

TheBurg

Greater Harrisburg's Community Newspaper

April 2010



Free

MUSIC & EVENTS

stage n herr
HMACHMACH

4/1: Mike Males and Free Breakfast, Rhyne McCormick and Michael Anderson
4/2: Master Plan w/Parallax Project
4/3: Girls Guns and Glory w/The Swains
4/4: John Cowan
4/8: River Rat Jenkins
4/9: Puffer Fish w/Heavy Beat & The Thrives
4/10: 3 band show w/ Clinton Curtis, Nina Scarcian and Zach Maxwell
4/11: Soul Comedy Café
4/13: YWCA Benefit

4/15: Les Gauches w/Tara Toms & the Tumbleweeds/Old Time Burials
4/16: Up Pops the Devil w/Ten Tigers and Sarah Blacker
4/17: Delhia Low w/Shannon Whitworth
4/18: LLS Benefit and Beggars Folk
4/22: Jacob Jeffries Band
4/23: A.D. Chandler Band
4/24: Frog Holler, Starsan Quartet and Colebrook Road (Troegs Series)
4/25: For the Better Good
4/29: Alash Throat Singers
4/30: Colebrook Road w/Sam Lamont

Open Daily

4pm-2am
Full-Service Bar
Happy Hour
Mon.-Fri., 5-7pm
Every Monday:
Board Game Night
Every Wednesday:
Open Mic Night

HMAC/ Stage on Herr

268 Herr Street
Harrisburg, PA
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Facebook:
Harrisburg Midtown
Arts Center

WWW.HARRISBURGARTS.COM

GALLERY
Blu
1633 N. 3rd St.



P. Hutchins

Art of the Neighborhood

Meet the fabulous artists living here in Harrisburg!



Andrew Guth



Beaded jewelry
from Roxanne Tozer



Harriet Rosenberg

For 3rd in The Burg, April 16:
Open late, 11 AM-9 PM
Papercutting demonstration
by Harriet Rosenberg 7:30 - 8:30 PM

Gallery Blu • 1633 N. Third Street • Harrisburg, Pa. 17102
(717) 234-3009 • www.galleryblu.org

Upcoming Healthy Events

Your Breast Advice

From preventative care to
surgical procedures

FREE seminar

Thursday, April 8, 7-8 p.m.

Giant Super Food Store
Community Center
Camp Hill

Learn more about the latest in breast
disease and surgical procedures.
Presented by Carla J. Christy, MD,
PinnacleHealth Breast Care Center.

Hope in HOspice: It's About Living

FREE seminar

Thursday, May 27, 7-8 p.m.

Giant Super Food Store
Community Center
Linglestown Road, Harrisburg

Learn about the many sides of hospice
from our panel of experts: a
PinnacleHealth Hospice physician, a
nurse and a spiritual counselor.

**Light refreshments will be served.
Please call (717) 231-8900 to register.**

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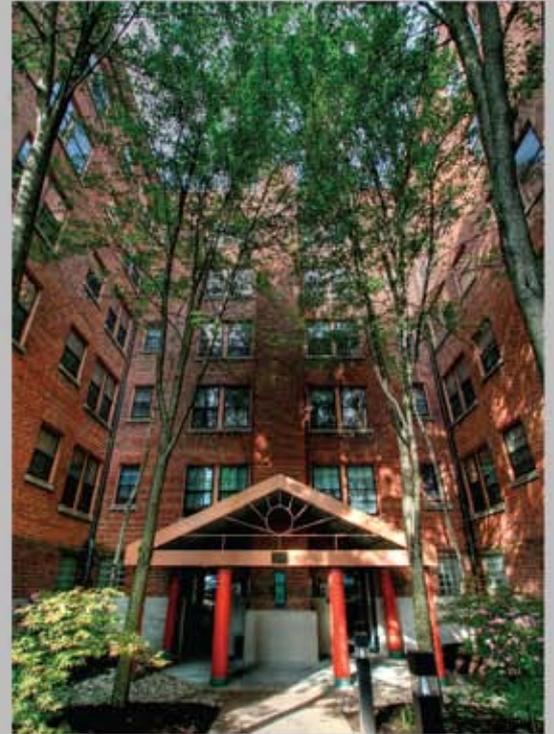
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General & Letters

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The Windy City

Last month, something quite astonishing happened: the wind blew down a building.

Maybe you heard about it. It was during that wicked, three-day rainstorm a few weekends back. Halfway through the storm, a gale arose, and, after a few hours, down went a structure on the 600-block of Maclay Street.

Afterwards, as surely as calm follows wind, the online punditry was making snarky remarks, mostly unhelpful insults hurled at the city.

To me, though, this incident was no cause for humor or sarcasm. It was nothing short of tragic. Demolition by neglect, in which a building owner stands by as his property falls apart, is a serious problem in Harrisburg, one that former Mayor Stephen Reed often spoke of. The Maclay Street building, a former bar so ruined that it fell to a healthy gust, was simply willful neglect in an extreme form.

Throughout the city, one easily can witness other examples of neglect, ranging from mild to profound. Many of these buildings are owned by irresponsible, out-of-town landlords who refuse to make repairs, as routine maintenance just might cut into their profits. Others, perhaps, are left to fall apart by people who've stopped caring or who believe they can't afford to keep up a property.

Honestly, these houses often need little to bring them back to life. A coat of paint, a hammer and a few nails would go a long way to

improving both the look and the structural integrity of these forlorn homes. Why would someone allow a valuable asset to rot, save for some paint or an easy fix? It's a perplexing question, one I wish I could answer.

Fortunately, there are a few things you can do about the ragged look of parts of our city.

If there's a hazardous or nuisance property in your area, you should contact the city. Harrisburg actually has a fairly progressive building code and decent enforcement. To file a complaint, you can download a form from the city's website (www.harrisburgpa.gov, then government tab, building and housing tab, Codes Bureau tab).

Now the caveat: don't expect immediate action. It's difficult to force an intransigent property owner to do anything, even when a court gets involved and fines are levied. The dance between the city and a stubborn owner can go on for years—and has.

Fortunately, you don't have to wait nearly that long to make a difference. In April, numerous groups are holding beautification days. Yup, it's spring cleaning time in Harrisburg. So pick an event, put on some work gloves and go (p. 5).

This month, we also feature a Spring Home & Garden section. It contains numerous tips to help you spruce up your own homestead after a difficult and damaging winter. And, in case you're buying or selling, we have a frank assessment of the local real estate market (p. 11).

So, happy spring, everyone. See you outside (yes outside!), perhaps as I work to improve my own patch of Harrisburg.

—Lawrance Binda

Letters

Recently Gallery Blu and James Woland presented a silent auction art benefit entitled "Sweet Salvation—100 for \$100" Our goal was to raise money and awareness of all the services offered by our local Salvation Army. We contacted local and regional artists and asked for art donations. Artists responded with open hearts and provided us with the necessary art for the show. The community turned out in droves to view the art and also to bid on beautiful artwork. The community of artists and art buyers made it possible for Gallery Blu to raise \$9,250 for our local Salvation Army located on Green Street.

This is one of the finest examples of a city embracing the positive nature of the artistic energy alive and strong in our community and to say, "Yes, we will come together and help our neighbors." Everyone put politics and problems aside and came out to the event to show us the strength and caring of our local community.

We're touched by the generosity of artists and community art buyers who helped us help others.

Christina & Bluett Jones
James Woland
Gallery Blu, Harrisburg



Christina Heintzelman-Jones, Capt. Tim Lavenbein of the Salvation Army, local artist Jim Woland and Bluett Jones.

Letters may have been edited for length, grammar and style.

*This month's cover:
The Harrisburg Transportation
Center and historic train station.*



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Cops on Foot Patrol Uptown, Allison Hill

A newly created police foot-patrol unit now on duty in two of the city's most crime-prone neighborhoods—Uptown's 6th Street corridor and central Allison Hill—is intended to help in the effort to attract new businesses and revitalize these areas.

Operating from the substation at 2000 N. 6th St., six officers will patrol an area from Maclay to Schuylkill streets and from 6th to Green streets. The other six officers will work out of the substation at 313 S. 15th St. and patrol from Market to Berryhill streets and from 13th to 17th streets.

The officers will work in pairs. Patrols will be conducted year-round, from 10 a.m. to 6 p.m., Tuesday through Saturday. In the warm months, some officers will patrol on bike. All of the patrolmen in the unit are new officers.

The last time the city used regular foot patrols was in the mid-1980s, said Police Chief Pierre Ritter.

As foot patrolmen, the officers are expected to build strong relationships with the residents and businesses in the neighborhoods. Ritter said, from his experience, this makes the job of policing easier.

"You're able to gather a lot more intelligence on foot," said Ritter.

City Council President Gloria Martin-Roberts who lives in Uptown, applauded the initiative. "The people in our neighborhoods have been asking for this," she said.

Mentoring Program Launched by Mayor

Mayor Linda Thompson is asking able adults to take just a few hours a month to mentor a city youth.

Thompson said a mentor's task is to spend some time with a young person, take him or her to a baseball game on City Island, where the city administration has a VIP box mentors can use, show them leadership and encourage them.

For more information, contact Brenda Alton at 717-255-3050 or at mentors@cityofhbg.com.

Parking Relief Sought around HACC

Harrisburg Area Community College has added vibrancy around 3rd and Reily streets, but it has created an undesired side effect: very tight street parking.

Now, some Midtown residents have petitioned the City Council to extend an existing permit parking zone so that only residents could park on designated neighborhood streets during certain hours.

They made their case last month to the council's Public Safety Committee. Committee members, though, voiced concern that an extension would adversely effect the area's growing business community, which needs street parking for customers, and that it would simply push out-of-area parkers onto other nearby streets.

HACC students and staff often park on the street, even though they have access to a nearby lot, said several area residents. The committee plans to invite HACC officials to a future meeting to see if they can forge a solution without resorting to more permit parking.

Judge's Office Splits Midtown Community

Are you for or against it?

The "it" in question is a proposal by GreenWorks Development to build a Magisterial District Judge office in the rear of the building that houses the Midtown Cinema, 250 Reily St., with an adjacent, 27-vehicle parking lot at 1501 Green St.

Last month, the city's zoning board gave the go-ahead for the court. The board, though, balked at granting a special exception to the parking lot, now zoned residential. It asked GreenWorks to re-apply, with language that would tie approval of the exception to the continued operation of the theater.

The issue has sharply divided residents living near 3rd and Reily. Opponents have concerns over traffic, safety and property values. Proponents say the court would add vitality to the area and improve the blighted lot next to the cinema.

Take Me Back: Harrisburg History Center Opens in Dauphin Deposit Building

Harrisburg history buffs—your time has arrived!

On April 17, the Harrisburg 2010 History Center opens in the long-shuttered Dauphin Deposit Bank Building downtown. This temporary local museum will feature four exhibits designed to educate the public on the history of Harrisburg and Dauphin County, showcase Harrisburg's upcoming SusqueCentennial and kick off local activities to mark Civil War 150.

The History Center will be open through December in the grand interior of the Bank Building at 213 Market St. Built in the Greek Revival "Temple" style in 1839, the building was closed to the public more than 20 years ago. It now is owned by M&T Bank, which has made the building available for the museum.

The Center will be the public presence of the Harrisburg 150 Celebration and the Dauphin County Historical Society and City Archives collections. All year long, a "permanent" exhibit will feature the history of Harrisburg and the surrounding area, from Native American occupation through the present time. In addition, there will be four rotating exhibits:

- early years, leading up to Harrisburg's incorporation as a city in 1860, opening April 17
- stories and artifact collections from Harrisburg 150 Living Legacy Project participants, June 19 to July 17

Bag It: Spring Clean Ups Set for Harrisburg

Harrisburg Clean Streets

What: A cleanup in Allison Hill

When: April 10, 9 a.m. to 1 p.m.

Where: Meet at Central Allison Hill Community Center, 1524 Walnut St.

H'burg Young Professionals

What: Annual cleanup/mulching along Forster Street

When: April 17, 9 a.m. to 1 p.m.

Where: Meet at 2nd and Forster sts.

Youth Day of Caring

What: High school students help beautify South Allison Hill

When: April 23; rain date April 30

Other: Adult chaperones needed. Contact hneuhaus@uwcr.org

Friends of Midtown

What: Spring clean-up

When: April 24, 9 a.m. to 1 p.m.

Where: Meet at N. 3rd and Harris sts.

• a point-in-time view of Harrisburg circa 1860, July 31 to Oct. 2

• the Civil War muster rolls of the United States Colored Troops from Pennsylvania and related items, Oct. 16 to Dec. 11

The Center will be open noon to 5 p.m., Wednesday, Friday and Saturday, and from noon to 8 p.m. on Thursdays. Admission is free, but donations will be accepted.



