
July 13: Lima Bean Riot
July 14: Gas Station Disco
July 20: Corduroy
July 21: The Party Bombs
July 27: Category 5
July 28: The Screamin' Daiseys

Jazzin' on the Pride

Pride of the Susquehanna
City Island Dock, Harrisburg
www.harrisburgriverboat.com; 717-234-6500

July 5: Tony Anaconda, guitar
July 12: Robin McClellan & Dan Stuber
July 19: Valery Ponomarev & Steve Rudolph
July 26: Ken Gehret & Dan Francis

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

July 6: Angie Atkinson, Paul Zavinsky & Jim Colbert
July 7: Good News Café
July 13: Tyler Spoon & Jeneen Terrana
July 14: Aaron Nathans & The Sea, The Sea
July 19: Pete Mroz
July 20: Jonna Burns and Sarah Beth & Dani F.
July 21: Basic Black & Chris Dunlap
July 27: Greg Trooper
July 28: You You Dark Forest & Ton-Taun

Market Square Concerts

717-221-9599; marketsquareconcerts.org

July 20: Market Sq. Church
July 22: Rose Lehrman Arts Center
July 25: Market Sq. Church

Middletown Area Arts Collective

3 S. Union St., Middletown

July 7: The Dogs of Lust
July 14: Uncle Sam Band
July 21: Da Merge And Friends
July 28: Pulse

MoMo's BBQ & Grille

307 Market St., Harrisburg
717-230-1030; www.momosbbqandgrill.com

July 6: Bushmaster

MoMo's (cont'd)

July 13: The Humblers
July 20: Buskers
July 27: Nate Myers

New Cumberland Town Band

www.nctownband.org

July 4: New Cumberland Town Band, patriotic theme (New Cumberland Public Library)
July 15: New Cumberland Town Band (Eberly's Mill Church of God)

Ski Roundtop

925 Roundtop Rd., Lewisburg
www.skiroundtop.com; 717-432-9631

July 6: Gregg Naylor and Friends

July 13: Dave Winter
July 20: Hot Wing Jones
July 27: Burke and Clark

Stock's on 2nd

211 N. 2nd St., Harrisburg
717-233-6699; www.stocksonsecond.com

July 7: Don Johnson Project Band
July 14: TBA
July 21: Shea Quinn and Steve Swisher
July 28: Funktion

Suba Tapas Bar/Mangia Qui

272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

July 6: The Folkadelics
July 7: Hot Club du Jour
July 13: Up Pops the Devil
July 14: Stompstatus
July 20: Nate Myers & The Aces
July 21: Tina & Her Pony
July 27: Jackson Monsour
July 28: TBD

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

July 14: Dark Star Orchestra
July 24: Tommy Emmanuel

The Stage Door

Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg
717-221-1083; www.abcbrew.com

The Oxymorons, July 15

Broadway Classics Productions

Harrisburg Mall, 3501 Paxton St., Harrisburg
877-717-7969; broadwayclassicspa.com

"Annie," through July 15

"Sugar Babies," July 27-Aug. 19

Harrisburg Comedy Zone

110 Limekiln Rd., New Cumberland
717-920-3627; harrisburgcomedyzone.com

Mike Siscoe, July 6-7; Darren "D.S." Sanders, July 13-14; D. Cameron, July 20-21; Saints & Sinners Comedy Tour, July 27-28

Harrisburg Shakespeare Company

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

No shows scheduled for July.

Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey
717-838-8164; hersheyareaplayhouse.com

"Fiddler on the Roof," July 19-29

Hershey Theatre

15 E. Caracas Ave., Hershey
717-534-3405; www.hersheytheatre.com

"Mamma Mia," through July 1

"Beauty and the Beast," July 24-29

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

Soul Comedy w/TuRae, July 8

Pretty Things Peep Show, July 15

Little Theater of Mechanicsburg

915 S. York St., Mechanicsburg
717-766-0535; www.ltmonline.net

"Snap," July 13-14

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

TMI improv troupe, July 20

Open Stage of Harrisburg

223 Walnut St., Harrisburg
717-232-OPEN; www.openstagehbg.com

No shows scheduled for July.

