

An abstract painting with a vibrant red upper section, a green and yellow middle section, and a blue and purple lower section. The brushstrokes are thick and expressive, creating a textured, layered effect.

TheBurg

Greater Harrisburg's Community Newspaper

August 2012

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The Junior League of Harrisburg is an organization of women committed to promoting volunteerism, developing the potential of women and to improving the community through the effective action and leadership of trained volunteers.

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This month's cover: "And We Woke and This Is What We Found" by Andrew Guth. See p. 30 for more.

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State Seeks to Force Council Compliance

The state has asked for a court order to force the Harrisburg City Council to raise the resident earned income tax and fund the position of communications director.

C. Alan Walker, secretary of the Department of Community and Economic Development, asked the Commonwealth Court to order the council to raise the EIT from .5 percent to 1.5 percent and fund the \$75,500-a-year spokesman job held by Robert Philbin. Both are elements of the court-approved financial recovery plan for the city.

Council now must respond to the petition, and a court hearing has been scheduled for Aug. 14.

The council has refused several times to fund Philbin's job, and he's been working without pay since his position was eliminated in January. In addition, Council President Wanda Williams has insisted that the council would not again consider an EIT hike.

A 1 percent EIT increase would provide Harrisburg with an additional \$1.7 million during the fourth quarter of 2012, according to the court petition.

Harrisburg is on track to run out of money sometime in September, receiver William Lynch has said.

Council members seemed unsure what would happen if the court ordered them to comply—and they continued to refuse.

"Will they put us in jail?" asked Williams. "I just don't know."

Environment Body Gets Funding OK'd

The Harrisburg City Council last month took a first step towards establishing a new environmental body in the city.

The council voted unanimously to rescind a Reed-era agreement that turned over more than \$275,000 annually to the Harrisburg Authority in exchange for housing the city's vast collection of artifacts and other property in authority buildings.

That money now will be used to establish and operate the Harrisburg Environmental Advisory Council, which will apply for grants, formulate environmental programs and encourage environmental education.

A second resolution appointed city resident Lewis Butts Jr. as the council's first member.

The environmental council is part of the city's financial recovery plan. It will be funded by the \$1-per-ton fee that Harrisburg collects for hosting the incinerator. Since 2007, that money had been given to the Harrisburg Authority in lieu of rent under an agreement struck by former Mayor Stephen Reed but never approved by City Council. Last month, the council urged Mayor Linda Thompson to propose a resolution to rescind the agreement, which she did.

Harrisburg Authority Executive Director Shannon Williams said her board supports the plan. However, the authority must discuss it and ensure it is properly compensated until the city can vacate its buildings, which is expected by year-end.

Bankruptcy Filing Again Prevented

The state once again has singled out Harrisburg for special treatment, extending its prohibition on municipal bankruptcy for an additional five months.

The city's receiver now cannot declare Chapter 9 bankruptcy until Nov. 30. Last year, the legislature passed—and the governor signed—a bankruptcy prohibition that was supposed to expire on July 1.

The legislation ties the hands of city receiver William Lynch, who has said he wanted to retain the threat of bankruptcy as a negotiating tool with creditors.

The ability of the mayor and council to declare bankruptcy already had been prevented by last year's legislation that placed the city under state receivership.

Harrisburg owes some \$320 million to various creditors due to repeated upgrades, some botched, over many years to the city's incinerator.

By Nov. 30, much of that debt is expected to be retired through the sale of the incinerator and the long-term lease of the city's parking assets.

However, substantial remaining debt may remain, which could make bankruptcy—or its threat—an important tool in seeking concessions from creditors for some debt relief.

The legislation prevents all third-class Pennsylvania cities from seeking bankruptcy protection until Nov. 30. Harrisburg, however, is clearly the target of the law, championed by state Sen. Jeff Piccola.

Business Manager Departs City Schools

Jeffrey Bader, the Harrisburg school district's business administrator, has left the school system to take a job outside the area.

Bader held the position for the past four years during times of substantial cuts to the school budget, largely due to declines in state assistance.

The school district now must start a search for a new business administrator. The school board's next meeting is slated for Aug. 6.

—Lawrance Binda

TheBurg

Greater Harrisburg's Community Newspaper

General & Letters

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Grover Hired as New Council Lawyer

Harrisburg attorney Neil Grover has stepped in to represent City Council as it continues to fight a state mandate to raise a local tax on residents.

The council last month unanimously agreed to hire Grover, who also founded and leads the local taxpayer's group, Debt Watch Harrisburg.

The council needed a new attorney after the sudden resignation of Mark Schwartz, who had represented it since late last year.

Citing nonpayment, Schwartz quit just days before an important hearing in Commonwealth Court as the state attempts to force the council to hike the resident earned income tax and hire a city communications director.

Judge Bonnie Brigance Leadbetter later pushed back the date of the hearing to Aug. 14 so that the council could find new representation.

Grover has argued that the state's attempt to coerce the council to vote in a certain way may be unconstitutional.

"We look forward to the fight," said Grover, who already has appeared before Leadbetter representing Debt Watch Harrisburg.

He said he will work for free until funds are found to pay him. He has recruited attorneys Lee Morrison and Paul Rossi to assist him and has put out a call for additional lawyers to volunteer their time.

Council President Wanda Williams said she sent a letter to receiver William Lynch requesting that he release \$125,000 to pay for the council's legal representation.

However, Councilman Brad Koplinski said that the council had tried several times to pay Schwartz a total of \$40,000, but that Mayor Linda Thompson refused to release the money.

Schwartz, who charged \$300 an hour, had sent council bills in excess of \$100,000.

Recently, council members had cooled to Schwartz, known for his flamboyant style. In contrast, they were full of praise for Grover, who already is deeply familiar with the details of Harrisburg's situation.

"I'd really like to say how much I appreciate your willingness to get on the train and ride with us," said Councilwoman Eugenia Smith.



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Midstate Vintage

In central Pa., wine-making expands, improves.

Peter Durantine



Future quaff: The grapes were abundant on the vine and soon to ripen at Cassel Vineyards of Hershey.

On a sunny summer afternoon amid rolling hills in rural South Hanover Township, thoroughbred horses graze in a pasture while across the fence, nine rows of thick green vines, bursting with fruit, run a half-mile northward into the distance.

As he stood pouring chardonnay behind the counter in their newly opened tasting room, finished in all white pine, Chris Cassel, the co-owner of Cassel Vineyards of Hershey, responded to admirers looking out the windows.

"We wanted to have a nice view the whole way out," he said.

The splendid scene matches the quality of the wines, grown in soil conducive to nurturing new vines and growing good grapes. This is the fifth year the vineyard has been in operation, and it produced its biggest harvest yet, 17 tons of grapes.

"We're on Berk Shale," Cassel said, noting its low nutrient content and good drainage. "The shale soil is fantastic for

growing grapes."

Cassel Vineyard is one of a dozen wineries operating in the region, several of which opened in just the last few years. The Pennsylvania Wine Association reports that in the last three decades the number of wineries in the state has grown from 27 to 123.

Here's a look at three in central Pennsylvania, from one of the newest to one of the oldest.

It should be noted, though, not all wineries are the same. Mark Chien with Penn State Ag Extension Service in Lancaster and an authority on wine grapes, said, for consumers to know

what they're buying, they should look at the bottle's label.

If it states "bottled by" then the winery purchases its wine from a vineyard, bottles it and labels it with their name. "Produced and bottled by" means the winery purchased the juice from a vineyard and made and bottled their wine on site.

"Estate bottled" means grapes were grown on the winery property, and the wine made and bottled there. "That's the gold standard," Chien said. "You grow your own grapes and you make wine out of it."

Until this year, Cassel Vineyard had produced wine from their grapes off site, but now it produces on site. Their labels next year will have "estate," said Cassel, a science teacher whose family has farmed in the township for more than a century.

Six years ago, he and his brother, Craig, decided to use six acres of the family's 135-acre farm for a vineyard. They grow chambourcin, Vidal Blanc, chardonnay, concord and cabernet. Though raised in agriculture, Chris took courses with Chien on growing grapes.

His sister chose to raise thoroughbreds on another part of the farm, hence the idyllic scene of beautiful horses quietly roaming beyond the vines.

Located a couple of miles from Hershey's resorts, Cassel Vineyard has a unique port, Chocolate Ruby Royale, which has a hint of chocolate. "To our knowledge, no one in Pennsylvania is making a chocolate port," Chris said.

Across the Susquehanna River, in the verdant mountains of Perry County near Duncannon, is one of the newest wineries, Buddy Boy Winery and Vineyard, opened last fall by William and Coreena Warner.

The three-year-old vineyard, on three acres that climb a steep slope, had been an apple orchard. The land



In Perry County, William and Coreena Warner show off the grapes of their new vineyard outside Duncannon. The grapes will go to make their Buddy Boy wines.

has been in the family since 1964. The Warner winery focuses on semi-sweet wines, growing Vidal, concord and Niagara grapes.

Buddy Boy offers a chardonnay and cabernet "frock," but its specialties are fruit wines such as Honey Lope, Red Raspberry and Paired Up Peach. "This is a traditional Perry County winery," William Warner said. "Most of my grapes are American."

He built a tasting room done in black walnut and a large deck from Douglas fir that has a fire pit and seats 160. Warner said he has sought grapes that differ from other wineries. "I have one down there that no one has a clue."

Down in the vineyard, Warner showed a visitor the mystery vine with its purple globes. He looks forward to bottling it. "We're going to call it Eye of the Newt," he said.

Finally, one of the oldest wineries in the region is in Lancaster County, near the Susquehanna, at the end of Vintage Drive. Nissley Vineyards and Winery Estate has grown, produced and bottled a large variety of wines, from white to rosé, since 1978. Nissley is noted for its Music in the Vineyards, a series of summer concerts—from big band to jazz to rock—on the lawn outside the stone-arch winery that run through August.

To learn more about the vineyards mentioned in this story, go to www.casselvineyards.com, www.buddyboywinery.com and www.nissleywine.com. Look for their music line-ups, as all three vineyards offer live music.

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The Envelope Please

This month, you may find a MID in your mailbox.

Lawrance Binda

At some point this month, Midtown Harrisburg property owners will retrieve their mail and find a large envelope among the usual bills, coupon shoppers and credit card come-ons.

Please—don't toss it out along with the other unsolicited missives.

The 48-page document is the Midtown Improvement District (MID) draft plan, and it's essential reading for any neighborhood homeowner.

It will explain exactly what the MID would be, how it would be funded and what it would cost. It also will include a list of all the properties in the proposed district, which runs from Forster to Maclay streets and N. Front to N. 7th streets.

"Our primary goal is to improve safety and security," said Eric Papenfuse, the owner of Midtown Scholar Bookstore who has spearheaded the effort to establish the MID. "We figured that safety and security are paramount in life, whether you're a resident, a business owner or a visitor."

As proposed, the MID would hire off-duty Harrisburg police to boost security in Midtown, which, just last month, suffered a series of muggings committed by two armed men.

Longer term, the MID would help Midtown become eligible to enter the state's Elm Street program, which provides grants to beautify and revitalize historic neighborhoods, said

Bill Fontana, executive director of the Pennsylvania Downtown Center.

Under the current plan, the MID would charge an assessment of one-tenth of 1 percent of the value of a property, which, for most homeowners, would amount to \$60 per year, which also is the minimum assessment.

That money would fund most of the \$430,000 annual budget of the MID. The MID then would hire a team of two off-duty Harrisburg police officers for one eight-hour night shift, 6 p.m. to 2 a.m., Monday to Thursday, and two teams of two officers, each working one eight-hour night shift, Friday and Saturday.

The budget also would fund a person to oversee the operation of the MID. It's expected that, at first, the MID would be run from the Downtown Center, but would transition quickly to another non-profit organization, perhaps Friends of Midtown, which has expressed interest and already runs a community foot patrol.

At a public information session last month, residents seemed generally supportive of the MID, but also had numerous concerns.

For instance, Green Street resident Bob Deibler wanted to ensure that city police would continue to cover Midtown, even as their off-duty colleagues were patrolling the area.

"Are we sure the city would not slough off on us because we have our

own police?" he asked.

Papenfuse responded that the MID's municipal services agreement with the city specifically prevents on-duty police from skipping the neighborhood.

Neil Grover, who lives on N. 3rd St., said he is opposed to the MID on principle as he believes that it creates a distinction between Midtown and the rest of the city.

"This whole thing runs against my grain at the deepest level," he said. "I think it's a bad way to govern."

So, upon receiving the plan, what should a Midtown property owner do? Nothing yet, other than reading it and becoming familiar with the details. A public hearing on the MID will be held sometime in September, Papenfuse said.

Afterwards, probably starting in October or November, property owners in the district will have a 45-day window to vote on a final plan.

The plan would be rejected only if 40 percent of the 3,161 eligible property owners in the district vote against it. If approved, the MID likely would be up and running on Jan. 1, said Fontana.

Papenfuse mentioned several other factors that he believed were benefits of the MID.



The corner of N. 2nd and Calder lies in the heart of the proposed Midtown Improvement District. It also was the scene last month of one of several late-night muggings.

First, the area's developers, who own large amounts of property, would have to make new, substantial contributions to the community. Secondly, non-profits, which own non-taxable property not assessed under the plan, would be encouraged to donate. Thirdly, the community would have a new tool to use against negligent property owners, as "nuisance" properties would be assessed at a much higher rate.

"This is a good way for some developers and others to contribute to the neighborhood," said Papenfuse.

Want to see the proposed Midtown Improvement District plan now? Go to <http://midtownimprovementdistrict.wordpress.com>.