What's old is new again: Exterior of the Dauphin Deposit Bank Building/Harrisburg History Center today (above); the interior of the building during its heyday (below).



Courtesy Harrisburg SusqueCentennial Commission

A Most Fabulous Shop

La Femme Jolie adorns Harrisburg with designer jewelry, apparel.

Deanne Shirey



Anita Karl shows some of her beautiful designer wares at La Femme Jolie.

The name means “the pretty woman,” and if you are looking for beautiful, designer-made, one-of-a-kind, limited-edition jewelry, you must experience La Femme Jolie, a shop along 3rd Street.

Anita Karl, the owner, travels the country to hand-pick the shop’s inventory. If a designer’s items are featured in La Femme Jolie, you will not find them anywhere else in central Pennsylvania.

“I love my shop because it gives a lady many reasons to think of herself as being a ‘pretty woman,’ which is La Femme Jolie,” Karl said.

La Femme Jolie is Karl’s dream come true. Raised in Manhattan, Karl is a veteran of the New York City

fashion and advertising industries. She has always appreciated a store that offers quality service and merchandise with a fair price. So, when she retired, she thought she would try owning her own jewelry shop. Karl’s guiding principles have kept her in the business for eight years. She likes the personal service and operates the shop like a salon. Her customers feel “at ease” and become dear friends.

“This is the most fabulous shop,” said Rita Calvan, a deputy secretary for the Department of Conservation and Natural Resources. One day, she walked by La Femme Jolie, looked in the window and thought, “this is my kind of place,” she said. And, as a result of that first impression, Calvan is now a seven-year customer who has bought many pieces of jewelry—and she keeps coming back for more.

When asked if she buys mostly gifts for other people, Calvan admits the items are usually a treat for herself. What Calvan likes best about the store is its atmosphere—Karl’s shop makes you feel good

simply by browsing the lovely items.

A sampling of the shop’s offerings include: J. Petet Designs, a collection of heavy 14K gold and semi-precious and precious stones on pins, earrings and pendants; Two Blonde Lizzards designs, including one-of-a-kind and limited editions made with chalcedony, pearls and amazonite in blue-green shades; Art Deco-style pieces by L.J. Designs, featuring sterling silver with stones—the earrings, necklaces and bracelets are crafted from antique European molds. Also, there are various designer items of sterling silver, as well as earrings by Anne Koplik Designs. Prices range from \$50 to \$1,000.

Due to public demand for quality leather goods for business and travel, Karl added Hobson’s Choice as a sister establishment for distinctive leather. The inventory consists of leather briefcases, travel accessories, wallets and notepads by Aspinall of London and Bosca. If an item is not in stock, Karl can obtain it within two to four days.

As an adjunct to jewelry and leather, accessories include a select showing of French perfume by Chantecaille; silk scarves by Aileen Siwek; and belts and purses by such global firms as Maya and Suzi Roher.

Karl also offers kimonos, the full-length, beautiful, satin-like robe that comes in one-size-fits-all. “Kimonos are a staple to enhance a gal’s delight in being a La Femme Jolie,” she said. Gentlemen especially appreciate the kimonos around gift-giving time for their special ladies.

Karl says that a benefit of her business is the making of wonderful relationships with her clients, in addition to the pleasure they display in their La Femme Jolie purchases. With those thoughts in mind, she plans to continue offering products to make women feel good and realize their own La Femme Jolie.

La Femme Jolie, 7 N. 3rd St., Harrisburg, 717-234-1500, www.lafemmejolie.net

Voter Registration Deadline Nears

Do you plan to vote in the upcoming primary election? Then you must register by April 19.

This year, voters in the state’s two major parties nominate candidates for governor, U.S. Senate, Congress and the General Assembly. The primary is May 18, and the general election is Nov. 2. To register online, visit www.votespa.com.

New Business Opens



Julie Nguyen, 35, demonstrates her skill on husband Huy at her shop, Hair Space, which recently opened in Midtown at 310 Reily St. No matter your look, age or gender, the experienced cosmetologist said she serves everyone with hairstyling, waxing, facials and more. Grand opening: Wednesday, April 7 at 10 a.m. 717-230-8069.

Changing Hands: February Property Sales

Bailey St., 1239: \$39,000	Mulberry St., 1945: \$27,000	Norwood St., 941: \$40,000
Briggs St., 1925: \$36,000	North St., 1840: \$32,000	Park St., 1821: \$71,000
Burchfield St., 319: \$34,000	N. 2nd St., 1105: \$99,000	Penn St., 2148: \$40,000
Chestnut St., 1926: \$27,500	N. 2nd St., 1619: \$151,400	Rudy Rd., 2401: \$160,000
Derry St., 2445: \$50,000	N. 3rd St., 1704: \$100,700	Rumson Dr., 302: \$52,000
Emerald St., 248: \$68,900	N. 3rd St., 3022: \$95,000	Schuylkill St., 419: \$70,674
Fox Ridge Ct., 305: \$120,000	N. 3rd St., 3115: \$80,000	S. 18th St., 321: \$35,000
Green St., 1331: \$74,400	N. 5th St., 2511: \$69,000	S. 19th St., 1201: \$55,200
Green St., 1817: \$65,000	N. 14th St., 220: \$74,900	S. 23rd St., 621: \$96,700
Hoerner St., 113: \$25,000	N. 15th St., 1503: \$59,500	Source: Dauphin County, property sales for the City of Harrisburg, greater than \$25,000. All data is deemed to be accurate.
Holly St., 1822: \$30,600	N. 17th St., 1009: \$55,000	
Market St., 1845: \$60,000	N. 18th St., 820: \$82,000	
Market St., 1847: \$55,000	Norwood St., 914: \$28,000	

Way of the Mantis

A new location, a new life for The Mantis Collective/Moviate.

Lawrance Binda



Andrew Guth and Tara Chickey flank Caleb Smith at the new Mantis Gallery/Moviate. The space will open for April's 3rd in The Burg.

If the three artists appear a bit tired, it's because, they admit, they are.

Besides their day jobs as teachers, they've been putting in long hours with paint, spackle and drywall, getting Harrisburg's newest gallery ready to open. And now, in mid-March, time is running short because they have a deadline that's just weeks away.

On April 16, artists Andrew Guth and Tara Chickey will open The Mantis Collective at 1306 N. 3rd St., across the street from the Broad Street Market. Caleb Smith will set up shop in the back, finally,

after 13 itinerant years, giving a permanent home to his alternative film organization, Moviate.

"It feels so wonderful to be here," said Chickey. "Great change is happening in this area, and we're thrilled to be a part of it."

The 3rd Street gallery will actually be the second permanent location for Mantis. Barely out of college, Chickey and Guth opened in a snug storefront on North Street in 2002, building a reputation for showcasing fine contemporary works from artists with both local and national reputations. Moviate often held screenings there, as well.

That location closed after the lease expired, the gallery operating temporarily in a building on Verbeke Street until a larger, more suitable space could be found. The hunt took more than two years.

Their friend, Eric Papenfuse, owner of the Midtown Scholar, suggested the spot next door to his bookstore, which he also owns.

"We were looking around for a long time," said Smith. "Then Eric told us about this, and he helped us so we could secure the space."

The building itself can be viewed almost as a small history of the 3rd Street corridor. It began

life as an apothecary shop in the late 1800s. It later became a hat boutique, a camera store and a thrift shop before its latest incarnation as a gallery, as the rejuvenating area becomes seeded with arts spaces, cafés and funky shops.

The Mantis Collective/Moviate is landing right in the middle of this fledgling arts district. The April grand opening coincides with 3rd in The Burg, the monthly celebration of the arts in Harrisburg.

For its debut, Mantis is showing the work of Judeth Pekala Hawkins, an established figurative artist from York County. From then on, the gallery primarily will feature one artist per month, an approach they've taken since North Street.

"It's important that an artist's work is seen together as a collection," said Guth.

"It's a powerful aesthetic," added Chickey. "As an artist, you want your work seen as a body of work."

Smith plans to hold his first screening the next evening, April 17. For that event, Moviate is partnering with The Living Screen, which composes original music scores to accompany silent films.

The movie will be shown in the gallery, the long, narrow space perfect for projected films, said Smith. Otherwise, Moviate will occupy an interior room, where Smith and his partners will hold workshops, provide a resource library and plan such events as the Artsfest Film Festival, held each Memorial Day weekend.

Guth and Chickey are excited again to have a permanent home within Harrisburg's rapidly growing arts community. Now, they wish to urge people to support the area's galleries so local arts—and the neighborhood—can prosper.

"In Harrisburg, you can buy art for about the same price as at IKEA," said Guth. "But then you have so much more. You own original, beautiful art, and you have a personal connection with the artist."



Lawrance Binda

As nature revs up in the spring, so do we humans. In other words, lots is happening in our neighborhood right now, so let's get right to it.

Soon, there will be even more hubbub near the hotspot of 3rd and Reily. Down the street, the 76-unit Riverview Manor condo building is nearly sold out, just months after completion, said developer Dan Deitchman. Also, here comes the judge—maybe. A plan to build out a District Judge office in the Midtown Cinema building, with adjacent parking, is going through a (rather bumpy) city review (story p. 5).

May that mean long lines for those delicious sandwiches at Nonna's and breads 'n spreads? Perhaps. But more hunger relief is on the way thanks to Brothers Pizzeria and Café, which opens in mid-May in the Campus Square Building. Local artist Stacey Martin is currently painting nine murals, with scenes depicting both Harrisburg and Italy.

Of course, Wednesday through Saturday, the Broad Street Market is a great place to lunch. Good news: acting manager Rafiyqa Muhammad said she's been visiting local farmers, trying to get them to open stands outside the Market this summer.

After lunch, dash across the street and welcome our newest neighbor, The Mantis Collective/Moviate, 1306 N. 3rd St.

Hey, you know what's fun for the java lover? Coffee cuppings! Midtown now has two places that have begun monthly tastings: Café di Luna and Midtown Scholar. Be the first to try the new arrivals.

After all that coffee, you might feel a need to decompress. So visit the Meditation Garden, which will open for the season this month at Gallery Blu, 1633 N. 3rd St.

Finally, last month, I highlighted two businesses that marked their one-year anniversaries. Well, silly me. Café di Luna also celebrated its first year in March (half downtown and half in Midtown). A belated Happy Anniversary, Ambreen!

Sounds Awful, Tastes Great



Special treat: Café di Luna owner Ambreen Esmail (center) looks on as Lauren Kochel, Jeremy Anderson, Tyler Kochel and Chris Kochel sample rare Kopi Luwak coffee. The coffee cherry is eaten by the luwak "cat" of Indonesia then excreted, collected, cleaned and roasted. The result: a light, smooth delicacy. At \$150 and up a pound, it's considered the world's most expensive coffee.

Around Town

A Career and a Coda

After 42 years, HYS conductor rests a beat.

Pamela Waters

On a recent Monday night, Dr. Ronald Shafer stepped to the podium on the stage of the Forum, pushed up the sleeves of his shirt and said in his cheerful baritone, "Okay, let's see what we've got."

The 85 musicians of the Harrisburg Youth Symphony followed his baton as they played through Aaron Copland's "Outdoor Overture." This group of students is the final ensemble to play for Shafer in the HYS.

He has announced that this, his 42nd year, will be his last as musical director and conductor of the orchestra. His final formal concert will take place at the Forum at 7:30 p.m., April 27 and will feature some of the most challenging works the orchestra has played in Shafer's many seasons, including Beethoven's Choral Fantasy, a joint effort with choruses from Central Dauphin and Hershey high schools.

It is an ambitious program to ask of teen-aged musicians, but Shafer said that his experience helps him evaluate the group's strengths each year, and he selects music to highlight talented individuals or sections. He does not shy away from challenging works, but maintains that presenting the orchestra with a difficult piece is the only way to "see how high we can fly."

It was 1968 when he began working with the HYS. Noah Klaus, who directed the group from its inception in 1953, took

Shafer on as an assistant that fall and recommended Shafer as his successor just months later. Shafer said the way in which he approaches his job has remained consistent over the decades. He describes his style as "holistic," asking the students to play through each piece so they can "discover together what's in it."

At the beginning of each season, he focuses on certain issues related to technique and playing style and feels that he rarely needs to go back to readdress these items later. He doesn't understand conductors who stop the musicians over and over to perfect the details of a piece. "You don't want to bombard them with it. You work slowly through it, but don't kill it!"