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; www.oystermill.com

"Play On," July 13-29

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org


"Stone Soup," July 11-Aug. 18

Theatre Harrisburg

513 Hurlock St., Harrisburg
717-232-5501; www.theatreharrisburg.com

No shows scheduled for July.

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On Safari, Midstate-Style

Into the wild at Lake Tobias.

Stephanie Kalina-Metzger

Just 25 miles north of Harrisburg, Lake Tobias Wildlife Park, with its hundreds of animals from around the world, celebrates its 48th season this year. It remains a popular destination for locals and out-of-staters alike.

"We attract approximately 150,000 visitors from May through October," said Jan Tobias, director of public relations and advertising.

The park appeals to both young and old who arrive in anticipation of getting up close and personal with a whole host of wildlife, including African lions, alligators, bear, Bengal tigers, ostriches, two-toed sloths, poison dart frogs, camels and peacocks, to name just a few of the creatures that call the 150-acre woodland their home.

Jan's father, the late J.R. Tobias, was always fascinated with wildlife, initially planning a career path that involved studying animals and agriculture, but that path veered off into a little detour when he was drafted into the Marines.

After serving in the military, he founded Lake Tobias on his childhood homestead near Halifax and was finally able to indulge his passion for wildlife, a hobby that morphed quickly into a business.

Since 1965, millions of visitors have streamed through the entrance to the park anticipating a great animal adventure. People of all ages usually consider the educational safari tour a highlight of the trip. Riding along with a tour guide in a converted open-air school bus, passengers are given a

birds-eye view of approximately 500 head of mammals and flightless birds.

"The 50-minute safari tour is the favorite attraction for everyone who comes to the park, and we usually add a few new animals each year," Tobias said.

Dauphin resident Shawn Marie Mann, a fan of the park and a blogger at amusementparkmom.com, takes her family there often.

"My three children love it, and it's very affordable," she said. "My oldest daughter spent her last five birthdays there."

And apparently she's not alone. In 2011, Central Penn Parent Magazine named Lake Tobias the best party facility and the best place for a picnic.

Mann likes bringing her own food to the park.

"It saves money and our family suffers from allergies, so if we can bring our own, it's one less thing to worry about," she said.

For those who would rather purchase food, there is a concession stand on site where hungry visitors can order picnic food like burgers, fries and chicken.

Halifax resident Mary Gualtier worked at Lake Tobias for several years during her retirement. "They hire retirees before the kids are off school," she said. "I liked everything about working there. It's in a beautiful location."



Pa. or Africa? A safari tour rolls through Lake Tobias. Photo: Susquehanna River Valley Visitors Bureau

Those who haven't visited the park in several years may be surprised at the changes.

In 2006, a new tiger and black bear exhibit was added; two years later, an African lion and baboon exhibit; and last June, a new reptile and exotics building with a 15-minute educational program.

"Local people don't realize how much we have changed throughout the years," Tobias said. "When they come back, they are amazed at how advanced the park is."

So grab the kids, get out of the house and prepare to spend a day enjoying the great outdoors in the beautiful countryside. Your adventure waits.

Lake Tobias Wildlife Park, 760 Tobias Rd., Halifax, 717-362-9126 or www.laketobias.com. Open May to September, Saturday and Sunday, 10 a.m. to 7 p.m.; between Memorial Day and Labor Day, Monday to Friday, 10 a.m. to 6 p.m.; Saturday and Sunday, 10 a.m. to 7 p.m.; October, Saturday and Sunday, 10 a.m. to 6 p.m.