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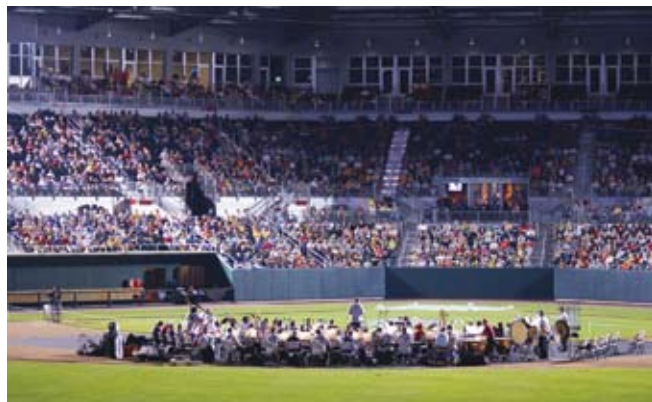
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From Traditional to Pops

New HSO season features something for every taste.

Jess Hayden



Play Brahms! The Harrisburg Symphony Orchestra performed at Metro Bank Park on July 4.

The HSO is gearing up for a new season of seven masterwork concerts. On tap will be well-known works such as the hauntingly beautiful "Scheherazade," the spectacular "Pines of Rome" and music from the popular opera "La Traviata." But concert-goers can expect to hear some lesser known works as well.

"What I try to do when I am putting together a concert is to put a little comfort food in every program," said HSO's conductor Stuart Malina. "At the same time, I want to present something that is either unfamiliar or challenging."

According to Malina, it's all about balance. "If you ask 10 different

people what they want from a masterwork series, you're going to get 10 different answers."

A majority of the programs feature soloists, either touring artists or HSO musicians. Showcased this season are pianist Alon Goldstein, who will play

Rachmaninoff's "Rhapsody on a Theme" by Paganini, Korean-born violinist Chee-Yun, who will perform Tchaikovsky's "Violin Concerto" and popular pianist Jeffrey Biegel who returns to HSO to perform Ellen Taaffe Zwilich's "Millennium Fantasy" and Liszt's "First Piano Concerto."

Cellist Julia Rosenbaum, the winner of the third Rodney and Lorna Sawatsky Rising Stars Concerto Competition, will perform Tchaikovsky's "Variations on a Rococo Theme" and HSO's principal harpist, Rebecca Kauffman, will be featured in Debussy's "Sacred and Profane Dances" and Ravel's "Introduction & Allegro"—works commissioned, interestingly enough, by competing harp companies seeking to show off their new pedal harps.

The masterworks series begins to wind down with a concert that features just the orchestra—an annual program that Malina confesses is one of his favorites. "When I program this concert, I tend to look for works that require

an extreme, dynamic, stereophonic sound," he said. "This way, the audience can get a full sense of what the orchestra is capable of." A highlight of this concert will be a performance of Mahler's "Fifth Symphony."

HSO's Pop Series promises to be equally as impressive. A series highlight is a program with the famed Cirque de la Symphonie; a group that features some of the best illusionists, aerialists and acrobatic cirque artists.

"I think this is going to be a phenomenal show," Malina said. "I've had a chance to do it in other cities, and it really is fantastic to have the orchestra playing on stage along with these wonderful Cirque artists."

Additional pops programs give a multimedia look at the songwriting team of George and Ira Gershwin, featuring the legendary Canadian Brass (which now includes Eric Reed, a former HSO horn player) and invites the audience to "join on a journey through space and time" with music from science fiction movies and TV shows, including "Star Wars" and "Star Trek."



HSO's acting concertmaster Peter Sirotin.

After the departure of HSO's longtime concertmaster Odin Rathnam last spring, HSO has announced that Peter Sirotin will serve as acting concertmaster while the HSO performs a national search

for a permanent concertmaster.

A native of Ukraine, Sirotin studied at the Moscow Conservatory and the Peabody Institute. He has played for the HSO since 1996. "Peter is an amazing player," Malina said. "If he ends up being the choice, as perhaps he will be, we'll have hit a home run."

The search committee plans to advertise the position and hold auditions in the spring. HSO will likely have a series of concerts with various candidates.

For more information on the HSO's 2012-13 season, visit www.harrisburgsymphony.org.

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works that require



To Protect & Serve: The Harrisburg Police Bureau held its annual awards ceremony in late June, handing out accolades to numerous officers, detectives and citizen's groups. Officer Jennie Jenkins walks up to applause from Chief Pierre Ritter and Mayor Linda Thompson after being named officer of the year (top); and Friends of Midtown's Foot Patrol, which recently celebrated its one-year anniversary as a group, received a special citizen's commendation (bottom). Other citizen's commendations were awarded to Raymond Ulrich for detaining two robbery suspects until police could arrive and to Anthony Burnett and Elizabeth Gonzales for helping revive the city's Police Athletic League. Detective Christopher Krokos received the bureau's award for Detective of the Year.

Around Town

Summer & the Susquehanna

Cooling off with nature's own water park.

Stephanie Kalina-Metzger



Cool change: A kayaker enjoys a placid Susquehanna River on a recent summer morning.

When Halifax couple Jenny and Joe Zerance wanted to do something a little different on a lazy, hot Sunday evening in July, they opted to take a leisurely ride aboard the Pride of the Susquehanna Riverboat. The sold-out "Blues Cruise" featured the soulful sounds of the Mark Facazio Band.

"My wife and I thought it would be a great way to spend a relaxing Sunday evening, enjoying good music," said Joe. "And the band is pretty darned good," his wife added.

If you haven't enjoyed a Ride on the Pride yet this year, there's still time left to take advantage of one of the many specialty cruises available.

Three more Blues Cruises are on tap through mid-October where patrons can sip drinks while enjoying the sultry sounds of area musicians. The ship remains docked for the first two hours of the event before culminating in a scenic river cruise.

Or, if you're a wine lover, why not sign up for an upcoming wine and cheese tasting cruise where you can sip your favorite libation, while enjoying the scenery? If you enjoy crab, they've got the cruise for you, and you have until the end of October to get crackin' to partake in an all-you-can-eat crab feast onboard.

And if you're the type of person who doesn't go anywhere without your beloved Fido, you can treat him to a ride on the Pride on Sept. 17, when the riverboat teams up with the Humane Society for a benefit event.

If passive relaxation isn't your cup of tea, you can take a more active

role and navigate your own boat. Consider kayaking or canoeing on the Susquehanna.

Harrisburg resident Gary Andree, who bought his kayak at Gander Mountain, said that his favorite part of kayaking is relaxing and enjoying nature. "And there are many places to launch," he said.

If you're hesitant to purchase a kayak outright, you can

just head on over to Susquehanna Outfitters on City Island.

Owner Steve Oliphant said, "We rent kayaks and canoes for people and offer guided programs as well. We also provide team-building and physical fitness programs. Kayaking is an aerobic, non-impact sport, and the Susquehanna is a lovelier place to work out than in a gym."

Be sure to make reservations though, cautioned Oliphant, because they sell out quickly.

"We're at the very tip of the island, the most scenic spot in all of Harrisburg. We give you the equipment and a safety talk and we load up the shuttle bus, give people a ride upstream for either a three-hour or a six-hour float back."

"People can also rent a kayak for an hour, just to paddle around City Island. We just purchased two Stand-Up Paddleboards, otherwise known as SUP Boards. They look like surfboards that you stand on and paddle. It's a great core workout and just a lot of fun," said Oliphant. "I don't know anyone else around the area who rents them. It's sort of a national craze," he said.

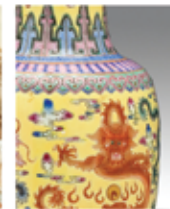
We here in central Pennsylvania have a huge playground right in our backyard, so get out there and enjoy the beauty of the Susquehanna. After all, summer's still going strong.

For more information on the Pride of the Susquehanna, visit www.harrisburgriverboat.com, and on renting kayaks, canoes, or SUP boards, visit www.susquehannaoutfitters.com.

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Making Friends, a Difference

Junior League of Harrisburg: Women building better communities.

Jessica Lowe

When a group of passionate women commit to improving their community, great things can happen.

If you are a woman, over the age of 21 and searching for a way to give back to the community while working with a motivated group of women, look no further.

Through Aug. 31, the Junior League of Harrisburg is accepting applications for 2012 to '13. A social for prospective members is scheduled at 6 p.m., Wednesday, Aug. 15, at the Civic Club of Harrisburg, 612 N. Front St. Anyone who is interested is invited to the event.

The League's mission is simple and noble.

"We are committed to promoting volunteerism, to developing the potential of women and to improving

the community through the effective action and leadership of trained volunteers," League President Nicole Kaylor said.

The League has a proud tradition of training women to be effective leaders who go on to serve other organizations. Present and sustaining members can be found on the boards of many of the region's best run non-profits.

Since 1929, the League has made Harrisburg a better place to live. It is one chapter of the Association of Junior Leagues International. New members spend their first year getting acquainted with the League's rich history and learning what it means to be an effective community volunteer.

Throughout the year, the League organizes its own community events as well as supporting a wide variety of area non-profits, such as the Ronald McDonald House, the YWCA, Caitlin's Smiles and the United Methodist Home for Children.

The annual "Run for the Health of It" 5K, which will be held this year on Nov. 3, raises money for the League's grant and scholarship programs. Every December, the League hosts a holiday lunch for families going through tough times. The

seminal spring event, Bargain Box, has a long tradition and is consistently referred to as one of the best rummage sales in the Harrisburg area.

For the upcoming year, the Junior League plans to work with its 2012 grant recipient, the Harrisburg Police Athletic League. Members will have the opportunity to get involved with PAL, and, in particular, its program, Positive Images, that focuses on building girls' self-esteem.

Additionally, members have the opportunity to serve on a League committee where they receive training and gain hands-on experience with fundraising, event-planning and selecting grant recipients. Skills women learn in the League carry over to the business world and have a long-term, positive impact on the members' lives and the community.

For these reasons, many women have found that the League is the perfect platform for launching a lifelong commitment to volunteer work. It offers members the opportunity to familiarize themselves with an assortment of local organizations so that they can go on to serve niche groups armed with the experience gained by being a League member.

Last, but certainly not least, Junior League of Harrisburg is a foundation

for creating life-long friendships. For that reason, women who have recently relocated to Harrisburg are especially encouraged to attend the Aug. 15 social.

To RSVP for the Aug. 15 event and to download a membership application, please visit www.jl-hbg.org. Email inquiries can be sent to juniorleagueharrisburg@gmail.com.



Jessica Lowe serves on the board of the Junior League of Harrisburg.



Junior League members exercise with Harrisburg kids.

Charity Happy Hours at Suba Tapas Bar

Each month, Suba, the Spanish Tapas bar above Mangia Qui, 272 North St., will sponsor a charity or non-profit, which will get a percentage of "Happy Hour" proceeds.

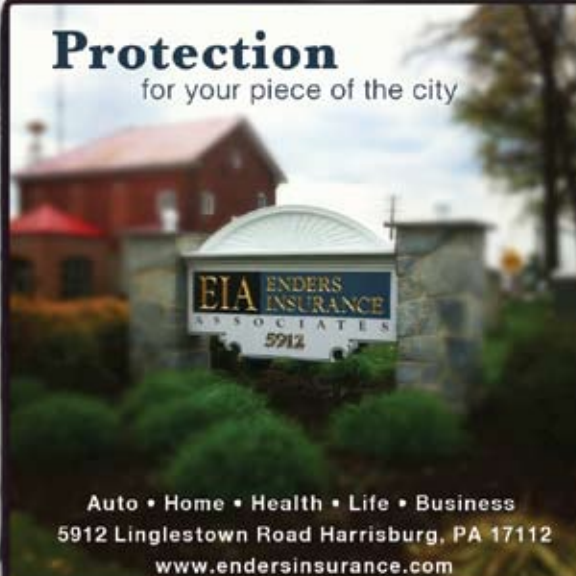
Suba will offer specials from 5 p.m. to 7 p.m., Tuesday to Thursday. Proceeds go to the charity at month's end. For August, it's the Center for Champions, (www.centerforchampions.org); September, Central Pennsylvania Animal Alliance (www.cpaa.info); October: LGBT Center of Harrisburg, (www.centralpalgbtcenter.org); and November, Channels Food Rescue (www.channelsfoodrescue.com).

Ice Cream for Charity

This summer, Turkey Hill Dairy is offering a cool way to support children and families facing cancer.

Through Labor Day, Turkey Hill is changing the name of its hand-dipped ice cream flavor Fudge Ripple to "Four Diamonds Fudge." The company will donate part of the proceeds of every purchase of the special flavor at any of the 14 participating locations across central Pennsylvania to the Four Diamonds Fund at Penn State Hershey Children's Hospital.

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The Great Unknown

Leadership means minimizing our instability.

Lawrance Binda

Nevermind. That was the message that rang forth from the Harrisburg school district last month.

Remember that multi-million deficit and unbalanced budget? Nevermind.

The cancellation of kindergarten, of all school sports, of band, of extracurricular activities? Nevermind.

Residents, taxpayers, parents, schoolchildren, furloughed teachers—please forget about the recent past because nothing has really changed after all.

Like most city residents, I'm delighted that public education in Harrisburg has not been stripped to the bare bottom. Harrisburg's children already have lost much over the past few budget cycles, and they cannot afford to lose any more.

However, the rapid, perplexing shrinking of the deficit—from \$17 million to \$8 million to \$6.6 million to a balanced budget to a surplus *with* all the cuts restored—underscores an unfortunate truth: living in this city has become an unceasing leap into the great unknown.

Nothing is ever stable. There's no predictability, and everything could change tomorrow.

One day, we have a capable receiver who seems truly concerned about Harrisburg; the next we don't. Then, awhile later, we have another one—one with no experience in municipal finance, priorities unknown.

One day, we can file for bankruptcy, then we can't. Then maybe we can again, until the state again intervenes and extends the bankruptcy prohibition.

When will years-late municipal audits be done? What will happen if the council continues to defy the receiver? Who will control the school system next year? How much debt will be left over after the incinerator is sold and parking assets leased?