Students and others who work with Shafer recognize the effectiveness of his approach. According to cellist Anke Wang, a freshman at Hershey High School, "you don't really realize it, but he pushes you further and further." Stuart Malina, music director and conductor of the Harrisburg Symphony, observes that Shafer "leads out of love and compassion and sympathy. That's why he gets the results he does."

While his approach to conducting hasn't changed, his relationship with his musicians has. In the beginning, he would grab a bite with students after rehearsal. Alumni of the group remember that he would attend end-of-season



Dr. Ronald Shafer, long-time HYS conductor, leads one of his final rehearsals.

parties, grilling burgers and playing volleyball. Angie Breidenstine, violinist in the 1980s, remembers his personality as "warm, goofy and supportive."

Current members of the group seem less aware of his playful side. While he continues to be popular among his musicians, he notes that students' harried schedules have gotten in the way of socializing, and the years have exposed an age difference, which makes casual camaraderie less natural than a professorial relationship.

Even if Shafer is no longer "hanging out" with his students, his four decades with them speak to his appreciation of them. While he has gradually phased out his other professional endeavors, he has found it hardest to give up this career-defining post. He explained that the students' exceptional talent provides him the opportunity to work with great music, but, because they are students, he

gets to facilitate the exciting "Aha!" moments. In addition, the annually changing membership of the group makes each year unique.

Shafer has a little advice for his successor, yet to be named. The word "patience" comes up a lot. He said it's important to "get to know what you've got, the range of talents. Be patient. A dictator won't get the same thing out of the players. You've got to use positive reinforcement." He paused. "And every once in a while, throw a tantrum: How can you do that to Bach? To Handel? Show them you're human." Then, he said, summon the patience again and enjoy the experience.

Hispanic Center Gets Funds, to Open Soon

The area's Latino community soon will have a new place to gather, as a \$90,000 grant from United Way of the Capital Region paves the way for a new community center in Allison Hill.

The Latino Hispanic American Community Center should be open by July 1, said center officials. It is envisioned as a "one-stop" community center to serve the community's needs.

Harrisburg has been without a Latino community center since 2006, when the Mount Pleasant Hispanic American Center closed.

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Battle leukemia by voting for Man & Woman of the Year.

Peter Durantine

They come from Harrisburg and surrounding counties. They're business owners, executives and employees. And, most importantly, they're selflessly devoted to honoring children who are survivors of the blood-borne diseases—leukemia, lymphoma and myeloma.

Who are they? They're the 11 people competing for the title of Man of the Year and Woman of the Year for the local chapter of the Leukemia & Lymphoma Society. Titles go to those who raise the most money, which funds research for a cure and patient services.

"The majority of our donations goes to research," said Debbie Farver, campaign coordinator. "This campaign has the least cost of the fund-raising that we do."

All of the participants in the annual fundraising events were nominated by another member of the community, who believed the nominees had the connections and drive to raise money for the cause.

Last year's winners were Sophia Nelms of Sophia's on Market in Camp Hill, who raised more than \$36,000, and Greg Black of Black Landscape Contracting in Mechanicsburg, who raised more than \$15,000.

To secure donations, candidates write letters, speak to groups and conduct events such as yard sales,

cocktail parties or silent auctions. Contributors can make donations to their favorite candidates online at www.mwoy.org/cpa.

The campaign started in 1990 in northern California. The society's central Pennsylvania chapter started it in 2000. Since 1998, the society nationwide has raised \$52.9 million. Last year, the local chapter raised \$128,000, nearly double from the year before, Farver said.

This year's list of candidates and their businesses are: Chris Black, H. Edward Black & Associates, Harrisburg; Anthony Cristillo, In Touch Communications, Harrisburg; Kathy George, Cedar Cliff Subway, Camp Hill; R.J. Harris, WHP Radio, Harrisburg; J. Marc Kurowski, K&W Engineers, Harrisburg; Jewell Laughman, Capital BlueCross, Harrisburg; Diana Povis, My Compliments to the Chef, Boiling Springs; Diane Replogle, The Replogle House & Interiors, Mechanicsburg; Matt Szejik, Casero Pizza & Specialty Breads, Lemoyne; Leigh Twiford, TechQuest PA, Harrisburg; and Kristen Zellner, Abrams & Weakley, Harrisburg.

To donate to your favorite candidates for the Leukemia & Lymphoma Society of Central Pennsylvania's Man & Woman of the Year, visit www.mwoy.org/cpa.

Donate & Vote

Who do you think should be named the Leukemia & Lymphoma Society's Man & Woman of the Year? Go to www.mwoy.org/cpa and make a donation on behalf of your favorites. The candidates are listed below.

Man of the Year



Chris Black



Anthony Cristillo



R.J. Harris



J. Marc Kurowski



Matt Szejik

Woman of the Year



Kathy George



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Past Tense

A Park, at a Price

For Hardscrabble dwellers, City Beautiful exacted a very high toll.

Kermit G. Henning

Ever since the city was founded, the Susquehanna River has been the hub of both recreation and industry. Throughout the 19th century, lumbering on the Susquehanna was a major operation. Logs cut from forests in northern Pennsylvania were floated down to sawmills at Harrisburg and farther south.

After the flood of 1889, some 17 coal dredging firms made their fortunes mining coal from the river and selling it to Bethlehem Steel, the city steam plant and other utilities.

Most of the coal dredgers and lumbermen gathered in a three-block area of Midtown Harrisburg along the river, just north of the Taylor Bridge, between Herr and Calder streets. The neighborhood came to be known as "Hardscrabble," a collection of wood-frame buildings on the riverfront, the only housing in Harrisburg between Front Street and the river. Docks and jetties stuck out into the river to hold the coal barges and to support the boat livery businesses that A.P. Dintaman (1122 N. Front St.) and nearby neighbor, H. J. Berrier (1204 N. Front) started in 1909, realizing the potential in renting out canoes and rowboats to the public.

Hardscrabble was indeed a working-man's neighborhood, with simple frame houses, businesses catering to the "river rats" and a bar on every corner. The residents worked hard and played hard. The jobs they did were dangerous and dirty, but the biggest challenge to the Hardscrabblers was not the work or the river.

Most Front Street residents thought them disgusting; residents complained about the "eyesore." The Harrisburg Garden Club was irked by the mess the coal barges made as they tied up along the river's edge and wanted them banned. Webster Kohlhaas, administrator of the Harrisburg Hospital, complained about the noise the barges' horns made. And it was City Councilman

M. Harvey Taylor who finally initiated the condemnation proceedings against the "slovenly" residents of Hardscrabble.

As early as 1914, the Harrisburg City Council passed an ordinance to get rid of Hardscrabble in order to create a new section of Riverside Park now adorned by the Sunken Gardens. The ordinance included a provision to pay the Hardscrabble residents whose homes were torn down or damaged, but the residents fought the idea and took the city to court. They also rallied to help defeat Taylor in the 1915 election. In the end, the council finally authorized a loan in 1921 of \$180,000 to pay the residents more than they had first planned and to complete the park system along Front Street that had begun in 1859.

The plan was further advanced by the City Beautiful movement, spearheaded by J. Horace McFarland, founder of McFarland Press and one of the world's leading experts on flowers, especially roses. He was a major force in promoting civic improvement, environmental conservation and the beautification of Harrisburg and the country.

The plan, developed by the Harrisburg League of Municipal Improvements, was to complete the expansion of Riverfront Park, the creation of the river steps as a flood control measure, the demolition of Hardscrabble and the development of the Sunken Gardens. It wasn't until the spring of 1924 that the Hardscrabblers were finally gone, their homes



The riverfront at Hardscrabble circa 1900 (left), when it was littered with docks, pilings and shabby houses. The same area today (right), recast as Sunken Gardens. Except for a historical marker, the beautiful, peaceful park setting gives little indication of the area's turbulent past.



razed and the flowers planted. The "sunken" part of the gardens is the actual basements of some of the dwellings, purposefully not filled to give the gardens a unique and formal plan.

Harrisburg's present riverfront is, in reality, a series of parks that beautifully connect the city with the river, resulting in a scenic and inviting walkway that rivals any other U.S. city.

The first section, encompassing 4.4 acres, was known as Harris Park, stretching from Mulberry to Paxton Streets, created in May 1859. Next was Lincoln Park, in 1872, a 4.6-acre section from Mulberry to Market.

In 1873, the City Council approved Promenade Park from Market to Liberty streets. Two decades later, Daniel Gross Park was created from the pumping station to Herr Street. River Front Park, stretching from Calder Street to the city line, came in 1910. Hardscrabble was the final link and came to be the most beautiful part of the entire city's five-mile waterfront.

As lovely as it is, Sunken Gardens remains a testament to the hardworking Hardscrabble residents who struggled not only to make a living, but also to survive the animosity and indifference from the city they so dearly loved.

Then and Now



Crowds stream out of The Forum following an event in World War II-era Harrisburg (left). Except for car styles and a few trees, the view is mostly the same today (right).



A Market of Challenges, Opportunities

A Harrisburg realtor offers honest assessment, advice.

Wendell Hoover

The news headlines surrounding the city of Harrisburg have been anything but good for what seems like months.

Incinerator debt, budget deficits and uncertainty about taxes and water rates; the more one reads, the more depressed one may become. For some, there may not seem to be a light at the end of the tunnel.

As a nine-year resident of Midtown, though, I see a very bright light at the end of the tunnel. I'm confident in Harrisburg's future. The residents are devoted stakeholders as the city looks to address its immediate financial situation. I have witnessed the transformation of many blocks and overall neighborhoods. I believe this transformation will continue as the city increases its foot traffic

with continued growth in eating and entertainment venues.

The current market is a buyer's market; greater supply than demand. Amongst the contributing factors are negative headlines and the current financial situation. Clearly, these problems will not be solved overnight, but I have no doubt that we will make the necessary decisions to recover. Those that take advantage of the current buyers market—the individual and the investor—will realize they made a great investment, perhaps someday wishing they had purchased more properties.

As a realtor, my advice is this:

1. Put down the newspaper and see for yourself—walk along Front Street, grab a bite to eat at Nonna's and catch a flick at the Midtown Cinema with a few of your future neighbors.



A charming row of houses in Midtown Harrisburg.

2. Take advantage of the Federal Tax Credit—approximately 30 days remain for a sales contract to be signed in order to qualify.
3. Check out Harrisburg Young Professionals' offer—\$1,000 grant for all of its members who purchase a home in the city. It's easy to become a member!
4. Become a part of the solution—join those that care about the future of the city, which ultimately impacts the future of the entire region.

The residents, leaders and investors are not throwing in the towel. Those that continue to

support the city will grow with it. Don't miss out on the opportunity in front of you.



Wendell Hoover is a realtor for RE/MAX Realty Associates, Inc., 717-761-6300, wendellhoover.com or greenstreetproperties.net

Programs Encourage City Home Ownership

Two programs were announced recently to encourage home buyers to purchase houses in Harrisburg.

A city-sponsored program, Homeownership As Wealth, provides qualified buyers \$5,000 toward closing costs when purchasing certain city-owned homes.

The second program, sponsored by Harrisburg Young Professionals, gives a \$1,000 grant to HYP members who purchase any home in the city before April 30.

For more information and details on qualifying, visit www.harrisburgpa.gov and www.hyp.org.

TheBurg House of the Month



These towering, twin Gothic-style houses at 17th and Derry streets are among numerous stunning, fanciful Victorian rowhouses that have been restored in recent years on Allison Hill.

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House Hunt

A View from the Outside

Outdoor spaces can greatly enhance a home's look, comfort, value.

Ray Davis

When I purchased my first city home in Midtown, it was the outdoor space and its potential that caused me to buy the property.

Having a background in ornamental horticulture, and a love of gardening, I was thrilled to find a city home with outdoor space nearly twice the size I had seen in any other homes.

There is often a misconception by many who do not "understand" city living—that urban residents do not need their own outdoor space. It is quite the contrary.

There is no doubt that an oasis in the heart of a city does much to relieve the tensions of a busy day. Bearing in mind that lack of time is a problem for many of us, we seek a garden where we can relax and entertain with a minimal amount of effort.

A garden is far more than a place in which to grow plants. The city yard is more often seen as an outdoor room.

Walls and fences are often the essence of city gardens. They not only provide shelter and privacy,

but are also the perfect vehicle for climbing and hanging plants.