 <p>Dark Star Orchestra JULY 14</p>	 <p>TOMMY EMMANUEL CGP JULY 24</p>
 <p>LITTLE FEAT www.littlefeat.net AUG 17</p>	 <p>HENRY ROLLINS 2012 CAPITALISM TOUR OCT 24</p>
 <p>Whitaker Center For Science and the Arts Sunoco Performance Theater 222 MARKET ST. HARRISBURG</p>	
 <p>DICK DALE THE KING OF SURF GUITAR JULY 20</p>	 <p>Aaron Freeman AUG 9</p>
 <p>THE ABBEY BAR AT APPALACHIAN BREWING CO. 50 N. CAMERON ST. HARRISBURG</p>	
 <p>Buy tickets and view our entire calendar at GreenbeltEvents.com</p>	

New in Nature



Tony Vislusky and Sage of Middletown enjoy a walk one June afternoon along Highspire's new 1.3-mile nature trail and boardwalk around Reservoir Park off White House Road.

Getting Enough Vitamin D

A supplement may be a good idea.

Dr. Deepa Sekhar

As we discuss how children are eating during check-ups, many parents will ask me whether taking a multivitamin would be a good idea for their child. Certainly, taking a vitamin is not a substitute for a healthy diet, but it may be increasingly important to ensure adequate intake of vitamin D.

Recently, vitamin D has received press as the new "wonder vitamin." Vitamin D is important to maintain healthy bones and teeth. It has also been found to be important in maintaining a healthy immune system, prevention of diabetes, heart disease and cancer. Vitamin D deficiency has been associated with asthma and depression.

Your body will naturally make vitamin D when your skin is exposed to the sun's ultraviolet rays. However, it turns out that most people are not getting enough vitamin D. Studies done in multiple cities in the United States demonstrate most people have low levels of vitamin D, especially during the wintertime. Several factors may actually limit the amount of vitamin D an individual produces.

First, there has been a major push to decrease skin cancer and limit sun exposure. Even when outside, people are taking good measures to protect their skin from ultraviolet light by the use of sunscreen, which is important to protect against sunburn and skin cancer, but limits vitamin D production.

In Pennsylvania, where a good portion of the year is cooler, people need to wear clothing which covers more of their skin, which also limits vitamin D production. People in cool climates tend to spend more time indoors, limiting sunlight exposure.

Interestingly, darker skinned individuals are less likely to develop skin cancer, but more likely to have low vitamin D levels. Melanin, which is the pigment that gives skin its color, protects skin from sun damage but also blocks vitamin D production.

Additionally, certain health conditions like cystic fibrosis and inflammatory bowel disease may affect the body's absorption of vitamin D. It is currently recommended that children over 1 year old and teenagers receive 600 IU of vitamin D daily.

Though vitamin D is found in fatty fish and oil, these are not traditionally popular foods. Many products are fortified with vitamin D, including milk, orange juice,

soy milk, cereals and bread. However, parents need to read labels carefully to determine how much vitamin D is actually present. For example, each 8-ounce glass of vitamin D-fortified milk contains only about 100 IU of vitamin D. I tell parents that I certainly do not want children drinking 48 ounces of milk daily to get enough vitamin D!

Thus, taking a multivitamin is important for most children to meet their daily requirements for vitamin D. Most over-the-counter multivitamins for infants and children contain 400 IU of vitamin D. If this is added to a healthy diet, including a couple glasses of milk daily or other vitamin D-fortified foods, children will likely get the required 600 IU daily. Most people who eat vitamin D-rich foods, get normal sun exposure and take a multivitamin containing vitamin D will not get toxic levels of vitamin D. Issues with vitamin D toxicity occur from taking mega doses of the vitamin.

Lately, I have started recommending to parents to consider a daily multivitamin to help children meet their vitamin D requirements. In fact, with the array of vitamins available—chewables and gummies in a variety of flavors, this is usually a very easy change to implement. It is a positive step in maintaining bone health as well as preventing other chronic conditions.



Dr. Deepa Sekhar is a pediatrician at the Milton S. Hershey Medical Center.

Spanish Camp for Kids

The 9th annual Hablando Español Summer Camp—Spanish for Kids—will be held at Foote Elementary, July 2 to July 27.

The three-week camp reinforces Spanish skills to children and promotes Latino/Hispanic culture, traditions and values of the Latino/Hispanic community. The cost is \$25 per student.