No one knows.

I'm often asked—who's really in charge of Harrisburg? The mayor? The receiver? The state Department of Community and Economic Development? The City Council? A couple of out-of-town law firms?

To some extent, all of the above, I respond. Power in Harrisburg is deeply fragmented.

So, it's not just about the school budget situation—instability is endemic everywhere here. Why?

The crumbling of the entrenched, controlling Reed regime is largely to blame, as is the financial disaster it left behind, both of which have left the city in chaos.

That turmoil is deepened by the desire of state legislators to protect the interest of distant creditors over their own citizens, which has resulted in repeated and profound interventions into city affairs.

Then there's the political feud between the mayor and the council, the departure of so many quality city employees and the widening split between Gov. Tom Corbett and the legislature over budget priorities.

And, since not everyone is a bad guy, some of the turmoil is due to legitimate differences over how best to restore Harrisburg to fiscal health.

Life, as we know, does not always follow a straight path. It bends and twists and sometimes heads in weird directions. However, no healthy society can be built upon unyielding chaos and crisis.

Governmental bodies must work to create a foundation of stability and predictability, from which people can build their lives.


Given its dire financial situation, Harrisburg will be less stable than most other cities for the foreseeable future. There's no way around that. But that stress must be managed and minimized, not exacerbated.

Kids must know they'll have a school to attend, vital programs they can rely on, sports they can play and take pride in.

Residents should have a decent idea what they'll pay in taxes each year, the basic services they can expect—that crime will be fought, streets fixed and garbage collected.

Citizens should know that their state and county officials will represent them first, not Wall Street.

Some measure of stability, even in the most trying of times, is the least we can ask for.




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That Other Building

Ryan Building has sat next to the Capitol for 120 years.

Jason Wilson

The Ryan Building, the oldest structure in Capitol Park, was the newest and most modern when it was completed in 1894. It also ranks as the building having the most names: the Capitol Annex, the old Museum Building and the Ryan Building. But officially it was titled “the Executive, Library and Museum Building” upon its completion.

The need for a new “fireproof” building for the state’s artifacts and library was evident from the 1870s

onward as the size of the legislature grew. The debate centered around whether to build a new Capitol or renovate the existing Hill’s Capitol. Instead, the compromise was to build a new structure beside the Hill’s Capitol.

The architectural design of the building stemmed from the 1893 Chicago World’s Columbian Exposition, which revived the ideas of classical architecture in America in a movement known as the “American Renaissance.”

The building was designed by Philadelphia architect John T. Windrim and constructed by contractors Doyle and Doak.

The state gave strict guidelines for the construction and completion of the building. The contract was signed on Sept. 28, 1893 and construction was to begin on Oct. 2.

The deadline for completion was Dec. 1, 1894, and the contractor would have to pay a \$250-per-day penalty for each day past this deadline.

The first problem the contractors had to address was moving the 1868 Mexican War monument to a different location. This movement was completed throughout the fall of 1893, and the cornerstone of the building was laid on Dec. 15, 1893. Owing in part

to a mild winter, construction progressed at break-neck speed and, by Oct. 31, 1894, the building was handed over to the commonwealth— two months ahead of schedule.

The Italianate-style building was praised for being early and under budget and also for how impressive it was architecturally. It was also the first time that sitting governors of the state had offices and reception space. The building also had room for 500,000 books in the new state library and housed the growing collections of the state historical collections, including the famous 32-by-6 foot Battle of Gettysburg painting by Peter F. Rothermel.

The building soon proved its worth, as the Hill’s Capitol burned down just a couple years after the Annex was completed.

Over the coming decades, the Annex’s function and name both would change.

The library moved to the newly built Education (Forum) Building in 1931, and the State Museum moved to



This 1929 shot of Capitol Park show the Capitol Annex (Ryan Building) in the foreground.

its present location at N. 3rd and North streets in 1964. The building now houses legislative offices, committee rooms and a law library.

In the mid-1990s, the building underwent extensive restoration. Afterwards, in 1999, it was re-named for the late Matthew J. Ryan, who had been speaker of the House for two years in the 1980s and from 1995 until his death in 2003.

Jason Wilson is a research historian for the Capitol Preservation Committee.



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Then & Now



Photo: Historic Harrisburg Association



The eight-story Union Trust Building was described as “Harrisburg’s first skyscraper” when it was completed in 1906 (left). Today the building (right) no longer commands the street, lost between the even taller parking garage next door and the City Government Center across the alley. Still, it’s a survivor, the only non-modern structure left on the north side of Market Square.

Events in Our Area

Celtic music at Farmers on Walnut

Aug. 2: Fredricksen Library's community stand at the Farmers on Walnut market, at the Camp Hill Borough Building, 2145 Walnut St., features the Celtic band Seasons, from 4 p.m. to 5:30 p.m. Five siblings perform on two harps, two dulcimers and one fiddle. The library will provide information on its upcoming community events and volunteer opportunities.

Cultural Fest downtown

Aug. 3: The 5th Annual Cultural Fest, a free street festival on the 100 block of Market Street in downtown Harrisburg, runs from 4:30 p.m. to 10 p.m. Featured is the national recording artist, The SOS Band, Orquesta A-CHE, ethnic foods, crafts and children's activities and much more.

Greater Harrisburg Concert Band final summer dates

Aug. 3 & 12: The last of Greater Harrisburg Concert Band's free summer performances are 7 p.m., Friday, at Cumberland Crossings Retirement Community, Marsh Drive, Carlisle, and 6 p.m., Sunday, at Hampden Park and Pool Complex, Park Street, Hampden Township. For more information or in case of inclement weather, visit www.facebook.com/GHCBand or www.ghcb.org.

AFRAM Celebration

Aug. 4: The AFRAM Celebration showcases African American businesses, entertainers and supporters. The 2012 event will be held at the Pennsylvania Armory, 1400 Calder St., Harrisburg, noon to 4 p.m. For information and vendor and entertainment opportunities, contact Lisa at 717-503-2242 or mahoganyleader@aol.com.

Muppets take Fort Hunter

Aug. 5: "The Muppets" will be shown as part of Dauphin County's free Sunset Movie and Music Series. The movie starts at 8:30 p.m. at Fort Hunter Park, 5300 N. Front St.

CaribJam's Jerk Festival

Aug. 5: The 7th annual CaribJam, a cultural, sport and entertainment festival, takes place noon to 8 p.m. at Sunshine Park, 12th and Herr streets, Harrisburg. The event will center on authentic Jamaican jerk cooking and a special presentation on Jamaica's history and culture, live music performances, a kid's play area, arts & crafts, food and other Caribbean goodies. Contact CaribJam Jerk Festival at 717-701-7835, email caribjam@rocketmail.com or visit www.caribjam.webs.com.

Museum invites students for Civil War Adventure Camp

Aug. 6: The National Civil War Museum holds its annual Civil War Adventure Camp, Aug. 6 to 8, 9 a.m. to 3 p.m. Open to students entering fourth or fifth grade in the fall, the camp brings the era to life. Students dance to Civil War music, meet President Lincoln, learn how to make hardtack, dress in 19th century attire and more. Contact Bryan Guerrisi at 717-260-1861 or bguerrisi@nationalcivilwarmuseum.org or visit www.nationalcivilwarmuseum.org.

Brass at Farmers on Walnut

Aug. 9: Farmers on Walnut, at the Camp Hill Borough Building, 2145 Walnut St., offers Vintage Brass, a quintet of talented brass musicians, while guest vendor Green Room Bakery of Carlisle offers a variety of gluten-free baked goods created by resident baker Hanniel Craton.

Free health and fitness fair

Aug. 9: Help you and your family stay healthy at the Live Healthy Harrisburg Health Fair, N. 4th and Emerald streets, starting at 5:30 p.m. Get free health screenings, education and nutritional information. Enjoy music, free food, free rides and nutritional games. The event is sponsored by the Mayor's Health, Wellness and Recreation Initiative, along with corporate sponsors. For information, call 717-255-3020.

India Day Celebration

Aug. 12: "India Day Celebration: Rhythm of Life" is free and open to everyone at the Forum in Harrisburg from 3 p.m. to 5:30 p.m. For more information, contact Deep Gupta at ataiacpa@gmail.com.

Midtown Night with the Senators

Aug. 16: Enjoy a ballgame with your Midtown neighbors and help support Friends of Midtown. Using the special offer code "FOM" when purchasing tickets online, the Harrisburg Senators will donate \$3 per ticket to Friends of Midtown. It's also "Thirsty Thursday" as the Senators host the Akron Aeros. <http://friendsofmidtown.org>.

Keystone Capital Chorus serves pasta

Aug. 18: "Pasta: Barbershop Style" is on the menu at the Scottish Rite Auditorium, 2701 N. 3rd St., Harrisburg, as the Keystone Capital Chorus serves a complete baked lasagna dinner at 6 p.m., followed by an hour-long show featuring the award-winning chorus and its member quartets. Tickets are \$25 for adults, \$10 for children 10 and younger. Visit www.kccsing.com or call 717-695-7527.

Networking Mixer

Aug. 23: The monthly Central Pennsylvania Gay and Lesbian Chamber of Commerce Networking Mixer will be held at 6 p.m. at Rusham Building & Design, 1780 Pinetown Rd., Wellsville. Visit www.cpglcc.org.

Blades to Bunkers

Aug. 29: Join Penn State Hershey Life Lion at Hershey Country Club West Course for Blades to Bunkers, a benefit golf tournament for Penn State Hershey Life Lion at Penn State Milton S. Hershey Medical Center. Golfers will enjoy 18 holes of golf, gift bags, a buffet lunch, cocktails and hors d'oeuvres, awards, door prizes and a putting contest. This event is rain or shine. Registration begins 11:30 a.m. followed by a buffet lunch and shotgun start at 1 p.m. Funds raised from the tournament help support Penn State Hershey Life Lion emergency services and community-centered activities. For more event details, including registration information and sponsorship opportunities, visit PennStateHershey.org/lifeliongolf.

Ready for School



Housing for HACC students neared completion last month, as GreenWorks Development put the finishing touches on seven townhomes on N. 4th Street between Harris and Hamilton streets. The buildings will house 26 students for the fall semester. If demand is strong, GreenWorks could build as many as 43 townhomes for students over the next few years.

Volunteer Work Day

Aug. 11: Work outside and help Wildwood Park's continued park and habitat enhancement projects. Event runs 10 a.m. to 1 p.m. Let Wildwood know if you are bringing a group of six or more and assume the work day is cancelled if it is raining. www.wildwoodlake.org.

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ShutterBurg

... a Month in Pictures



June 30: Harrisburg's own Danny Stuber (keyboards) jammed with his band during the three-day Harrisburg Jazz & Multicultural Festival.



July 1: Local authors Florence Ditlow ("The Bakery Girls") and Les Schmidt ("The Truth") welcomed visitors and discussed their books during the first-ever book-signing at Transit News in the Harrisburg Transportation Center.



July 8: About 50 kids, ranging in age from 7 to 14, participated in the Kid's Catfish Triathlon at City Island. They swam 75 meters around the tip of the island, biked 2.5 miles and ran a half-mile.



July 14: The PA Pump Primers 37th annual Antique Fire Apparatus Show & Muster lined up along the Susquehanna River for a unique display of equipment capabilities, along with lots of firefighter camaraderie.



July 14: At the annual Shipoke Flea Market, Robert Hummel (second from left) took the opportunity to sell art and other goods directly across from his Front Street house.



July 18: The weather cleared and cooled down just in time for the Harrisburg Mile, which attracted kids, teens and adults for the annual sprint down Front Street.



July 20: During 3rd in The Burg, Flower Garden, a Tree Cover Records band, was one of the lead musical acts at the Midtown Music & Arts Fest in the Broad Street Market's stone building.



July 21: This float won first prize in the Hummelstown parade, the culmination of a week-long series of events to celebrate the borough's 250th anniversary. Photo: Hummelstown Area Historical Society.

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Need furniture? Tight budget? Make a stop on 3rd Street.

Peter Durantine



New to you: Phil Wagner stands outside his 3rd Street Used Furniture.

Between Muench and Peffer streets in Midtown stands an old, one-story building with a modest sign: 3rd Street Used Furniture.

Inside, behind a counter with some toys and plenty of candy, is 28-year-old owner Phil Wagner. He cheerfully greets customers, most of whom are also his neighbors, who like to stop in—when not buying furniture—for a soda and some conversation.

"I'd say at least 80 percent of our sales are very local, probably from Forster to Division, and from Front to 7th street," Wagner said.

Wagner grew up in the furniture business. His mother, Diane Werner, is an antiques dealer whose Country Collectibles is in Dillsburg.

His stepfather, Don Stoner, had 3rd Street Used Furniture for 10 years before deciding to get out of the

business. Stoner sold the building, originally used as a machine shop, to WCI Partners, but, two years later, with a hankering to have his own furniture business, Wagner re-opened the store, renting the building from WCI.

"With the economy, people aren't buying new furniture," he said. For his customers, he said, it's "function over style."

Dressed in a T-shirt and shorts, Wagner is easy-going and casual as he deals with a couple of customers looking for mattresses. He buys his stock at estate sales, always with an eye out for unique but practical pieces, and prices them affordably.

"I appreciate antiques, but I wanted to sell stuff that I would want to use in my house," Wagner said. "I just try to price to sell."

Stoner said of his stepson's furniture business acumen: "Does a great job of it, better than me."

Furniture in his two spacious showrooms, the walls decorated with art and photography also for sale, look solid and practical. But there are special pieces such as a custom-made cherry china cabinet that looks like a steal at \$249.

Many of his customers are just looking for starter furniture, he said. He works with Keystone Human Services, which brings by clients who have modest budgets to furnish their apartments.

Wagner has some choice furniture—a brown, retro '50s vinyl industrial sofa, for instance—for customers seeking something special. Neil Choquette, of Neil Choquette

Fine Upholstery on 2nd Street, said he has bought a few quality pieces from Wagner.