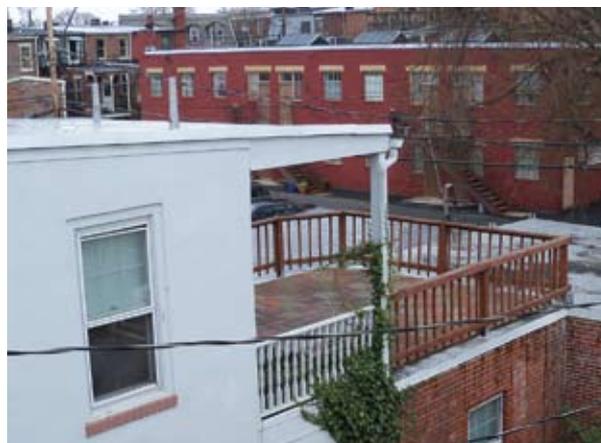
Views—good or bad—must be considered in the design of outdoor space. Detracting from unsightly surroundings is as important as enhancing views of architectural features of neighboring buildings.

Surfaces and structures must also be given serious consideration when planning an urban oasis. Today, there is a wide variety of handsome materials for patios, but don't overlook items already available to you, such as old paving bricks.

Gazebos, trellises and awnings can give an open area a wonderful sense of privacy.

Rooftop decks, where allowed, provide a wonderful opportunity for homeowners with little or no outdoor space—but with accessible flat roofs—to enjoy views that often are unbeatable.

Water features, such as fountains and ponds, can provide a welcome distraction from the sounds of the city and are very refreshing on a hot summer day.



Rooftop decks can provide terrific outdoor living space for otherwise small city lots with limited yards. They also can boost a house's re-sale value substantially. This deck, in back of a house on N. Front Street, offers a nice view of the neighborhood.

When considering your outdoor garden, do not neglect the facade of your home.

Potted evergreens and seasonal flowers can transform an entry from a dismal combination of wood, stone and brick to a warmer, more colorful area that says "Welcome."

Outdoor rooms and curb appeal enhanced by tasteful landscaping improvements will add to the appeal and ultimate saleability of your home. Do not overlook the potential your property has to offer, and do your best to

realize its potential.

You may enjoy your outdoor space for years, but also reap the rewards of your efforts when it is time to sell your home.

Happy spring!



Ray Davis is a real estate salesperson with RE/MAX Realty Associates, Inc. He has lived in Harrisburg since 1986 and has been a realtor for 17 years.

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Winter of Your House's Discontent

Snow & ice took a toll this long winter. Time to make those repairs.

Our Fix-It Guy

Take a deep breath. The winter is finally over.

No more bone-chilling cold. No more blowing snow or fierce wind. Unfortunately, the aftermath is still around. Winter weather can exact an enormous toll on your house, as it almost certainly has this past season.

"Any area on the exterior of the home exposed to the elements are susceptible to damage," said Myson Mosemann, owner of The Carpenter's Son Contracting in Harrisburg.

With that in mind, here's a list of items that homeowners should check out, now that the ice has at last thawed off the Susquehanna—and off your roof.

- **Gutters:** Snow, and particularly ice from snow-melt, may have loosened your gutters, pinched holes in them and/or damaged fasteners and seams. A roof or gutter specialist should be able to assess the situation quickly and make repairs.

"The best way to check for roof and gutter damage is to get as close a visual inspection as possible, which may entail climbing a ladder," said Mosemann. "It is critical to resolve any gutter damage as soon as possible because your house is at a greater risk for water leaks."

Of course, this assumes that your gutters are still around. In some cases, layers of caked-on ice have caused gutters to collapse, requiring total replacement. That's what happened to several houses around town, including homes on Verbeke, N. 2nd and Front streets.

- **Roof:** There's nothing that tests the mettle of your roof more than a few feet of snow—melting and freezing and melting and freezing again—over the course of a long winter. That's especially the case in older cities like Harrisburg, which have an abundance of flat roofs. If your roof was in really bad shape, you probably already know that it needs repair or replacement, thanks to the leaks. If you're unsure of its quality, an inspection is in order during the

off-season.

"Some older homes aren't properly insulated or ventilated and are ripe for ice-build up on roofs," said Mosemann. "If a homeowner consistently has a lot of ice build-up on their roof, they should consult a professional to see if remediation is necessary."

Indeed, an inexpensive survey by a qualified professional will deliver the news, good and bad, so that fixes can be made before next winter hits. In Harrisburg, many roofs are metal and require painting. If your roof hasn't been painted in awhile, it's time to add a coat or two of specially formulated roof paint.

- **Brick and mortar:** Many houses in Harrisburg are made of porous materials, particularly brick, held in place by mortar. Even under the best of circumstances, water can invade and cause cracking, chipping and other problems to brick. When that water turns to ice, deterioration can be quick and serious. Be sure to conduct a visual check of your home's exterior to locate any obvious problems. Also, tap bricks with a hand tool to ensure they're still solid and not easily cracked. Listen for a "hollow" sound, which may indicate damage. Mortar is even more susceptible to the ravages of winter. In addition to a visual inspection, you can check the integrity of mortar by running a butter knife or other metal tool

against it. If the mortar falls off easily or seems grainy or sandy, the area may have to be repointed. Repointing is mandatory if the mortar is visibly cracked, receding or otherwise damaged.

- **Hardscape:** Have you been dodging potholes on neighborhood streets? Well, the same freezing/re-freezing cycle can damage your property's driveway and sidewalks. If you see loose or damaged asphalt, repair and seal as soon as possible. A small recess can grow quickly into a gaping hole, which can do significant damage to your car. In addition, check for damage to flagstone, slate, concrete and other types of walks. Certainly, cracked walks should be fixed or replaced. But also be aware of walks that have become uneven or loose due to ice and mud. It's harder to detect these problems, but very easy to trip over them.

- **Landscape:** This harsh winter may have been especially cruel to your yard's delicate flora. Make sure to prune areas damaged by the weight of so much ice and snow. For the lawn, try to keep the kids and dog off until the ground dries a bit and the grass re-establishes itself.



Frozen culprits: Snow piled on your roof (top) and ice packed in the gutters, like at these houses in Midtown, may have caused structural damage during the winter.

What's that old saying—make hay while the sun shines? Well, after a long, hard winter, the sun's finally shining. Time to make those home improvements before the clouds gather and the snow falls again.

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Spring Prepping

A great garden means more than just turning dirt.

Rebecca Mack

It seems Old Man Winter has finally released his grasp on nature, as the sky's dull gray gives way to blue, and the sunlight glitters, melting the last traces of snow on the ground for the season. It was difficult living life under a blanket of snow this year. But the crocuses and daffodils peeking through the thawing earth are a sure sign that spring is here. It's time to prepare for the beauty that abounds after such a long, snowy winter.

Early spring clean-up is essential to the vitality of one's garden. Looking around your yard, you might be astounded at the sight. Rest assured that under the dismal gray of your dilapidated garden hides the bright green of new life, waiting to be awakened and urged to the surface! But where to begin?

Start by removing all debris: sticks, dead branches and leaves. These are Mr. Winter's idea of polar décor, but they have no room in a spring garden full of color and life.



Sign of spring: A well-tended daffodil bed at Front and Forster streets, which came into bloom last month.

(Helpful tip: Use the leaves and small branches for composting.) You also want to cut back existing perennials, and prune shrubs and woody plants to get rid of any dead or damaged areas, which allows for new growth and optimal health throughout the season. At this time, some perennials might need to be divided or moved.

To prepare soil for the season, you can apply pre-emergent. It

prevents weeds from germinating. Pre-emergent comes in different varieties, including one that also prevents the growth of crab grass and one with a fertilizer right in the mix, providing essential nutrients for your plants. For the environmentally conscious green thumb, there are organic varieties

available, as well. Amending your soil with compost, sand or peat moss is recommended, but be aware of how wet your soil is. If it's too wet, it will compact more and result in poor soil structure.

Finally, when planning for flowers, perennials are favored over annuals for their cost-effectiveness. Annuals are a recurring purchase and are often used for fillers in predominantly-perennial gardens, or tucked into hanging pots and window boxes for splashes of color. Perennials take a bit more work to

care for but are great investments. Regardless of which type you want, each offers a vast array of colors, blooms, textures and scents. An important aspect to keep in mind when planning your garden is the sunlight requirement of each plant. There are many different plants that love the shade, so don't exclude those areas of your yard.

You can always consult a professional landscaper to help you with the process. From soil amendments and plant knowledge, to creating a whole new landscape for you, the expertise offered by a professional is often a tremendous help if the task seems too daunting. Regardless of who does it, prepping and planning a garden takes time and is well worth the effort. By mid-spring you will already see results, and memories of this winter's deluge of snow will be as long-gone as the old man himself.

Rebecca Mack is a freelance writer and the co-owner of New Growth Landscaping, which is located in Dillsburg PA. Visit www.nglandscaping.com.

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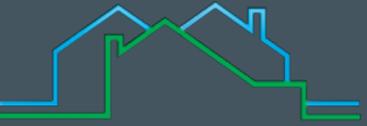
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Chandigarh or Shipoke?

Authentic flavors, decor are nearby at Passage to India.

Peter Durantine



fraganced by soothing incense, Passage to India offers authentic dining. Enter through an intricately designed silver door to a large dining room with imported pictures and statuary.

"Our décor makes you feel like you are eating at a restaurant in India," said Vishnu Shenoy, a longtime restaurateur and hotelier who even brought the tableware and copper tureens used on the buffet from his native land.

Shenoy, who hails from Bangalore, recalls the first day he opened the restaurant in 1993. "We were jam-packed," he said. "We ran out of food."

That was largely because of the publicity in the local newspaper. His was the first restaurant in the city to offer Indian cuisine, which is why the name Passage to India has a second meaning for Shenoy.

At that time, the region—known for its basic American or Pennsylvania Dutch meals—was ready for an introduction to more exotic ethnic cooking. Shenoy believes his restaurant's popularity is due to the many vegetarian and highly flavorful dishes.

"We have gourmet food that is hot and spicy," he said.

How Shenoy, who has been in the business more than 30 years, arrived in Harrisburg and decided to open a restaurant is a sort of passage. He worked for Taj Hotels Resorts and Palaces in New York and was being transferred back to India when a friend who ran Shipoke's Comfort Inn offered him the space for a restaurant.

"So, I said fine," he recalled, and named the restaurant after the novel and popular 1984 film. He then returned to India to collect items to decorate the dining room, including a wood-carved picture depicting scenes from the Bhagavad Gita, the sacred Hindu scripture.

Bringing Indian cuisine to an area unfamiliar with such dishes has provided Shenoy the opportunity to correct some misconceptions about the food; chiefly that it is made with curry powder.

"For us, curry means gravy—people misunderstand it to think it is curry powder," he said. "We don't



Owner Vishnu Shenoy brought his restaurant's flavorful dishes and colorful decor from his native India.

use curry powder. We make our own spices."

To create that curry flavor, the chefs, Balbir Singh and Rupesh Adpaikar, use such spices as cumin, fennel, ginger, garlic and cayenne. Dishes like chicken korma or bhindi masala are flavored with spices.

Whatever the spice, whatever the flavor, Passage to India is a worthwhile voyage.

Passage to India, 525 S. Front St., 717-233-1202, www.passagetoindiaharrisburgpa.com

"I want to see the real India," E.M. Forster's heroine said upon arriving at the then-British colony in his 1924 novel, "A Passage to India." That's the experience diners can expect to find at the book's namesake restaurant along the Susquehanna River in Shipoke.

Resplendent in a décor of rich red and gold, its ambience

Pride of Central PA to Hold Spring Fling

Pride of Central PA has scheduled its annual Spring Fling and Silent Auction.

The event will be held Saturday, April 17, 6–10 p.m. It will be an informal night of dancing, eating and bidding for the benefit of Pride of Central PA, held at the Four Points Sheraton, Harrisburg. Tickets are \$35 per person and must be purchased in advance.

For discount rooms, call Justin Bacon at 717-561-2800, x403.

For more information, email info@prideofcentralpa.org or call 717-801-1830. Donated silent auction items are needed.



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Cocktail Hour 6 pm - 7 pm

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It's Good to be King

Chefs cook up dinner, scholarship dough.

Stephanie Kalina-Metzger



All hail the kings: A few of last year's royal chefs.

On Sunday, April 18, about 80 men will converge upon the Evangelene Kimber Gymnasium at Harrisburg High School to demonstrate their culinary talents to a hungry crowd for the 12th annual "Kings Who Cook" event.

Sponsored by the Harrisburg Alumnae Chapter of the Delta Sigma Theta Sorority, this cooking extravaganza is to benefit area high school students through raising scholarship funds. This year, the goal is to raise \$10,000 to \$15,000.

Chair Valerie Bates-Gates wants area men to know that there's still time to sign up to wow the crowd with their mad cooking skills, while knowing that their efforts will help students in need.

"In today's economy, it's hard enough for families to afford tuition. Through this fundraiser, our sorority is able to help students achieve their goals," said Bates-Gates.