To register, contact the camp director, Marisol Aviles, at marisolaviles181@hotmail.com or 717-939-3213, or Dr. Hector Ortiz at richie1166@msn.com or 717-608-0444.

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One More Thing ...

Ideas for Your Castle

Pick up some tips at Hummelstown Home & Garden Tour.

Jay Stanton



Henderson House is a must-see for its building and gardens.

As part of Hummelstown's 250th Anniversary celebration in July, six distinctive homes and seven unique gardens will be featured in a home and garden tour:

- Matlack House, built in 1872 in the Italianate style for Enoch and Lydia Matlack who owned a tannery on the banks of the Swatara Creek.
- Henderson House, a three story

brick townhouse of Greek revival influence, replaced a log structure in 1849. David Early began restoring the building in 2004 and now lives in the upper floors.

- Stanton Gardens hides behind a modest ranch home and must be seen to be appreciated. The first 200 visitors will receive a free hosta plant from the Susquehanna Hosta Society. Cassel Wineries of Hershey will offer a wine-tasting there.

- Krasuski Garden has a diversity of plantings creating a beautiful visual flow in the large yard. West Hanover Winery will offer a tasting under the gazebo.
- Lotwick House is a charming piece of Hummelstown history. The

property first appeared on the tax records in 1755. It is told that George Washington stopped there in 1793 on his way to quell the Whiskey Rebellion.

- Lelii Garden, one block off Main Street, has a very nice paver patio planted with shade-loving annuals and shrubbery, featuring a mushroom water feature and a gazebo hot tub.
- Tebera Garden highlights a creative use of bricks. The entire garden was graded and planted by hand by the owner. The extensive use of perennial plantings reduces the need for maintenance with color provided by container annuals.

- Smith/Hagenbuch Garden is handmade starting with the hand forging of the fence and gates as well as the trellis. The plantings were designed to emulate an English garden. Note the landscape plan and photo album available on site.

- Fenical Home and Garden allows you to see what the homes looked like in the 1880s, the Victorian period. Once through the home, you can enjoy the small private retreat, which has evolved over the years with mature trees and colorful koi in the pond.

- Brandt House, built around the turn of the 20th century, had changed little until 2005, when the present owner modified the original layout with materials chosen to match those of the original house.

- Ricker/Faust House, next door to the Brandt House, is a handsome two-unit built in 1892. It has had many renovations, but many original features have survived, including

interior doors and cabinetry. The gardens in the back have been transformed into a showcase for the marriage of rocks and plants that creates a bucolic setting.

- Patton Garden is a lovely place where the owner goes to escape the stresses of daily life. Throughout the garden are fountains, statues, birdhouses and lighting to color the area at night.

The Hummelstown Home and Garden Tour is 1 p.m. to 5 p.m., Sunday, July 22. For more information, visit www.hummelstown250.com.

"Connections" to Open This Summer in Area

This summer, thousands of Central Pennsylvania's older adults will gain access to a new program—the first of its kind in the region—designed to provide far-reaching supports for those who choose to age in place.

"Connections" is a grassroots community of people 55 and older in the greater Harrisburg region. It will provide access to a broad range of services, create social and volunteer opportunities that enhance quality of life and strengthen a shared spirit of community. The program is accepting members now and plans to start later this summer.

The program was developed through collaboration among community advocates, local officials, older adults and Messiah Lifeways. The innovative program will include not only caring volunteers, vetted service providers and committed community partners, but also the professional

team from Messiah Lifeways.

"Connections is a 'neighbor helping neighbor' idea," Dale Laninga, a long-time community advocate and Connections charter member, said. "Rather than looking to an agency or organization, we can look to each other."

To become a charter member, or to learn program details, visit www.MessiahLifeways.org/Connections or call 717-790-8209.