"He really provides a niche for providing neighbors with affordable furniture," Choquette said.

For neighbors, the store is a place to socialize, visit with friends, like the old country stores where people sat or stood around the pot belly stove.

"It's good to be friends with everyone," Wagner said. "I've been in

every house on this street and the next one over ... you get to know people and they'll stop in and say, 'I like that dresser you got. I'm not ready to buy anything, but I just wanted to say that.'"

Wagner smiled. "That part is the fun of it."

3rd Street Used Furniture, 1918 N. 3rd St., Harrisburg, Mon. 10 a.m. to 5 p.m., Tues. 10 a.m. to 3 p.m., Wed.-Sat. 10 a.m. to 5 p.m., closed Sunday. 717-920-9800 or threesuf@gmail.com.

Changing Hands: June Property Sales

Balm St., 37: SNL Realty Holdings LLC to A. & M. DePietro, \$37,500

Berryhill St., 2102: A. Gonzalez to PA Deals LLC, \$38,500

Berryhill St., 2322: L. Nguyen to T. Vu, \$40,000

Brookwood St., 2523: Fannie Mae to S. Orellana, \$74,000

Herr St., 1104: Sebko Associates to V. & Z. Baklayan, \$300,000

Herr St., 1734 & 1736: M. Bellis & D. Witmoyer to Capital Building LLC, \$42,000

Hummel St., 248: J. Allgyer to M. Stewart, \$45,000

Jefferson St., 2237, 610 & 612 Wiconisco: R. Shokes Sr. & R. Shokes Jr. to R. & D. Requa, \$134,000

Market St., 1437: Joshua Group to Diocese of Harrisburg Trustee, \$40,000

N. 3rd St., 1213: D. Horstman to R. Biggica, \$110,000

N. 4th St., 3022: E. & W. Hynes to PA Deals LLC, \$68,000

N. 5th St., 3012: K. Manucci to K. Dixon, \$96,000

N. 5th St., 3217: R. & I. Smeltz to M. & K. Treaster, \$86,500

N. 6th St., 3202: K. & J. Wise to PA Deals LLC, \$31,000

N. Front St., 1525, Unit 102: K. Satteson to G. Goldsworthy, \$185,000

N. Front St., 2837 (3 units): M. Lane Jr. to D. Soybell & S. Kelleher, \$460,000

Penn St., 1108: D. Crowl to J. & N. Hendrickson, \$157,500

South St., 101: J. Enos & A. Masser to C. Dotto, \$105,000

S. 20th St., 11: J. San Severino to Dee's Properties LLC, \$40,000

S. 25th St., 636: W. Lewis Jr. to PA Deals LLC, \$30,000

Walnut St., 1539: J. & D. Rawls Trust to ABC Solution LLC, \$60,000

Source: Dauphin County, City of Harrisburg, property sales greater than \$30,000. Data is deemed to be accurate.



Last month, the Harrisburg Architectural Review Board approved the exterior design for the new Federal Taphouse, 228-234 N. 2nd St. The owners will replace the windows with glass double doors, replace the metal doors with glass doors, remove the paint to return the exterior to its original brick and install a canopy that spans the length of the building (artist's rendering above).



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A Market Grows in Steelton

Fresh produce, ethnic foods stacked high at Steelton Farmers Market.

Lawrance Binda



Ready to go: Maricruz Alvarez pauses after putting the finishing touches on the new Steelton Farmers Market just before opening.

Steelton is known for its narrow, steep streets, multi-ethnic heritage and, of course, the giant steel mill that gave the town its name.

Unfortunately, it's not been known for its quality food choices, a reputation that Maricruz Alvarez hopes to change.

Last month, Alvarez opened the Steelton Farmers Market at 750 N. Front St., a spacious, open grocery just a few blocks from the Harrisburg line that once housed the International Food Mart.

In fact, Harrisburg shoppers might recognize Alvarez, as, until recently, she was the proprietor of Garden Fresh Produce inside the Broad Street

Market.

She decided to move into the much larger, 7,500-square-foot space to vastly expand the goods she's able to offer, including a wide range of prepared food, deli meats, salads and groceries.

In addition, she hopes to bring broader, healthier choices to Steelton, a

largely working class community that has few grocery options other than a smattering of corner stores.

"We want to give people something better," she said. "So far, everyone's welcomed us and told us that they're glad we're here."

Here's what you'll find at the Steelton Farmers Market: fresh produce, grocery staples, special dietary items, hard-to-find imported goods and specialty foods that appeal to Steelton's large population of immigrants from Latin America, the Middle East and Asia.

Here's what you won't find: cigarettes, lottery tickets and an overabundance of sugary drinks and salty snacks.

"We want to keep our items as healthy as possible," said Alvarez.

The market has one of the widest selections of halal foods, those allowed under Islamic dietary guidelines, in the area, said Alvarez.

Middle Eastern favorites on the shelves include Barbod Egyptian rice, Cortas baba ghanoush and Laziza beverages.

But it's not just the food—the piles of colorful, ripe oranges, bananas, lettuce, peaches, pairs, potatoes and even pineapple—that make the Steelton Farmers Market unique in the town. It's also the shopping experience, as the market has an open, airy layout that contrasts sharply with the congested, claustrophobic feel of many urban groceries.

"We hope to appeal to shoppers throughout the region," said Alvarez. "But our main focus right now is on the people of Steelton."

The Steelton Farmers Market is located at 750 N. Front St., Steelton. Hours: Monday to Saturday, 8 a.m. to 8 p.m.; Sunday, 9 a.m. to 5 p.m. 717-939-0300.



Colorful, fresh produce lines the aisles at the new Steelton Farmers Market.

Movers & Leaders



New manager at market

Dennise Hill has been hired as the new manager at the Broad Street Market, 1233 N. 3rd St. Hill had been economic development and neighborhood coordinator for Steelton Borough.



Russell named director of Harrisburg Mall

St. John Properties Inc. named William Russell for the new position of director, Harrisburg Mall, just across the city line in Swatara Township at 3501

Paxton St. In a joint venture with Petrie Ross Ventures, Baltimore-based St. John Properties acquired the one-million-square foot property in June. Russell was formerly vice president of property management and development for Maryland-based Hill Management Services, Inc.



Drapp earns volunteer medal

Capt. Brian T. Drapp, commanding officer of the Naval Sea Logistics Center in Mechanicsburg, has been awarded the Military Outstanding Volunteer Service Medal for ongoing exemplary contributions to the community. Drapp was recognized for accomplishments while president of the Navy Supply Corps Foundation's Mechanicsburg chapter the past two years. He has mentored for Harrisburg High School Navy Junior Reserve Officer Training Corps, worked to double the amount of financial donations made to charitable organizations, among other contributions.

Dykehouse named Hershey Med CIO

Penn State Hershey Medical Center named Rod Dykehouse as new chief information officer. He previously served as CIO for both UCLA Medical Sciences and Froedtert Health System, an academic partner of the Medical College of Wisconsin. Tom Abendroth, M.D., who has served as the medical center's CIO since 2002, is now its first chief of medical informatics. He will guide efforts to leverage Penn State Hershey's electronic medical record to improve clinical care delivery and advance clinical research.

Barrett to depart AACA

Michael J. Barrett, executive director of the Antique Automobile Club of America Museum in Hershey, intends to leave the museum later this year. His departure is consistent with the plans he made known to the museum's board of directors at the time he was hired, according to AACA. The board thanked Barrett for his service and contributions to the museum. AACA said the board will immediately begin a search for a new executive director. For more information about the Antique Automobile Club of America Museum, please visit www.AACAMuseum.org.

Morgan to Central Penn College board

Brad Morgan, vice president of cost and capital efficiency at Ahold USA, which operates Giant Food Stores, LLC, in Carlisle, was elected to the Central Penn College's board of directors at the most recent board meeting on May 17. Morgan has more than 25 years of experience in leadership and finance.

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Denver Group Checks In

Harrisburg Hilton, Bricco bought by Greenwood.

Peter Durantine

The 341-room Hilton Harrisburg, the landmark project that led to a downtown renaissance in the 1990s, and the upscale dining restaurant, Bricco, have been sold to Greenwood Hospitality Group, a Denver-based hotel management firm.

The announcement was made June 29 by Mayor Linda Thompson, along with Russell C. Ford, president and CEO of Harristown Enterprises Inc., which built the Market Square hotel in 1990 as part of Harristown's downtown revitalization efforts.

Thompson praised the sale because, she said, it showed the investment potential global investors see in Harrisburg and also because it frees the city of the millions of dollars in bonds it had backed for the hotel.

"Although the hotel has always paid this debt as scheduled," Thompson said, "the fact that nearly \$17 million in city-guaranteed debt has been permanently removed from the city's balance sheet as a result of this transaction is an important outcome benefitting the city."

Harristown's hotel debt is not related to the city's \$326 million incinerator debt. Thompson said the city's receiver, William Lynch, was consulted about the sale, though not required to authorize it, and gave his blessing.

Ford said Harristown decided to sell the hotel because it wanted resources to do more economic development projects in the city.

"We've looked at a number of ways to help this city," he said. "This transaction does allow us to recover resources and re-invest them."

Neither Ford nor Thomas W. Conran, a principal of Greenwood who works out of Hartford, Conn., and will

oversee the hotel, would discuss the sale's financial terms.

"It's a purely private transaction," Ford said, explaining public dollars used to help finance the hotel's construction 22 years ago had long been paid off. And despite the city backing the bond financing, the hotel is a private business.

According to Dauphin County tax records, the hotel and its .77 acres of property combined are valued at nearly \$20 million, on which the Harrisburg Hilton paid nearly \$111,000 this year in county taxes. The hotel paid \$148,870 in city real estate taxes and \$404,074 in school taxes.

Conran said Greenwood, which has ownership interest or operates hotels in eight cities around the country including Baltimore and Princeton, N.J., intends to spend in the range of \$5 million over the next three years upgrading and updating the hotel's guest rooms and public spaces.

At the moment, there appears to be no plans for Bricco, located at the corner of S. 3rd and Chestnut streets. Greenwood now owns not only the hotel's and restaurant's businesses, but also the properties.

Greenwood, which had been working with Harristown over the last year to purchase the hotel, has negotiated a long-term agreement with the Hilton and intends to keep the hotel's 400 employees, half of whom reside in Harrisburg.

"Everyone over there will keep their jobs," Thompson said at the press conference at City Hall, directly across the street from the hotel.

In addition, Bill Kohl, current president and CEO of the Hilton Harrisburg, will stay on in a management role, as well as become

a principal at Greenwood. Conran said he and Kohl have known one another for more than 25 years.

Tax abatements to help start the hotel two decades ago have long expired. City and Harristown officials said the hotel pays significant business and property taxes and generates more than \$120 million in economic activity downtown.

"It's a tremendous economic generator," Kohl said.

Moreover, Thompson said, the millions of dollars in upgrades and renovations that Greenwood intends to make could lead to a reassessment of the property and potentially more tax revenue for the city.

While the Hilton brand and quality staff helped attract Greenwood's interest, it was the hotel's



solid, consistently top-performing financials in a sound market that convinced the management group to make the purchase, Conran said.

Conran dismissed questions about whether the city's fiscal troubles, known internationally, concerned Greenwood.

"There's a lot of chatter," he said. "We believe the best days of Harrisburg are ahead."

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Mall Shopping

New owners promise big future for Harrisburg Mall.

Peter Durantine

Harrisburg Mall's new Maryland-based owners are wasting no time in their plan to reverse the fortunes of this 1-million-square-foot retail center, which was hit hard by the 2008 recession and has struggled to recover ever since.

Since purchasing the property at 3501 Paxton St. in June, St. John Properties Inc. of Baltimore and its venture partner Petrie Ross Ventures of Annapolis have hired a director to oversee operations and removed a five-year-old eyesore blocking the front.

A ceremonial demolition of the nearly half-completed Sega Sports Restaurant, a deteriorating reminder of the former owner's grand ambitions before the economy collapsed, was done with fanfare, inviting press,

public and government officials.

"What we hope to do is show people consistent progress in turning this asset around," said Gerard Wit, senior vice president of marketing for St. John.

Malls generally have been on a downward trend, but St. John and Petrie Ross see retail potential in Harrisburg Mall, citing its strong demographics, the region's economic stability and the mall's design, enhanced by \$60 million in renovations a few years ago.

Nonetheless, the owners are sensitive about the appearance of the mall, built in 1969. In an informal survey of area residents about the mall, half said it should be torn down, said Walt Petrie, chairman of Petrie Ross Ventures.

"We are evaluating every aspect of the mall's interior and exterior to determine other areas that can be feasibly improved," Petrie said. "This is being accomplished simultaneously with an aggressive marketing and leasing strategy to attract compelling new retailers to the project."

The owners plan some initial minor changes such as landscaping, including a park-like area with a gazebo where the demolished building stood. More importantly, though, the new owners intend, over the next few years, to raise the quality of the retail mix.

Bass Pro Shops and Macy's are strong anchors to the mall, but smaller tenants, which may lack the quality retail the new owners believe necessary to compete with the region's other malls and attract families, will not have their leases renewed, Wit said.

The Daniel Group, a national mall consultant, has been hired to help bring in new retailers, including one for the empty anchor space that had been occupied by Boscov's until it closed its store in 2008.

"This is a great men's mall," Wit said. "What we want to do is bring ladies and children here. Our primary goal is getting the national retailers back."



Tear down that wall: State Rep. John Payne (R-Dauphin) joins Swatara Township officials who take a ceremonial swing at the half-built Sega Sports Restaurant.

For information about the mall, visit www.shopharrisburgmall.com.

Area Home Sales Jump in 2nd Quarter

Helped by record-low interest rates, area home sales in the second quarter of the year increased by 12.1 percent over the year-ago period, according to Greater Harrisburg Association of Realtors.