The event has grown in popularity since it started in 1998 with about 50 cooks and 150 diners. This year, they expect 80 cooks and a crowd of around 400, although Bates-Gates would like to see closer to 100 "Kings" participate.

Kings Who Cook Committee member Dr. Sybil Knight-Burney said, "It really is a wonderful opportunity to showcase the culinary talent of the men in our community," and that they do, choosing to whip up their various

specialties for hungry attendees.

Bring a hearty appetite, but realize you're not likely to make it through all the stations before you reach your limit. So here's a suggestion: start with your favorites. Because there is such a variety, however, you may find it hard to choose.

Dishes can be as simple and delicious as southern fried

chicken to as complex as beef Bourguignon. Although you're likely to see ham, hot wings, chili, potato salad, banana pudding and peach cobbler on the menu—you may also sample chef-named creations such as Kappa-Licious Tea or Banks' Banana Foster Flambé.

When asked to describe this decadent flaming dessert, creator Otto Banks gleefully rubbed his hands together and said, "This sinful, delectable dish is capable of driving the most ardent Atkins dieter into a carbohydrate-crazed relapse."

Banks said he participates year after year "to ensure that subsequent generations of Harrisburg Leadership are given the resources necessary to further and successfully complete their post-secondary education."

Harrisburg resident Karen Wright, a repeat attendee, said Kings Who Cook is a "wonderful opportunity to see members of the community in a different light—barbers, funeral directors, lawyers, entrepreneurs and others, all coming together for a good cause."

Kings Who Cook, Evangelene Kimber Gymnasium, Harrisburg High School, 2451 Market St., 2:30 to 5:30 p.m., Sunday, April 18. Cost: \$25 in advance; \$30 at the door. For tickets, or to be "King for A Day," call Valerie Bates-Gates at 717-315-4242.

Soil, Sunshine & Soul

The charms of Italian wines.

Paul Seymour

What is it about Italian wines that Americans have fallen in love with?

Is it the association with Italian food? Is it the image of sunny Italy and Italians enjoying "la dolce vita"—"the sweet life"? Or is it the conviviality of the Italian table supported by friends, family, great food and, of course, wine? One thing is certain and that is, for wine lovers, Italy and wine are synonymous.

Stretching from the Alps in the north to almost the coast of North Africa in the south, Italy's sunny hillsides support more indigenous grape varieties than any other country. No country exports more wine than Italy. No country has a higher percentage of land suitable for the cultivation of the vine. Lastly, no country has the genius of Italy and the Italians in showcasing their sensuous cuisine supported by their equally sensuous and varied wine.

It may come as a surprise to many Americans to know that Italy's association with fine wine is a relatively recent phenomenon. While Italy's winemaking history predates the Romans, the country's commitment to producing fine wine for the rest of the world did not take place until about 50 years ago. Italy has long had great producers. However, their wine rarely traveled outside Italy.

In the 1960s, led by revolutionary young Italian winemakers, the Italians embarked on a mission to introduce the rest of the world to wines that took advantage of the excellent conditions—or terroir—that existed in Italy and also of expertise that stretched back centuries. Coupled with a worldwide increase in the demand for fine wine and a technology revolution in the fields of viticulture and winemaking, Italy vaulted to the top, alongside France, as a leader in quality wine production.

The entire winemaking world, Italy included, has seen incredible advances over the last half century

in the technology associated with winemaking. Still, as Burton Anderson, America's foremost expert on Italian wines, is fond of pointing out, in Italy, more than anywhere else, you will run into winemakers who still believe in the old-time values of soil, sunshine and soul.

Are you thirsty yet? Do you want to find out more about the charms of Italian wines? The Pennsylvania Wine Society is sponsoring an "Introduction to Italian Wines" tasting at 7 p.m., Friday, April 23, at the Hilton Harrisburg. The speaker will be Mark Vitale, director of public relations for Geandre Imports. The price for non-members is \$50.

This is your chance to find out why the wines of Italy are America's favorite imported wines. If you would like to learn more, check out the Pennsylvania Wine Society's website at www.pawinesociety.org.



Paul Seymour is the current president of the Pennsylvania Wine Society and has been a member of the board of directors for the past 10 years.

Search Mounted for Schools Chief

The Harrisburg school district is conducting a nationwide search for a new superintendent, following the dismissal of Gerald Kohn.

Assistant Superintendent Sybil Knight-Burney is leading the district until a new superintendent can be named. Last month, Kohn was removed at the urging of Mayor Linda Thompson, more than a year before the expiration of his contract.

Schools are under the city's jurisdiction until June 30, when control reverts to the elected board. The city's Board of Control appears determined to choose a new leader for the district before that date.

The Succulence of the Lambs

Easter traditions, from old country to new.

Rosemary Ruggieri Baer

Of all the major holidays, Easter is my favorite.

It arrives quietly on the doorstep of spring and lacks the commercialism and materialism that so often marks Christmas. For me, Easter is the one celebration that truly reflects its religious foundation, the Easter Bunny notwithstanding. Following the somber season of Lent and the devout days of Holy Week, Easter dawns as a day of joy for Christians. The earth too is coming back to life, and many of the traditional foods associated with Easter reflect that awakening.

Easter is known as "Pasqua" in Italy and is a highly observed and joyous holiday, second only in importance to Christmas. Easter Monday or "La Pasquetta," is also celebrated in Italy. Known as "Little Easter," it is a day of concerts, dancing and picnics in the countryside. Italian Easter foods are surrounded with the symbolism of rebirth and renewal, and I try to incorporate many of them into our Easter feast.

Pani Pasquali, or Easter breads, are often shaped into the form of a dove and may contain cheese, hardboiled eggs and dried fruits and nuts. Ricotta rice pie is a creamy dessert made with eggs, rice, ricotta cheese and a touch of citrus, orange, lemon or lime. It is a lovely end to an Easter dinner.

My father's family always began their Easter dinner with "Brodetto Pasquale" or Easter soup. Also known as stracciatella, it is chicken soup with thin strands of beaten egg and, most often, pieces of fresh asparagus. Asparagus is loved in Italy and finds its way into many spring dishes.

Another Italian tradition is "torta alla Pasqualina" or Easter torte. This is a layered savory torte made with ricotta cheese, whole boiled eggs and spinach. I made it exactly once as it took an entire day. The torte calls for a yeast dough that is rolled into seven thin sheets. The pastry sheets are then layered with the other ingredients and baked. Our dear friend, Father Larry McNeil, passed on the torte that Easter, citing a personal issue with spinach. Now every time he comes for dinner, I tell him we are having spinach pie.

My father's niece, Sena, carried on the family tradition of making fresh cannoli every Easter. She delivered them to everyone in the family, arranged on a bed of Easter straw and jelly beans.

Sena wrapped the cannoli shells around an old, sawed-off broom stick and dipped them in hot oil to fry. She then gently filled them with sweetened ricotta cheese, sometimes with tiny pieces of citron or dried fruit, and spread the ends with a mixture of ricotta and melted chocolate. I loved them and even ate them for breakfast.

But for me, the centerpiece of our Easter dinner is roast lamb, a tradition shared by many Mediterranean cultures for both

Easter and Passover. I always buy a fresh, local leg of lamb from my favorite butcher at the farmer's market. The smell of lamb, studded with garlic and rosemary, roasting in the oven is one of the most heavenly cooking smells in the world.

Lamb is very easy to cook. You can choose either a full bone-in leg of lamb or a leg of lamb that has been boned and tied. For dinner to serve nine or 10 people, I usually buy two. This year, I am trying boneless lamb, each leg weighing five pounds. Follow these steps to prepare a flavorful roast:

- Wipe the lamb with paper towels to absorb excess moisture.
- With a paring knife, make deep slits in the roast and stuff each opening with cloves of slivered garlic and sprigs of fresh rosemary.
- Brush the entire leg with extra virgin olive oil.
- When ready to roast, sprinkle the lamb with sea salt and freshly ground pepper.
- Roast at 325 or 350 degrees at 30 minutes per pound for medium rare or longer if you prefer well done. Cover the roast loosely with a piece of

aluminum foil to prevent excess browning, at least for the first hour.

• When the lamb is done, let it rest for at least 15 minutes to draw the juices inside the meat. Then carve into thin slices and arrange on a platter. I garnish the platter with fresh rosemary or fresh mint, which makes for a beautiful presentation.

Lamb is wonderful served with roasted potatoes, fresh asparagus with olive oil and grated lemon zest, and baby spring peas tossed with chopped mint. It also pairs nicely with baked tomatoes stuffed with breadcrumbs and cheese and a green salad with shaved fennel. You could try roasting lamb with fresh thyme or oregano if you like those herbs more than rosemary.

Enjoy the flavors of spring.
And Buona Pasqua!



Rosemary Ruggieri Baer, a first generation Italian-American, grew up in Harrisburg and has spent her life perfecting her mother's country cooking.

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Museums & Art Spaces

Antique Auto Museum at Hershey

161 Museum Dr., Hershey
717-566-7100; www.aacmuseum.org

"Muscle Car Mania," Detroit's muscle machines from the 1960s and '70s, April 23–Sept. 6.

Art Association of Harrisburg

21 N. Front St., Harrisburg
717-236-1432; www.artassocofhbg.com

"4 Artist Invitational," featuring Raymond Bell, Hummelstown; Mary Lee Kerr, Boalsburg; Kathryn Noska, Phoenixville; Quentin Walker, Florida., April 2–May 6.

ArtHouse Lounge

217 N. 2nd St., Harrisburg
717-236-2550; www.arthouselounge.com

Twelve new artists are featured.

Arts at 510

510 N. 3rd St., Harrisburg
717-724-0364; www.artsat510.com

Paintings by Kevin Miller and wood tables by Robert Allen; various works by the Susquehanna Woodturners Club, through mid-May. Also, ArtTalk by Selby Doughty on Post-Impressionism, April 20.

Gallery Blu

1633 N. 3rd St., Harrisburg
717-234-3009; www.galleryblu.org

"Art of the Neighborhood," featuring works of local artists, through May 1. Also, beaded jewelry by Roxanne Tozer.

Harsco Science Center

Whitaker Center, 222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

"Titanic: The Artifact Exhibition," explores the ill-fated 1912 cruise through 150 artifacts and several re-creations of onboard life.

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

"Abstract Ideas and String Theories," original art works by Mark Billy and Tyler Yenna, through April 19.

The Mantis Collective

1306 N. 3rd St., Harrisburg
themantiscollective@yahoo.com

"Non Fiction" and other works by figurative artist Judeth Pekala Hawkins. Opens April 16.

Midtown Scholar/Yellow Wall Gallery

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

"Art after Hours," through mid-May. Reception for 3rd in The Burg, April 16, 6–9 p.m.

National Civil War Museum

One Lincoln Circle at Reservoir, Harrisburg
717-260-1861; nationalcivilwarmuseum.org

"Spies Among Us" focuses on efforts to form spy networks on both sides, through Sept. 6.

Ned Smith Center for Nature and Art

176 Water Company Rd., Millersburg
717-692-3699; www.nedsmithcenter.org

"Fragile Nature," a photo exhibit by National Geographic photographer Joel Sartore, through June 13.

Radius Gallery

300 North St., Harrisburg
717-787-5590; www.radiusgallery.com

Featured showcase: "Pysanky: Ukranian Egg Decorating," through April.

Featured craftsman: Patricia Marshall of Camp Hill, clay sculpture and more, through April. Open house: April 4, 1–3 p.m.

Rose Lehrman Art Gallery

One HACC Drive, Harrisburg
www.hacc.edu/RoseLehrmanArtsCenter

Chaz Maviyane-Davies posters, through April 9.

"Student Honors Show 2010 (1)," April 14–23. Reception: April 22, 5–7 p.m.

"Student Honors Show 2010 (2)," April 28–May 7. Reception: May 6, 5–7 p.m.

SPRAMA.gallery

308 N. 2nd St., Harrisburg
717-238-1001; www.sprama.com

"Urban Boulevard," a collection of urban-inspired art and photography, through mid-May.

The State Museum of Pennsylvania

300 North St., Harrisburg
717-787-4980; www.statemuseumpa.org

"Tusks! Ice Age Mammoths and Mastodons," through May 2.

"Wind Titans," a photo essay by State Museum photographer Don Giles, through May 2.

"1780 Act for the Gradual Abolition of Slavery Exhibit," an exhibit examining the first such legislation in America, through June 20.

"The Fine Art of Giving," a selection of artwork given to the museum, through June 30.

Note: Starting July 1, admission to museum increases from \$3 to \$5 for adults and from \$2 to \$4 for youth, seniors and groups.