A Blessing



Bishop Joseph P. McFadden dedicates with a blessing the St. Samuel Center, a new 90-bed facility for Catholic Charities at 120 Willow Rd., Lower Paxton Township. The center consolidates three residential programs under one roof: The Interfaith Shelter for Homeless Families; Lourdeshouse Maternity Home, providing specialized and comprehensive care for up to 12 women; and Evergreen House for women in recovery.

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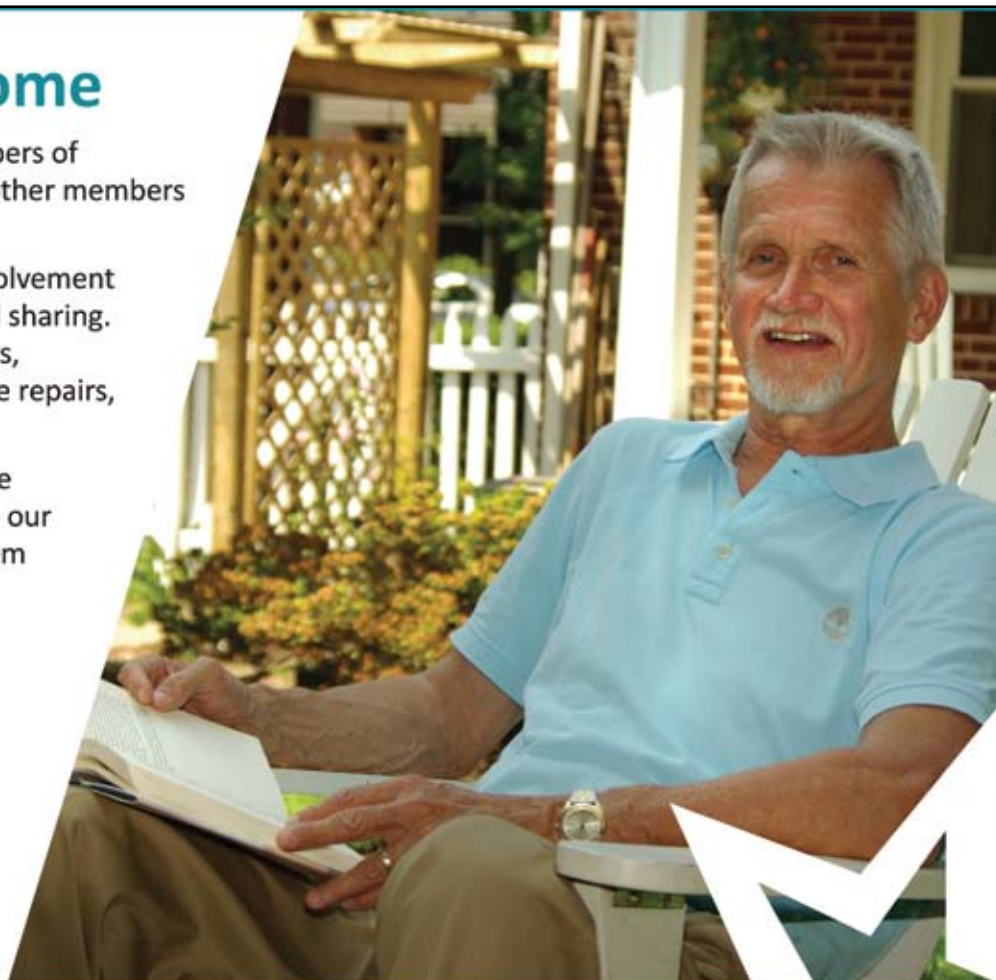
Enjoy a spirit of people helping people, through involvement with trading services, volunteering, connecting, and sharing. Access trusted resources: screened service providers, transportation, health and wellness programs, home repairs, and social and educational activities.

Connections is a grassroots partnership between the community and Messiah Lifeways. Special thanks to our first two founding sponsors: Holy Spirit Health System and PinnacleHealth.

Learn more about becoming a Charter Member!