In all, 1,979 houses were sold, compared to 1,766 during the second quarter of 2011.

Prices also increased, with the median sales price of a house rising to \$162,900 from \$158,500, said the realtor group.

Sales listings stayed on the market for 114 days, a slight increase from the year-ago period's 111 days.

August Schedule

Aug. 3: Aortic Valve

Aug. 11: Chelsea Caroline
& The Dirty Sweet

Aug. 12: Soul Comedy w/TuRae

Aug. 17: Hiding Scarlet

Aug. 24: The Memorials

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Trés Bon!



Farid Soulimani, who opened Au Bon Lieu at 1 N. 3rd St., in mid-July, makes a wide variety of savory and sweet crepes. He uses organic ingredients, including unbleached and bleached flour, real maple syrup and organic greens for his salads. Formerly a manager of Moroccan and French restaurants in Washington, D.C., Soulimani said he tries to keep his prices affordable and use "as much organic ingredients as we can." Call 703-608-0871 or visit www.aubonlieu.com.

Going Dutch (Cookie-wise)

Stroopies land sweetly in the Harrisburg area.

Sylvia Grove



In balance: Café di Luna owner Ambreen Esmail offers a stroopie as the perfect match to a cup of Salvadoran coffee. Below, a close-up of the traditional way to serve a stroopwafel.

Hold on, biscotti. Take a back seat, pizzelle. And welcome a new international cookie, the stroopwafel, to central Pennsylvania's confection scene.

A stroopwafel is a traditional Dutch cookie, literally meaning "syrup waffle." The "stroopie" consists of gooey caramel syrup pressed between two pie-crust-thin, cinnamon-spiced waffles.

Traditionally, the cookie rests on the rim of a hot cup of coffee for a few seconds before eating to soften the caramel—an ode to taking time to eat, to drink and to be.

"My customers keep saying, 'Oh, they're caramel! Oh, they're Dutch!'" said Ambreen Esmail, owner of Café di Luna on N. 3rd Street in Midtown.

Esmail has carried the cookies since late June to complement her array of small batch, independently made desserts and internationally inspired coffee beverages. "Not many people have heard of stroopwafels, but they're delicious," she said.

Domestically, Stroopwafels are made at Stroopies, a Lancaster-based company managed by a husband and wife team, Jonathan and Jennie Groff.

"We both grew up in small family businesses, and we wanted one of our own," Jennie said, herself the daughter of a dairy farmer. Jonathan is the

son of the founders of Groff's Candies in Lancaster.

Owners Ed McManness and Dan Perryman founded Stroopies in 2008 to make cookies and provide jobs to underprivileged men and women. They operate a branch in, of all places, Moradabad, India, with six full-time workers.

Jonathan and Jennie joined the company two years ago and wanted to market the cookies in Pennsylvania. Since then, laboring in the back room of Groff's Candies, they have made every stroopwafel from scratch.

Four cookie-size balls of homemade dough are placed on an authentic Dutch stroopwafel griddle and pressed for 80 seconds. Each waffle is transferred to a cutting board, filleted in half and drizzled with house-made caramel syrup. The halves are then pressed back together, cooled and hand-packaged.

"Our very clean hands are all over the stroopwafels that you buy," laughed Jennie.

In addition to traditional stroopies, the Groffs offer stroopwafels dipped in Wilbur's dark chocolate. They are experimenting with gluten-free stroopwafels, fresh pecan stroopwafels and chocolate-dipped stroopwafels that are sprinkled



with locally roasted espresso from Lancaster's Square One Coffee.

There's a balance between keeping it simple and being creative, Jonathan said, "but I do think the espresso stroopwafels are out of this world." The couple hopes to eventually introduce a new stroopie variety each year.

Like the India branch, the couple hopes Stroopies can provide employment opportunities to immigrants in central Pennsylvania.

"Specifically, we see a need among refugees that the U.S. has welcomed," Jonathan said. "Sometimes they have a hard time finding work. We love working with internationals, so to be able to provide work for people from other parts of the world would be an enjoyable privilege for us."

That inspires Café di Luna's Esmail. "I promote Stroopies' cookies because

they bring people together," she said. "So much is lost these days with the way we rush. I believe we need to go back to our values, and I try to promote products that do the same."

Stroopies, 105 Old Dorwart St., Lancaster, www.stroopies.net. Café di Luna is at 1004 N. 3rd St., Harrisburg.

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Wine Time

All in the Family

Now, listen to a tale of three Pinots.

Steve Juliana



In the world of wine there is a family of grapes known as the Pinots. They are called this because the French word for pine cone is pinot, which the grape clusters resemble.

The grapes are the black, the grey and the white.

The black grape (pinot noir) is the glory of French Burgundy and the biggest challenge to vintners everywhere.

A difficult grape to grow, it has a wonderful flavor and velvety texture unmatched by any other varietal. Once only grown in France, it has spread across the globe with a proliferation of styles that expresses the true terror of the region in which it is grown.

The wine has been known to drive people to the point of obsession, a muse in a glass that causes clear-headed individuals to seek only the most sensuous wine. It possesses such clarity in the color of its garnet shades that it is truly one of the most beautiful of all wines. Whether the cherry-cola quaffs of the West Coast or the light offerings from Tasmania, this is a wine worth pursuing.

The gray grape (pinot gris) is actually a mutation of pinot noir.

It was discovered centuries ago in France when a vine showed its grapes to be bluish grey. It was cultivated and spread throughout Europe. It is arguably the most popular white wine in the United States.

When grown in northern Italy, the gray grape, called pinot grigio, makes wine that is light and mineral-like with overtones of citrus and good acidity that shows it to be a good match for light fare. However, too much grigio is flat, bland and insipid. This is where you get what you pay for.

In the Alsace region, pinot gris is a different pedigree. The wines are full and rich with fruit, floral scents and a certain spice that permeates the palate. It pairs well with rich, heavy food, matching the cuisine of this area between France and Germany.

This wine is easy to spot on the shelf at your local store as it is bottled in the straight un-shouldered bottles that are an identifying feature of German wines. Try the gris, a truly exceptional drink and one of my favorites.

Pinot Blanc is our last subject and is the white grape. It is also a mutation from the pinot noir vines. Once again, the best examples are from northern Italy and Alsace. The wine itself is light

and supple with freshness that means it should be drunk young. It is very much like a chardonnay without the oakiness that ruins so many examples today. Think of it as lighter, un-oaked Chablis. You may have a hard time finding it, but it is well worth the search.

Three wines all from the same vine. Much like any family, it is sometimes hard to believe they are related, but all three bring much joy to our world.

Keep sipping, Steve.

Steve Juliana of Hummelstown is a wine adviser and a life-long lover of wines.

Golf Outing Benefits Habitat for Humanity

The annual Habitat for Humanity of the Greater Harrisburg Area Golf Outing, sponsored by MI Windows and Doors, brought some 120 golfers on June 12 to the Hershey Links Golf Course.

Golfers raised more than \$80,000 for Habitat for Humanity, bringing the total raised by Gratz-based MI Windows and Doors, which started the outing 14 years ago, to \$1.3 million.

All proceeds are used to fight poverty housing in central Pennsylvania.



New digs: Brothers Doug and Don Jorich moved the third generation-run Schmidt's Sausage Shop from Steelton's 7th Street to 1035 Eisenhower Blvd., Harrisburg, in June. Open 9 a.m. to 6 p.m. Tuesday to Friday, 9 a.m. to 2 p.m. Saturday. Closed Sunday and Monday. 717-939-0501.



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There's Corn in My Pasta!

Add an Italian flare to summer's bounty.

Rosemary Ruggieri Baer

We are now in the fullness of summer, and I am at it again: going to all the local farmers markets and farm orchards and buying more fresh produce than I can possibly use.

I am my mother's daughter here. One summer, when our little family was at the beach for our annual vacation, my mother returned from her daily trip to the roadside produce stand with an entire basket of cantaloupes. It wasn't a small basket. After consuming melon at every meal for the better part of a week, we began voicing complaints. We still laugh at her forlorn response: "Ooooh ... who's going to eat all these?"

Well, I can walk away from cantaloupes, but I can't resist the wonderful sweet corn of summer. So many varieties to choose from now: milk and honey (a mix of white and yellow), traditional yellow and all white like the famous Silver Queen (my mother's favorite). At the outdoor market at the Harrisburg Farm Show Building, farmers back their trucks right up to the stands and pile their freshly picked corn into small mountains. Now, why would anyone buy just a couple of ears when a baker's dozen is such a bargain?

Over the years, I have eagerly searched cookbooks and magazines for different ways to cook fresh corn. This versatile vegetable shines in so many dishes beyond boiled corn on the cob. In the summer, when I am sautéing fresh vegetables like zucchini or snap peas, I throw in a cup or two of corn kernels along with a few cloves of garlic and a pinch of red pepper flakes for a great side dish. I throw leftover cooked corn into grilled summer salads and make a fresh corn salad seasoned with apple cider vinaigrette.

At our house, we grill buttered corn on the cob, either wrapped in foil or husked and placed right on the cooking grates. Just a few minutes of cooking time result in ears that are slightly charred and incredibly sweet. If you have a favorite buttermilk pancake recipe, add a cup or two of fresh corn to make corn fritters. They are a surprise accompaniment to grilled chicken, steaks and ribs.

And believe it or not, fresh corn is showing up in contemporary pasta and risotto dishes, making for new Italian traditions. Although not currently on the menu, Carley's Ristorante in Harrisburg makes a pasta dish with fresh corn, crab and a light cream sauce. It is wonderful and on my list to try at home.

The recipe that follows is one that takes advantage of ripe summer tomatoes as well as corn. It can be prepared quickly, and there is very little actual "cooking" involved. It calls for pappardelle (very wide pasta noodles) but if you can't find them, fettuccine works just as well.

Pappardelle with Fresh Tomatoes and Corn

- Fill a stockpot with 6 quarts of water and bring to boil. While waiting for the water to boil, husk and wash 4 ears of fresh corn.
- When the water comes to a boil, cook the corn until barely tender, about 2 minutes. When done, let the ears cool on a towel. Keep the water simmering until it's time to cook the pasta.
- In a large bowl, combine about 3 pounds of very ripe tomatoes, skinned if you prefer. Cut the tomatoes into chunks, whatever size you like.

• To the tomatoes, add ½ cup olive oil, a pinch of red pepper flakes, a handful of chopped parsley, some chopped garlic if you are a garlic fan and about a teaspoon of salt. (If you like cilantro, you could substitute that for the parsley.)

• When the corn is cool, cut the kernels off the cobs with a sharp knife and combine with the tomato mixture. Adjust seasoning to your taste.

• Cook the pasta according to package directions, drain when done and combine with the tomato corn mixture. Serve with additional chopped parsley on top.

This pasta dish is one that certainly celebrates all the fresh good tastes of summer. As a matter of full disclosure, my husband usually places corn in the same unpleasant category as peas. But he seems to accept my many attempts to jazz up this bountiful summer vegetable. Now, if only I could find a use for all those cantaloupes.



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

Food Bank Donations

Walmart and the Walmart Foundation have provided \$125,000 in grants and in-kind contributions to help the Central Pennsylvania Food Bank and Channels Food Rescue fight hunger in central Pennsylvania.

The Central Pennsylvania Food Bank received a donated refrigerated food truck, valued at \$90,000, to help more than 700 food pantries, soup kitchens and shelters. Channels Food Rescue received \$35,000 to operate "The Kitchen School," an innovative job-training program for low-income individuals who prepare more than 500 meals a day for at-risk children.

Biz Notes

Capital Shoe Repair expects to open this month downtown at 202 N. 2nd St., the former location of Melissa Alyson Salon & Nail Boutique.

P&R Bakery & Café has opened at the rear of 1300 N. 3rd St. in Harrisburg and also can be accessed from inside Midtown Scholar Bookstore. The popular bakery, which is expanding its offerings to include sandwiches and other prepared food, moved from across the street at the Broad Street Market.

Sindbaad, a new Indian/Pakistani restaurant, is set to open downtown at 19 S. 3rd St., the former location of Dunes.

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At the Market

The Broad Street Market continues to add vendors and diversify its offerings.

Recently, several new vendors have moved into the market or expanded, including the ones profiled below.

In addition, a few others are set to move in soon, including a new coffee stand called Gourmet Goodness and a new healthy food

vendor named Just Delicious, both in the stone building.

Pay a visit and sample all that is new at the Broad Street Market.

The Broad Street Market, 1233 N. 3rd St. in Harrisburg, is open Wednesday, 9 a.m. to 2 p.m.; Thursday and Friday, 9 a.m. to 5 p.m.; and Saturday, 9 a.m. to 4 p.m.

Simply Soup & Beyond Café:

Shannon Sanders and Joy Gillette proudly display one of their signature soups as they opened last month in the stone building. Each day, three signature soups—a vegetarian, a meat and a seafood option—are on the menu, said owner Gillette. But the stand is not only for soup. Gillette said she's equally proud of her grilled cheese and club sandwiches and—listen to this, Harrisburg—offers a full breakfast menu at all times. The new market stand is Gillette's second location, as she started in York's Central Market. 717-818-3126.



Floral Bouquet: When Market favorite Kocevar Farms decided to call it quits after 70-plus years, Janita Zimmerman saw an opportunity and opened Floral Bouquet, located near the center of the brick building. Zimmerman offers fresh-cut flowers, many grown locally, in addition to potted plants and a few fun items, too, like long-stem decorative glass flowers. Next spring, she might also offer garden plants. Zimmerman said she has always loved flowers and gardening, so her new stand is a dream come true. 717-314-2578.

Peach Ridge Produce: Peach Ridge Produce has expanded, adding a sprawling area at the back of the brick building to their stand at the front. Here, Equan and Carissa Waddell shop for plums from among the many colorful bins of locally grown produce. Many of the fruits and vegetables originate from the family farm in Perry County, while others come from neighboring farms, said owner Mel Barbie Glick.