Susquehanna Art Museum

301 Market St., Harrisburg
717-233-8668; www.sqart.org

"Artistic Expressions," the works of exemplary student artists from secondary schools throughout central Pennsylvania, through April 25.

Doshi Gallery: "The Spirit of Letters," mixed media by Edward Evans, April 8–May 9.

At the Cinema

Midtown Cinema

250 Reily St., Harrisburg
717-909-6566; www.midtowncinema.com

Openings: April 16: "Fish Tank"; April 23: "North Face"; April 30: "The Art of the Steal"; April 30: "The Girl with the Dragon Tattoo."

Movieate Film Co-op

1106 N. 3rd St., Harrisburg
www.movieate.org

April 17: The Living Screen performs original music to silent movies, 7:30 p.m.

April 18: Screening of handmade 16mm films created at the workshop, 7 p.m.

April 21: "Sex, Drugs, and Rock n' Roll," short 16mm educational films, 8 p.m.

April 25: Films, conversation and workshops with acclaimed filmmaker Kelley Baker.

April 28: SHORT DOCS, classic 16mm documentary films, 8 p.m.

3rd in The Burg: Friday, April 16

ArtHouse Lounge—Exhibit features 12 new artists, plus on-site caricatures by Neil McMillin. 6–9 p.m. 217 N. 2nd St.

Arts at 510—Paintings by Kevin Miller and wood tables Robert Allen. New work by the Susquehanna Woodturners. Music by 510 Express. 11 a.m.–8 p.m. 510 N. 3rd St.

Gallery Blu—"Art of The Neighborhood" continues with jewelry by Roxanne Toser. Papercutting demonstration by Harriet Rosenberg, 7:30-8:30 p.m. Open 11 a.m.–9 p.m. 1633 N. 3rd St.

HMAC Stage on Herr—Music by Up Pops the Devil, plus original artwork on display. Open 5 p.m.–2 a.m. 268 Herr St.

The HodgePodgery—Henna tattoos and henna tattoo artwork by Shruti Shah. Call today to make your tattoo appointment (5–9 p.m. that evening). 11 a.m.–10 p.m. 1100 N. 3rd St.

Mangia Qui—Photographs by Matthew Murray and a special \$5 Velvet Underground drink. 5–10 p.m. 272 North St.

The Mantis Gallery/Movieate—Judeth Pekala Hawkins: "Non Fiction" and other recent work. Opening reception 8–10 p.m. Movieate Film Co-op will be hosting events all weekend. 1306 N. 3rd St.

Midtown Cinema—Harrisburg area's only arthouse cinema. Featured artist: Ryan Stroup. Reception, 7–9 p.m. 250 Reily St.

Midtown Scholar—First event: a coffee cupping at noon. Second event: reception for "Art after Hours," 6–9 p.m. 1302 N. 3rd St.

Nonna's Deli Sioso—3rd in The Burg special: shrimp scampi. 263 Reily St.

SPRAMA.design—"Urban Boulevard," a collection of urban-inspired art and photography. 6–9 p.m. 308 N. 2nd St.

3rd in The Burg is a monthly, must-attend event featuring art, music and more at numerous venues around Harrisburg. For more information, please check out our back cover or 3rdinTheBurg.com.



PAWS for a Cure

A Walk to Benefit

The Leukemia & Lymphoma Society
City Island Park, Harrisburg

Sunday, April 11, 2010 1-4PM (Rain or Shine!)

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Live Music around Harrisburg

Appalachian Brewing Co./Abbey Bar

50 N. Cameron St., Harrisburg
717-221-1083; www.abcbrew.com

April 2: Jimkata
April 3: Nate Myers and The Aces
April 7: These United States w/Murderboats
April 8: James Maddock w/Bern Kelley
April 9: Hackensaw Boys w/Cabinet
April 10: 91's CD Release Party w/Vulgarrity
April 15: American Babies w/ Slackwater News
April 16: The Hold Steady
April 17: Bill Wharton/The Sauce Boss
April 18: Backyard Tire Fire w/Pawnshop Roses
April 19: Mr. Something Something
April 23: Titus Andronicus w/Spider Bags
April 24: Hexbelt
April 30: The Greatest Funeral Ever

Carley's Ristorante Piano Bar

204 Locust St., Harrisburg
717-909-9191; www.carleysristorante.com

April 1: Chris Novak
April 2: Wade Preston from "Movin' Out"
April 3: Noel Gevers
April 8: Giovanni Traino
April 9: Anthony Haubert
April 10: Ted Ansel
April 15: Anthony Haubert
April 16: Giovanni Traino
April 17: Alex Wash w/Mark Santanna
April 22: Giovanni Traino
April 23: Noel Gevers
April 24: Ted Ansel
April 29: Anthony Haubert
April 30: Noel Gevers
Every Tuesday, Open Mic Night

Ceoltas Irish Pub

310 N. 2nd St., Harrisburg
717-233-3202; www.ceoltasirishpub.com

Please contact the venue.

Gullifty's Underground

1104 Carlisle Rd., Camp Hill
717-761-6692; gulliftys.net

April 2: Torn
April 3: 717 Awards Show

Char's Bella Mundo

540 Race St., Harrisburg
717-213-4002; www.charsbellamundo.com

"Jazz Wednesdays," with special wine menu

Clover Lane Coffee House

1280 Cover Lane, Harrisburg
717-564-4761; www.harrisburguu.org

April 16: Arcona Reel Band

Dragonfly Club/Spy Club

234 N. 2nd St., Harrisburg
866-468-7619; www.dragonflyclub.com

April 25: Beatallica and Knuckleduster

H. Ric Luhrs Performing Arts Center

Shippensburg University; 717-477-7469
www.luhrscenter.com

April 9: "An Evening with George Benson"
April 11: University Concert Band Concert
April 22: "Diva Nation"

Harrisburg Symphony Orchestra

The Forum, 5th & Walnut streets, Harrisburg
717-545-5527; www.harrisburgsymphony.org

April 17-18: "Life's Ever Changing Tapestry"
April 20: "Stuart & Friends" (Sunoco Theatre)
April 27: HYSO Spring Concert

Hilton Harrisburg and Towers

1 N. 2nd St., Harrisburg

Solo jazz piano in the bar Tuesday through Saturday evenings

HMAC/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

April 1: Mike Males and Free Breakfast, Rhyne McCormick and Michael Anderson
April 2: Master Plan w/Parallax Project
April 3: Girls Guns and Glory w/The Swains
April 4: John Cowan
April 8: River Rat Jenkins
April 9: Puffer Fish w/Heavy Beat & The Thrives
April 10: 3 band show w/ Clinton Curtis, Nina Scarcian and Zach Maxwell
April 15: Les Gauches w/Tara Toms & the Tumbleweeds/Old Time Burials
April 16: Up Pops the Devil w/Ten Tigers and Sarah Blacker
April 17: Delhia Low w/Shannon Whitworth
April 18: LLS Benefit and Beggars Folk
April 22: Jacob Jeffries Band
April 23: A.D. Chandler Band
April 24: Frog Holler, Starsan Quartet and Colebrook Road (Troegs Series)
April 25: For the Better Good
April 29: Alash Throat Singers
April 30: Colebrook Road w/Sam Lamont
Every Wednesday: Open Mic Night

Hollywood Casino at Penn National

777 Hollywood Blvd., Grantville, Pa.
877-565-2112; www.hcpn.com

April 2: Not Quite Einstein
April 3: Cazmiere
April 9: Uptown Band
April 10: Maxwell Project
April 16: Luv Gods
April 17: Liverpool Legends
April 23: Cornwallace Band
April 24: Whitebread Band
April 30: Escape

Mangia Qui/Suba

272 North St., Harrisburg
717-233-7358; www.mangiaqui.com

April 2: Jessica Smucker of The Sleeping World
April 3: Monica McIntyre
April 9: Honey Clover Band
April 10: Blue Elephant
April 16: Phipps and Phriends
April 17: Edwin Tichenor & Joanna Kirby
April 23: Earl Pickins and Family
April 24: Batida
April 30: Kyle Morgan and The Backroad

Market Square Concerts

717-221-9588; marketsquareconcerts.org

April 24: Parthenia (at Market Square Church)

Midtown Scholar/Famous Reading Café

1302 N. 3rd St., Harrisburg
717-236-1680; www.midtownscholar.com

April 23: The Nields

Midtown Tavern

1101 N. 2nd St., Harrisburg
717-236-7583; www.themidowntavern.com

April 3: Jay Umble Jazz Guitar Duo
April 10: Bret Alexander
April 17: Fretwork
April 24: Ryan Wickersham
Every Tuesday: Open Mic Night

Morgan's Place

4425 N. Front St., Harrisburg
717-234-8103; www.morgans-place.com

April 2: Kings & Queens
April 3: Not Guilty
April 9: New Experience
April 10: Shea Quinn & Swish Dog
April 16: Don Johnson Project
April 17: Strange Eden
April 23: Shea Quinn & Swish Dog
April 24: Black Mountain Jack
April 30: South Street

Stock's on 2nd

211 N. 2nd St., Harrisburg
717-233-6699; www.stocksonsecond.com

April 3: Cruise Control
April 10: Don Johnson Project
April 16: TBA
April 17: Shea Quinn and Steve Swisher
April 23: TBA
April 24: Funktion with Robin McClellan
April 30: TBA

The Stage Door

H. Ric Luhrs Performing Arts Center

Shippensburg University; 717-477-7469
www.luhrscenter.com

"Thank You Gregory," a tribute to the legends of tap, April 6

Harrisburg Shakespeare Festival

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"Macbeth," April 9-10

Hershey Area Playhouse

Sand Hill Road at Cherry Drive, Hershey
717-838-8164; hersheyareaplayhouse.com

"Wit," April 22-May 2

Midtown Arts Center/Stage on Herr

1110 N. 3rd St./268 Herr St., Harrisburg
717-441-7506; www.harrisburgarts.com

Soul Comedy Café, April 11

Open Stage of Harrisburg

223 Walnut St., Harrisburg
717-214-ARTS; www.openstagehbg.com

"August Wilson's Jitney," April 16-May 8

Whitaker Center

222 Market St., Harrisburg
717-214-ARTS; www.whitakercenter.org

April 16: Get the Led Out
April 16: Faux Minx and Reese Project (Stg. 2)
April 17: Jaerv
April 23: Guy Davis
April 25: Joe Bonamassa

Other Highlights

April 9: "Masquerade," Annual Benefit Gala Reception. The Luhrs Circle of Friends hosts a masquerade ball to raise money for the Luhrs Center. 6 p.m. Luhrs Center at Shippensburg University. 717-477-1377. luhrscenter.com

April 13: Second Tuesdays at Seven. Local middle and high school students discuss their National History Day Projects. Harris/Cameron Mansion, 219 S. Front St., Harrisburg. 7 p.m. Free. dauphincountyhistory.org

April 17: Harrisburg History Center. The Harrisburg History Center opens to the public at the old Dauphin Deposit Bank Building, 213 Market St. See details, p. 5. dauphincountyhistory.org

April 21: Wetlands Festival at Wildwood. Celebrate National Wetlands Month with demonstrations, walks, displays, live music, exhibitors and food. Wildwood Park, Harrisburg. 10 a.m.-4 p.m. Free.

April 21: Civil War Alive Lecture. Joe Becton uses music and stories to portray an African American soldier's experience during the Civil War. Fort Hunter Park, Centennial Barn, Harrisburg. 7 p.m. Free. forhunter.org

Oyster Mill Playhouse

1001 Oyster Mill Road, Camp Hill
717-737-6768; www.oystermill.com

"The Best Little Whorehouse in Texas," April 23-May 9

Popcorn Hat Players at the Gamut

3rd Floor, Strawberry Square, Harrisburg
717-238-4111; www.gamutplays.org

"Beauty and the Beast," through April 3

"Aesop's Fables, April 10 (at The Ned Smith Center for Nature and Art, Millersburg)

"Snow White," April 17

Rose Lehrman Arts Center

One HACC Drive, Harrisburg
717-231-ROSE; www.liveatroselehrman.org

"Charlotte's Web," April 17

Theatre Harrisburg

Krevsky Center, 6th & Hurlock, Harrisburg
717-214-ARTS; www.theatreharrisburg.com

"Arsenic and Old Lace," April 16-25

"Broadway's Greatest Hits," April 30-May 2

Putting on a Show, Sharing a Passion

Susquehanna Folk Music Society's concerts are about great music. But they're equally about community, support and a mutual love.

John Hope

By the time performers take the stage at a Susquehanna Folk Music Society concert, volunteers have worked for hours to help keep the music coming.

I've attended SFMS concerts for 25 years, but didn't know all it took to put on a concert. So, to find out, I volunteered to work at a recent concert. Here's what I discovered, a view from the inside out.