100 Mt.Allen Drive, Mechanicsburg, PA 17055
717.790.8209 | MessiahLifeways.org/Connections



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Midtown Scholar Bookstore • 1302 N 3rd St • 236-1680 • midtownscholar.com • The science of coffee (cupping) with Counter Culture's Phil Proteau, noon. Rishi tea tasting with MSB staff, 2p. TMI improv troupe performs, 6p. Yellow Wall Gallery reception for artist Douglas Butari, 6p. Free concert by Jonna Burns and Sarah Beth & Dani F, 8p.



Gallery@Second • 608 N 2nd St • 233-2498 • galleryatsecond.com • Opening reception for featured artists Leann Leiter and Benjamin Nelson. Music by Jonathan Frazier. Plus visit the "Upstairs Gallery" featuring more than 250 pieces of artwork by local artists. 3rd in The Burg Special—10% discount on all purchases made during the event. Refreshments served. 6 to 9p. Visit us on Facebook: [GalleryAtSecond](https://www.facebook.com/GalleryAtSecond).



North Gallery • 1633 N 3rd St • Three artist invitational exhibit: contemporary painting, mixed media and sculpture. Reception with artists is from 7–10p. Outdoor live music entertainment on the North Gallery patio. Light refreshments will be served.



Whitaker Center • 222 Market St • 214-ARTS • Summer Blockbuster Exhibition: Leonardo da Vinci: Machines in Motion, presented in Gloria M. Olewine Gallery. Discover flying machines, the automated printing press, da Vinci's parachute, armored tank and a robot. Special engagement pricing applies. Visit whitakercenter.org or call 717/214-ARTS for details.



The State Museum of Pennsylvania • N. 3rd St between North and Forster • 787-4980 • statemuseumpa.org • The Pennsylvania Civil War Road Show, a mobile exhibition commemorating the 150th anniversary of America's Civil War, will be parked next to The State Museum on North Street, Capitol Complex, and open to the public Friday, July 20, 10a–7p. Open hours also Sat., July 21, 9 a–5p, and Sun., July 22, noon–5p. Free. Sponsored by the Pennsylvania Historical and Museum Commission and the Pennsylvania Heritage Foundation.

Harrisburg Bike Taxi rides available during 3rd in The Burg for "Tips Only." Call 461-2202 for a lift and thanks for "Getting There The Green Way."



Studio A • 106 State St • [Facebook.com/studiogalleryA](https://www.facebook.com/studiogalleryA) • Our very first 3rd-Friday gallery opening with a new series by Studio A resident photographer, Anela Bence-Selkowitz. Near corner of State St. and Front St. Wine & light snacks. Free. 6–9p.



City House B&B • 915 N Front St • 903-2489 • cityhousebb.com • City House Bed & Breakfast will feature works from local artists such as Karen Cummings, Don Lenker, Steve Wetzel, Paul Gallo, Joseph LaFrance and Kelly Charlesworth. Refreshments will be served, 5–9p.



The LGBT Center Gallery • 1306 N 3rd St • 920-9534 • centralpalgbtcenter.org • "Colors of Pride" (A Collage of Diversity)—6 local artists, 6 different styles, all unified by color, showcasing the diversity art, style and people of the community, 7–10p.



Mangia Qui/Suba • 272 North St • 233-7358 • Mangia Qui and Suba Tapas Bar will feature the original art of local artist Elide Hower and Baltimore artist Shawn Theron. Live music by Nate Myers and the Aces and a \$6 Par 4 cocktail special, 5–11p.



Gallery at Walnut Place • 413 Walnut St • 233-0487 • View the artwork of Kelly McGee, an expressive oil painter whose source of inspiration includes landscapes, figures and interiors based on personal experiences in her life, 5–8p.

Other Participants

- **Caffeine Connection**, 500 N. 3rd St.
- **The Fenêtre Gallery**, HACC Midtown 2, N. 3rd & Reily Sts.
- **Green Urban Initiatives**, N. 3rd St. next to North Gallery
- **The HodgePodgery**, 1320 N. 3rd St.
- **The Urban Snob**, 1006 N. 3rd St



FOR MORE INFORMATION: WWW.FACEBOOK.COM/3RDINTHEBURG