RBI Aromatherapy: Aleena Turner began selling a select line of aromatherapy products after they helped her through a difficult time. Visit the brick building to check out her line of candles, incense, lotions, body sprays, bath soaps, meditation aids and other holistic products designed to help you relax and enjoy greater peace. "You don't have to be unhappy," says Turner, who reports a great deal of interest among Broad Street Market patrons in her products.

HU Endures Trying Times

The university weathers its critics, moves forward.

Peter Durantine

Eleven years after its founding in 2001, Harrisburg University of Science and Technology is to its supporters a success story that is growing and evolving as any new university, particularly in an era driven by constant technological change.

In a region with dozens of traditional colleges and universities, HU, they say, has raised the bar, graduating students well-trained in their fields of endeavor, compelling other schools to increase their emphasis on math and science.

"I think it's made everyone better," said Robert Scaer, president and chief operating officer of Gannett Fleming in Camp Hill and an HU board of trustee member.

At the local liberal arts college in his Lancaster County town, Robert Dolan, chairman of Conrad Siegel Actuaries and HU's board, said, "In just the last few years, I've seen them emphasize their math and science education."

Despite its academic success and growing enrollment, the university's finances are "fragile," which school administrators readily admit, but say is not unheard of in this economy—most schools are strapped, particularly a new institution like HU.



Former President Mel Schiavelli and interim President Eric Darr have led HU during its founding years.

Critics, though, think otherwise, challenging whether HU can succeed.

"It's not a question of the need for the project," said Eric Papenfuse, a former board member of the Harrisburg Authority and owner of Midtown Scholar Bookstore. "It's about the financing of the project."

In June, Papenfuse conducted a public forum about the university that featured a fierce critic of HU, Steve Barrows, who had been blogging anonymously. He revealed that his wife was a university faculty member whose job was recently eliminated.

The forum's audience included current and former HU staff who challenged the assertions made about the school's finances, including claims of deception made by Barrows. Barrows defended himself, but acknowledged his information could be wrong.

In a city teetering toward bankruptcy after years of financial mismanagement, HU officials believe that some of their critics unfairly lump them with such things as Harrisburg's costly incinerator and struggling school district.

"I think we've been included in other issues," Dolan said. "I think if they knew the complete picture, they would feel very proud of what's been going on at HU the last 10 years."

The mission that business, academic and government leaders set down for HU zeroed in on what the university's former president, Mel Schiavelli, called a curriculum for the 21st century: science, technology, engineering and math—the STEM subjects.

From U.S. presidents to high school principals, STEM is viewed today as the curriculum needed to build the nation's economic competitiveness.

"Central Pennsylvania thought up this idea before George Bush and [President] Obama heard of STEM education," he said. "I've never been to a place that lives its mission as much as we do."

Schiavelli's departure to become executive vice president at Northern Virginia Community College, one of the largest such institutions in the

nation, signals HU is progressing, Dolan said.

"Mel's done a terrific job for us; he's really put the structure of what the business community and the broader community wanted for the university," Dolan said. "We're evolving, and it's time to take us to the next level."

Over the next year, the university's board will seek Schiavelli's replacement, but, for the interim, Dr. Eric Darr, formerly the provost, will serve as president. Darr said his plan is to carry on: "Do more, produce more graduates in science and technology fields."

As president, Schiavelli oversaw construction, at 4th and Market streets, of HU's 16-story tower, acquired housing downtown for 180 students and built an education program in which more than 75 percent of the students land jobs after graduation.

That's largely because HU's non-traditional teaching methods—it doesn't require SAT scores for student entry—include internships in the field the student is majoring. Often students are hired by the companies where they interned.

"For Gannett Fleming, it's been very helpful," Scaer said, noting his engineering firm, which first went to HU in need of students skilled in geospa-

tial fields, has hired some of its interns upon graduation. "One in particular is a rock star at the firm," he said.

This year, HU has 320 full-time undergrads out of 440 total students, Darr said.

In the seven years since classes began—and in the five years since its first graduating class of nine students—HU has contributed economically and academically to the city and the region, Dolan said.

"We have provided workforce, shown by the high percentage of students who have gotten jobs," he said. "I think it has benefitted the city of Harrisburg by attracting students who live downtown."

For more information about Harrisburg University, visit www.harrisburgu.net.



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Green Thumb

Green, All Year Long

Hardcore gardening equals a greenhouse.

Jay Stanton

As a hobby greenhouse owner, most people tell me how they'd like a hobby greenhouse to start seeds for flowers and vegetables.

That always leads to a conversation about what it takes to germinate seeds—lots of light, a constant bottom heat of about 70 degrees and misting to keep new plants moist. I advise new gardeners to be careful about starting plants too early. The reward of being careful is a whole bunch of plants ready to be transplanted into the garden in the spring. It's a challenge, but many folks really enjoy the process and have wonderful success.

Other people tell me they want to build a greenhouse to grow orchids and houseplants year-round or use the greenhouse's protection to extend the growing season of vegetables. Some people grow veggies during the winter months.

I have another reason for our little greenhouse: We over-winter tropical plants rather than buy new hibiscus, angel trumpets and the like every spring. All of our tropical plants are maintained in large containers that we arrange around the garden, deck and patio for our outside seasons. Rather than planting, potting and replanting, we keep these tropical plants in their containers, where we can move them in and out easily. With containers, however, more maintenance is required—watering and fertilizing.

Back to greenhouses: There are two types—free-standing and attached to your house or garage. You need transparent glazing to let in the sun. There are three types—thin plastic that comes on a roll and only lasts a few years, but is inexpensive; glass, which is expensive and difficult to install, but lasts forever with care; and the new polycarbonate glazing that is found in newer lightweight eyeglasses.

Most new hobby greenhouses are glazed with a double-walled polycarbonate, with air spaces between for better heat insulation. There's also the old standby known as the cold frame, a window frame covering some plants in a hole, but let's not get too technical.

Greenhouses are fun. I really enjoy just stepping into ours. As a gardener, I enjoy stepping into anybody's greenhouse. The warmth and smell of living plants just lifts my spirit. Maybe you feel the same way.

My parents were in the commercial greenhouse business, and I grew up

learning the business venture. I could have moved home and taken over the business with my brother, but, by that time, I had my own hobby greenhouse and that scratched my itch.

If you're thinking about building your own hobby greenhouse, there are a few basic requirements. First, is a town code permit needed? Do you have water and electricity? What type of heat and ventilation will you use? Is there ample light in the winter months? If it's an extension of your home to share with plants, you may need to consult an architect or a company that specializes in constructing sun rooms.

If you plan on a standalone structure, there are several options. Buy a kit from a catalogue or online that is delivered to you or have a greenhouse company build it for you. I designed and built my own. Not having a computer at the time, I used the public library and read as much as I could about the subject. I contacted the Penn State Extension educator who had knowledge of greenhouses and visited Delaware Valley College, where I spoke to the horticulture professor about new materials and current trends.

As I began construction, I entered the Dauphin County Master Gardener program, where I was required to give a presentation. With photos, I showed the concrete block foundation, 2-by-6 construction with full insulation of the north half and a fully glazed southern exposure. I built in thermal efficiency such as a stone pit as a heat sink/source, a brick floor, green-painted back block wall and an unvented propane gas heater.

If you're thinking about pursuing this adventure—and make no mistake, it's an adventure—a good place to start would be to attend a meeting of the Central Pennsylvania Chapter of the Hobby Greenhouse Association (www.hobbygreenhouse.org). You will meet people like me who will be happy to share their success stories, and their biggest mistakes, to keep you from making the same ones.

If you're interested, contact me at thermalhouse@comcast.net or 717-566-3415. I'll be happy to get your feet planted on the right path.

Jay Stanton, a Hummelstown gardener, is founder of the Susquehanna Hosta Society and a member of the Hobby Greenhouse Association.

Coming to HBG

Listen up, central Pa.: August is all about the music.

Peter Durantine

If you're looking for a way to cool off during these hot August nights, the local music scene can offer some rhythmic relief, but you'll work up a sweat jamming to the tunes brought by cover bands, local originals and national acts.

The Dirty Sweet, a Harrisburg funk band, is a compilation of various members—all friends—from other bands who bring together their various talents performing everything from the blues to bluegrass, ragtime to rock with a bit of zydeco.

Flashy, glittery, retro with girl backups, horns, keyboards and guitars that sometimes twang—they are as fun to listen and dance to as they are to watch. Don't confuse the fabulous nine with San Diego-based blues and rock group, Dirty Sweet.

From "Cry to Me" to "Cissy Strut" to "Use Me" and "Between the Sheets," The Dirty Sweet's rhythm and riffs range from cool to hot, and echo quite nicely the era in which those songs first played on the radio waves. Performing at Stage on Herr on Aug. 11 with Chelsea Caroline.

Since his 1972 debut album, Jackson Browne has captured the soul searching that we as humans do in life



Jackson Browne

and the loneliness we often feel in that quest. Interestingly, the cover of his 1975 album, "The Pretender" depicted Browne on a busy city street, looking alone.

His 1978 hit, "Running on Empty," recorded as a live album by the same name in Columbia, Md., is an anthem to the theme of the individual struggle: "Looking out at the road rushing under my wheels/ Looking back at the years gone by like so many summer fields/ In '65 I was 17 and running up 101/ I don't know where I'm running now, I'm just running on ..."

Browne's music arrangements never over-power his lyrics; they are all part of one blessed, harmonious piece. Browne performs on his "2012 Acoustic Tour" with Sarah Watkins, Aug. 7, at H. Ric Luhrs Performing Arts Center at Shippensburg University.

The Martini Brothers bring their brand of "honest to goodness rock and roll" to the Abbey Bar on Aug. 3. Founded in York in 1994, the trio



The Martini Brothers

of Deuce Gibb, guitar and vocals, Mike Mead, bass, and Rej Troup, drums, have a hard edge, but nothing too heavy.

They use driving beats with fun lyrics such as "Motorcycle Songs," which has a bit of a punkish sound, reminiscent of the late Jim Carroll's "People Who Died," and "Spinning on an Axis." And "Hillbilly Polka" is just pure fun.

Performing in York on Aug. 9 at the Strand-Capitol Theater is Lyle Lovett and His Acoustic Group. Since he began 32 years ago, Lovett has

become, as some fans like to say, a sort of folk legend, playing a series of genres from blues and country to jazz and western swing.

His arrangements and the touring bands that he forms to perform them such as His Large Band from a few years ago are eclectic and in instances fusions of genres. His creativity is why he's earned so many accolades in the music industry.

JazzFest Part 2: The Jam Stops in Harrisburg

The second part of Jazzfest, which began in June in Lancaster, continues Aug. 16 to 19 when Central PA Friends of Jazz returns the Central PA Jazz Festival to various locations in and around Harrisburg.

Listen to some of today's finest jazz musicians from this region, as well as New York, Philadelphia and other cites.

Highlights of the four-day event include a riverboat cruise, JazzWalk, Jazz Picnic, Sunday Jazz Brunch and Jam Sessions. A free concert kicks things off Thursday at Strawberry Square with the Central PA Youth All-Star Band directed by Ron Waters.

Friday night, JazzWalk will feature music at downtown venues including Bricco, the Hilton Harrisburg's Patio, MoMo's BBQ and Pints Bar.

Jazz violinist John Blake Jr. (pictured), an international star formerly with Grover Washington & McCoy Tyner, headlines Saturday's CPFJ Picnic with Zeropoint Big Band from State College.

Sunday events include Jazz Brunch at the Hilton Harrisburg, a special lecture by saxophonist/composer Jonathan Ragonese on "Listening to America's Pulse" and a star-studded Jam Session at Appalachian Brewery, which closes the festival.

For more, visit www.friendsofjazz.org.



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"100 Years of Chevrolet," featuring cars, special fine art and automobilia marking the 100th anniversary of the iconic car maker, through Oct. 14.

"Dusty Jewels: Off-road Motorcycles of the 1970s," highlighting the off-road 1970s motorcycle boom, through Oct. 25.

Art Association of Harrisburg
21 N. Front St., Harrisburg
717-236-1432; www.artassocofhbg.com
"International Exhibition," through Aug. 30.

The Cornerstone Coffeehouse
2133 Market St., Camp Hill
www.thecornerstonecoffeehouse.com
Hand screen prints by Jeremy Friend, through August.

Fenêtre Gallery
HACC Midtown 2, 2nd Floor
N. 3rd and Reilly streets, Harrisburg
"Underneath the Surface," ceramics by Janelle Hoch, through Aug. 9.
"Bindings," by Grace and Robert Troxell, Aug. 17–Sept. 13; reception, Aug. 17, 6–8 p.m. and Sept. 9, 11 a.m.–5 p.m.

Gallery@Second
608 N. 2nd St., Harrisburg
galleryatsecond.com
The artwork of Leann Leiter and Benjamin Nelson, through Sept 1; opening reception for "Upstairs Gallery" featured artist Veera Pfaffli, Aug. 17, 6–9 p.m.

Gallery at Walnut Place
413 Walnut St., Harrisburg; 717-233-0487
The art of Doris Valdes, Aug. 4–30; reception, Aug. 17, 5–8 p.m.

Harsco Science Center
Whitaker Center, 222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org
"Leonardo da Vinci: Machines in Motion," 40 life-sized interactive models based upon the master engineer's inventions, through Sept. 2.

The LGBT Center Gallery
1306 N. 3rd St., Harrisburg
"Colors of Pride," 6 local artists, 6 different styles, celebrating the diversity of art and beauty, through Aug. 13.
"Art is a Drag," featuring works of photographer Meni Quake, who presents a series of avant garde portraits of drag queens and female illusionists; reception & drag show, Aug. 17, 7–10 p.m.