3:45 p.m. SFMS executive director Jess Hayden is unlocking the Fort Hunter barn as Randy Heisley-Cato and I join her. We're here to assemble the stage and put out chairs and tables so all is ready when the band and other volunteers arrive.

Heisley-Cato tells me that his volunteering arises from a love of traditional music. (Unlike some organizations, SFMS doesn't admit volunteers free. It sees volunteerism as community-building—all are needed if traditional music is to remain strong here.)



From start to stage: Randy Heisley-Cato and Jess Hayden ready the stage (left); featured performer Alexander Mitchell (center); Bruce Campbell, Kevin Neidig, Alexander Mitchell and Henry Koretzky entertain a full house (right).

Once the stage is in place, we set up chairs for the nearly 100 audience members, tables for ticket and CD sales and to hold SFMS literature, tables for the volunteer-made snacks that are a staple of the before-concert and intermission times, and tables and chairs for a 6 p.m. potluck. (Potlucks at Fort Hunter concerts are another attempt to build community and also to ease the burden on Betty and Bruce Bishoff who, for many years, volunteered to cater home-cooked meals for performers but now want to cut back and do some other things in their retirement.)

4:45 p.m. Tonight's concert features nationally-known singer/songwriter Alexander Mitchell and three local traditional music talents—Henry Koretzky, Bruce Campbell and Kevin Neidig. Their good-natured kidding, as they haul in their instruments and sound equipment, makes clear they've performed together before and enjoy each other.

The musicians place themselves and their gear on the stage. More



volunteers (SFMS uses some 150 people a year in a variety of volunteer roles) arrive to set up the potluck. They take their lead from Betty Bishoff, bringing in tablecloths, paperware, utensils, crockpots, casseroles and bottles of drinks.

5:45 p.m. SFMS treasurer Bruce Kolka starts setting up the ticket sales area while his wife Joan, who heads the resource development committee, helps with the potluck.

I ask Koretzky if performers see differences between a professionally staffed venue and one with volunteers. There's little difference, he says, because volunteers interact more with the audience than with the band. "The volunteer-driven concerts are very grassroots," he said. "People are investing more in the folk community because they participate in it."

6:15 p.m. Band members and volunteers eat together and enjoy each other's company. The women working on the potluck echo Heisley-Cato's comments: they are long-time volunteers for a variety of organizations, having been raised by their parents to be nurturing and to give back to the community. They work with SFMS for their love of the music and the time they spend with the musicians.

7 p.m. Bruce Kolka has left the potluck and is selling tickets to early arrivals, aided by SFMS volunteer coordinator Russ Matthews, who later will take over the CD sales table, and Matthews' wife Paulette,



who is selling raffle tickets to help the SFMS treasury. The potluck crew stacks the tables and chairs.

7:30 p.m. Jess Hayden takes the stage to welcome the audience and thank the volunteers. She particularly recognizes three "Names in Lights" sponsors—people who help underwrite a specific concert and have their names on a spotlighted board by the stage and get front-row seats.

9:45 p.m. The concert draws to a close. During intermission, the audience swarmed around the snack table, leaving contributions for the baked goods and drinks that volunteers brought. And they visited the sales table, giving money to Russ Matthews for performer CDs.

Before the musicians play their encore, Koretzky thanks all involved, including audience members "who come out to hear live music and make this a folk music society."

10:15 p.m. The barn has emptied enough that Heisley-Cato and others can store tables and chairs and tear down the stage. Trash is collected, and there's a final check that nothing has been left.

10:40 p.m. Hayden puts out the lights and locks the barn's doors, seven hours after she arrived. It was a successful set-up, potluck, concert and clean-up. And in six days it will all happen again.

For more information on the Susquehanna Folk Music Society or to volunteer, contact Russ Matthews at 717-691-6759. www.sfmsfolk.org

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Proper grooming is essential for pet's well-being.

Todd Rubey, DVM

Let's talk about grooming, a subject that affects almost every pet owner. There are some medical aspects of grooming, but for the most part it mainly entails aesthetics.

Good grooming habits are just as important for animals as they are for humans. "Cleanliness is next to godliness" applies for pets as well. Grooming involves every thing from nail trimming to the fancy poodle cut that someone pays hundreds of dollars for at a professional groomer.

Let's start with nail trimming. Almost every one of my clients hates trimming their pet's nails. I hear their complaints: Fido won't stand still; he bites me when I touch his feet; his nails are black and I can't see; I made them bleed once, I won't do it again. Nail trimming is important. Long nails can hinder an animal's movement, grow into the pads, break easily and bleed profusely or damage the environment.

Nail trimming is not as hard as it seems (this being said by someone who does it almost every day). It takes patience and practice, like most things in life.

My advice: have someone who has experience demonstrate the proper techniques in both restraining the animal, as well as trimming the nails. It is important to not get frustrated or get angry at either yourself or the animal. Most animals do not like the experience because it is completely unnatural to them. It is therefore important

to make the experience as calm as possible, repeat it frequently. Try trimming a few nails at a time until the animal is used to it. If all else fails, take him or her to a professional—the fee usually isn't going to break the bank.

Bathing your pet is also important. One of the most common questions I get is: "How often should I bathe my pet?" There is no set answer to this question. It's different for a dog than a cat. It's different for a poodle than a rottweiler. Every pet is an individual, but bathing is part of pet care.

The most common problem I see involves the little fluffy dog that "does not shed." This is the greatest misnomer known to vets and groomers. The "non-shedding" dog does not exist. These dogs do shed; their hair is just caught up in all of their curls and undercoat. This leads to a matted pet. To alleviate this problem, dogs need to be groomed and trimmed on a regular basis—the price you pay for non-shedding. Left unchecked, these mats can lead to serious health issues.

Long-haired cats like Persians or Himalayans also suffer from matting. Bathing or clipping is just as important for these breeds. Of greater importance is brushing, which most of these cats hate. My advice is this: First, don't give in to the cat. Second, don't try and brush the whole cat in one sitting. Most cats tolerate brushing for a few minutes at a time. I recommend

owners divide their cat into sections. Brush the back on Monday, the legs Tuesday, the belly Wednesday, etc. Maybe work a day off in the middle. In a week's time, you will have the whole cat brushed and you start over again. Get into a routine and get the cat used to it. It will save a lot of hassle and probably a large grooming bill, in the long run.

One other important aspect of grooming is parasite control. Fleas, ticks, mites or fungus can wreak havoc on the coat and skin. Incorporating parasite control into routine grooming is an easy way to ensure it gets done. The quote

"an ounce of prevention is worth a pound of cure" is a good thing to remember here. Vet bills to deal with parasite problems to the skin and hair can be costly.

A clean pet is a happy pet. A happy pet is a lot more fun. Grooming can be a pain sometimes, both mentally and physically, but it's well worth it.



Todd Rubey, DVM, a veterinarian for 12 years, works for the Colonial Park Animal Clinic.

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Partnership with the People

History of Harrisburg, nation reflected in Messiah Lutheran Church

Peter Durantine

Courtesy: Messiah Lutheran Church



It is said the Lord works in mysterious ways. That is what, at the turn of the 20th century, the pastor of Messiah Lutheran Church on 6th and Forster streets had concluded when the congregation was unable to find a suitable new location in the city.

For the Rev. Henry W. A. Hanson and the congregation, according to a history of the church which celebrates its own sesquicentennial this year along with Harrisburg, the hand of providence was directing them “to remain at the 6th and Forster location and to build a new nave as an addition to the existing building.”

In so doing, the 150-year-old

gray stone church, “framed its ministry with the needs of the city,” according to “Where Cross the Crowded Ways of Life, A History of Messiah Lutheran Church,” by Robert D. Myers.

Messiah provided aid to the poverty-stricken during the Great Depression; helped those in hospitals, nursing homes and prisons; provided service centers for World War II servicemen; offered community health services, education services, hot lunch programs for under-privileged children and gave temporary shelter for the homeless.

The church began Wednesday noon services, which it still conducts today, and offers outreach programs to Jackson Lick, Bethesda Mission and Cumberland Courts. Its food pantry began in response to the flood that struck the city in 1972.

Messiah’s history reflects the city’s history, said the Rev. Laurie Charles Roberts. “This church and Harrisburg have a parallel existence.”

But Messiah has an interesting history all its own. It started in 1860 as an offshoot of Zion Lutheran Church on 4th Street, called the

Second English Evangelical Lutheran Church. The word “English” was used to set it apart from the many German-speaking congregations located in the city at the time.

The church occupied a small wooden structure on State Street, but decided to re-locate to Forster Street and sold its building. Though, it was 1863, the Civil War was raging,

and the new church would not be completed for four years.

During this period, the congregation met for services in the state Senate chamber, county courtrooms and a synagogue, the Rev. Roberts said. By 1890 the church moved further east on Forster and renamed itself Messiah.

Over the years, as state government buildings crowded out housing and residents migrated out of center city, the congregation believed it was time to re-locate closer to residential areas for, at that time, the church often served as the center of the community.

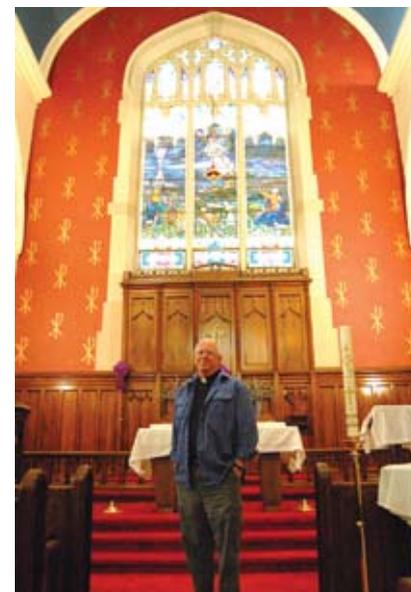
Unable to find a location not already being served by a Lutheran church and heeding the pleas of congregants still living in the neighborhood, Messiah’s leaders decided to stay put and expand.

The original church still stands at the corner of 6th and Forster. Its brick is revealed on its 6th Street side, and it now houses the pastor’s office, administration offices and the food pantry. Next to it stands the expanded church with nave and bell tower, the construction of which was also delayed by war—World War I.

“Dedicated in June 1918, the nave included a Möller organ and the mural “Last Look on Calvary” painted as a farewell gift by a member returning to his native Peru,” Myers wrote in his history.

Today, Messiah’s congregation lives mostly around the region in places such as Hummelstown, Elizabethtown and Hershey—though some reside in the row houses behind the church.

The congregation is using the sesquicentennial to remember this history and rededicate themselves to their mission. Ten former living pastors have been invited to preach on one Sunday a month this year. Bishop B. Penrose Hoover, head of the Lower Susquehanna Synod of the Evangelical Free Church in America, kicked off the first sermon in January.



The Rev. Laurie Roberts, in front of the lovely altar of Messiah Lutheran.

“It’s a wonderful group of people,” the Rev. Roberts said of the more than 300-member congregation. “They’re very dedicated and that’s what it’s all about—God’s partnership with people.”

For more information, visit www.lutheransonline.com or call 717-233-6731.

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An Education, an Inspiration

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Peter Durantine

Living with a degenerative eye disease that blinded him by age seven has never slowed down Antonio “Tony” Dickey.

By age 10, he learned to read and write Braille, unusual for children for whom it typically takes an average seven years. Dickey didn’t allow his impaired vision to prevent him from learning how to ride a bicycle, much to his doctor’s concern and admiration.

Dickey has always worked to overcome obstacles his vision loss may present. He’s pursued skiing, roller skating and other sports. Now, this determined young man is about to finish a graduate degree at Eastern University’s Harrisburg campus.

“This has been an amazing experience to get my master’s,” the 32-year-old Dickey said. “I’m thankful and grateful for the opportunity and look forward to doing great things with it.”

It’s more amazing because his graduate field of study, business administration, requires courses such as quantitative math, a demanding subject in which students need to visualize as well as concentrate to conceptualize and learn.

“His cohorts were helping him and his professors were helping him, but the process to conceptualize, that is a challenge,” said Dickey’s mother, Viola. “Just to explain an Excel chart—imagine that.”

When students enroll at Eastern, they are placed in a group of no more than 20 students or cohorts. This group remains together throughout the 22-month program, where they get to know and work with each other.

It’s not just math. All courses at Eastern can be particularly challenging to a visually impaired person because students make presentations—not take exams—to demonstrate their knowledge.

As Dickey’s own experience revealed, blind students attending almost any higher educational institution face challenges because

many schools are not adequately prepared to meet their needs.