Mangia Qui
272 North St., Harrisburg
717-233-7358; www.mangiaqui.com
The art of Elide Hower & Shawn Theron, through August.

National Civil War Museum
One Lincoln Circle at Reservoir, Harrisburg
717-260-1861; nationalcivilwarmuseum.org
"1862," an exhibit highlighting the second year of the Civil War, through Dec. 31.

Ned Smith Center for Nature and Art
176 Water Company Rd., Millersburg
717-692-3699; www.nedsmithcenter.org
"Olivia's Birds," original bird paintings by Olivia Boulter, through September.

North Gallery
1633 N. 3rd St., Harrisburg
Three-artist invitational exhibit featuring contemporary painting, mixed media and sculpture, through Aug. 11.
Duo exhibition featuring painting and mixed media, through mid-September; reception, Aug. 17, 7–10 p.m.

Rose Lehrman Arts Center
One HACC Drive, Harrisburg
www.hacc.edu/RoseLehrmanArtsCenter
"Molten Form," glass by Rafael Henin, through Aug. 2.
"Books Containing YEO BAEK," by Sun Young Kang, Aug. 20–Sept. 26; reception, Sept. 13, 5:30–7 p.m.

The State Museum of Pennsylvania
300 North St., Harrisburg
717-787-4980; www.statemuseumpa.org
"Art of the State," a juried exhibition featuring Pennsylvania artists, through Sept. 9; reception, Aug. 17, 6–8 p.m.
"The Fine Art of Giving: Gifts of Art to the State Museum of Pennsylvania, 1998-2008."
"Trailblazers: Notable African Americans in Pennsylvania History," photo exhibit featuring African Americans closely associated with Pennsylvania.

Whitaker Center/The Curved Wall
222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org
"A Baker's Dozen: 13 Years of Dōshi Gallery Art at Whitaker Center," through Aug. 23.

Yellow Wall Gallery/Midtown Scholar
1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com
"Personal Perspectives: Architectural Sketches from Varied Travels and Regional Areas," through Aug. 12.
"Wire Works," use of recycled wire from Joshua Farm to create art, Aug. 14–24; reception, Aug. 17, 6–10 p.m.
"I Ran To Get My Camera: Photographs Resulting from Impulsive Desires for Memories," group photography exhibit, Aug. 25–Sept. 9.

Read, Make, Learn

Midtown Scholar Bookstore-Café
1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com
Aug. 4: Book-signing for George Appelt's debut novel, "Shepherd's Fall," 2 p.m.
Aug. 6, 12, 19, 26: "TED Talks at Midtown Scholar," 1 p.m.
Aug. 7, 20: Occupy Harrisburg Teach-In Series, 5:30 p.m.
Aug. 18: Book-signing for Nancy Marcinko's "Seeking Jesus Despite Yourself," 2 p.m.
Aug. 19: Philosophy Salon, 12:30 p.m.
Aug. 19: Creative Nonfiction Writers Workshop, 2 p.m.
Aug. 21: Midtown Poets workshop and reading, 7 p.m.
Aug. 25: Book-signing for Kari Larsen's, "The Black Telephone," 2 p.m.
Aug. 28: Art Kaleidoscope artist forum and presentation, 6 p.m.

3rd in The Burg: Aug. 17



Join State Museum Director David Dunn and featured artist Carol Oldenburg of York for a special insider's tour of the museum's Art of the State exhibit during this month's 3rd in The Burg, which takes place Aug. 17. The event will include a reception, as well as a conversation with Oldenburg, whose painting of a forlorn pooch, called "Bad Dog" (left), is among the works featured in the exhibit of Pennsylvania artists. You can visit many galleries, restaurants and other venues at the monthly celebration of arts and culture throughout Harrisburg. For more information, see our back cover or visit www.facebook.com/3rdinTheBurg.

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717-221-1083; www.abcbrew.com

Aug. 3: The Martini Brothers
Aug. 9: Aaron Freeman
Aug. 11: Hackensaw Boys
Aug. 24: The Defibulators w/JT & the Mild Heat

Carley's Ristorante and Piano Bar

204 Locust St., Harrisburg
717-909-9191; www.carleysristorante.com

Aug. 1, 8: Chelsea Caroline
Aug. 2: Wade Preston
Aug. 3, 11, 24: Roy Lefever
Aug. 4, 10, 17: Noel Gevers
Aug. 7, 29: Emily Weaver
Aug. 9, 16, 31: Giovanni Triano
Aug. 12, 23, 26, 30: Anthony Haubert
Aug. 14, 21, 28: Brandon Parsons
Aug. 15: Jason Kreider Brant
Aug. 18, 25: Sherry Marchefsky
Aug. 22: Jett Prescott

Central Pennsylvania Friends of Jazz

717-540-1010; www.cpfj.org
(please check website for location)

Aug. 16–19: 32nd annual Central PA Jazz Festival (various locations)

Clover Lane Coffeehouse

1280 Clover Lane, Harrisburg
717-564-4761; www.harrisburguu.org

Aug. 17: Darryl Purpose

The Cornerstone Coffeehouse

2133 Market St., Camp Hill
www.thecornerstonecoffeehouse.com

Aug. 3: Kevin Kline
Aug. 4: Chris Dunlap
Aug. 5: David Carr
Aug. 10: Antonio Andrade
Aug. 11: Joe Cooney
Aug. 12: Jon Cox
Aug. 17: Basic Black
Aug. 18: Sweet Life
Aug. 19: Lance Williams
Aug. 24: Jeanine & Friends
Aug. 25: Stan Hoke & Friends
Aug. 26: Brittany Opperman
Aug. 31: Dominic Cicco

Greater Harrisburg Concert Band

www.ghcb.org

Aug. 3: Cumberland Crossings Retirement Community (Carlisle)
Aug. 12: Hampden Township Park and Pool Complex

Harrisburg Symphony Orchestra

The Forum (5th and Walnut Sts.), Harrisburg
717-545-5527; harrisburgsymphony.org

No shows scheduled for August.

Hershey Theatre

15 E. Caracas Ave., Hershey
717-534-3405; www.hersheytheatre.com

Aug. 8: Vicki Lawrence
Aug. 21: Meat Loaf

Hilton Harrisburg & Towers

1 N. 2nd St., Harrisburg; 717-233-6000

Aug. 2: Jim Wood
Aug. 3: Steve Rudolph & Rick Hirsch
Aug. 4: Steve Rudolph & Chuck Long
Aug. 9: Steve Rudolph & Erin Cruise
Aug. 10: Steve Rudolph & Micah Jones
Aug. 11: Steve Rudolph Trio
Aug. 16: Steve Rudolph & Amy Banks
Aug. 17: St. Clair & LeAnna Simmons w/Steve Rudolph
Aug. 18: Tony Miceli Duo
Aug. 23: Steve Rudolph Jazz Duo
Aug. 24-25: Steve Rudolph & Jonathan Ragonese
Most other nights, Steve Rudolph on piano

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

Aug. 3: Aortic Valve
Aug. 11: Chelsea Caroline & The Dirty Sweet
Aug. 17: Hiding Scarlet
Aug. 24: The Memorials
Every Wednesday, Open Mic

Italian Lake Concert Series

Italian Lake, Harrisburg; hyp.org

Aug. 19: All That's Left

Jazzin' on the Pride

Pride of the Susquehanna
City Island Dock, Harrisburg
www.harrisburgriverboat.com; 717-234-6500

Aug. 2: Dave Wilson & Kirk Reese
Aug. 9: Tom Strohmman & Greg Strohmman
Aug. 16: Chuck Long & Tom Colgan
Aug. 23: Jimmy Wood & Steve Meashey
Aug. 30: Katy Rudolph & Jim Miller

Johnny Joe's Sports Bar & Grill

5327 East Trindle Rd., Mechanicsburg
717-766-2254; www.johnnyjoesbar.com

Aug. 3: Bridge Street
Aug. 4: Nate Myers & the Aces
Aug. 10: F Bombs
Aug. 11: Ben Noble & the Blue Voodoo
Aug. 17: Badd Seed
Aug. 18: Disorderly Conduct
Aug. 24: Ben & Co.
Aug. 25: Bare Creek Junction
Aug. 31: Woolly

Luhrs Performing Arts Center

1871 Old Main Dr., Shippensburg
717-477-SHOW; www.luhrscenter.com

Aug. 7: Jackson Browne w/Sara Watkins

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

Aug. 3: Tony Halchak, Percy Shaw & Lando Twyford
Aug. 10: The Dillionaires
Aug. 11: Irat Feiskhanov
Aug. 17: Jason Walters, Buc Hill Aces & Friends
Aug. 18: Raise Up Roofbeams w/Walden & Kelly Ruth & Anti-Cool
Aug. 24: Mike Quinones
Aug. 25: Ryan Tennis & Neal Swanger
Aug. 30: Harrisburg Mandolin Ensemble
Aug. 31: Chelsea Berry & Voxology

Market Square Concerts

717-221-9599; marketsquareconcerts.org

No shows scheduled for August.

MoMo's BBQ & Grille

307 Market St., Harrisburg
717-230-1030; www.momosbbqandgrill.com

Aug. 3: Blue Vodoo
Aug. 10: Black Cat
Aug. 17: Gypsy Caravan
Aug. 24: Chazz Depaulo
Aug. 31: Jeff Calvin

New Cumberland Town Band

www.nctownband.org

Aug. 5 : Adams Ricci Park
Aug. 12: Anna & Bailey Streets Park

O'Reilly's Tap Room

800 East Park Dr., Harrisburg
717-564-2700; www.oreillystaproom.com

Each Thursday: Think Tank

Ski Roundtop

925 Roundtop Rd., Lewisburg
www.skiroundtop.com; 717-432-9631

Aug. 10: Gregg Naylor and Friends
Aug. 17: Tuckahoe Ridge
Aug. 24: John Deardorff
Aug. 31: Indian Summer Jars

The Stage Door

Broadway Classics Productions

Harrisburg Mall, 3501 Paxton St., Harrisburg
877-717-7969; broadwayclassicspa.com

"Sugar Babies," through Aug. 19

"Grease Jr.," Aug. 23–26

Harrisburg Comedy Zone

110 Limekiln Rd., New Cumberland
717-920-3627; harrisburgcomedyzone.com

Paul Hooper, Aug. 3–4; Mike Merryfield, Aug. 10–11; Chris Barnes, Aug. 17–18; Mo Alexander, Aug. 24–25; Ken Evans, Aug. 31–Sept. 1

Harrisburg Shakespeare Company

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

No shows scheduled for August.

Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey
717-838-8164; hersheyareaplayhouse.com

No shows scheduled for August.

Hershey Theatre

15 E. Caracas Ave., Hershey
717-534-3405; www.hersheytheatre.com

The Wiggles! Celebration, Aug. 11

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

Soul Comedy w/TuRae, Aug. 12

Stock's on 2nd

211 N. 2nd St., Harrisburg
717-233-6699; www.stockssecond.com

Aug. 4: TBA
Aug. 11: Shea Quinn and Steve Swisher
Aug. 18: Funktion
Aug. 25: Don Johnson Project Band

Suba Tapas Bar/Mangia Qui

272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

Aug. 3: Tom Smith
Aug. 4: Dustin Burley
Aug. 10: Ryan Tennis
Aug. 11: Voxology
Aug. 17: Ten Mile Tide
Aug. 18: The Infidel Castros
Aug. 24: Bob Blum & Jeff Entin
Aug. 25: David Falcone
Aug. 31: Silver City Rodeo

The Susquehanna Folk Music Society

www.sfmfolk.org

Aug. 3: The Contra Rebels w/community contra and square dance (York First Friday, North Beaver Street, downtown York)

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

Aug. 17: Little Feat w/Amy Lennard

Little Theater of Mechanicsburg

915 S. York St., Mechanicsburg
717-766-0535; www.ltmonline.net

No shows scheduled for August.

Midtown Scholar Bookstore-Café

1302 N. 3rd St., Harrisburg
717-236-1680; midtownscholar.com

Good News Café, Aug. 4

TMI improv troupe, Aug. 17

Staged reading Kendra Gibson's play, "To Whom Much Is Given," Aug. 24

Open Stage of Harrisburg

223 Walnut St., Harrisburg
717-232-OPEN; www.openstagehbg.com

No shows scheduled for August.

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; www.oystermill.com

"Wrong Turn at Lungfish," Aug. 17–26

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"Stone Soup," through Aug. 18

Theatre Harrisburg

513 Hurlock St., Harrisburg
717-232-5501; www.theatreharrisburg.com

No shows scheduled for August.

Crossbow Cross-Check

Lots to think about before jumping on latest hunting fad.

Kermit G. Henning

Beginning with the 2009 to 2010 hunting seasons, the Pennsylvania Game Commission gave final approval for the crossbow to be used statewide for archery hunting. This approval includes both early and late deer seasons and bear season, as well as small game, fall and spring turkey, elk, and firearms season for bear and deer.

As they have become more legalized in Pennsylvania and more popular among hunters, the market has been flooded with crossbows by old, established manufacturers, as well as new companies entering the market.

A crossbow is merely a bow mounted on a stock that shoots projectiles, short arrows called bolts. They have been used in Asian and European warfare as early as the 4th century BC. Present-day crossbows are used almost extensively for hunting, providing extreme precision and accuracy. They appeal to hunters who want to expand their hunting seasons, to new and younger hunters getting introduced to the sport and to older hunters or those with physical limitations

who can no longer draw a regular bow.

Learning to use a crossbow is quite simple but, like any other hunting weapon, there are several things to consider before purchasing one. They can be quite expensive as you add features so shop wisely before pouring money into one. You don't want to spend close to \$1,000 on something only to get it home and decide you don't like it.

First, shoot it. Make sure you actually take any prospective new bow through its paces to check out all the features you might want or not want. Bowhunters like a lightweight bow, same is true for crossbow hunters. Extremely lightweight crossbows, however, can be difficult to hold steady for a shot. Determine the type of hunting you intend to do before deciding. If you are sitting on a stand, a heavier bow might be fine. But, if you intend to use this new crossbow on a big game hunt for elk or other game where you will be hiking or climbing, go with the lighter unit.

With the popularity of crossbows has also come the increase in technology. You can get lightning fast bows with cams, pulleys and cables, but these all make the bow harder to draw. Crossbows with traditional recurve-type limbs are also quite fast and a lot simpler than those with cams or wheels.

A relatively new player in the crossbow market is the Kodabow, manufactured here in Pennsylvania. This West

Chester-based company makes recurve crossbows that are both fast and accurate. They are also simple in design, often a better choice.

Another thing to consider when buying a crossbow is how quiet it is. The more parallel the limbs, the quieter it will shoot. There are also aftermarket noise-dampening devices available that attach to the limbs.

Choosing the proper bolts for your crossbow takes as much forethought as buying the bow itself. The proper broad-head depends somewhat on the type of hunting you do, but is mostly a personal preference. A fixed blade broadhead is all one piece and has a cutting edge that extends the entire length of the point. Those with replaceable blades have a shorter cutting edge, but the blades can easily be replaced if damaged or dull. Mechanical broadheads have blades that open on contact. These fly most like field points.

With more and more opportunities for hunting with crossbows, now may be the time for you to jump in. Just make sure you do your homework, ask questions and pick the right crossbow for you.

This will be a major investment. Make it pay off in the field.



Kermit G. Henning, host of abc27 Outdoors TV, is a member of the Outdoor Writers Association of America.

Summer Concerts Return to Italian Lake

Grab a blanket or lawn chair for the return of this year's summer concert series at Italian Lake in Uptown Harrisburg.

On Aug. 19, the local band All That's Left will perform, with Lauren Fein on vocals, Frank Tittiger on guitar and vocals, David Fetchen on bass and Mark Dubravec on drums and vocals. They will play some original songs, as well as tunes from artists like Amy Winehouse, Etta James and Adele.

Sponsored by Harrisburg Young Professionals, the free concert begins at 6 p.m. For more information, visit www.hyp.org.

Ned Smith Center Shows Art of Markey

The Ned Smith Center for Nature and Art in Millersburg is featuring the art of Walt Markey in its Romberger Hallway Gallery through September.

Markey grew up on a farm in south central Pennsylvania and learned to appreciate and enjoy the beauty of nature and the outdoors at an early age.

His work focuses on the unusual features in the growth and design of trees, as well as many of the Mail Pouch Tobacco signs that can be found on barns all over central Pennsylvania. He lives in Reading.



Crossbow: Choose wisely, says Kermit.

Closed for Repair



The pool at the East Shore YMCA, 701 N. Front St., Harrisburg, will be closed through Sept. 23 for upgrades to its 46-year-old water filtration system. The project involves replacing the five enormous tanks seen at left with four much smaller tanks that will take up about as much space as one of the old tanks, said Chad Krebs, the Y's executive director. "We hope that this whole job, from when we drain the pool and start work to when the pool is filled and ready to swim in again, will be about two months," he said.



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Your Health

Pack Some Precaution

Be careful, prepared when vacationing.

Dr. John Goldman

Each year, more than 1 billion people travel across the world. Approximately 10 percent of travelers will experience some kind of illness on their journey, 1 to 5 percent will become ill enough to seek medical attention either during or after their trip, and one out of 100,000 will die during their travels.

Typically, when one imagines a serious illness while traveling, one imagines contracting an exotic disease (malaria, yellow fever or typhoid). However, the most common causes of illness are actually much more pedestrian and include cardiovascular disease (heart attacks and strokes) and trauma (most commonly due to a car accident). Consequently, preparing for travel involves taking precautions to prevent common illnesses and using common sense to avoid risks.

If you have any kind of chronic medical condition or take any kind of medication (prescription or non-prescription), it is important, before traveling, to get enough medication to last through your entire trip. Many insurance companies will require that you get a "vacation exemption" in order to get medications early or to get enough medication to last through a long trip.

In case you lose your medications, take a complete list of your prescriptions, including the generic name (the brand name may vary in other countries) and the dose and frequency. If you do, in fact, lose your medications, many of the national chains (CVS, Rite-Aid, Walmart) will be able to transfer your prescription to a nearby drug store. Be aware that, in the event of a lost prescription, you are likely to have to pay full price for the medication (which will be expensive), and you are not likely to be able to replace any kind of pain killer or narcotics, if they are lost.

If you become ill while traveling, it is important that your physician gets information on your past medical history. In addition to your list of medications, you should bring a list of your medical conditions, the name and contact numbers for your primary care physician and any specialists you might see and emergency contacts.

Remember, if you travel outside the United States, your domestic health insurance is unlikely to cover the cost of any hospitalization. It is not uncommon for travelers to be requested to pay cash or put the cost of any medical care on their credit cards. Consequently, if you travel internationally, it is often a good idea to purchase health insurance specifically for the trip.

Also, outside of the United States, the quality of healthcare varies widely. It is not uncommon for ill travelers to find they are unable to secure the quality of medical care that they are used to back home. Consequently, it is often a good idea to purchase health insurance that will pay for a medical evacuation back to the United States.

When on vacation, it's not uncommon to eat more than usual, drink more than usual and sometimes do things you might not do at home. It is extremely important that, in all circumstances (but especially if you imbibe more than usual), to stay aware of your surroundings, stay in safe areas and never drive if there's a chance you are not 100 percent sober.

It's not uncommon for travelers to engage in short-term sexual relations while traveling (approximately 5 percent of short-term travelers and as many as 50 percent of long-term travelers engage in casual sex). Many parts of the world have much higher rates of sexually transmitted diseases in general, and HIV in particular, than here. It is extremely important that travelers practice safe sex. Our travel clinic will go as far as to recommend bringing U.S.-made condoms (foreign-made have higher rates of breakage), if there is any possibility of sexual activity on the trip.

Travel is usually safe, fun and a welcome break from your usual routine. A little bit of preparation and common sense precautions can often prevent an illness or accident from ruining your trip.



Dr. John Goldman is the Program Director of Internal Medicine at PinnacleHealth.

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STUART MALINA, Music Director

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One More Thing ...

Boxers or Briefs?

Serious matters are at stake for National Underwear Day.

Carey Pumo

How comfortable are you in your underwear—right now? In celebration of National Underwear Day on Aug. 5, we at Curvatood, a local custom bra-maker in Hummelstown, conducted a brief, anonymous (and completely unscientific) survey to find out how people feel about their undergarments.

When asked what their undergarments say about them, respondents replied:

- My undergarments aren't talking, 37 percent
- Fun, 21 percent
- Don't care, 17 percent
- Conservative, 16 percent
- Sexy, 12 percent
- Athletic, 6 percent

About 82 percent of respondents reported selecting their undergarments based on comfort and fit. Yet, over 90 percent of women who wear bras cite fit issues, the most common of which is shoulder straps that either fall off or dig into the

shoulders.

A close second are issues with the band or cup size not being correct for the body shape. Custom-made bras easily solve these issues; and for those ladies who love to match their undergarments (over 10 percent), Curvatood offers matching panties. How much money have you spent on bras that don't fit or are uncomfortable? A pretty, perfectly fitted bra is guaranteed to become your favorite!

When you invest in good underwear, follow these directions to make them last. Wear bras several times between washes and hand wash (especially underwires; at a minimum, use a laundry bag to protect them in a gentle cycle). NEVER put a bra in the dryer: heat is an elastic killer. Purchase bras that fit best on the loosest hooks, so that, as the elastic ages, you can tighten it for a better fit.

Comfort is often defined by undergarment style. Female respondents report the brief is the most liked style, with the bikini close "behind," while 13 percent prefer

thongs. Men's number one choice: boxer briefs, followed by briefs, then boxers.

Surprisingly, more ladies than men reported "going commando." And just over 5 percent of the ladies still love their days-of-the-week panties. Wear undies that you won't be ashamed of because you never know when you're going to make an unscheduled trip to the hospital. Your mom said that too, right?

Forty-one percent reported wearing undies while sleeping; 46 percent follow Dr. Oz's advice to take off their undergarments before retiring, so your whole body can breathe overnight. The balance of respondents said "it depends" whether or not they wear underwear when sleeping.

I recommend replacing undergarments: 1) if your weight has fluctuated more than 5 pounds; 2) you've had major physical changes, such as pregnancy, breast-feeding or surgery; 3) when a garment is worn out; or 4) fit has been compromised.

Most people pay far more attention to their outer attire than their undergarments, which really impact how you feel to a greater degree.

National Underwear Day is the perfect time to consider your undergarment style, fit and function; nothing can make you feel more special than custom bras made to fit your body.

Curvatood takes pride in delighting customers with their specialized, custom fit garments for all needs. In the privacy of Curvatood's studio, customers participate in the design of their creations, selecting from laces, trims and other fabrics. For more information, visit Curvatood on Facebook or at www.curvatood.com, or call Carey Pumo at (717) 421-2569.

Letters

Your "City View" column in the July issue of The Burg was "right on the money" ("Parsing Corruption," p. 11). Best and most concise statement of the roots of Harrisburg's problems I've read yet. They go back a long way—and they've been handled as poorly by the courts as the politicians. Gave me a whole new view of things!

Jon Inners
Camp Hill

Our Cover



Artist Andrew Guth's painting, "And We Woke and This Is What We Found" features an abstract depiction of the Susquehanna River as seen from Uptown Harrisburg. Guth recently opened the new North Gallery at 1633 N. 3rd St., Harrisburg.

Mark Your Calendars for Gallery Walk 2012

The 24th annual Gallery Walk, the popular free, self-guided walking and driving tour in Harrisburg, is scheduled 11 a.m. to 6 p.m. on Sept. 9 and will feature 19 exhibition sites around the city.

The tour begins at the Art Association of Harrisburg, which founded the event, and winds through downtown into Midtown.

Tour-goers can start at any participating site, which includes non-traditional art spaces as well as galleries.

Visit www.artassocofhbg.com or call 717-236-1432 for more information. Maps will be available at all participating venues.



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Midtown Scholar Bookstore • 1302 N 3rd St • 236-1680 • midtownscholar.com • The science of coffee (cupping) with Counter Culture's Phil Proteau, noon. Rishi tea tasting with MSB staff, 2p. TMI improv troupe performs, 6p. Yellow Wall Gallery opening and reception for a community photo exhibit and wire installations, 6p. Free concert by Jason Walters, Buc Hill Aces & Friends, 7p.



Gallery@Second • 608 N 2nd St • 233-2498 • galleryatsecond.com • Opening reception for our "Upstairs Gallery" featured artist Veera Pfaffli. The exhibits of artists Leann Leiter and Benjamin Nelson on the first floor continue this month. Music by Jonathan Frazier. 3rd in The Burg Special—10% discount on all purchases made during the event. Refreshments served. 6–9p. Visit us on Facebook: [GalleryAtSecond](https://www.facebook.com/GalleryAtSecond).



The State Museum of Pennsylvania • N 3rd St between North and Forster • 787-4980 • statemuseumpa.org • www.statemuseumpa.org • Join us for a reception sponsored by the Friends of the State Museum with a special "Artists Conversations" program—an insiders' tour of the "Art of the State" exhibit by State Museum Director David Dunn and featured artist Carol Oldenburg of York. Reception, 6–8p; tour, 6:30p. Free to the public.



The LGBT Center Gallery • 1306 N 3rd St • 920-9534 • centralpalgbtcenter.org • "Art is a Drag" features works of photographer Meni Quake (Allen), who presents a series of avant garde portraits of drag queens and female illusionists. Drag show features performers in the series. 7–10p.



Whitaker Center • 222 Market St • 214-ARTS • Summer Blockbuster Exhibition: Leonardo da Vinci: Machines in Motion, presented in Gloria M. Olewine Gallery. Discover flying machines, the automated printing press, da Vinci's parachute, armored tank and a robot. Special engagement pricing applies. Visit whitakercenter.org or call 717/214-ARTS for details.



Broad Street Market • N 3rd & Verbeke Sts • broadstreetmarket.org • Join the Broad Street Market for great entertainment and food. Listen to music play in the courtyard as you enjoy a variety of food to suit anyone's taste. We'll feature different types of ethnic cuisine, along with soups, stuffed burgers and other specialties from our vendors. There will also be a "night market" in arts and crafts, jewelry, vintage clothing and other vendors.



Mangia Qui/Suba • 272 North St • 233-7358 • Mangia Qui and Suba Tapas Bar will feature the original art of local artist Elide Hower and Baltimore artist Shawn Theron. Live music by Ten Mile Tide, 9–11p and a \$6 Can Can cocktail special, 5–11p.



City House B&B • 915 N Front St • 903-2489 • cityhousebb.com • City House Bed & Breakfast will feature works from local artists such as Karen Cummings, Don Lenker, Steve Wetzel, Paul Gallo, Joseph LaFrance and Kelly Charlesworth. Refreshments will be served, 5–9p.



Gallery at Walnut Place • 413 Walnut St • 233-0487 • View the artwork of Doris Valdes, a painter who marks her return to Gallery at Walnut Place, 5–8p.



Studio A • 106 State St • [Facebook.com/studiogalleryA](https://www.facebook.com/studiogalleryA) • Featuring art by Stephen Micheal Haas. Opening reception. Near corner of State and Front Sts. Wine & light snacks. Free. 6–9p.



North Gallery • 1633 N 3rd St • A duo exhibition featuring paintings and mixed media. Light refreshments will be served, 7–10 p.

Other Participants

- **Caffeine Connection**, 500 N 3rd St
- **The Fenêtre Gallery**, HACC Midtown 2, N 3rd & Reily Sts
- **Green Urban Initiatives**, N 3rd St next to North Gallery
- **The Urban Snob**, 1006 N 3rd St



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