Dickey struggled at his undergraduate alma mater, where he earned a degree in sociology. The school tried to meet his needs, but wasn’t always successful because of communication problems. The school often failed to grasp the amount of coordination necessary for a blind student to achieve.

Public schools, on the other hand, are well-equipped to ensure their learning needs are met, but “after twelfth grade, you’re on your own,” Viola said.

The biggest challenge for the visually impaired is the study process. They must listen to recordings of lecture notes and CD books. For a student like Dickey who is a visual learner—he learned to read and write before losing his

vision—it is doubly hard to imagine certain concepts without visual reference.

When an Eastern recruiter—also a friend—approached him about graduate school, his undergrad experience left him wary. But he found things different at Eastern.

Dickey is the first blind student at the 85-year-old Philadelphia-area school’s Central Pennsylvania campus, which opened in 1997. But the school was ready to accommodate and keep two steps ahead of his needs.

“Here, I didn’t have to intervene,” Viola said. “He has been his own advocate and they have worked with him.”

Dickey praised the school’s response to his needs that allowed him to tackle the same rigorous



Antonio Dickey, about to graduate with a master’s degree—and ready for life’s next challenge.

studies—and get graded along the same curve—as fellow students.

“I know he’s earned the respect of his peers with how well he has done,” said Ryan Knisley, campus director.

Dickey plans to start his own business as a Christian gospel motivational speaker. He has already spoken at local colleges, high schools and business groups.

He wants to give back, he said, “To show people how to get over obstacles and live a rich and full life.”

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Not Just a Game

Golf is as much a social outlet as a sport.

Ted Ansel

April is an exciting time of the year—daffodils bloom, trees bud, grass greens and it's time to think about golf. After the recent winter, people are looking forward to doing something outside other than shoveling snow.

As a sport, golf is very accessible. There are many great courses, it's fun and a good source of exercise and fresh air. You're outside, away from your worries and your cell phone for a few hours. It's also a great social activity. A round of golf with friends is a wonderful way to have a few laughs and to blow off steam.

Perhaps the best thing about the game is that it provides a wonderful venue to spend time with someone you love. A round of golf takes approximately four hours, which gives ample opportunity to discuss anything you wish to discuss. A round of golf also provides plenty of activity, so there is no need to maintain conversation. Because a couple is "alone" on the golf course, they can discuss even

the most intimate subjects without interruption and without inhibition.

Golf provides an opportunity for physical intimacy. When my wife and I golf, we walk side-by-side; we sit side-by-side on a bench or on a golf cart seat. If we have something to eat or drink between nines or after the round, we sit side-by-side. There is plenty of opportunity to share a hug, even a kiss. Few sports provide for this kind of intimacy.

There is a perception that a lot of business is done on the golf course. This isn't as common as many people think. Relationships are built on the golf course. Good will is established on the golf course.

A round of golf provides a window to a person's character. Many things are revealed. We get to see how someone deals with success and failure. We see how they react when they win a hole, and we see how they react when they roll a ball off the tee. We see if someone tells the truth; we see if they count all the strokes; and we see if they

hold the pin for another player when their opponent putts.

Golf provides a wonderful opportunity to learn a lot about ourselves and about others in our lives.



Ted Ansel is owner of Silver Spring Golf Course, 136 Sample Bridge Rd., Mechanicsburg, 717-766-0462, www.silverspringgolfcourse.com

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Central Pennsylvania is packed with places where everyone is invited to swing a club. Here are some nearby public and municipal golf courses:

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- The Golf Club at Felicita, 511 Lakewood Dr., Harrisburg, 717-599-5028
- Dauphin Highlands Golf Course, 650 S. Harrisburg St., Harrisburg, 717-986-1984

- Armitage Golf Course, 800 Orrs Bridge Rd., Mechanicsburg, 717-737-5344
- Sportsmans Golf Course, 3800 Linglestown Rd., Harrisburg, 717-545-0023
- Riverview Golf Club, 300 A Ave., New Cumberland, 717-770-5199
- Liberty Forge Golf Course, 3804 Lisburn Rd., Mechanicsburg, 717-795-9880
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Webcam shows a nearly complete Metro Bank Park.

Will he or won't he? Among Senators fandom, that's the most pressing question as Harrisburg enters the 2010 season, which begins in Altoona on April 8, with the first home game April 15.

Will rookie pitching phenom Stephen Strasburg make a start (or several) in Metro Bank Park this year? As the venerable Magic 8 Ball might say—signs point to yes.

Last season, the Washington Nationals signed Strasburg as baseball's No. 1 draft pick, amidst tremendous hype that he could be

the next Nolan Ryan or Roger Clemens or—insert the name of your favorite Hall of Fame fire-baller here.

Then—a minor miracle. In mid-March, the Nationals assigned Strasburg to Harrisburg's Double-A squad. In minor league ball, there's no such thing as a guarantee, but it does make it possible (dare I say probable?) that

we'll see Strasburg firing torpedoes out on City Island the first weekend of home ball. Bring your cardboard "K's," folks. It's 95 mph and up for this guy.

But the fun doesn't stop there. Another young hurler, Jordan Zimmermann, also may be bringing the heat for part of the 2010 season. Desperate for pitching, the Nats promoted him to the majors too fast last year, and he promptly blew out his arm, requiring reconstructive surgery. Minor league fans often benefit from the misery

of others and such is the case with Zimmermann, who will need time to rehab and gain strength before making the trip back down Rte. 83.

Simply put, Zimmermann is an exciting talent. His mediocre 3-5 record last year belies the fact that he had several terrific starts, striking out 92 and walking just 29 before his injury. The guy is a natural on the mound. Watching the ball rocket from his hand to the catcher's glove will take your breath away.

Another young pitcher, Ross Detwiler, also may spend time in the minors, either here or in Triple-A Syracuse. Like with Zimmermann, the Nationals rushed him to the majors, clearly before he was ready. Detwiler is a solid pitcher with promising career prospects ahead.

The Senators have other young talent worth seeing, including infielder Chris Marrero, catcher Derek Norris and pitchers Drew Storen and Graham Hicks. Shortstop Danny Espinosa and outfielder Michael Burgess, both assigned to Single-A Potomac, may make stops on their way up. And, as always,

Harrisburg, so close to D.C., could prove a temporary home to veteran big leaguers—those having a tough year or recovering from injury. The team also has a new manager, Randy Knorr, a Nats' coach last year.

Metro Bank Park has been almost completely rebuilt over the past two seasons, with new seating, luxury suites, facilities, kids' play areas and much more. So, all fans, from casual to passionate, can enjoy a day or night at the park. The team's many promotions—shirt, bat and glove giveaways and the return of Friday night fireworks—also should help fill the seats. And, don't forget, the Eastern League All Star Game will take place here on July 14.

A new park, a new manager, the All Star Game and the prospect of young, talented pitchers hurling fire to home plate. It hasn't been this exciting out on City Island in years.

The Harrisburg Senators play their first home game April 15 against the New Britain Rock Cats. For a complete schedule, ticket prices, promotions and other information, visit senatorsbaseball.com.

Goal!



The City Islanders kick off their season April 17 at Richmond, with the first home game on April 24 vs. Real Maryland. Left, Jason Pelletier takes a shot on goal from last year's play. A product of local Middletown High School and Robert Morris University, Pelletier has proved a consistent presence in Harrisburg's midfield. For information and tickets, go to www.cityislanders.com.

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Mammogram or Not?

It's a personal decision for women in their 40s.

Dr. John Goldman

Recently, the United States Preventative Services Task Force (USPSTF) updated its recommendations for breast cancer screening with mammography.

The task force's most controversial recommendation was to delay the onset of routine screening mammography from 40 to 50 years of age. The task force was accused of recommending rationing and trying to cut medical costs at the expense of women's lives.

In fact, the USPSTF was balancing the risks and benefits of mammography—balancing its ability to find breast cancers at an early stage and prevent more serious disease with the rate at which mammograms give false-positive results (a positive mammogram when, in fact, no cancer is present) that often lead to unnecessary testing and anxiety.

In women 40–50, mammograms clearly save lives. The task force concluded that screening for cancer in this age group resulted in a 15 percent reduction in the rate of fatal

breast cancers. However, breast cancer in this age group is relatively rare and, consequently, the number of women who have to be screened to prevent one breast cancer death is relatively large. Approximately 1,900 women will have to be screened with yearly mammography for 10 years to prevent one death from breast cancer.

In addition, the rate of false positive tests is 60 percent higher in younger woman than older women, and, as a result, screening in this age group results in a large number of unnecessary tests. To detect a single breast cancer, 556 women will have to undergo mammography, 47 will need additional testing (usually ultrasonography of the breast) and five will have to undergo a biopsy (a needle is stuck into the breast to obtain tissue from the suspicious lesion).

Women in this age group have to understand that mammography has the potential to infrequently find breast cancer at a stage that it is curable, but that it is much

more common for it to give a false-positive result. Consequently, the decision to undergo mammographic screening should be a personal decision. For example, women who are at higher risk of breast cancer due to a strong family history should probably begin at an earlier age.

Also, women have to be comfortable with the concept of risk. On one hand, women who decide to undergo testing beginning at age 40 have to realize that it is much more likely that mammography will lead to a false-positive result than find a real cancer.

On the other hand, there is a very small risk of missing a fatal breast cancer. For the vast majority of women who decide not to undergo mammography, the only effect of the decision will be that they will have fewer mammograms. However, in a very small number of women (about 0.05 percent) who

decide not to get a mammogram, this decision will be fatal. If a woman decides to forgo mammographic testing before the age of 50, she has to be comfortable with this very small, but very real, risk.

In summary, the recent recommendation that mammography for women between ages 40 and 49 should no longer be considered standard of care does not mean that women of this age group should stop getting mammograms. It does mean these women need to understand the risks and benefits of screening mammograms and be comfortable with the risks of both undergoing and foregoing these tests.



Dr. John Goldman is the Program Director of Internal Medicine at PinnacleHealth.

Look Who's Turning 40. Earth Day!

Earth Day celebrates its 40th anniversary this year, and one of the most prominent events in central Pennsylvania, Mechanicsburg's Earth Day Festival, is Saturday, April 24.

This is the festival's third year. It started in 2008 with more than 1,000 in attendance and last year increased in size to 3,000. Susan Kiskis, founder and organizer of the event, expects about 6,000 this year.

"We doubled our attendance and our vendors," she said.

At least 40 vendors, many of them providing information about recycling, tree plantings, green energy, etc., will line Main and Market streets downtown.

Workshops and a petting zoo will be at the Trails & Trees

Environmental Center, 1750 S. Market St. Mechanicsburg Environmental Committee will plant a tree in the town square, and saplings will be distributed.

Music from a solar-powered stage will feature Janie Womack and Julie Lowery, Bobbi Carmitchell, Tammi Hessen and the Bumbada Women's Drummers, Indian Summer Jars and Bushmaster.

A green environmental musical is scheduled, and the event's film festival offers the acclaimed documentaries "Food Inc.," "No Impact Man" and "Nature."

Mechanicsburg Earth Day Festival is 9 a.m. to 4 p.m., April 24. For more, call 717-697-3640 or visit www.mechanicsburgearthdayfestival.com.

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Henna Tattoos & Henna Tattoo artwork by Shruti Shah: 5-9 pm. Call today to make your tattoo appointment. Details online.

Midtown Arts Center/Stage on Herr- 268 Herr St • 717.441.7506 • www.harrisburgarts.com • Hours: 5 pm - 2 am

Up Pops the Devil w/Ten Tigers is playing with special appearance by Sarah Blacker at 9 pm.

Midtown Cinema- 250 Reily St • 717-909-6566

Hbg area's only arthouse cinema, specializing in independent and foreign films. Feat. artist: Ryan Stroup. Reception 7-9 pm.

Arts at 510- 510 North 3rd St • 717.724.0364 • www.artsat510.com • Hours: 11 am- 8 pm

Paintings & Wood by Kevin Miller & Robert Allen. New work by the Susquehanna Woodturners. Music by 510 Express.

Mangia Qui- 272 North Street • 717.233.7358 • www.mangiaqui.com

Photographs by Matthew Murray. Special \$5 Velvet Underground drink: 5-10 pm

Arthouse Lounge- 217 N 2nd St • 717.236.2550 • www.arthouselounge.com

Feat. 12 new artists, Plus on-site caricatures by Neil McMillin: 6-9 pm

SPRAMA.design.- 308 N. Second Street • 717.238.1001 • www.sprama.com

"Urban Boulevard" a collection of urban inspired art & photography: 6-9 pm

Nonna's- 263 Reily Street • 717.232.6150 • www.nonnaspa.com

3rd in The Burg Special: Shrimp Scampi

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